



With The BOY SCOUTS

To Help Northern Scouts.

Provincial Commissioner J. F. M. Stewart addressed a special appeal to the Boy Scouts and Wolf Cubs of Ontario by asking them to help in the work of reestablishing the Haliburton, Hanbury and North Cobalt Troops which lost all their property and troop equipment in the recent fire. The plan is to have every Boy Scout Troop and Wolf Cub Pack turn over to a special fund their entire Troop and Pack dues for one week, or, in cases where the weekly due system is not in use, secure from each boy subscriptions of five or ten cents each for the same purpose. This fund would afterwards be forwarded to the North to be used in assisting the burnt out troops in such ways as District Commissioner H. Ellis Gridley of North Cobalt and the Executive Committee of the Temiskaming Boy Scouts Association may deem best. It is expected that the appeal will meet with a very hearty response from Scouts and Cubs all over the province. This will be a very practical demonstration of the Scout law which says, in part: "A Scout is a brother to every other Scout."

Municipal Building for Scout Use.

The news that the City Council of Chatham has granted the use of a large room in the city market building for the use of the Scouts of the 1st Chatham Troop was received by the Scouts with feelings of approval. This will provide a splendid winter headquarters for the troop, but the boys do not regard it as an all the year round home as their summer quarters at the Exhibition Grounds proved most satisfactory and besides offered excellent opportunities for real outdoor Scout-ing close at hand.

Scoutmaster Complimented.

One of the best Scout "good turns" reported recently was performed at the Burford Fall Fair. While the judging of horses was taking place an accident happened in which one of the drivers sustained a fractured arm. Scoutmaster Stopps of the 1st Burford Troop happened to be present and administered first aid, putting the arm in splints and greatly easing the intense pain. When the doctor who was called arrived he complimented Mr. Stopps upon his work, which he said was one of the best pieces of first aid he had ever seen.

Scoutmaster Goes to West Africa.

Rev. A. W. Drysdale, Scoutmaster of the 1st Westport Troop, and organizer of the Troops at Newboro and Elgin, has gone to Old Calabar, Southern Nigeria, West Africa, to take up his new duties as a missionary. Mr. Drysdale was connected with Scouting for more than ten years and before leaving was presented with the 10-year badge of the Boy Scouts Association in Canada. His Boy Scouts at Westport, together with the local Girl Guides, which he was also instrumental in having organized, tendered him a farewell banquet and presented him with a very fine wrist watch as a token of their appreciation of his work amongst them. His departure will be keenly felt by the troops in the Northern section of Leeds County.

Many New Scout Troops.

New Scout troops recently chartered by the Provincial Council for Ontario include the 1st Gravenhurst, 2nd Ant-on, 1st MacTier, 1st Grout Lake, 3rd Owen Sound, 30th Hamilton, 33rd Hamilton, 1st Wilmet (Haysville-New Hamburg), 1st Swastika and 1st Uxbridge. This means the addition of more than two hundred new boys to the Boy Scouts Association in Ontario. Many other new troops are being formed this fall. The Field Department of the Association, with offices at Bloor and Sherbourne Streets, Toronto, will be very glad to assist persons interested in Scouting to organize troops in their own communities. Full information will be forwarded to any address upon request.

The Bairn's Brecks.

The Duke of Atholl told this story from the Highlands the other day. "An aristocratic old lady in the Highlands," said the Duke, "hired a crofter's boy as page, and bought him a livery that was to be worn only on very special occasions. "One day she gave a dinner party. As she entertained her guests in the difficult ten minutes before the meal was served, a tumbled head was stuck into the dining-room and the voice of the new page asked: "Please, ma'am, am I to wear me ain brecks or yours?"

A Clerical Comeback.

A young minister was expostulating with a landlord who had raised the poor parishioners' rent over a hundred per cent.

"If I want to hear you preach," said the landlord, angrily, "I'll come to church, where you should do your preaching."

"If you were where you should be," retorted the young minister, "you would have that privilege next Sunday. I'm going to preach at the penitentiary."

Think all you speak, but speak not all you think.—DeLaune.

It is better to play at work than to work at play.—Dr. Frank Crane.

HOW TO REGAIN YOUR GOOD HEALTH

It Can be Done Through Keeping the Blood Supply Rich and Pure.

There is not a nook or corner in Canada, in the cities, the towns, the villages, on the farms and in the mines and lumber camps, where Dr. Williams' Pink Pills have not been used, and from one end of the country to the other kind words have been said for this medicine.

You have only to ask your neighbors, and they can tell you of some rheumatic or nerve-shattered man, some suffering woman, ailing youth or anemic girl who has been benefited by Dr. Williams' Pink Pills. For more than a third of a century these pills have been known not only in Canada, but throughout the world as a reliable tonic, blood-enriching medicine.

The success of Dr. Williams' Pink Pills is due to the fact that they go to the root of the disease in the blood, and by making the vital fluid rich, they strengthen the organs and nerves of the body. Mr. A. M. Large, Victoria, B.C., adds his testimony to that of thousands of others who have found benefit through the use of this medicine. He says: "About three years ago I became dreadfully run down. So much so that I had to stop work altogether, and being a carpenter, and busily engaged, the outlook was gloomy. I became so reduced that I would have to rest even after a short walk. My appetite almost completely failed. The doctor whom I consulted told me I would have to take a prolonged rest, and gave me a bottle of medicine, which, however, did not help me. Then a good friend urged me to try Dr. Williams' Pink Pills, and I got a supply and before long felt an improvement. From that on I continued to gain and was able to resume my employment. I continued taking the pills for some time longer and now feel as vigorous as I ever did."

You can get these pills through any medicine dealer, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Autumn Leaves and Mushrooms.

To gather mushrooms go by the high meadow, Shift the ploughed field," they said. Such drift of November mark under impalpable skies.

How should I know that they led To Aladdin's cavern For—listen—I stepped over the dank mould

Into a woody path of sodden leaves, Hurrying, as one does on November eve.

And suddenly all about me flared and blazed A million jewels—scarlet, tawny, dusky red, and gold,

Sour yellow and smouldering copper—stilly shining, burning.

Beyond and above and round every turning, More in the gleaming wetness and more and brighter,

Till, blind with color and light, I understood: There was no sun shining in the wood.

Only rain was thickly falling On the low bushes that dripped and hissed,

While the tall trees Reared bravely-caparisoned limbs To a scattering greyness of cloud

Who sees Flay white buttons in browning turf, If you please,

When his eyes are filled with a crowd of clustered jewels, gayer, warmer than wine?

Was the fault mine? —Peter Reany.

Hearing the Other Side.

"You have decided to stay on the farm?"

"Yes," said Mr. Cobble. "I get discouraged durin' the week, but I cheer up considerably on Sundays."

"How is that?"

"I listen to people who come out here from town in their automobiles. After I hear them tell their troubles I forget that I have any of my own."

Give us to awake with smiles, give us to labor smiling. As the sun lightens the world, so let our loving kindness make bright this house of our habitation.—R. L. Stevenson.

Minard's Liniment for Distemper.

The New Friend of Man.

A new friend of man has been found. This good news was announced by Professor Myers at the Congress of the scientific association recently held at Hull, England.

This animal, not foreseen by Noah, is a dog. But a singular dog, which inhabits Rhodesia, and which, on account of the abundant mane that adorns his neck and shoulders, and also because of his moral qualities, has been named the "dog-lion."

The inhabitants of South Africa had already begun to despair, so much had the wild beasts been multiplying there. The birth rate of the lion, in particular, according to reports, was incomparable. But now this dog-lion has appeared.

He was still in the state of possibility in the course of nature when lustrious experimenters and savants resolved to combine an animal which joined to the lion's force and courage the fidelity of the dog.

And now that the dog-lion has been launched the true lions are taking fright. They do not recognize this false brother and doubt if a drop of their royal blood flows in his veins; for they had not thought themselves so cowardly, and they ask themselves if their reputation is not a little overdone.

The other pursues them, closes them round, and compels them to run.

Will Tea Disappear?

It may surprise you to learn that tea and coffee contain exactly the same ingredients.

The most important substance found in tea is theine, and in coffee, caffeine. But theine and caffeine are the same thing. Theine—or caffeine—is an alkaloid, and is found in other plants besides tea and coffee. One of these is called the yaupon, or Christmas-berry tree, which grows wild in enormous quantities in the South Atlantic States of America.

The Indians brewed a beverage from this plant long before the first white man set foot on the American continent, and during the Civil War it was used frequently as a substitute for tea. The Christmas-berry tree contains all the qualities which go to make tea valuable; that is to say, it is agreeably stimulating.

Now the United States Plant Bureau is experimenting with it, to discover whether it can be grown and cured in the same manner employed for the tea-plant. If these tests are successful tea may disappear for the Christmas-berry tree will furnish an equally palatable and refreshing drink at much less cost.

He Tried It and Knew.

Patience was the subject of the teacher's discourse and to illustrate her point she drew on the blackboard a picture of a small boy sitting on the bank of a stream, fishing.

"You see this lad, children," she said, "beaming on his pupils. He's fishing. Well, even the pleasure of fishing requires patience. He must be prepared to sit and wait."

For a little while longer she dilated on the beauties of being patient. Then came the time for her to test her work.

"Now, then, can any of you boys tell me what we need most when we go fishing?" she invited.

Like one voice came a chorus from the class. "Bait!"

Obedience.

Willie had almost finished his reading lesson when he came to a word he could not pronounce.

"Barque," prompted the teacher. Willie looked at his classmates and grinned.

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children to take part in games than for the majority of them to watch a few of their number, such as is seen in a school football match.

In the whole domain of child development nothing is more important than recreation. It has a most powerful influence on the future man or woman, and in the building of character as well as of health, sound recreation must ever be given a foremost place.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

What makes a boy steal green apples?

Why does a boy like to jump? These are some of the questions put forward when the topics of recreation came up at the All-Canada Children's Week Conference that was recently held in Toronto.

The importance of recreation for both young and old is becoming more and more apparent, but just how the recreation should be carried out is still a poser.

Dr. Lamb, Professor of Physical Education, McGill University, Montreal, says that recreation should be as far as possible be supervised, else it may be carried on in a way that is not good for the individual or for the community in which he lives.

There are some interesting features of this subject. What makes a child play, for instance. The consensus of opinion is that play is an expression of the pursuits of our ancestors away back to primitive man. The child's liking for jumping, climbing and

chasing things is an evidence of the savage state. The child's liking for bows and arrows indicates his ancestral associations with forest and stream, caves, hunting ground, etc. Besides, the kind of play a child is interested in, shows something of his racial development.

Why do boys as a rule like to steal green apples? Dr. Lamb thinks it is mostly due to their love for excitement, especially in getting the apples they have to outwit some crabby old man who guards the orchard.

One thing to be kept in mind in preparing recreation facilities for children is that some sort of supervision is best. In this way truthfulness can be encouraged instead of deceit, kindness instead of cruelty, justice instead of injustice, honesty instead of dishonesty and courage instead of cowardice.

In every kind of recreation the point to be kept in mind is participation rather than observation. In other words it is much better for all the

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GUARD THE CHILDREN FROM AUTUMN COLDS

The Fall is the most severe season of the year for colds—one day warm, the next cold and wet, and unless the mother is on her guard—the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mother's on her guard, the little ones banishing colds. They act as a general laxative, keeping the bowels and stomach free and sweet. An occasional dose of the Tablets will prevent colds, or if it does come on suddenly their prompt use will relieve the baby.

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

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Value of Elephants.

An African elephant of the largest size measures about nine cubits, or 23½ feet in height, and is worth about \$2000. For huge Ceylon elephants \$4,000 is sometimes paid.

MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

Seasonable Advice.

Most fires could be prevented with care. It is the duty of every citizen to exercise such care.

Minard's Liniment for Garget in Cows.

Navigating the Life Ship.

In bad weather, when there are heavy fogs and storms at sea, the navigator is obliged to take his bearings frequently to know where he is. If he doesn't do this, he cannot intelligently direct his course, and is liable to wreck his ship by running onto hidden rocks.

Every man is the navigator of a life ship, and if he doesn't early form the habit of taking his bearings, to find out where he is and whether he is going, he may, in middle life, find his ship stranded on the rocks of failure. If you would save yourself from shipwreck take your bearings frequently.

Question and Answer.

The youthful naval cadet candidates were appearing before the board of examiners and were being questioned to test their knowledge.

Admiral—"How did you come here, my boy?"

Candidate—"In a taxi, sir."

Admiral—"And what was the number of the taxi?"

Candidate—"3548, sir."

Admiral—"Good; you'll do."

That evening the admiral told the story to a friend, who said, "What a very observant lad! But how did you know he was telling the truth?"

"Truth be sugar!" said the admiral; "it was devilish smart of the boy to give me any number without the slightest hesitation."

Which

Which can you be likened to in your organization, a drop of oil that helps to make things run smoothly, or a grain of sand that tends to hurt the gears?

ISSUE No. 45-22.

McCulloch Says It Helped Him From First

"I am glad to recommend Tanlac."

for it has helped me to gain twelve pounds and made me feel better than I have in many years." This clear-cut statement was made recently by David McCulloch, 43 New St., Calgary, Alberta, Canada.

"I had been in very poor health for four years, being generally run down, with no appetite to speak of, and my nerves were always more or less on edge. My strength and energy were at a very low ebb, and a good night's sleep seemed utterly out of the question. I was simply worn out all the time, and was considerably under normal weight."

"Friends of mine who had tried Tanlac urged me to take it. I began to pick up from the very first bottle, and now I have plenty of strength and energy, never seem to tire, and eat and sleep like a healthy man should. I have taken five bottles, and do not hesitate to pronounce Tanlac a fine medicine."

Tanlac is sold by all good druggists. Advt.

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