

**Have You Rheumatism?**  
IF SO, TAKE  
**VITAL TABLETS**

Rheumatism is one of the most distressing ailments. We guarantee Vital Tablets will purify the blood. They attack uric acid, and you will be benefitted by taking Vital Tablets, the great French Tonic. They are a wonderful tonic. They build up the entire structure. No more tired feelings. In fact Vital Tablets will put you on your feet. Just go to your druggist and get a box. Price 50c or by mail. The Scobell Drug Co., Montreal.

**OCTOBER "ROD AND GUN"**

Teeming with interest to all who have heard the Red Gods calling, ROD AND GUN IN CANADA for October will especially appeal to followers of the trap-line. The leading story in this splendid issue of Canada's premier sportsmen's monthly is entitled, "Animickiwash Lake." Illustrated with six pages of photographs taken right on the Trap-Line by F. V. Williams, it will appeal to everyone who ever had dreams of capturing the many furbearers which go to make Canada the richest in wild life. George R. Belton tells in his own inimitable manner how he has been mistaken for several kinds of wild animals. His story will be read with interest. The usual contributors, Bonycastle Dale, Robert Page Lincoln, etc., need no introduction to the sportsmen of North America. In addition to the regular departments this month, M. U. Bates takes charge of the Trap-Line Department and will conduct it in the usual interesting manner. ROD AND GUN IN CANADA is published monthly by W. J. Taylor, Limited, Woodstock, Ont.

**W. C. T. U. Notes.**

Woman's Christian Temperance Union first organized in 1874.  
AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.  
Motto—For God and home and Native Land.  
Badge—A knot of White Ribbon.  
Watchword—Agitate, educate, organize.  
Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. *Rm. 14:31.*  
Business meeting of the W. C. T. U. the last Monday of every month.  
**OFFICERS OF WOLFVILLE UNION.**  
President—Mrs. B. O. Davidson.  
1st Vice President—Mrs. G. W. Miller  
2nd Vice President—Mrs. J. G. Elderkin  
Recording Sec'y—Mrs. Ernest Redden  
Cor. Secretary—Mrs. W. O. Taylor  
Treasurer—Mrs. H. Pinso.  
**SUPERINTENDENTS.**  
Evangelistic—Mrs. J. G. Elderkin  
Parlor Meetings—Mrs. D. G. Widden  
Labrador Work—Mrs. J. W. Vaughan  
Fishermen and Lumbermen—Mrs. W. E. Fielding  
Loyal Temperance Legion—Mrs. W. O. Taylor  
Flower, Fruit and Delicacies—Mrs. A. W. Bleakney  
Press and Willard Hall—Mrs. M. P. Freeman.  
White Ribbon Bulletin—Mrs. Hutchinson.  
Temperance in Sabbath-schools—Mr. C. A. Patriquin.

**TO THE W. C. T. UNION**

Dear Sisters:—  
The issues at stake in the coming Referendum on the question of the Inter-Provincial Liquor Trade lead us to feel

that as women, we have a common interest in a common cause, inasmuch as to all of us the home and the life and well-being of the child are the paramount issues in our national life.

The question to be voted upon is whether we wish to continue the shipment of Alcoholic Liquor for beverage purposes into the provinces which have voted to outlaw its sale within their borders, thus giving to the province a larger measure of autonomy in controlling the traffic than they have had heretofore.

But the real issue goes much deeper than that. We may as well recognize what the trade know full well, that we are in a fight to the finish and every victory won simply means a trench gained and one more stronghold of the enemy taken. This vote will also say to your own Government and to the world at large whether we wish to place further restrictions on the traffic, or whether we wish to re-instate it in the province.

This is the first time the women of the province have had a chance to vote upon a distinctly moral issue. How will we face the responsibility? No great victory is accomplished in these days without organization and we would urge our women members to take note of this.

Our women must rally their forces and stand firm. Let us not be afraid of criticism. A clever politician once said: "If you want to find the best apple tree, look for the one with the sticks and stones under it; boys never throw sticks and stones at a poor apple tree."

If you want to know who is our best W.C.T.U. worker. Just listen awhile and you will soon find out who the woman is that is being most abused for her temperance work, her social service work, etc. If you hear someone say: "Oh, Mrs. Blank is so nice, everyone loves her. She never

interferes with anyone. You will find out that although a fine woman she is not taking any particular stand and that is why she is escaping the sticks and stones.

In this coming campaign let us take the sticks and stones if necessary—we must fight if we would win.—W.C.T.U. Bulletin.

**Dr. F. G. Fitzgerald Shows Conditions in Nova Scotia Should Be Improved**

Dr. F. G. Fitzgerald, Professor of Hygiene at the University of Toronto, Director of the Connaught Laboratory, which supplies practically all the antitoxins and serums used by the various Departments of Public Health throughout Canada, and honorary advisor in the Public Health Campaign of the Canadian Red Cross, disclosed lately a number of figures affecting conditions in Canada which make it appear that Nova Scotia and Halifax have a great deal to learn in the matter of public health service. Dr. Fitzgerald was a member of the Red Cross Health Caravan which recently toured the Maritime Provinces.

Quoting figures which show Nova Scotia as spending on public health a smaller proportion of her annual provincial revenue than any other province in the Dominion except Prince Edward Island, the Toronto Professor added that he thought the Red Cross Campaign just closed, would be followed by a marked increase in the interest taken by the general public in health matters.

"There is evidence of a thorough awakening in the rural districts," Dr. Fitzgerald said. "We have had crowded meetings even in the sparsely settled communities. The people are becoming aroused to the necessity for action in this matter."

**"No More Sleepless Nights"—Bathe Internally.**

Mr. J. B. Burrows, 271 West North Street, Decatur, Ill., writes Tyrrell's Hygienic Institute of New York as follows:

"I am still using the 'J.B.L.' Cascade once a week, and find it most efficient for keeping me in fine condition. It acts as a sedative for tired nerves and has been a great help for sleeplessness. I have frequently arisen from bed and used it in the middle of the night with satisfactory results."

The reason for this remarkable result is because the functions cannot work properly when there is accumulation of waste in the lower intestines.

The "J. B.L. Cascade," by the simple process of properly applying warm water, eliminates all this waste and causes the functions to work smoothly and properly.

Over half a million intelligent Canadians and Americans are now using the Cascade with similar results.

It is the invention of Charles A. Tyrrell, M.D., of New York, a noted specialist on internal bathing for 25 years.

It will be shown and explained to you by A. V. Rand, Wolfville Drug Store, who will be glad to give you an interesting booklet by Dr. Tyrrell called "Why Man of To-day Is Only 50% Efficient." This booklet is free upon request. Ask for it to-day while you think of it.

"Isn't it a cute little thing?" said Mrs. Gushly to her husband as she held the baby up to him?

"Yes it is and doesn't it look like me? It's got some of my ways already. I'll wager that it'll grow up to be just like me. By the way, we haven't named it yet. What would you suggest?"

"Well, if you're anything of a prophet, I'd take chances right now on naming it Ananias."

Minard's Liniment For Dandruff.

18 3-4 Cents. **SUGAR!** 18 3-4 Cents.  
The Sugar situation has now become somewhat easier so we are now able to sell XXX Granulated at 18 3-4 cents.

**... GENERAL FALL OPENING! ...**



**Coats**  
Ask to see our Ladies' Fall Coats. Our range is exceptionally good this season. They are made up of Bolivia Cloth, Silvertones, Velours, Heather Tweeds, Etc.

**Coatings**  
are reduced. \$4.00 per yard now buys a lovely soft wool Coat Material in Nut Brown and Grass Green.

**GLOVES:** All sizes in the popular Cape skin, just the kind for fall wear. Dark and tan dress kid, washable kid, and chamolix grey swede and doe skin.  
A splendid range of wash fabric gloves in light and dark grey, tan, natural, black and white, ranging from \$1.00 to \$1.35 per pair.  
**BOOTS:** Some new lines of Ladies Boots have just arrived, our High Cut Mahogany Walking Boot at \$7.50 is bound to be a big seller.  
A new range of Men's Hats and Caps have just arrived in all the latest styles and patterns. Hats range from \$5.75 to \$7.75 and Caps from \$2.25 to \$3.00.  
Men's Gloves in Kid, Swede, Brown and Grey fur and wool lined at \$2.75 and \$4.50, also work gloves of all kinds.  
12 dozen pairs of men's heavy Grey Wool Socks to clear at 50 cents per pair.

Sweaters. : Heather Rose.  
**Dress Goods**

We are showing a splendid range of materials just the right weight for Dresses in Serge, Broadcloth, Tricotine, Velour, Jerseycloth and Homespun. Prices ranging from \$3.75 to \$6.50 per yard

**Big Value**  
One piece of fine quality Navy Serge, suitable for School Dresses, 38 inches wide and \$2.35 per yard



Men's heavy work shirts in brown and grey mixtures, also blue and black flannel, prices \$2.25 and \$2.75. Light weight work shirts \$1.60 and \$1.95. Fine shirts in fancy silk stripe ranging from \$2.50 to \$3.75.  
Men's heavy oxford pants in brown and grey worsted and tweeds, all splendid value at \$5.50 and \$7.75.  
**BOOTS and SHOES:** Men's fine boots, mahogany and black at reduced prices. We have one big value in men's work boots at \$6.75.  
We are daily getting in new furniture which you should see and get our prices on before purchasing elsewhere.  
We have a splendid range of Rugs in Tapestry, Axminster and Wilton all in attractive range patterns. Also a full line of Mats.

**GENERAL DEPARTMENT**

We have a good stock of Canvas Picking Baskets at \$1.25 each; Split Oak, drop ball at \$1.25 each; 1 bushel Wire Baskets at \$1.50 each; 1 bushel Wire Baskets at \$2.00.  
Our solid mounting flexible back saddle driving harness at \$38.50 cannot be beat. Also, our special double harness made with five ring breeching.  
We have a large range of single and double barrel Shot Guns, Rifles, also Ammunition.

See our Harnesses and Horse Rugs.  
All kinds of building material in stock.  
Roofing: one, two and three ply. Dry sheathing paper.  
Clear Cedar Shingles \$9.75 per thousand.  
2nd Clear Shingles at \$6.75 and Extra No. 1 Wall Shingles at \$5.75.  
Snowflake Lime, Selenite and Calcine Plaster.  
Cement, Cedar Posts, etc.

**Geo. A. Chase :: Port Williams, N. S.**