

ITEMS OF INTEREST FOR THE WOMEN

SLEEP

Withdraw thee, soul, from strife,  
Enter thine unsewn bark,  
And sail across the dark  
And silent sea of life.  
Leave Care and Grief, feared now no more,  
To wave and beckon from the shore.  
Thy temerity is bare,  
Shut are the burning eyes,  
Ears deaf against surprise,  
Limbs in a posture fair,  
The body sleeps, unheeding thee,  
And thou, my sailing soul, art free.

Rouse not to choose thy way,  
To make it long or short,  
Or seek some golden port  
In haste, ere springs the day,  
Desire is naught, and effort vain:  
Here he who seeks shall never attain.  
Dream-winged, thy boat may drift  
Where lands lie warm in light;  
Or sail, with silent flight,  
Oblivion cleaving swift.  
Still dusk or dawn, art thou blest,  
O Fortune's darling, dowered with rest!

KNOWLEDGE

Knowledge always desires increase.  
—Franklin.

CANADIANS NEED MORE SOCKS

Brandon Chapter I. O. D. E. meet in their rooms in the John E. Smith block every Tuesday and Thursday from 2:30 to 5:30 o'clock to sew and knit for the soldiers at front. Plenty of material and wool will be provided to anyone wishing to assist the Chapter in this work. All will be welcomed. As this war progresses the call for supplies becomes greater and socks cannot be sent in large enough quantities. The cry from the men in the trenches is always socks and more socks. The convener of the sewing committee is Mrs. Rose, of 2315 Rossier avenue, and the knitting committee, Mrs. Sloan, 502 Seventh street, who will be pleased to give any information.

McBAIN-BURGESS

A pretty wedding was solemnized on Monday morning at ten o'clock, in St. Mark's church, Minnedosa, when Lilian, third daughter of Mr. and Mrs. Joseph Burgess, was married to Mr. James McBain, of Brandon, by the Rev. J. J. Roy, of Winnipeg.  
The bride, who was unattended, was given away by her father. She wore her traveling suit of navy tailored serge with white corded silk trimmings over a dainty figured silk blouse and a white chiffon tail. The groom was attended by Private Fred Burgess of the 226th Battalion.  
Showers of confetti and good wishes marked the departure of the young couple for Winnipeg where they will in future reside. —Minnedosa Tribune.

APPEAL FOR OUR BOYS IN GERMAN

"Man's Inhumanity to Man," has never been exemplified with such appalling emphasis as by the treatment accorded by the Germans to their prisoners of war. Had it not been for the parcels of food from home, many would have starved, so there should be no relaxation of the efforts which have been made—and which are being made to send relief to the prisoners.  
Wounded British and Canadian soldiers back from Germany declare that they were kept alive by parcels of food from home and that parcels sent them from England reached them intact. The sum of \$2.00 each month will provide a prisoner with a parcel twice a month, including everything necessary for the welfare and comfort of the prisoners.  
Anyone can adopt a prisoner by obtaining the name of one from the secretary of the Brandon Chapter I. O. D. E., Mrs. R. C. Macdonnell. It is well worth the trouble of sending individual parcels for the pleasure they give. All wishing to contribute to the general fund may do so by sending in their donations to the treasurer, Mrs. A. P. Jeffery. Any sum, large or small, will be gratefully received. Parcels to prisoners of war are sent free of charge by the Government, and should not exceed seven pounds.

SHOWER FOR MISS GIBSON

A delightful miscellaneous shower of which Mrs. R. J. R. Brodie was the charming hostess at her cosy home, Twenty-second street, was held in honor of Miss Nora Gibson, a bride-elect of next month, Friday afternoon. Pink and white sweet peas formed dainty decorations and centered the pretty tea table presided over by the bride-elect's mother, Mrs. J. S. Gibson and Mrs. Gerry, of Fargo, N.D. Those assisting were Misses Annie Laughton, Irene Gibson, Mrs. Middlemiss and Mrs. Glenn Gibson. The many beautiful and useful gifts were arranged in a pretty clothes hamper and placed before the honor guest.

LONG, LONG THE SUN HAD SUNKEN DOWN

Long, long the sun had sunken down,  
And all his golden trail  
Had died away to lines of brown,  
In dusky hues that fail.  
The grasshopper was chirping shrill—  
No other living sound  
Accompanied the tiny rill  
That gurgled underground—  
The stars, like pallid gems at first,  
Deep in the liquid sky,  
Now forth upon the darkness burst,  
Sole kings of lights on high,  
In splendor, myriad-fold, supreme—  
No rival moonlight strove,  
Nor lovelier e'er was Hesper's beam,  
Nor more majestic Jove.

THE SONG IN THE HEART

You will find poetry nowhere unless  
You bring some with you—Joubert.  
In haste, ere springs the day,  
Desire is naught, and effort vain:  
Here he who seeks shall never attain.  
Dream-winged, thy boat may drift  
Where lands lie warm in light;  
Or sail, with silent flight,  
Oblivion cleaving swift.  
Still dusk or dawn, art thou blest,  
O Fortune's darling, dowered with rest!

SOCKS AND CIGARETTES FOR 79TH BOYS

A large number of cigarettes and socks, as well as a goodly sum of money, was received for the boys of the 79th at a delightful sock and cigarette shower held for them, Tuesday afternoon, by Miss Hazel Smith and Miss Phyllis Rife, at the home of the former, Lorne avenue. The hostesses received their callers at the entrance to the drawing rooms, which were decorated with a profusion of lilacs and pansies, while a military tone was also carried out with Union Jacks. In the dining room, the pretty tea table was centered by a large silver basket of lilac blooms and presided over by Mrs. G. H. Clingan and Mrs. George Hanley. Assisting with the serving of the guests were: Mrs. Alexander Ferguson, Mrs. Blackburn and Misses Mamie Hanley, Ella Smale, Marjorie Rife, Florence Pelton, Lina Smith and Kathleen Cornell. Miss Jessie Strome was in charge of the candy table, assisted by Miss Hilda Trotter, where a successful sale of home-made candy was conducted. Mrs. C. H. Snider received the various donations, which were deposited in a large basket stationed in the reception hall. Little Miss Dorothy Clingan acted as door attendant.

FLOWER SALES THROUGHOUT SUMMER

A concerted effort is being made to raise money for the Patriotic fund by the Brandon Chapter I. O. D. E., who will hold a series of flower sales throughout the summer. Mr. Patmore has very generously offered to donate the flowers toward this good cause. On Saturday, June 24th, Messrs. Nation & Shewan will allow the Chapter the use of their store for their first sale, and the members ask for the hearty co-operation of all citizens in making these sales a great success in a time when funds are so urgently needed. Mrs. Rosé, Mrs. William Henderson and Mrs. Lamontague are the joint convenors.

ACADEMY MUSIC EXAMINATIONS

Trinity College, London, music examinations, held in St. Michael's Academy, presided over by Professor S. Myerscough, M. B., resulted as follows:  
Senior Division—Isabel Herriot, pass.  
Intermediate Division—L. Garbutt, I. Shea, G. Lambert, B. Shuckburgh, pass.  
Junior Division—A. Hurley, honors; C. Bennet, E. Fowler and C. Marsden, pass.  
Preparatory Division—H. McGregor, V. Bertrand, G. Price, honors; M. Rooney, A. Bourke, E. Cross; M. O'Connor, B. Warham, A. Warham and R. Duncan, pass.  
First Step Division—K. Warham, J. Highason, D. Gillean, E. Berridge, honors; H. Krause, A. Andrew, R. Buckley and E. Arthurs, pass.

CELEBRATES ELEVENTH BIRTHDAY

About twenty little playmates of little Miss Bertha Clark gathered at the cosy home of Mrs. H. May, 717 Seventh street, to celebrate her eleventh birthday Thursday afternoon. After an enjoyable afternoon of games, etc., the little ones were seated at a long table, prettily arranged with lilacs and pansies, where a beautiful birthday cake, illuminated by eleven tiny candles, was cut by the little hostess. Mrs. F. Wall, Mrs. L. F. Darg and Miss Leonore Clark assisted Mrs. May with the serving of the little guests, who wore: Mary Bigelow, Edith Tool, Winnie and Christy Dark, Nan and Jean Morrison, Violet Hall, Iva Reed, Mable and Annie Devlin, Jean McLay, Margaret Stevens, Hazel and Viola Ward, Kathleen Faris, Jeanette McQueen and Irene Cutforth.  
Some people can't stand prosperity, but the majority don't get a chance to try.

SELF-LOVE

Self-love leads us to exaggerate our faults as well as our virtues.—Goethe. —John O'Hagan.

FAIR WAS THE SIGHT

Fair was the sight; for now, though full an hour  
The sun had sunk, she saw the evening light  
In shifting color to the zenith tower,  
And grow more gorgeous ever and more bright.  
Broad and low down, where late the sun had been,  
A wealth of orange-gold was thickly shed,  
Fading above into a field of green,  
Like apples ere they ripen into red;  
Then to the height of variable hue  
Of rose and pink and crimson break'd with blue,  
And olive-barked clouds o'er hissed led.

FORWARD MONEY TO RED CROSS

The ladies of the L. O. B. A., eighty-four Esther Lodge, are forwarding the sum of \$45.00 to the Red Cross at Winnipeg, the result of a recent whist drive and cushion draw.

LOOKING UP

He that has no pleasure in looking up is not fit to look down; of such are the mannerists in art, and in the world, the tyrants of all sorts.—Washington Allston.

SELF DECEPTION

Every man has his speculations but every man does not brood and peacock over them till he makes a false coinage and deceives himself.—Keats.

ENTERTAIN GRADUATE NURSES

Following the nurses graduating exercises at the Brandon General Hospital Friday afternoon, a delightful social hour was spent by the graduates, nurses and their friends at the Nurses' Home. Tea was served in the large dining room, where a pretty tea table, tastefully arranged with pink roses, was presided over by Mrs. J. S. Matheson and Mrs. P. C. Mitchell. A number of the nurses assisted with the serving of the guests. Delightful musical selections were rendered by Miss Lina Smith and Miss Edith Patterson.

WOLUNTEER RESERVE ELECTS OFFICERS

A large and enthusiastic body of women turned out in spite of the very inclement weather Thursday evening to hear Dr. Ellen Douglass, of Winnipeg, colonel of the Winnipeg Women's Volunteer Reserve, speak on behalf of the work, and the aid women should be able to successfully give their country in times like the present.  
Mrs. C. C. Hearn, who has done much to organize this society in Brandon, was unanimously voted chairman and was highly complimented by Dr. Douglass on the capable progress made. Many obstacles encountered by the Winnipeg Women's Volunteer Reserve have already been surmounted in Brandon.  
Dr. Douglass spoke of the wonderful work the French women are doing and advised those present to read a book by the Boyd Cable's new book "Between the Lines," on this subject. In England the Women's Volunteer Society is 80,000 strong and the women are ready to take men's places either in the firing line, munition factories or in civic life. English women, entirely equipped with hospital in France, where surgeons, nurses, orderlies, etc., were all women. Dr. and Mrs. Berry left them, during the cooking process. Other methods of cooking, such as boiling, roasting and broiling, were followed along exactly the same lines as ours today, though they were then unrecognized.

THE ORIGINAL FIRELESS COOKER

The pit oven so often used by the primitive woman was a near approach to the modern fireless cooker, which is considered a remarkable invention. In the crude pit or oven of the early housewife, hot stones were placed to furnish the necessary heat, and these were kept from contact with the air as much as possible by packing earth around them and the food placed next to them, during the cooking process.  
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RICED CAULIFLOWER

Boil two cauliflowers in salted water until tender; then drain and set near the fire till quite dry. Remove all the green parts and press the flower through a potato ricer upon a hot dish, upon which it is to be served. In no way crush the mass as it falls from the ricer. Sprinkle over with melted butter. Surround the dish with peeled eggs, each laid upon a square of buttered toast. Dust each egg with salt and a little paprika. Serve very hot. This makes a delicious luncheon dish.

A BLUE SKY REFLECTION

An ingenious idea has been worked out in the treatment of a beautiful pool on a country estate on the Hudson river. The bottom and sides of this pool, which is round and about fifteen feet in diameter, are painted a soft sky blue. When the pool is filled with water, the effect is exactly as if the surface reflected a clear blue sky, although, as a matter of fact, the skies may be gray and the water itself slightly clouded. This attractive scheme has been followed by another country dweller, who has painted blue the bowl of a bird bath which rests in the grass among a group of slender white birches. The reflection of the delicate leaves and branches in the water, which, apparently reflects also a deep blue sky, makes a charming picture when the robins hover on the brink.

YES, I SHALL SEE THE WOODLAND GREEN

Yes; I shall see the woodland green  
And meadow islets, set between  
The channels, where the cattle lie  
Lapped in rich pasture. There shall I  
To match the ivory woodwork in the  
And hear its murmuring pebbles fall,  
And catch the echoes as a dream,  
Which mock the hoarse-voiced boat-  
man's call.  
Once more I feast my eyes upon  
The splendor of the nectarine;  
Once more I gather one by one  
The plums whose purple, mixed with  
green,  
Is fairer than Callista's cheek.  
Among the branches while I seek  
Their beauty stays my hand, for so  
I love to watch their glories glow.

LOOKING UP

He that has no pleasure in looking up is not fit to look down; of such are the mannerists in art, and in the world, the tyrants of all sorts.—Washington Allston.

EDUCATOR BISCUITS

These nutty biscuits are made with one egg, one tablespoon of lard, two cups of milk, two cups of bran flour, one cup of white flour, a teaspoon of baking powder and a pinch of salt. Bake as usual.

POLKA DOTS RETURN

Along with other modes of other years, polka dots have returned in a hundred different forms. Polka dotted silks for summer frocks, parasols with polka dotted covers, handkerchiefs with polka dots printed upon them in pale colors, polka dotted blouses, skirts, stockings, and coat linings—all are here. And, when used wisely and with restraint, they are very pretty, too.

SAVORY CROUTES

One half ounce of butter, two tablespoonfuls anchovy essence, two tomatoes, six croutets of fried bread, six half walnuts, little chopped parsley, two ounces onion chopped finely. Remove skin from tomatoes, cut each into three slices, put on greased tin to heat. Melt butter in pan and add onion, anchovy, little cream. Season cayenne, salt, pepper. Dish a slice of tomato on each croutet of bread, pile mixture on top and put half walnut on top. Sprinkle over chopped parsley. (Ham or chicken can be used).

PAINTING THE TELEPHONE

Once more behold my native stream, dainty boudoir, the desk telephone has been treated to a heavy coat of ivory paint or enamel, picked out with delicate lines of gold. The idea may well be borrowed by others who have desk telephones which, for convenience's sake, must be placed in full view in the room. The dull black of the telephone standard is often the one object out of harmony in a room where a definite color scheme has been adopted and, if the proper kind of paint is selected, it can be made to conform rather than interfere. A dark color, as a rule, preferable to white or cream, or rather light shades, as the constant handling is apt to soil or rub the finish.

INFLUENCE OF THE BIBLE ON RUSKIN'S STYLE

It is at least certain, in Ruskin's case, that he owed much to his inflexible Biblical training. One whose memory was so retentive and whose ear for the music of words so sensitive, did indisputably gain an incredible mastery of cadence and serious rhetoric from the restrained economy and noble passion of Scriptural tradition. To tell a story with austere simplicity and stately directness; to be denunciatory without being abusive; to be indignant without ever losing self-control; not to be ashamed of deep and grand emotion; never to deviate into commonness or verbiage—these were some of the things that Ruskin acquired from his Bible training.—A. C. Benson.

USES FOR OLD GEMS

A dealer in antique jewelry and one who himself restores and reproduces old settings of gems has recently made some charming copies of old Spanish jewelry by utilizing odd stones, taken here and there from broken or insignificant pieces. A collection of such gems, recently taken to him, came forth in the shape of an exquisite ring, closely resembling a bit of antique Spanish workmanship. This ingenious lapidary can take a faulty emerald, one or two pearls, a garnet and a number of chip diamonds, and, by setting them in an intricate design in dull old silver, can give them a value they would entirely lack elsewhere. The haphazard contents of a number of jewelry boxes have recently been transformed by him into charming pendants and brooches, at no expense save the workmanship.

FLOOD TIME IN THE MARSHES

And the sea lends large as the marsh:  
lo, out of his plenty the sea  
Pours fast: full soon the time of the  
flood, tide must be:  
Look how the grace of the sea doth  
go  
About and about through the intricate  
channels that flow  
Here and there  
Everywhere,  
Till his waters have flooded the utter-  
most creeks and low lying lanes,  
And the marsh is meshed with a mil-  
lion veins,  
That like as with rosy and silvery es-  
sences flow  
In the rose and silver evening glow,  
Farewell my lord Sun!  
The creeks overflow, a thousand rivu-  
lets run  
Twixt the roots of the sod, the blades  
of the marsh grass stir:  
Passeth a hurrying sound of wings  
that westward whir;  
Passeth and all is still; and the cur-  
rents cease to run;  
And the sea and the marsh are one.  
—Lanier.

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LABOR MEN IN GREAT BRITAIN HELP WAR LOAN

Executive Council of Labor Unions Decided to Invest \$15,000 —Wages are Advanced

London, June 24.—J. N. Bell, general secretary of the National Amalgamated Union of Labor, in presenting the report for the quarter ending on June 26th, states:  
Our accounts at the end of the quarter showed the following figures: Investments, balance at bank, and cash in hand, £21,032 5s. 10½d.; balances in the hands of branches, £507 2s. 8d., total £21,539 7s. 6½d. Balance gained for the quarter was therefore £2628 11s. 4½d. In considering these figures, however, account should be taken of the delegate assembly, which was paid for during the quarter, and which cost us £1335 18s. 10d. But for this item of expenditure, the gain on the quarter would have been £2364 10s. 2½d.  
Advances in wages are not the only good feature of our last quarter's work. It is a matter of great satisfaction to be able to report an increase of membership of 4,145, the present total recorded standing at 68,122. If, during the quarter upon which we have entered, our branch officers and those interested in the progress of the union will go on working as they have done in the past, there ought to be no difficulty at the end of September in reporting over 70,000 members.  
The executive council has decided to invest £3000 in the new war loan. The executive council were somewhat divided in opinion on the question of whether there should not be a larger sum invested in the loan, but the feeling prevailed that, while it was desirable to invest in it, we could not afford to tie up too much of our money in government stock. When the war is over it is impossible to say what the relations of capital and labor may be, and it is quite conceivable that all our funds may be required to assist members in meeting attacks from organized capital. It is true that the government stock would be salable, but whether at the same price as was given for it is not quite so certain. For the present, therefore, it was thought better to keep as large a portion as possible of our funds in a form which would enable us to obtain the money at short notice.

DON'T MISS

an outing because you dread the agony of sunburn. Let Zam-Buk safeguard you. After long exposure to the sun and wind, simply anoint the affected parts with Zam-Buk, and you will be amazed how quickly this soothing balm will end the burning sensation, draw out the soreness, and restore your skin to its natural condition. Zam-Buk will also prevent blistering. Be sure, therefore, to take a box with you on your holidays; it will save you much unnecessary suffering.  
You will also find Zam-Buk splendid for heat rashes, blistered feet, sore muscles, insect stings, mosquito bites, cuts, bruises and all skin injuries, as well as eczema and all skin diseases. 50c. all druggists or Zam-Buk Co., Toronto. Send 1c. stamp for free trial box.



WINE IS FOUND IN LAKE HURON

Wreck of S steamer Regina Lost in November, 1913, Contains Valuable Champagne

Sarnia, Ont., June 24.—Persistent rumors afloat here are to the effect that the wreckers working on the submerged steamer Price, lost in the big gale of November, 1913, have found the hull of the Canadian steamer Regina, which went down in the same storm in the vicinity of the scene of the disaster to the Price, it being held that the two ships collided and foundered close together.  
The fact that a sailor of the steamer Price was picked up on the shore at Port Frank wearing a life preserver from the Regina, and also that an examination of the Price has shown that the boat was rammed by another steamer, strongly supports the collision theory.  
The steamer Regina was 243 feet in length by forty-three feet beam, and was in charge of Captain McKinley. She carried a mixed cargo, including \$36,000 worth of champagne, which would now be worth \$56,000, also large consignments of freight from Sarnia to the head of the lakes.  
Woman's sphere seems to be the earth.  
Painless dentistry is the art of drawing it mild.

ADVICE TO THE LOVELORN

By Kathleen Mavourneen

Dear Miss Mavourneen: Will you kindly let me know whether it is proper for the bride to supply the necessary clothes and flowers for the bridesmaids.  
Anxious.  
Some very wealthy brides do furnish the costumes for their bridesmaids but it is quite unnecessary, while entirely proper. The bouquets should be furnished and if the bride can afford it, it is customary for her to give her attendants some little token for remembrance—a bit of jewelry, a pretty fan or some little luxury for her personal use.  
Dear Miss Mavourneen: I have been going about with a young man two years my senior for eight months. Recently he invited me to a place of which I did not approve, so I refused. He did not accept my excuse and stopped calling. Kindly advise me what to do.  
M. T.  
Your dignified stand was admirable. And any but a man whose self-appreciation is so exaggerated that he wants a girl to let him tyrannize over her ought to like you all the better for it. But some cynic has said: "Conceit is as natural to the masculine nature as the center to a circle." Make due allowance for this and write your friend a little note asking him to come to see you on a stated evening. Suggest that you miss his friendship and that you hope the little misunderstanding between you can be cleared up. When you see him tell him that you weren't questioning his good judgment or his desire to treat you properly, but that girls have certain standards which the wisest men sometimes fail to grasp and that you know he is too sincere a friend to want you to change yours. If he is not generous enough to feel humbly grateful to you for all this, be assured that you are very well rid of him.  
Dear Miss Mavourneen: Two years ago I met a girl whom I like very much. We went together for a year, then we parted. It was my fault and I have always hoped that we would be friends again. When we met again we became friends and things went along nicely for a while. We had planned to marry in a year. If all went well, I did everything I could to make this girl happy. She told me that she likes me very much but not enough to marry me, but we would always be friends. Some time later she failed to recognize me on the street. In a fit of anger I asked her to return the presents I had given her, knowing that I would regret this later. I have tried to forget her but it is impossible. I am lost to know how to win a girl's love and respect. Shall I write to her and ask her to be the friends we were before? R. K.  
If the girl cannot love you, I do not think there is any way you can win her. Do not wear your heart out. Begin again, make other friends and in time you will forget her.  
Dear Miss Mavourneen: I have been married three years. I am twenty-three years old. Some how I haven't found married life happy, although my husband has tried hard to make it so. We have a very nice home and I have everything to make me happy. I care for a former sweetheart much more than I do my husband. What shall I do? B.  
There is only one thing to do—your duty. Drive all thought of the other man out of your mind. Make your home happy for yourself. It is probably only a fancy that you care for the other man. Find more work to do.  
Dear Miss Mavourneen: I am a girl of twenty working in an office. Two years ago I met a young man in the same office and we have kept company for six months. He asked me to marry him, but I refused because my mother and girl friend disapproved of him. I would like to see him again and do you think it would be proper for me to write to his sister and inquire about him? D. C.  
What reason did your mother and friend have for disapproving of him? If you are sure they were right why renew his friendship? Let it stay buried.  
Dear Miss Mavourneen: I have been corresponding with a young lady, but have never been to see her, as she does not live here. Am going to see her soon but would like to have her meet me as I know nothing about the city. Would it be wrong to go to a show before going to her house? C.  
I think it would be quite proper to go to a show before going to her house.