## Woung DPeople's valork

FOR CHRIST AND THE CHIRCH.
 Coulter. Chairman '). J. Smallminn.
Mrs. R. Il. Camerom.

## C. E. Prayer-Meeting Notes.

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Mar 5. The lessons of Gethsemane. Mak nir. 32-52.
It was the midnight hour, and in the Garden of Gethsemane wrestled the Saviour of the world in prager. Such suffering, such anguish, mortal ni wor knew. It presents for our consideration one of the most solemn, touchnge scenes in the history of the world. We. approach. the contemplation of thi, Scipture with sublimest reverence aud deepest humility. We seem to hear the anget say to us what the Captain of the L.ord's host said to Joshua: ' Loose thy shoe from off thy foot; for the place whereon thou standest is holy"
The lessons we learn here are many and important.
r. We begin to have some conception of the price of redemption. It was not the dread of physical suffering that caused such anguish, but that he was to be made sin for us. He suffered not as a martyr, but suffered for us. His one cry of agony on the cross, " My God, my God, why hast thou for. saken me ?" was not caused by mock. ery of the crowd, the scourge or the hammer; but because the Father's face was turned away from Him. On Christ was laid the iniquity of us all. He must tread the wine press alone. Our hearts ought to overflow with love, our very souls be melted into tenderness, and oir whole being brought into loving submission to this "Man of Sorrows."
2. We learn how to meet affliction. Go to God in prayer if the heart is heavy with sorrow; if great trouble rests upon you, go into your closet and pour out your soul in prayer.
3. Another lesson that impresses itself upon us is the secret and manner of prayer. Have ( 1 ) implicit faith in God; (2) earnestness in our petition. Luke xxil. 44 says: "And being in an agony He prayed more earnestly." ( 3 ) Whole-hearted submission to His gracious will: "Nevertheless not what I will, but what thou wilt." Mark xiv. $3^{6}$. (4) That God hears and answers our supplications. An angel came from the very Throne of Heaven and strengit ened Him. Luke xxii. 43.

Other lessons we learn here are (1) the necessity of watchfulness, Mark xiv. $3^{8}$; (2) the heinousuess of $\sin$, Matt. xxvi. 47.49 ; and (3) the folly of using rarnal weapons to defend and ad-
lvance the rause of our I rod, Matt | xxvi. 41-55.

May iz. How can we Endeavorers help our church? ICor. sii. 1-27.
If your C. $E$. is net a potent factor in the upbuilding of the church, something is materially wrong. The ques. , tion which should be uppermost is, ihow can we Endeavorers most effici'ently help our church? One thing we must lotar in mind is, "our society is not an organization independent of or sep. arate and apart from the Church, as some seem to think and others to fear." 1. We can very materially improve the prayer meeting. This is one of the most importani meetings of the church and withal most neglected. To make this better, more interesting, and more devotional, is to increase the spirituality of the church.
2. We can assist in the Sunday school. It is our duty to be always ready to help the superintendent in every way possible. As C. E's, we study our Bible, and the more profic. ient we are with God's word the better S. S. teachers and scholars and officers we make.
3. We can increase the usefulness of the church in comforting the sorrowful, in visiting the sick, helping the poor and strengthening the weak.
4. We are a help to the church by being present at all the services posisible and ready and watchful to assist.
5. One thing our churches need, and in this we can be of great use, is the in, provement in our singing. let us endeavor to relegate to the past the doleful, discordant sounds, which is designated singing. To give out an invitation hymn, and have the audience singing different parts of the hymon in almost every pew is enough to distract the stoutest hearted preacher and $t$ demoralize any congregation. Endeavorers, let us assist in having harmonious spiritual singing.
6. We can be of use to the church in rising superior to the little petty jealousies, etc., that clog the wheels of progress. I.oftier conceptions of Christian living are what we require. These we acquire by close communion with our Redeemer.
7. A live church is one interested in missions. We can help to disseminate missionary intelligence, and increase the missionary zeal, and prompt to larger gits. May $5^{\text {th }}$ is our collection for home missions. Let us lead the van in working for the largest collection yet lifted in our province. Much depends upon us. Let us be worthy our responsibity. Work and pray for May 5th.
"Christian Endeavor'! This our watch. word shall be.
'Christian Encicavor'! Till from service set free,
Armed with the strength of youth and purpose true,
Always and everywhere, Christ's work to do."

## Two Clergymen Agree.

Kev. P. C. Headley, 697 Hunting ton ave., Boston, Mass.: "A'though 1 have not given testimonials of socalled Proprietary Medicines,' I can fully endorse the one written by my friend, the Rev. Geore M. Adams, D. D, of Auburridale, Massachusetts, which gave me confidence in the remedy before using it. Of all the preparations for dyspepsia troubles I have known K. D. C. is the best, and seems to be emtirely safe for trial by any one."

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