

THE EVENING TIMES-STAR, SAINT JOHN, N. B., MONDAY, MARCH 30, 1925

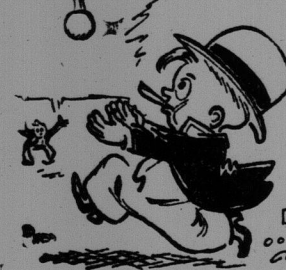
THE TIMES-STAR FEATURE PAGE

Fables On Health

WHAT THE BODY NEEDS
FOR bones and teeth and for aid in digestion, and for elimination of poisonous material from the body, foods, richest in mineral elements, are needed.
Mrs. Mann of Anytown learned that these mineral elements are found largely in milk, vegetables, whole-grain cereals and fruit.
Many a tonic is given to supply these mineral elements which should have been in foods.
Milk is the chief source of calcium, or lime as it is sometimes referred to. And unless there is an abundance of milk, or cheese for adults, there is grave danger of calcium deficiency.
Doubtless many unaccounted-for headaches, fatigues, nervousness, pains, ailments of all kinds are due to insufficient calcium in the system.
In addition to all these elements, Mrs. Mann has learned about, there

LITTLE JOE

A FARMER IS ABOUT THE ONLY ONE WHO FINDS IT PAYS TO RAISE CANE.



are at least four vitamins the body needs.
There is vitamin A, vitamin B, vitamin C and the fourth vitamin. This fourth vitamin was discovered in 1923. It prevents rickets.

SMART COLLARS
Collars that tie closely about the neck in front or back are much smarter than those with more revealing and daring cuts.

Safe Milk—Borden's St. Charles Evaporated!

Adventures of the Twins

By OLIVE ROBERTS BARTON.

SPRING MEDICINE.
"What are we going to do next?" asked Nick. "Has spring started?"
"Yes," said the March Hare. "Spring has started but there is still much to be done. Much! So we'd better be getting at it!"
"What?" asked Nancy curiously. "Thought we had attended to everything."
"The sasaparilla has to be dug," said the March Hare. "Also the sulphur and molasses has to be mixed. It's the best spring medicine in the world."
"Oh, ho!" laughed Nick. "Maybe that's so, but everybody simply hates it!"
"You are not telling me anything I don't know," said the March Hare. "We usually do hate the things that are good for us."
All the time that they were talking the March Hare had been galloping along and pretty soon they came to a place where a lot of little low trees with very green branches were growing. Not a leaf to be seen, or a bud—it was too soon for that—but every tiny branch looked as though it had been painted with bright green paint.
The March Hare stopped and began to nibble. "Yes, this is it," he said positively. "This is certainly it," and he reached up for another nibble.
"What is it? And what's what?" asked Nick.
"Sasaparilla," said the March Hare. "That's what it is."
"Hop off, children, we're there," said Nick. "This doesn't look a bit like the sasaparilla mother buys in market. That's a sort of brownish red and it comes tied in little bundles."
"Just listen!" said the March Hare impatiently. "When people don't know what they are talking about the less said the better. When you see potatoes growing, what color are the potato vines? Green, of course! And when you see carrots growing what color are the tops? Green, of course. And when you see 'lets' growing what color are the tops? Green! And radishes, and onions, and—and everything."
"Oh, I see," cried Nick. "And sasaparilla has green tops, too?"
The March Hare wiggled his whiskers and smiled.
"Something of the sort," he said. "Only it is the root that you dig to make the tea out of."
"What's that you were saying?" asked a voice close by.
And turning quickly they beheld Dr. Snuffles. He looked very odd in a pair of blue overalls, much too large for him, and he carried a spade.
"What are you up to, Doctor? You look as though you were going to start farming," said the March Hare.
"No, I'm after sasaparilla," said the doctor. "I put it in all my medicine at this time of the year. I'm in a hurry, too, as I have to mix my sulphur and molasses yet, too, and that's some job."
"Run along home, then," said the March Hare. "We will dig all the sasaparilla you need. But please, sir, if we help you, don't let on, will you? Or not a single person in the Green Woods or Bright Meadow will speak to us for a year."
Dr. Snuffles laughed. "I promise," said he.
(To Be Continued.)

Geometrical Trimming



MANNISH TOPCOATS
With mannish topcoats the Parisiennes are wearing short scarfs of white silk.
NARROW COLLARS
Narrow stand-up collars of white crepe or organdie make a charming finish for a dark, garconne type of frock.
NEAT COMBINATION
Combining crepe de chine with kasha or jersey makes attractive ensemble costumes, using the silk for the dress and the coat lining, and for collar and cuffs and trimmings.

MOTHER!

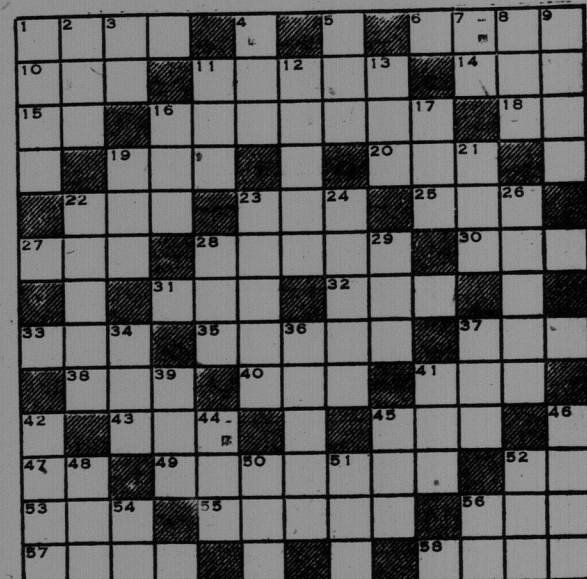
Clean Child's Bowels

"California Fig Syrup" is Dependable Laxative for Sick Children



Hurry Mother! A teaspoonful of "California Fig Syrup" now will sweeten the stomach and thoroughly clean the little bowels and in a few hours you have a well, playful child again. Even if cross, fidgety, bilious, constipated or full of cold, children love its pleasant taste. It never cramps or overacts. Contains no narcotics or soothing drugs. Tell your druggist you want only the genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother, you must say "California." Refuse any imitation.

Cross-Word Puzzle



- HORIZONTAL.**
1—A seasoning.
2—Enthusiasm.
3—Employ.
4—South African horned animal.
5—Egyptian sun-god.
6—Struggle.
7—Province in Canada.
8—To throw thick together.
9—Spanish title.
10—An enthusiast.
11—Suffering.
12—The use of insects.
13—Live.
14—Places where people live.
15—One hundred per cent.
16—Evil.
17—A kitchen utensil.
18—An hotel.
19—A famous London newspaper.
20—Gives light and heat.
21—The flap of a shoe.
22—Means of locomotion.
- VERTICAL.**
1—Secure.
2—A man's name.
3—A riddle (French, masculine).
4—To imitate.
5—A night prowler.
6—For example (ab.).
7—Girl's name.
8—To desire eagerly.
9—Cunning.
10—A sacred song.
11—A degree (ab.).
12—Tale.
13—An age.
- ANSWERS.**
1—An outline.
2—Small portion.
3—A false appearance, or mere.
4—A style of architecture.
5—Person suffering from serious malady.
6—Slope of a rampart.
7—A success.
8—Signal of distress.
9—Clutch.
10—Form of address.
11—Serious, or sorrowful.
12—Mourning.
13—Part of verb "to be."
14—It sticks.
15—Part of verb "to be."
16—Precious stone.
17—To attempt to recover or get.
18—A fairy-like creature.
19—A large vessel.
20—One of the U. S. A. (ab.).
21—A degree (ab.).

THE OLD HOME TOWN



By STANLEY

SHE'S LIVED ON HER RELATIVES ALL WINTER—AND NOW ONLY NEEDS ONE TICKET TO GET THAT MOB BACK HOME—SOME FOLKS HAVE ALL THE LUCK!

YOU SAY AT ONE TIME YOU KNEW HER BROTHER?
NO—NO—I SAY SHE JUST GOES FROM ONE RELATIVE TO ANOTHER.
YOU RODE NEXT TO THE WINDOW LAST TIME!

A LARGE PARTY WENT WEST ON THE NOON TRAIN TODAY

HAD HEARTBURN AND HEADACHES FOR MANY YEARS

Miss Reta Burris, R.R. No. 1, Waterford, Ont., writes: "I have been troubled with heartburn and headaches for many years. There were very few things I could eat without suffering from either the heartburn or severe headaches."

MILBURN'S Laxa-Liver Pills

This I did and found relief at once as have never been troubled since. I will always recommend your Pills to any of my friends who are troubled with heartburn, headaches or any other liver trouble.
Milburn's Laxa-Liver Pills are for sale at all druggists and dealers; put only for the past 80 years, by The T. Milburn Co., Limited, Toronto, Ont.

FRECKLES AND HIS FRIENDS



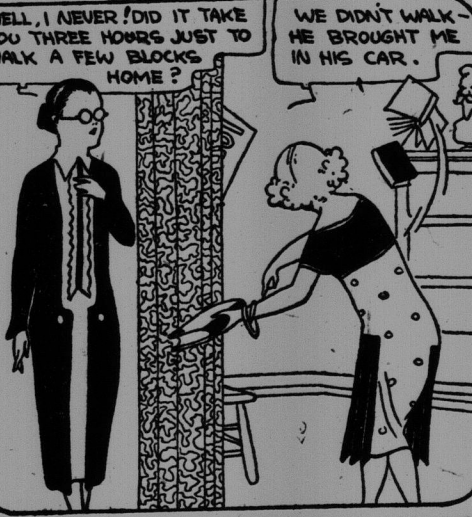
HE'S GOING TO PROVE IT



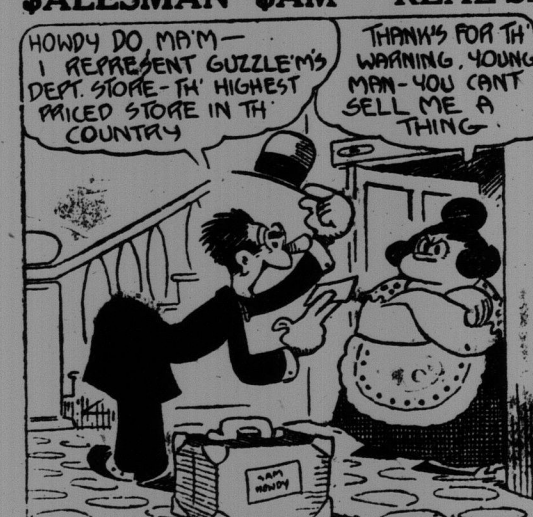
BOOTS AND HER BUDDIES



IT'S TOO DEEP FOR CORA



SALESMAN SAM



REAL SALESMANSHIP



Old Home Twin Loaf

Gaze on the twin Loaf of Robinson Mother's Bread—and ask yourself if you ever saw so much value for the money.
Cut a slice and taste.
Doesn't it carry you back to your early years?
And if you are quite a critic you'll notice that it seems to have even more nourishment than the old time Breads. It ought to. Extra Milk, Sugar and Shortening add a powerful difference. It just means that this sort of Bread has more health and strength to it.
Baked in half loaf twins, you'll need to watch closely to be sure you get

ROBINSON'S Mothers' Bread

CHASE & SANBORN'S TEA

MAINTAINS THE REPUTATION ESTABLISHED BY OUR COFFEE

It pays to use
MARTIN-SENOUR MARBLE-ITE FLOOR FINISH
Nothing like it for Hardwood Floors
it wears like Iron
Write to Head Office Montreal for Free Booklet HOME PAINTING MADE EASY
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The Excelsior Life Insurance Company

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