world to thyself. promises; thou ed them by his y Ghost.

ve thee, and rein thee, and be e this world as conceit. Let dly affectioned neekness to all te is due; cusvhom honour,

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## General directions in order to the leading a Christian life.

Begin every day with God, and go not out of your chamber before ou have performed your bounden duty of prayer and praise.

Walk all the day long in the fear of God. Wherever you are, or whatever you are doing, remember that the eye of God is upon you. Shun idleness, in whatever station of life you are, and know, that it

s the part of a wise man to have always something to do.

Avoid the common but odious vices of slander and talebearing; strive to live in peace with all men, and to cultivate a meek, courteous, and benevolent disposition.

Speak the truth on all occasions without dissimulation; be sincere and upright in all your conversation; for he only is a Christian indeed,

m whom there is no guile.

In all your concerns with others, be they little or much, let this be the constant rule and measure of your actions, namely, to do unto others as you would they should do unto you.

In every time of trouble think upon Gon and his gracious promise, that all things shall work together for good, to them that love and serve

him.

If you are a householder, call your family together, at least every evening, to join in supplications to Him, in whom they live and move, and have their being.

If you are a child or servant, endeavour to be always within at the

time of prayer.

Never lay yourself down to rest before you have prayed in private,

and recommended yourself to the Divine protection.

Always say grace before and after meals. Whether you eat or drink, or whatever you do, do all to the glory of God.

## Directions for the Lord's Day.

Be sure to spend the Lord's Day well-take care to avoid the sinful practice of fishing or fowling, or otherwise transgressing the divine command, to " Remember the Sabbath day to keep it holy.

Make your children and servants go with you to your place of worship; and take care not to come late to church; he always there, if possible, before divine service begins .- Be sure not to liver about the church door.

Avoid the too frequent custom of sitting at the time of prayerthis evinces the greatest want of consideration-always kneel or stead. Do not give way to sleep or wandering thoughts.

After divine service, spend the remainder of the day in reading reigious books, and recollecting what you have heard at church.