

## The Absurd Man

never changes.

If you are "going down" a little—lack power and vigor to "do things"—your food does not properly supply the need.

**Change !**

## Grape-Nuts Food

Furnishes the elements that the system must have to make bone, muscle, and the gray matter in brain and nerve centres.

10 days' trial shows one that feeling of reserve strength so essential to success.

**"There's a Reason"**

Postum Cereal Co., Ltd., Battle Creek, Mich., U.S.A.  
Canadian Postum Cereal Co., Ltd., Windsor, Ont.

## It's Baker's and It's Delicious



Made by a perfect mechanical process from high grade cocoa beans, scientifically blended, it is of the

finest quality, full strength and absolutely pure and healthful.

Sold in 1/5 lb., 1/4 lb., 1/2 lb. and 1 lb. cans, net weight.

Booklet of Choice Recipes Sent Free  
**WALTER BAKER & CO. LIMITED**

ESTABLISHED 1780  
MONTREAL, CAN. DORCHESTER, MASS.



## Taylor's Tooth Paste

The tooth paste with the new flavor.

It whitens and preserves the teeth, sweetens the breath by its refreshing flavor and exerts a stimulating and hardening influence upon the gums.

25 cents—All Dealers.

**JOHN TAYLOR & CO. LTD.** - TORONTO  
Oldest and Largest Perfumers and Toilet Soap Makers in Canada.



**A Half Inch of Cream  
A Few Movements of the Brush  
A Perfect Lather**

## Mennen's Shaving Cream

"The Perfect Shaving Medium"

Applied directly on the face—lathers freely and instantly. Contains no free caustic and absolutely will not dry on nor smart the face—softens the beard without the usual "rubbing-in" with the fingers—extremely economical—100 shaves per tube—no waste—sanitary—antiseptic.

Mennen's Shaving Cream is not the hasty product of a day, but the result of three years careful investigation and experimenting. The name Mennen is behind the cream



For sale everywhere, 25c.  
Sample Tube, Free  
**GERHARD MENNEN COMPANY**  
Newark, N. J.  
Makers of the celebrated Mennen's Toilet Powder.

