

White Curtain Nets!

Regular Price . . . 10c. yd.
March Price . . . 9c. yd.
Regular Price . . . 12c. yd.
March Price . . . 10c. yd.
Regular Price . . . 11c. yd.
March Price . . . 12c. yd.
Regular Price . . . 16c. yd.
March Price . . . 13c. yd.
Regular Price . . . 18c. yd.
March Price . . . 15c. yd.
Regular Price . . . 20c. yd.
March Price . . . 16c. yd.

MARSHALL'S March Offerings

Housefurnishing Sale!

Window Blinds! 50 doz. Spring Blinds, Cream & Green. Plain, 3 ft. by 6 ft. Reg. Price 30c. March Price 27c. Plain with Fringed Ends. Regular Price 35c. March Price, 30c. Lace and Insertion Ends. Regular Price 45c. March Price, 40c.	Window Poles! 200 sets in Oak and Mahogany. Regular Price35c. per set March Price30c. per set	Lace Curtains! WHITE LACE CURTAINS. Reg. Price, 90c. March Price . 70c. Reg. Price, \$1.10. March Price . 80c. Reg. Price, \$1.50. March Price . \$1.20 Reg. Price, \$1.80. March Price . \$1.40
Job Lot of Curtain Ends and Single Curtains—Job Prices!		
Scrim! 10 pieces White Scrim, with nice dainty colored borders. Reg. Price, 20c. March Price . . 17c. Reg. Price, 25c. March Price . . 20c.	Floor Canvas! in all widths. Special 2 yards wide, 47c. per yard.	White Twill Sheeting! Reg. Price, 40c. March Price .30c. yd. Reg. Price, 50c. March Price .40c. yd. Reg. Price, 60c. March Price .50c. yd.

Above Prices
Strictly Cash.

Marshall Bros

Special

Job White Lace Curtains!

3 yards long.
Regular Price,
\$1.20 per pair.
MARCH PRICE,

90c.

per pair

Health and Elastic Bands.



A doctor was re-
buking a patient
who had brought
on an illness by
needless over-
doing.
"But I'll feel all
right just as soon
as I get rested
up," she protest-
ed.
"Yes," he said,
"you'll feel all
right but you
won't be all right."
"Why?"
"Because you'll have lost part of
your power to come back. Every time
you put such a strain on yourself you
lose something that you'll probably
never get back. You can do it and
you may feel all right enough when
you get rested, but you won't come
quite back to the point you left. And
the next time you overdo, it will be
still harder for you to come back, and
you'll fall a little bit shorter of your
normal self."
It's rather an appalling thought,
isn't it?
And perhaps the doctor put it pre-
tently strongly in the hope of impressing
a recklessly spend-health woman, yet
it's too near the truth for comfort.

What Happened to the Automobile.
A friend of mine had his automobile
stolen last summer. After a wild five-
hour ride over the roughest of coun-
try roads the thieves were arrested
for over-speeding, the theft was dis-
covered and the machine returned to
its duly thankful owner. But when
the machinist came to overhaul the
car he found it in terrible shape.
"Five weeks of ordinary use," he de-
clared, "wouldn't have taken so much
out of that machine as that five hours
of abuse did."
It's the same with the human ma-

chine. It's not what we do but what
we overdo that wears us out and
makes us old.
The day we crowd to the exhaustion
point, the week we never let up on
ourselves, the long season of overwork
and worry, take more out of us than
twenty times their duration of nor-
mal living.
When we are young we seem to
have an almost limitless supply of the
wonderful power of coming back, but
when the first restlessness of youth pas-
ses, the rebound is not so swift and so
complete.

How We Are Like Elastic Bands.
You may stretch an elastic band
almost to the breaking point and it
will come back into its normal shape
again, at first. But by and by it be-
gins to sag and lose shape and resili-
ency. So it is with us. At first we
can stretch ourselves to the breaking
point and come back. A single night's
good sleep or a week's vacation will
put us in shape again.
But when the twenties begin to
glide by, and the thirties and forties
come into sight, it behoves us to be
more careful how we strain our elas-
ticity to the breaking point. It may
not break, but it may lose all its resili-
ency.
Most of us have to overwork some-
times. We cannot fill our moral obli-
gations or take advantage of our
great opportunities without. But be
careful not to confuse "I must" with
"I want to." Remember every time
you do it you are borrowing time from
your future at a ruinous rate of in-
terest.

Plan our work so that the servant-
of-all-work can have one hour in the
afternoon to rest. You will be sur-
prised how much more she will ac-
complish, because when the body is
weary the brain is inefficient.

Butter!

All we ask is a trial order
for our Canadian Butter;
we are satisfied that we
will get your repeat orders.

5 boxes 2 lb. Slabs.
10 tubs, 19-20 lbs. each.
Also
10 28-lb. boxes Australian
Butter.
2 boxes 1 lb. Bricks Irish
Butter.

Just to hand this week:
Oranges.
95 cases Sound Fruit.
Soper & Moore.
Phone 480.

Grand Pictures at Nickel Theatre.

The holiday performance at the
Nickel Theatre yesterday was attend-
ed by many of all classes, who make
it a point to take in the holiday shows
at this popular house. The pictures
were splendid and afforded the great-
est pleasure to all. There were two
2-part films, both of which were ma-
sterpieces. One was the "Wayward
Daughter" and the other "Out of the
Shadows." This evening they will be
repeated and our advice to all is to
attend, as you will certainly enjoy them.
Besides, it should be the desire of all
to help swell the fund as much as
possible. The only way to help is to
attend each change.

In Tropical Countries Liver Chill Very Common.

In Northern latitudes also the liver
is a very unruly organ and re-
quires careful watching. The con-
centrated vegetable juices in Dr.
Hamilton's Pills act directly upon
the liver and stimulate its action to
a normal basis. The blood is puri-
fied, the skin grows clear, headaches
disappear and robust health is firmly
established. No medicine for the
stomach, liver or kidneys can com-
pare with Dr. Hamilton's Pills, 25c.
box at all dealers.

MRS. BIRRELL DEAD.
LONDON, March 10.
Mrs. Augustine Birrell, wife of the
Chief Secretary for Ireland, is dead.

DR. DOVAN'S FEMALE PILLS Reliable
medicine for all Female Complaints. 25c. box,
or three for \$1.00, at drug stores. Mailed to any
address on receipt of price. THE SCIENCE DRUG
CO., St. Catharines, Ontario.

PHOSPHONOL FOR MEN Restores Vigor
for Nerve and Brain; increases "grey matter";
a tonic which builds you up. Big box, or two for
\$5, at drug stores, or by mail on receipt of price.
THE SCIENCE DRUG CO., St. Catharines, Ontario.

**MINARD'S LINIMENT CURES GAR-
GET IN COWS.**

Our Volunteers.

Twelve hundred and seventy volun-
teers have enlisted with the second
contingent to date, the following
names having been added to the list
yesterday:

Wm. J. Tilly, Kelligrews.
Wm. Jos. Byrne, St. John's.
Jno. Spearns, St. John's.
Harold Holwell, St. John's.

Owing to unfavorable weather con-
ditions the day was spent indoors yes-
terday, the men being put through the
various drills by instructor O'Grady.
The volunteers who were given leave
to visit their homes on Saturday last
will report for duty this afternoon.

Seeing America First.

NEW YORK'S SKYLINER.
By GEORGE FITCH
Author of "At Good Old St. Wash"
When the American tourist has fin-
ished looking at the library of de-
ceased notables in a European cathed-
ral he climbs 465 steps upward
through a dusty tunnel and takes a
look at the world from the top win-
dow of a spire, 300 feet above the
ground.

This is a great attraction in Europe
and no cathedral would think of al-
lowing visitors to attain this dizzy
height for less than 25 cents admis-
sion. Outside of the Alps and the
Eiffel tower the churches have a mon-
opoly of height in Europe and they
have made big dividends on every
spire constructed.

However, the American traveller
need not repine if he is deprived of
the chance to scramble up 465 yards
of precarious stairs and ladders this
summer. He cannot see Paris from
the spire of Notre Dame, but he can
step into an elevator in any one of
two dozen New York buildings and go
twice as high for nothing.

New York City has a dozen build-
ings which are higher than the Col-
ogne spires which puncture the zen-
ith more deeply than anything in Eu-
rope except the Eiffel tower. It has
buildings 500 to 800 feet high, fitted
up with all the comforts of home, in-
cluding large easy chairs on the fifty-
third story and express elevators
which make the entire trip in one
minute without stopping even to whis-
le for signals. There are many re-
markable views produced by man in
various parts of the earth, the cost of
reaching which varies from \$300 to
\$5,000 for an American. But the most
remarkable man-made view on earth
can be obtained by expending the
price of a ferry trip from Long Island
to Hoboken, up North River. On this
trip the tourist sees a five-mile moun-
tain range built by the steel workers'
and bricklayers' unions of America in
the midst of which Singer Peak, Mt.
Woolworth, the Dent du Metropolitan
and the Sierra de City Hall loom aloft
in weird and peculiar grandeur.

New York's artificial mountain
peaks are not as beautiful as Europe's
cathedral spires. But the view from
them is far more superb. No man who
has journeyed to the fifty-fifth story
of a New York business building and
has watched from there the ships of a
hundred countries creeping into port
over the sun-kissed bay can ever be
impressed henceforth by sticking his
head out of a church spire window
and getting an eyeful of wind and
house roofs.

Just Received:

The Patent
**'Wellington'
Pipe.**

You never saw better for
cool, dry smoke.

No Nicotine.
J. C. BAIRD,
Water Street.

Southworth LIBRARY,

10c.; Postage 5c.
"The Degraded Daughter."
"Cruel as the Grave."
"Vivia or the Secret of Power."
"The Three Beauties."
"Only a Girl's Heart."
"The Haunted Homestead."
"Retribution," "A Husband's Devotion"
"The Trail of the Serpent."
"The Missing Bride."
"The Fortune Seeker."
"Victor's Triumph," "A Noble Lord."
"Self-Raised," "The Bridal Eve."
"The Widower's Son."
"Love's Labor Won."
"Dorothy Harcourt's Secret."
"The Curse of Clifton," "To His Fate."
"Nearest and Dearest."
"The Lost Heir of Linlithgow."
"Little Ned's Engagement."
"The Rejected Bride."
"A Beautiful Friend."
"The Mystery of Haven Rocks."
"The Unloved Wife."
"The Struggle of a Soul."
"For Woman's Love," "Jahnael."
"India or the Pearl of Pearl River."
"Gertrude's Sacrifice."

GARRETT BYRNE,

Bookseller & Stationer.



In Milady's Boudoir.

By GWEN SEARS.



ABUSING ONE'S EYES.

Our most willing little servants are
our eyes and it is their apparent in-
destructibility that makes us careless
of them. How many persons we see
each day reading in the cars and
trains, that jog along, each moment
changing the quality of the light, thus
causing the eyes the fatiguing strain
of constant focusing.

Nowadays' glasses have been studied
with a view to their becoming qual-
ities as well as in regard to their pow-
er, but all the same it seems a pity to
have to wear them before age de-
mands it just because one has mis-
treated one's eyes, not so much from
overwork, perhaps, as from work done
under wrong conditions.

For instance, it is a mistake to read
late at night or at other times when
physically and mentally worn out. It
is a great temptation to finish a book,
even though the eyes are almost
closed with sleep, but there is no bet-
ter way to strain the eyes than to
overwork them when they are longing
for sleep.

The question of a good reading light
cannot be too often brought to the
attention, especially when the children
are studying at home; it is more apt
to be a poor light than the amount of
lessons that tire the student's eyes,
and if it is necessary for much read-
ing to be done for school it is essential
that story reading be cut out of leisure
hours and less fatiguing games substi-
tuted when lessons are finished.

It seems very hard to a child to be
torn away from a fascinating book
and sent out to play, but it is much
better than headaches and the worry
and expense of glasses.

Then, too, at first suspicion that the
eyes are hard to focus or that they
cannot do their usual work as well
as formerly attention should be given
them at once, and if they do not re-
spond to a simple boracic acid wash and
still feel irritated or strained it is ad-
visable to consult an oculist, for even
if glasses are not needed the longer
the help is put off the harder it is to
effect a permanent cure. Like the
dentist, it does not pay to put off the
oculist.

We have been using MINARD'S
LINIMENT in our home for a number
of years and use no other Liniment
but MINARD'S, and we can recom-
mend it highly for sprains, bruises,
pains or tightness of the chest, sore-
ness of the throat, head aches or any-
thing of that sort. We will not be
without it one single day, for we get
a new bottle before the other is all
used. I can recommend it highly to
anyone.

JOHN WALKFIELD,
LaHave Islands, Lunenburg Co., N.S.

Minard's Liniment Cures Diphtheria.

NOTICE.

THE STEAMER



Portia

will leave the wharf of
Bowring Bros., Ltd.,
on
Saturday, 13th March,
at 10 a.m.,

calling at the following places:
Cape Broyle, Ferryland, Renews,
Trepassey, St. Mary's, Salmonier,
Placentia, Marystown, Burin, St. Law-
rence, Lamaline, Fortune, Grand Bank,
Bellevue, St. Jacques, English Hr.,
West, Hr. Breton, Pass Island, Gaultois,
Pushthrough, Richard's Har-
bor, Francois, Cape La Hune,
Lamea, Burgeo, Rose Blanche, Chan-
nel.

Freight received up to 4 p.m. Fri-
day.

For freight or passage apply to the
Coastal Office of
BOWRING BROTHERS, LTD.
Telephone 206.

CEMENT

Just received ex
"Graciana" from London.

White's Portland Cement,

In Barrels and Bags.

H. J. Stabb & Co.

marf, cod, ff

Beef, Butter, etc.

Ex Train Monday:

Beef, Hogs, Mutton,

Lamb, Butter.

JAS. R. KNIGHT

Commission Merchant.

MINARD'S LINIMENT RELIEVES
NEURALGIA.

A GOODLY AMOUNT

Wednesday and
DAVID GRAY'S EST.
and fervor.

TWENTY MINUTES
unusual type the

A Way

Drama in two parts
vice of her mother.
repentance. She is

Out of

A simple and tremen-
poor to those who live
quality.

YOU CAN HELP, ALL
SMALL, THE

ROSS

EAST EN

Closed down for
ation, Painting an
ation with beauti-
tip-top chairs and
improvements.

Will open ST. PA
DAY with splen
Comedy.

J. J.

January mon
next to it was th
at St. John's Gro

We are doing
all our former
ever, and are ma
why not?—when
on the dollar spe
our best energies
is the store of sa
one cent; every

J.

DUCKWORTH

Furness

S. S. "Durango"
S. S. "Tabasco"
S. S. "Roanoke"
S. S. "Graciana" sails from
For rates

FURNESS

City

th.s,ff

Spring

To stimulate the
are offering two 25
1st—300 Bleached
inch hem, buttons
only

2nd—A 3c. Handk
quire a lot. Ha
ren. Worth

Templeton

Great Reduc in B

Visit our Home
yourself our excel
BRASS and WHITE
WASHSTANDS, T
PILLOWS, CUSH
CHAIRS, BOOKS
COUCHES, LOUN
And a splendid v
GOODS.

CALLAN

DUCK

Over

Read