

## White Curtain Nets!

Regular Price... 10c. yd.  
March Price... 9c. yd.  
Regular Price... 12c. yd.  
March Price... 10c. yd.  
Regular Price... 14c. yd.  
March Price... 12c. yd.  
Regular Price... 16c. yd.  
March Price... 13c. yd.  
Regular Price... 18c. yd.  
March Price... 15c. yd.  
Regular Price... 20c. yd.  
March Price... 16c. yd.

# MARSHALL'S March Offerings

## Housefurnishing Sale!

### Window Blinds!

50 doz. Spring Blinds, Cream & Green.  
Plain, 3 ft. by 6 ft. Reg. Price 30c.  
March Price 27c.  
Plain with Fringed Ends. Regular  
Price 35c. March Price, 30c.  
Lace and Insertion Ends. Regular  
Price 45c. March Price, 40c.

### Window Poles!

200 sets in Oak and Mahogany.  
Regular Price... 35c. per set  
March Price... 30c. per set

### Lace Curtains!

#### WHITE LACE CURTAINS

Reg. Price, 90c. March Price... 70c.  
Reg. Price, \$1.10. March Price... 80c.  
Reg. Price, \$1.50. March Price... \$1.20  
Reg. Price, \$1.80. March Price... \$1.40

### Extension Rods!

March Prices, 7c., 9c., 12c.

### Job Lot of Curtain Ends and Single Curtains—Job Prices!

#### Scrim!

10 pieces White Scrim, with nice  
dainty colored borders.  
Reg. Price, 20c. March Price... 17c.  
Reg. Price, 25c. March Price... 20c.

#### Floor Canvas!

in all widths.  
Special 2 yards wide,  
47c. per yard.

#### White Twill Sheetting!

Reg. Price, 40c. March Price... 30c. yd.  
Reg. Price, 50c. March Price... 40c. yd.  
Reg. Price, 60c. March Price... 50c. yd.

Above Prices  
Strictly Cash.

# Marshall Bros

## Special

## Job White Lace Curtains!

3 yards long.  
Regular Price,  
\$1.20 per pair.  
MARCH PRICE,

# 90c.

per pair

### Health and Elastic Bands.



RUTH CAMERON

Losing the Power to Come Back.  
"Because you'll have lost, part of your power to come back. Every time you put such a strain on yourself you lose something that you'll probably never get back. You can do it and you may feel all right enough when you get rested, but you won't come quite back to the point you left. And the next time you overdo, it will be still harder for you to come back, and you'll fall a little bit shorter of your normal self."

It's rather an appalling thought, isn't it?  
And perhaps the doctor put it pretty strongly in the hope of impressing a recklessly spend-health woman, yet it's too near the truth for comfort.

What Happened to the Automobile.  
A friend of mine had his automobile stolen last summer. After a wild five-hour ride over the roughest of country roads the thieves were arrested for over-speeding, the theft was discovered and the machine returned to its duly thankful owner. But when the machinist came to overhaul the car he found it in terrible shape. "Five weeks of ordinary use," he declared, "wouldn't have taken so much out of that machine as that five hours of abuse did."

It's the same with the human machine.

It's not what we do but what we overdo that wears us out and makes us old.

When we crowd to the exhaustion point, the week we never let up on ourselves, the long season of overwork and worry, take more out of us than twenty times their duration of normal living.

When we are young we seem to have an almost limitless supply of the wonderful power of coming back, but when the first resiliency of youth passes, the rebound is not so swift and so complete.

How We Are Like Elastic Bands.  
You may stretch an elastic band almost to the breaking point and it will come back into its normal shape again, at first. But by and by it begins to sag and lose shape and resiliency. So it is with us. At first we can stretch ourselves to the breaking point and come back. A single night's good sleep or a week's vacation will put us in shape again.

But when the twenties begin to glide by and the thirties and forties come into sight, it behoves us to be more careful how we strain our elasticity to the breaking point. It may not break, but it may lose all its resiliency.

Most of us have to overwork sometimes. We cannot fill our moral obligations or take advantage of our great opportunities without. But be careful not to confuse "I must" with "I want to." Remember every time you do it you are borrowing time from your future at a ruinous rate of interest.

Plan your work so that the servant-of-all-work can have one hour in the afternoon to rest. You will be surprised how much more she will accomplish, because when the body is weary the brain is inefficient.

## Butter!

All we ask is a trial order for our Canadian Butter; we are satisfied that we will get your repeat orders.

5 boxes 2 lb. Slabs.  
10 tubs, 19-20 lbs. each.  
Also  
10 28-lb. boxes Australian Butter.  
2 boxes 1 lb. Bricks Irish Butter.

Just to hand this week:  
**Oranges.**  
95 cases Sound Fruit.  
**Soper & Moore.**  
Phone 480.

### Grand Pictures at Nickel Theatre.

The holiday performance at the Nickel Theatre yesterday was attended by many of all classes, who make it a point to take in the holiday shows at this popular house. The pictures were splendid and afforded the greatest pleasure to all. There were two 2-part films, both of which were masterpieces. One was the "Wayward Daughter" and the other "Out of the Shadows." This evening they will be repeated and our advice to all is to attend, as you will certainly enjoy them. Besides, it should be the desire of all to help swell the fund as much as possible. The only way to help is to attend each change.

### In Tropical Countries Liver Chill Very Common.

In Northern latitudes also the liver is a very unruly organ and requires careful watching. The concentrated vegetable juices in Dr. Hamilton's Pills act directly upon the liver and stimulate its action to a normal basis. The blood is purified, the skin grows clear, headaches disappear and robust health is firmly established. No medicine for the stomach, liver or kidneys can compare with Dr. Hamilton's Pills, 25c. box at all dealers.

MRS. BIRRELL DEAD.  
LONDON, March 10.—Mrs. Augustine Birrell, wife of the Chief Secretary for Ireland, is dead.

DR. DOVAN'S FEMALE PILLS. Reliable medicine for all Female Complaints. Monthly or three for \$10, at drug stores. Mailed to any address on receipt of price. THE SCARBOROUGH DRUG CO., St. Catharines, Ontario.

PHOSPHONOL FOR MEN. Restores Vitality for Nerve and Brain; increases "grey matter"; a tonic will build you up. Six boxes or two for \$5, at drug stores, or by mail on receipt of price. THE SCARBOROUGH DRUG CO., St. Catharines, Ontario.

MINARD'S LINIMENT CURES GAR-GET IN COWS.

### Our Volunteers.

Twelve hundred and seventy volunteers have enlisted with the second contingent to date, the following names having been added to the list yesterday:

Wm. J. Tilly, Kelligrews.  
Wm. Jos. Byrne, St. John's.  
Jno. Spearns, St. John's.  
Harold Holwell, St. John's.

Owing to unfavorable weather conditions the day was spent indoors yesterday, the men being put through the various drills by Instructor O'Grady. The volunteers who were given leave to visit their homes on Saturday last will report for duty this afternoon.

### Seeing America First.

NEW YORK'S SKYLINE.  
By GEORGE FITCH  
Author of "At Good Old St. John's"  
When the American tourist has finished looking at the library of deceased notables in a European cathedral he climbs 465 steps upward through a dusty tunnel and takes a look at the world from the top window of a spire, 300 feet above the ground.

This is a great attraction in Europe and no cathedral would think of allowing visitors to attain this dizzy height for less than 25 cents admission. Outside of the Alps and the Eiffel tower the churches have a monopoly of height in Europe and they have made big dividends on every spire constructed.

However, the American traveller need not repine if he is deprived of the chance to scramble up 100 yards of precarious stairs and ladders this summer. He cannot see Paris from the spire of Notre Dame, but he can step into an elevator in any one of two dozen New York buildings and go twice as high for nothing.

New York City has a dozen buildings which are higher than the Cologne spires which puncture the zenith more deeply than anything in Europe except the Eiffel tower. It has buildings 500 to 800 feet high, fitted up with all the comforts of home, including large easy chairs on the fifty-third story and express elevators which make the entire trip in one minute without stopping even to whistle for signals. There are many remarkable views produced by man in various parts of the earth, the cost of reaching which varies from \$900 to \$3,000 for an American. But the most remarkable man-made view on earth can be obtained by expending the price of a ferry trip from Long Island to Hoboken, up North river. On this trip the tourist sees a five-mile mountain range built by the steel workers' and bricklayers' unions of America in the midst of which Singer Peak, Mt. Woolworth, the Dent du Metropolitan and the Sierra de City Hall loom aloft in weird and peculiar grandeur.

New York's artificial mountain peaks are not as beautiful as Europe's cathedral spires. But the view from them is far more superb. No man who has journeyed to the fifty-fifth story of a New York business building and has watched from there the ships of a hundred countries creeping into port over the sun-kissed bay can ever be impressed henceforth by sticking his head out of a church spire window and getting an eyeful of wind and house roofs.

### Just Received:

The Patent

## 'Wellington' Pipe.

You never saw better for cool, dry smoke.

No Nicotine.

**J. C. BAIRD,**  
Water Street

### Southworth LIBRARY,

10c.; Postage 5c.

"The Degraded Daughter."  
"Cruel as the Grave."  
"Vivia or the Secret of Power."  
"The Three Beauties."  
"Only a Girl's Heart."  
"The Haunted Homestead."  
"Retribution." "A Husband's Devotion"  
"The Trail of the Serpent."  
"The Missing Bride."  
"The Fortune Seeker."  
"Victor's Triumph." "A Noble Lord."  
"Self-Raised." "The Bridal Eve."  
"Dearest and Dearest."  
"Love's Labor Won."  
"Dorothy Harcourt's Secret."  
"The Curse of Clifton." "To His Fate."  
"Nearest and Dearest."  
"The Lost Heir of Linlithgow."  
"Little Ned's Engagement."  
"The Rejected Bride."  
"A Beautiful Friend."  
"The Mystery of Haven Rocks."  
"The Unloved Wife."  
"The Struggle of a Soul."  
"For Woman's Love." "Jahnnal."  
"India or the Pearl of Pearl River."  
"Gertrude's Sacrifice."

**GARRETT BYRNE,**  
Bookseller & Stationer.



### In Milady's Boudoir.

By GWEN SEARS.



ABUSING ONE'S EYES.

Our most willing little servants are our eyes and it is their apparent destructibility that makes us careless of them. How many persons we see each day reading in the cars and trains, that jog along, each moment changing the quality of the light, thus causing the eyes the fatiguing strain of constant focusing.

Nowadays glasses have been studied with a view to their becoming qualities as well as in regard to their power, but all the same it seems a pity to have to wear them before age demands it just because one has mis-treated one's eyes, not so much from overwork, perhaps, as from work done under wrong conditions.

For instance, it is a mistake to read late at night or at other times when physically and mentally worn out. It is a great temptation to finish a book, even though the eyes are almost closed with sleep, but there is no better way to strain the eyes than to overwork them when they are longing for sleep.

The question of a good reading light cannot be too often brought to the attention, especially when the children are studying at home; it is more apt to be a poor light than the amount of lessons that tire the student's eyes, and if it is necessary for much reading to be done for school it is essential that story reading be cut out of leisure hours and less fatiguing games substituted when lessons are finished.

It seems very hard to a child to be torn away from a fascinating book and sent out to play, but it is much better than headaches and the worry and expense of glasses.

Then, too, at first suspicion that the eyes are hard to focus or that they cannot do their usual work as well as formerly attention should be given them at once, and if they do not respond to a simple boracic acid wash and still feel irritated or strained it is advisable to consult an oculist, for even if glasses are not needed the longer the help is put off the harder it is to effect a permanent cure. Like the dentist, it does not pay to put off the oculist.

We have been using MINARD'S LINIMENT in our home for a number of years and use no other Liniment but MINARD'S, and we can recommend it highly for sprains, bruises, pains or tightness of the chest, soreness of the throat, head aches or anything of that sort. We will not be without it one single day, for we get a new bottle before the other is all used. I can recommend it highly to anyone.

JOHN WALKFIELD.  
LaHave Islands, Lunenburg Co. N.S.  
Minard's Liniment Cures Diphtheria.

## NOTICE.

THE STEAMER



## Portia

will leave the wharf of

**Bowring Bros., Ltd.,**

on

**Saturday, 13th March,**

at 10 a.m.,

calling at the following places:  
Cape Broyle, Ferryland, Renews, Trepassay, St. Mary's, Salmonter, Placentia, Marytown, Burin, St. Lawrence, Lamaline, Fortune, Grand Bank, Belleoram, St. Jacques, English Hr. West, Hr. Breton, Pass Island, Gaultois, Pushthrough, Richard's Harbor, Francois, Cape La Hune, Ramea, Burgeo, Rose Blanche, Chancel.

Freight received up to 4 p.m. Friday.

For freight or passage apply to the Coastal Office of

**BOWRING BROTHERS, LTD.**  
Telephone 206.

## CEMENT

Just received ex  
"Graciana" from London.

## White's Portland Cement,

In Barrels and Bags.

**H. J. Stabb & Co.**

marl, cod, ff

## Beef, Butter, etc.

Ex Train Monday:

**Beef, Hogs, Mutton,  
Lamb, Butter.  
JAS. R. KNIGHT**  
Commission Merchant.

MINARD'S LINIMENT RELIEVES NEURALGIA.

A GOODLY AMOUNT

Wednesday and Thursday  
DAVID GRAY'S ESTABLISHMENT  
and fervor.

TWENTY MINUTES  
unusual type the

## A Way

Drama in two parts  
vice of her mother.  
repentance. She is a

## Out of

A simple and tremen-  
poor to those who live  
quality.

YOU CAN HELP, ALL  
SMALL, THE

## ROSS

EAST END

Closed down for  
ation, Painting and  
ation with beauti-  
tip-top chairs and  
provements.

Will open ST. PAUL  
DAY with splendid  
Comedy.

## J. J.

January month  
next to it was the  
at St. John's Gro

We are doing  
all our former  
ever, and are making  
why not?—when  
on the dollar spe-  
our best energies  
is the store of sa-  
one cent; every

J. J.  
DUCKWORTH

## Furness

S. S. "Durango" . . . . .  
S. S. "Tabasco" . . . . .  
S. S. "Roanoke" . . . . .  
S. S. "Graciana" sails from  
For rates

## FURNESS

City

th.s,ff

## Spring

To stimulate blood  
are offering two  
1st—300 Beached  
inch hem, buttons  
only . . . . .  
2nd—A 3c. Handker-  
quire a lot. Ha-  
ren. Worth

## Templeton

## Great Reduc in P

Visit our Home  
yourself our excel-  
BRASS and WHITE  
WASHSTANDS, TUBS,  
PILLOWS, CUSH-  
CHAIRS, BOOKS,  
COUCHES, LOUNGES,  
And a splendid variety  
GOODS.

**CALLAHAN**  
DUCKWORTH STREET

## Over Read