

Cleanse me from my sins, and clothe me with thy righteousness. And while I feel my guilt as a sinner, grant me, O thou crucified Saviour, to rejoice in thy mercy. Increase my faith in thee, and fill my soul with love to thee.

Let the bread, which I hope to receive, remind me of thy body, which was broken for our sins and bruised for our iniquities ; and may I feed on thee in my heart by faith, with thanksgiving. May the wine bring to my remembrance thy precious blood, which cleanseth from all sin, and which was shed to make reconciliation for iniquity. May I receive it with thankfulness, and be filled with all joy and peace in believing, and abound in hope, through the power of the Holy Ghost. May I do all in remembrance of thee, O Lord Jesus, and in obedience to thy word. O thou Lamb of God that madest peace by the blood of thy cross, speak peace to my soul ; and be thou graciously pleased to manifest thyself unto me as thou dost not unto the world.

May I return from thy table, O Lord, strengthened and refreshed for thy holy and blessed service. Didst thou die for me ? O let me live to thee. Give me grace to deny myself, to take up my cross, and to follow thee. Bought with a price which angels cannot reckon, may I glorify thee both in my body and in my spirit, which are thine. Help me to crucify the flesh, with its affec-