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AGAINST CITY.

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Just Eye Comfort. At  
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Growing  
Boys need it!

## Fry's Pure Cocoa



ALMOST everything you eat nowadays costs more than it used to—except FRY'S COCOA. Here, at the same price, you get the fine, rich, delicious nourishment that has made FRY'S famous for 200 years. The manufacturing process being exclusive, the result is a Cocoa of exquisite flavour, very soluble and economical. Your money can hardly buy an equal quantity of nourishment in any other food. You can easily prove this by getting a tin of FRY'S to-day.

Truest economy—use FRY'S

## WILD FLOWERS

BY Rachael R. Todd, M.D.

### SOLOMON'S SEAL.

*Polygonatum biflorum.*  
"To humbleness of heart descends  
This presence from on high."

Solomon's Seal is a wild plant not at all known to the hundreds who pass it by while on the search for others of more brilliant appearance. But it is

one of the plants that afford most interesting study, and should be known to all wildflower lovers because of its queer history, and because it is very common in our ordinary woods.

There are two other plants that resemble it so closely that they are often mistaken for it, namely: the false Solomon's Seal or Wild Spikenard, and the Twisted Stalk. Formerly, when writing these little wild-flower talks, we used to give a separate article to each, but now we have decided to treat them together, for many reasons.

The true Solomon's Seal, well-known at least to most school children, is

of very ancient lineage. It is one of the aristocrats of the wildflower kingdom, and because of this, it may go where it will with impunity and no loss of dignity. A single curving and stiffly graceful stem, covered with alternate, stem-clasping leaves, rises to ten or perhaps twelve inches above ground. These leaves are deep green with parallel veins, two inches or so long, pointed, smooth-margined, and gently curved. Just where the leaf joins the leaf stem, that is the axil, come out a pair of tiny drooping pale yellowish-green flowers, like wee balls hanging downward. There may be as many as a dozen pairs on each long leaf-stem, or plant, and they look like nothing else on earth. Later these blossoms become seedpods, turning into green berries at first, and then into a pulpy blue-black affair about the size of a pea.

Just here and now is the place to compare these blossoms and berries with those of the False Solomon's Seal, and Twisted Stalk, the two plants that are so closely related to it, and resemble it so very much. Twisted Stalk has pretty solitary swinging bells of a deep purplish pink, and these turn into very bright, shiny berries that remain pretty well thru the winter. The root is a queer twisted and forked affair creeping along horizontally, and from this peculiarity the name is derived.

The other similar plant, Wild Spikenard, comes up almost exactly like the other two plants, a low curving leaf stem with oblong, alternate and clasping leaves, and the flower is white, very fragrant, now white, and forms in numbers of six to ten, at the end of the plant, in a raceme. The seed-pod is a pale red berry, speckled with blue and highly aromatic.

Now, to go back to Solomon's Seal, the root is the thing to look for. It is now a queer horizontal, creeping thing, laid down in rough joints. Every joint means a previous year's growth. Where the growth ends for the year, a round blunted scar appears on the root which looks exactly like some strange seal, and from its fancied resemblance to the famous seal of the great King Solomon, the plant derives its name.

Now, I have taken these three similar plants together so that their distinguishing characteristics may be pointed out at one and the same time, because there is much confusion regarding the placing of the various specimens found near the city.

All three plants remain fairly green under the leaves and snow thru the winter, and frequently the berries persist as well. So that when you find the sprawling green-leaved thing with blue berries, it can only be the true Solomon's Seal.

### SOLENN TRIDUUM OPENED.

The solemn triduum for soldiers and for a successful issue of the war was opened at St. Joseph's College chapel yesterday morning with a large attendance, the mass being said by Rev. R. McBrady, who also gave an address. In the evening benediction of the blessed sacrament was given, Miss Eveleen being the soloist. The exercises of the triduum continue to-day and tomorrow. Mrs. Fred Woods is the soloist this evening. The united alumnae of St. Joseph's and Loreto Abbey are in charge.

## POSITION CREATED IS VERY STRANGE

Many Interests Involved in  
Question of Women as  
Conductors.

### WATCHING NEXT MOVE

Men Are Resolved, But  
Women Say They Are  
Undemocratic.

With the women of the opinion that they can collect street car fares as well as men, the Street Railway Employees' Union unalterably opposed to allowing women to learn their work, the Great War Veterans not wishing to take sides against either party, the Ontario Railway and Municipal Board remaining silent on the matter, and the Toronto Railway Company watching the turn of events, a strange situation has arisen in Toronto in connection with the announcement that owing to the scarcity of labor, women might be taught to be conductors.

The next move seems to be that of the company and all eyes are turned in that direction. According to Mayor Church it will be necessary for the company to obtain the sanction of the board before going ahead. The new type of pay-as-you-enter car has practically been approved by the board and recent conversation with D. M. McIntyre, chairman, would indicate that the mayor is wrong when he says the board must also approve the plan for women as conductors. It is understood that so far as the board is concerned, the question is purely one for the company to decide.

However, in an interview yesterday Mayor Church declared himself opposed to the employment of women and said any application of the company for permission to use women as conductors would be strenuously opposed.

Company is Waiting.  
There is not likely to be any action on the part of the company for some days or at least not until the directors have taken time to think the matter over carefully. There are so many interests opposed to the suggestion that it is the company's statement that whenever a woman conductor steps on a car the men step off. In this he was supported by the men at their meeting on Sunday.

On the other hand, this is thought to be a very undemocratic stand by some women. Mrs. L. A. Hamilton said as much yesterday. Mrs. W. Loughby Cummings spoke of the success attending the venture in Kingston, while School Trustees Dr. Caroline Brown thought the men should not be so unreasonable. Mrs. Rhys Fairbairn, secretary of the National Council of Women, referred to a resolution passed two months ago in Ottawa at the Women's War Conference, which was to the effect that women could be successfully employed in railway work and other callings.

Use Returned Soldiers.  
The question of using returned soldiers, who are of the fact that a type of car is to be operated which would do away with walking thru the crowded cars, looms up and in the opinion of many, they could be employed to advantage. In this regard, however, Sgt. W. E. Turley, provincial secretary of the Great War Veterans' Association, realizes that the association is placed in a peculiar position. "We don't want to run foul of any of the parties concerned," he is reported to have said yesterday. "The company had consistently given preference to returned men and in his opinion the pay-as-you-enter system would open the way for numbers of returned soldiers, who could not otherwise do the work."

E. J. Fleming, manager of the Toronto Railway Company, would not make any statement in regard to the situation, but E. Crossland, an engineer for the Ontario Railway and Municipal Board, has reported after spending considerable time in the employment office, that the company has been unable to get suitable employees.

### OVERSEAS SHIPMENTS OF SOLDIERS' COMFORTS

Mrs. Arthur VanKoughnet, convener soldiers' comforts of the Women's Patriotic League, reports for the week the following shipments overseas to the Canadian Field Comforts Commission, Queen Mary's Needlework Guild, and donations to the returned men in the military hospitals in Canada:

2,228 pairs socks; 466 pairs pyjamas; 27 service shirts; 16 hospital shirts; 424 stretchers and trench coats; 2 helmets; 134 handkerchiefs; 80 trench candles; 520 towels; 22 pillow cases; 24 quilts; 22 housewives; 57 cakes soap; 67 suits gauze underwear; 122 personal property bags; 15 kit bags (fitted); 12 operating gowns; 12 laparotomy stockings; 12 wash cloths; 6 pillowcases; 4 sheets; 6 bed jackets; 2 dressing gowns; a quantity of miscellaneous articles such as sweaters, scarfs, magazines, music, cigarettes, chocolate, chocolate, cocoa, coffee, toilet paper, writing paper and envelopes; 100 pencils; and 6 individual parcels.

To the Central, North Toronto Orthopaedic Hospital and military wards of the Muskoka Free Hospital, gifts of 10 pairs curtains for wards; 36 walking sticks; one Union Jack flag; quantity of magazines; and 50 books from Upper Canada Tract Society.

### HOUSEHOLD SCIENCE MAY BE EXTENDED

Household science instruction will be extended considerably if the report of the special committee submitted to the finance committee yesterday afternoon is adopted by the board of education at the meeting on Thursday night. The special committee recommended that a director for the schools at large be appointed, and instead of extending the system of household science centres in certain portions of inspectorial districts, that at least one room be fitted up at a cost of approximately \$200 for household science training in each school. The finance committee endorsed the motion by Trustee McTaggart for the immediate purchase of a full supply of coal for next winter's use in all schools, and authorizing an overdraft if necessary to secure it.



## Here's Health--

---Nature's Most Nourishing Food  
---Saves Wheat, Saves Meat, Saves Money

FRESH from the countryside it comes. From Ontario's finest farms. From healthy, well-tended, regularly inspected cows.

Along the route of safety it reaches your home. It is scientifically pasteurized—in the most up-to-date dairy in America. Safely sealed by machinery, in a sterilized glass bottle it is left at your door each morning.

It requires no preparation, means no waste, saves meat and wheat. And, food value considered, it is the most inexpensive food you can buy.

### Children Grow Best on Farmers' Dairy Milk

Every child's growth depends on milk. Certain elements found in milk build the child up. They actually help the digestion of other foods.

Keep this thought in mind—the kind of food your children eat is more important than the amount.

Drinking plenty of Farmers' Dairy milk will keep any child fit—for play. A pint a day costs but seven cents. But use it not merely as a delicious beverage. Drinking it slowly—eating it—makes it a real food.

Now—as the warm weather approaches—is the right time to start your children on a diet that includes more milk. For milk is concentrated food. It nourishes without overtaxing the stomach. Children who drink lots of milk don't get peevish in hot weather.

By actual test milk from the Farmers' Dairy is richer in cream than ordinary milk—contains a higher percentage of butter-fat than the city authorities demand.

Milk From the Farmers' Dairy Costs No More Than Ordinary Milk. To Be Sure You Get It—Phone Hillcrest 4400—and Our Salesmen Will Call.

# THE FARMERS' DAIRY

### LAUNCHING CAMPAIGN FOR BOOTS AND SHOES

Novel to the point of being unique will be the Boot and Shoe campaign to be launched by the Friends of France in aid of the reparations of that devastated country. It is the intention of the organization, of which Mrs. A. E. Wells, of 216 Poplar Plains road, is president, and at whose home a meeting was held yesterday, to ask the city to assist by gathering all the boots and shoes available and place them in barrels, which will be left at different points during the week beginning May 27. The consignment will afterwards be gathered to a common centre and the boots which need repairing will be set aside for that purpose and the better class sent at once to France.

The Girl Guides are assuming a good portion of the work which the campaign will entail. They will make a house-to-house canvass in advance to distribute ten thousand circulars, which will explain the needs of France and the plan to be adopted. The board of education is to be appealed to for permission to erect receptacles in at least some of the schools. The private schools and colleges will also be invited to assist. Co-operation of the boot manufacturers and shoepackers will also be invited, and it is hoped the response will be in proportion to the need of the men, women and children who are without home and often with but little food or clothing. The idea of the boot and shoe cam-

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Have The Morning World mailed or delivered to your home regularly every day.

Name .....

Post Office ..... R. R. No. ....

Street .....

Send The Morning World to the above address for .....

month .. for which find enclosed \$.....

Rates Per Day—2 cents the copy. Delivered by carrier, one year, \$5.00, in advance, a saving of \$1.26; 6 mo., \$2.50, a saving of \$1.26; 3 mo., \$1.25, a saving of 21 cents; one mo., 50c, a saving of from 2 to 4 cents. In addition to this saving you will secure service that will deliver the paper to your home every morning before 7 o'clock.

Rates—By mail, one year, \$4.00; 6 mo., \$2.00; 3 mo., \$1.00; one mo., 50c. Carrier delivery maintained in Toronto, Hamilton and Brantford.

campaign came from Lady Atkins, of Winnipeg, where the idea was tried and proved very successful. "France Needs Boots" will be the slogan. Citizens in making their collection are asked to tie the boots in pairs. The Odd-fellows have promised to help, and the Girl Guides are giving their of-fices and telephone for the day. A central depot with telephone in which people will be asked to phone will be announced later. Part of the cam-

tion will be given when repairs are made, as a free gift to the *Secours National*. Great Lakes Steamship Service. Canadian Pacific Steamship "Manitoba" now leaves Owen Sound 10.30 p.m. each Thursday for Saint John, Port Arthur and Port William. Steamships "Kewatin" and "Assiniboia" will sail from Port McNicoll Wednesday and Saturday, commencing June 1st.