

Famous Old Recipe for Cough Syrup Easily and cheaply made at home, but it beats them all for outck results.

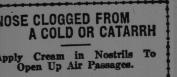
Stop Coughing use

SYRUP of TAR and COD LIVER OIL Coughs and other bronchial troubles yield quickly to this scientific combination of Tar and Cod Liver Oil which acts as a Tonic as well as a local remedial agent. Large Bottles, 35c. 20

covery.
The last speech heard from him in the House of Commons was during a licensing bill debate, and consisted of a beautiful elegy on rustic inns. Before Mr. Chaplin, to a school of oratory that believed in plenty of perorations — M. P.'s had idyllic visions of gabled and bosky country taverns with roses and honeysuckle round the door, 17th century settles of bleck oak by roaring fires, and geniafly festive and conversationally philosophic rustices clanking tankards of cider and ejaculating maxims of Epictetus. The defeat of Tariff Reform, was the decadence of cider-drinking in Devon, in favor of mere beer.
Patriotic and Profitable.

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doubtless identified the Unknown War-rior in their own thoughts, more than a million and a quarter people slowly filed past the spot. They included all sorts and conditions of citizens, and many wounded men on chairs and crutches. The impression gained by the Abbey officials was that, so long as the grave was kept open for public pilgrim-age, the onward march of visitors through the Abbey would never end. The waiting queues outside the doors on the last day were as huge as on the first day, and there is every sign that, now the tomb is closed, the pilgrimage through the Abbey past the Unknown Warrior's bones, will continue with un-absted zeal and solemnity. Nothing in



Canadians With Coughs

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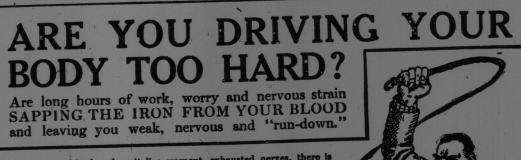
Are you rushing on to disaster?

TRAIN, marine, street car—in fact, all disasters are on the deorease, largely due to educational propaganda preventing carelessness. The toll of human life through ill health and disease is also on the decrease. People of the 20th century are realising more and more the necessity of keeping them-selves fit and well, for without health they can never attain their ambitions.

There are still some, however, who ignore a vital factor in preserving their health and strength. They ignore medical scientists who tell us the necessity of repairing the ravishes on the heart and nerve centres. These are the people who fail to wake up one morning; the people who drop dead in the street, in the car or train, and just at a critical time when they are specially needed by friends and dependents.

ARE YOU IN THESE RANKS, inviting disaster? Do you ever feel that your work is proving a slight strain upon you? Would you be able to fill a bigger position to-morrow, make the rapid, clever decisions which bring success? Would your employer choose YOU? You can rest assured he won't if you're not in robust health. He can't take chances with ailing people. But you can obtain the health that will MAKE him choose you by restoring the heart and nerve centres, the vital organs of the entire system. Thousands of people have accomplished this by the use of Milburn's Heart & Nerve Pills.

One simple step. Go to your nearest druggist. He sells and recommends Milburn's Heart & Nerve Pills, and will be pleased to hand you a box; or send 50c. and they will be mailed direct by The T. Milbu. a Co., Limited, Toronto, Ontario.



To enrich your blood and revitalize wornout, exhausted nerves, there is nothing better than plenty of SPINACH and other IRON-CONTAINING VEGETABLES, re-inforced with ORGANIC IRON.

THERE ARE 30,000,000,000 RED BLOOD CORPUSCIES IN YOUR BLOOD AND EACH ONE MUST HAVE IRON or od becomes pele, thin, weak and watery, and it loses its power to change food into living tissue; therefore nothing you eat does you the proper amount of good; you don't get the full strength out of it.

A New York Physician says that MORE THAN ONE HALF THE POPULATION OF AMERICA PERISHES BEFORE MIDDLE AGE and that one of the chief contributory causes of this terrible waste of human life is the devitalizing weakness brought on by lack of iron in the blood. Ce Tr

There can be no rich red blood without iron. metallic iron is iron just Nature put plenty of iron in the husks of grains asit comesfrom the action and the skins and peels of vegetables and of strong acids on iron fuits to enrich your blood, but modern methods of cookery throw all these things away —hence the alarming increase in recent years in Anaemia—iron gtarvation of the blood with Nuxated iron repre-

bence the alarming include in the blood with all its attendant lifs.
 When you get up feeling thred in the morning; when you find yourself nervous, irritable and sayly upeet; when you can no longed out day's work without being all fagged out at night; when your digestion all goes wrong.
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