

Gleaned by me Way.

"Sometimes the best way of saying the right thing at the right time is by keeping" perfectly still.

The average woman is not satisfied to do as she pleases unless she can make other people do as she pleases.

Bearine, a simple and agreeable pomade, made from Canadian Bear grease, feeds the hair roots and makes them grow. 50c a jar.

Host—Have you seen the wedding gifts, old man? Guest—No, not yet. Host—Well, wait a moment. I'll get one of the detectives to escort you through.

**A Most Remarkable Case.** My late was paralyzed, could not speak, for doctors failed to help me and I was in despair when hearing of Dr. Chase's Nerve Food I used this wonderful restorative treatment and he came well and sound in a few days. I would not go back to my former condition for all the gold in the country. writes Mr. Wm. J. Brown, Western Hill, St. Catharines, Ont.

When a woman flatters her husband and then asks him for money, he feels as if he had been taken up in a balloon for the purpose of being thrown out.

He—So you think married life ought to be one grand, sweet song? She—Yes. He—What air would you prefer for this matrimonial song? She—I think a millionaire.

Effective, economical, pleasant. What more can you ask. Davis' Menthol Salve fulfils these specifications and is the best remedy for bites and stings, skin diseases, piles, etc. 25c per tin.

Father—You laddies are well off now-a-days. I've seen the day when I had to be content with a dry crust for my dinner. Eldest Son (an incorrigible)—Ye see ye're better off since ye cam' us, father.

Trading on a good name and deceiving the public is what the imitators of the well-known "The D. & L." Menthol Flaster are doing. Don't be fooled. Insist on the genuine, "The D. & L."

"Barney's wooden leg has been paining him of late," said Scholes to his wife. "How can that be?" said Mrs. Scholes irritably. "Mrs. Barney has been thrashing him with it," was the explanation.

Cold on the Lungs.

This latter gives some idea of the confidence placed in Dr. Chase's Syrup of Linseed and Turpentine by people who know by experience of its exceptional merit. Mrs. E. D. Turner, Broadview, N. W. T., writes: "We have seven children and have used Dr. Chase's Syrup of Linseed and Turpentine for them all when troubled with cold on the lungs. We buy four bottles at a time and always keep it in the house, believing there is nothing so good for coughs and colds."

"I'll work no more for that man, Dolan."

"An' why?"

"Shure, 'in account as a remark he made."

"An' phwat was that?"

"Says he, 'Casey, ye're discharged'."

Strength and Vitality are combined in the invigorating tonic Ferrovin, which consists of fresh lean beef, Citrate of Iron and pure old Spanish Sherry Wine. Nothing could be more beneficial for anemic women and children, elderly people whose strength is failing and all persons run down and debilitated. \$1.00 per bottle.

Children Cry FOR FLETCHER'S CASTORIA

Her Husband—Did you make those biscuits, my dear?

His Wife—Yes, darling.

Her Husband—Well, I'd rather you would not make any more, sweet-heart.

His wife—Why not, love?

Her Husband—Because, angel mine, you are too tight for such, heavy work.

PILES

Dr. Chase's Ointment. A little boy was given too much underdone pie for his supper and was soon roaring lustily.

His mother's visitor was visibly disturbed.

"If he was my child," she said, "he would get a good sound spanking."

"He deserves it," the mother admitted, "but I don't believe in spanking him on a full stomach."

"Neither do I," said the visitor, "but I'd turn him over."

MINARD'S LINIMENT CO., LIMITED.

Gentlemen—Last winter I received great benefit from the use of MINARD'S LINIMENT for a severe attack of lumbago, and I have frequently proved it to be very effective in cases of inflammation.

Yours, W. A. HUTCHINSON.

Mrs. Holt could be depended upon at almost any time to say the wrong thing with the best intention in the world.

"Nobody minds what poor dear Fanny Holt says," her friends told each other when repeating her remarks. "We know she means all right."

"Isn't it queer how differently things will affect people?" one of Mrs. Holt's neighbors said to her the day after a beach picnic. "We both got tired to death, you and I, but you say you've had just a little bit of indigestion, while I have this fearful blind headache."

"Why, that is perfectly natural," said Mrs. Holt, cheerily, "of course when people are tired out, it goes straight to the weakest part of them; mine is my stomach, and everybody knows yours is your head, poor dear!"

Altar-isms.

Marriage, like a rain-shower, may come upon one any time. Brides should remember.

To shed a few tears on the wedding day, it is an omen of good luck in the future.

After the wedding breakfast and reception, a bride should be careful to throw away all the pins that are about her.

The bridesmaids should not keep the pins themselves, or they will retard their chances of marriage.

The bride should always cut the first piece of her wedding cake, and pour out the first glass of wine for her guests.

It is unlucky for the bride to enter the church before the ceremony at one door and leave after the ceremony by another door.

If the bride drops her handkerchief on the wedding-day, and the bridegroom picks it up, it is a sure sign that the future he will play second fiddle.

It is unlucky for the bride to any part of the carriage in which the bride and bridegroom go away, but it is lucky to throw an old shoe after the bride as she enters the carriage.

In leaving the church, the bride will do well to place her right foot foremost, if she wishes to be happy and healthy, and she should always be the first to call her husband by name.

If your Stomach, Heart, or Kidneys are weak, try at least a few doses only of Dr. Shoop's Restorative. In five or ten days only, the result will surprise you. A few cents will cover the cost. And here is why help comes so quickly.

Dr. Shoop doesn't drug the Stomach, nor sedatives the Heart or Kidneys. Dr. Shoop's Restorative goes directly to the weak and failing nerves. Each organ has its own controlling nerve. When these nerves fail, the depending organs must necessarily fail. This plain yet vital truth, clearly tells why Dr. Shoop's Restorative is so universally successful. Its success is leading druggists everywhere to give it universal preference. A fact well surely tell. Sold by A. V. Rand.

A Substitute for Blankets.

When it is difficult to get enough blankets to keep warm, a very cozy bed quilt can, says a writer in *Nor-West Farmer*, be made from old pieces of cloth, the remains of woolen curtains, and such like woolen materials. Wash them and then piece together like an old-fashioned patch work quilt, keeping the pieces as large as possible. When the material is too thick to seam together, bind it round with braid or tape; then sew the outside edges of the binding together. A quilt like this is splendid for a child's bed.

The tender leaves of a harmless, lung-healing, non-toxic, stimulant, give Dr. Shoop's Cough Remedy its marvelous curative properties. Tight, tickling or distressing coughs, quickly yield to the healing, soothing action of this splendid prescription. Dr. Shoop's Cough Remedy. And it is so safe and good for children, as well, containing no opium, chloroform or other harmful drugs, mothers should in safety always demand Dr. Shoop's. If other remedies are offered, tell them No! Be your own judge! Sold by A. V. Rand.

The Mouths Harbor Germs.

Physicians tell us that the germ of pneumonia finds a happy breeding ground in the human mouth, and is often found in the mouths of quite healthy persons. It is warm and comfortable there, and if the mouth is neglected, the microbe finds plenty of sustenance in the form of decaying particles of food and dead tissues. So long as the host remains well, no harm may result, but a cold on the chest gives the pneumonia germ its chance. The mucus, keep the mouth scrupulously clean.

Stomach Trouble Cured.

If you have any trouble with your stomach you should take Chamberlain's Stomach and Liver Tablets. Mr. J. P. Kline of Edina, Mo., says: "I have used a great many different medicines for stomach troubles, but find Chamberlain's Stomach and Liver Tablets more beneficial than any other remedy I ever used."

Entire Wheat Pudding with Dates.

Take thoroughly clean wheat grain, wash and put to soak in hot water, in covered vessels, by which time it should be soft enough to masticate and should have absorbed all the water originally placed on it, which should be about double the volume of wheat. For each pound of wheat take a half pound of pitted dates. Grind them with food-chopper and mix with the wheat. Consistency should be about that of an ordinary pudding. Cook by steaming. To be served with cream or whipped cream.

"Six feet in his boots!" exclaimed old Mr. Flatiron. "Nonsense! Why, they might as well tell me that the man has six heads in his hat!"

ALLEN'S LUNG BALSAM

For deep-seated COUGHS, COLDS, CROUP.

It is a sure cure for a Croupy Cough, a Hoarse Cough, a Sore Throat, a Whooping Cough, a Hay Fever, a Hay Asthma, a Hay Catarrh, a Hay Rhinitis, a Hay Conjunctivitis, a Hay Dermatitis, a Hay Eczema, a Hay Urticaria, a Hay Angioedema, a Hay Anaphylaxis, a Hay Shock, a Hay Collapse, a Hay Coma, a Hay Death.

Wm. Regan, HARNESS MAKER.

Care of Linen.

In buying linen it pays to get the best quality.

It grows better the longer it is used if proper care is taken in washing it.

It is usually best to soak it over night, since this necessitates less rubbing when it comes to actual washing.

Borax is excellent to use for this soaking process, a table spoonful to a gallon of water.

Examine each piece beforehand, to see that all darning and mending is done before it is washed.

If a thin piece is found, a piece of similar material should be sewed underneath just as if it were a hole.

There is one detail in the care of linen that a great many housekeepers do not know, and a great many more neglect. From time to time the linen closet should be opened, and all its contents taken from it and exposed to the sun and air.

Have you a weak throat? If so, you cannot be too careful. You cannot begin treatment too early. Each cold makes you more liable to another and the last is always the harder to cure. If you will take Chamberlain's Cough Remedy at the outset you will be saved much trouble. Sold by Rand's Drug Store.

"Yes, ma'am," said the tattered tramp. "I have helped carry out a great many benevolent enterprises."

"You've cried the lady. 'Oh, impossible. In what way?' By cheerfully accepting whatever was given, me, ma'am."

Chamberlain's Cough Remedy is not a common, every-day cough mixture. It is a meritorious remedy for all the troublesome and dangerous complications resulting from cold in the head, throat, chest or lungs. Sold by Rand's Drug Store.

Heaven judges the sincerity of our affection for God by the cost of our service for man.

Chamberlain's Cough Remedy is a very valuable medicine for throat and lung troubles, quickly relieves and cures painful breathing and a dangerously sounding cough which indicates congested lungs. Sold by Rand's Drug Store.

Some device for indicating who a man's real friends are would fill a long felt want.

Chamberlain's Cough Remedy, never disappoints those who use it for obstinate coughs, colds and inflammations of the throat and lungs. It stands unrivalled as a remedy for all throat and lung diseases. Sold by Rand's Drug Store.

Let well enough alone, don't try to find out what people really think of you.

Croup positively stopped in 20 minutes, with Dr. Shoop's Cough Remedy. One test alone will surely prove this truth. No vomiting, no distress. A safe and pleasing syrup—50c. Sold by A. V. Rand.

He is a wise weather prophet who knows when to borrow an umbrella.

It is well to have on hand a remedy, simple, effective and easily applied, for mosquito bites, insect stings, sores, bruises, sunburn, and injuries to the skin, and forty other ailments not always dangerous, but which can be cured by outward application. Such a remedy is Davis' Menthol Salve (The D. & L.), which comes in tins for 25 cts. at druggists.

BEARINE FOR THE HAIR

DAVID LAWRENCE CO. MONTREAL

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

FOR THE CURE OF BILIOUSNESS, RICK HEADACHE, COLIC, JAUNDICE, CONSTIPATION, NERVOUS DEBILITY, DYSPEPSIA, AND ALL DISORDERS OF THE STOMACH, LIVER AND KIDNEYS.

MADE BY MINARD'S LINIMENT CO.

ANOTHER WOMAN CURED

By Lydia E. Pinkham's Vegetable Compound

Gardiner, Maine—"I have been a great sufferer from organic troubles and a severe female weakness. A doctor said I would have to go to the hospital for an operation, but I could not bear to try it. I decided to try Lydia E. Pinkham's Vegetable Compound, and was entirely cured after three months' use of them."—Mrs. S. A. WILLIAMS, R. F. D. No. 14, Box 59, Gardiner, Me.

No woman should submit to a surgical operation, which may mean death, until she has given Lydia E. Pinkham's Vegetable Compound, made exclusively from roots and herbs, a fair trial.

This family medicine for women has for thirty years been one of the most valuable tonic and purifiers of the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound. It cures female ill, and creates radiant, buoyant female health. If you are ill, for your own sake as well as that of your loved ones, give it a trial.

Mrs. Pinkham, at Lynn, Mass., invites all sick women to write her for advice. Her advice is free, and always helpful.

Chamberlain's Cough Remedy is not a common, every-day cough mixture. It is a meritorious remedy for all the troublesome and dangerous complications resulting from cold in the head, throat, chest or lungs. Sold by Rand's Drug Store.

Some device for indicating who a man's real friends are would fill a long felt want.

Chamberlain's Cough Remedy, never disappoints those who use it for obstinate coughs, colds and inflammations of the throat and lungs. It stands unrivalled as a remedy for all throat and lung diseases. Sold by Rand's Drug Store.

Let well enough alone, don't try to find out what people really think of you.

Croup positively stopped in 20 minutes, with Dr. Shoop's Cough Remedy. One test alone will surely prove this truth. No vomiting, no distress. A safe and pleasing syrup—50c. Sold by A. V. Rand.

He is a wise weather prophet who knows when to borrow an umbrella.

It is well to have on hand a remedy, simple, effective and easily applied, for mosquito bites, insect stings, sores, bruises, sunburn, and injuries to the skin, and forty other ailments not always dangerous, but which can be cured by outward application. Such a remedy is Davis' Menthol Salve (The D. & L.), which comes in tins for 25 cts. at druggists.

DOMINION ATLANTIC RAILWAY.

St. John via Digby, and Boston via Yarmouth.

"LAND OF EVANGELINE" ROUTE.

On and after Oct. 30, 1909, Steamship and Train Service of this railway will be as follows:

Trains will arrive Wolfville (Sunday excepted): Express from Kentville, 6:35 a.m.; Express from Halifax, 10:07 a.m.; Express from Yarmouth, 4:00 p.m.; Express from Richmond, 12:15 p.m.; Express from Annapolis Royal, 12:00 a.m.

Trains will leave Wolfville (Sunday excepted): Express for Halifax, 6:35 a.m.; Express for Yarmouth, 10:07 a.m.; Express for Kentville, 4:00 p.m.; Express for Annapolis Royal, 12:15 p.m.; Express for Richmond, 12:00 a.m.

Midland Division: 7-trips of the Midland Division, have Windsor daily (except Sunday) for Trent at 6:45 a.m., 7:30 a.m., and 8:35 p.m. and from Trent at 12:00 p.m., 3:30 p.m., and 8:30 p.m. connected at Trent with trains of the International Railway and at Windsor with trains to and from Halifax and Yarmouth.

Commencing Monday, Oct. 18th, the Royal and U. S. Mail Steamship "BOSTON" will leave Yarmouth Wednesday and Saturday, on arrival of Express trains from Halifax, arriving in Boston next morning. Returning, leave Long Wharf Tuesday and Friday at 10 p.m.

Royal Mail Steamship "Yarmouth," St. John and Digby. Daily Service (Sunday excepted) leaves St. John at 7:45 a.m., arrives in Digby 10:45 a.m.; leaves Digby same day on arrival of express train from Halifax. Buffet Parlor Cars, each way daily (except Sunday) on Express train between Halifax and Yarmouth.

Trains and Steamers are run on Atlantic Standard Time.

P. G. KINGS, General Manager, Kentville, N. S.

Fred H. Christie PAINTER

PAPER HANGER.

Best Attention Given to Work Entrusted to Us.

Orders left at the store of J. W. Shoop will be promptly attended to.

PATRONAGE SOLICITED.

FREEMAN'S NURSERY WOLFVILLE.

Gut Flowers and Potted Plants.

Wedding Bouquets and Funeral Designs made up at short notice.

W. A. Freeman, Telephone No. 32, Proprietor.

SCOTIA FARM DAIRY

J. Rufus Steer, Proprietor

BEST QUALITY MILK AND CREAM.

Leave orders at Mrs. Hutchinson's telephone exchange, or tele. Leno No. 1 at Port Williams.

At Wolfville.

Building Lots for sale on the Grand all Hill, fronting on Victoria Avenue and the new street, running east and west across the hill (King Street).

The lots are conveniently and beautifully situated in the center of the town.

Land good. Air and view magnificent. Apply to MRS. K. D. GOSWELL, Wolfville.

Cured His Rheumatism In Three Weeks.

James L. B. Johnstone, a prominent member of the Citizen's Band, of Chatham, writes:

"Contracted Rheumatism by exposure five years ago, and was ailing for two months and in great pain all the time. I got Father Morrisey's No. 7 Tablets and took them for about three weeks, when the Rheumatism all left me and I have had no return of the pain since."

Father Morrisey's "No. 7" Tablets have cured thousands of this terribly painful disease.

Rheumatism is generally brought on by exposure, but is really caused by Uric Acid in the blood. This Uric Acid is an irritating poison, formed from the waste matter of the body. The kidneys should remove it, but when they fail it poisons the blood, and, settling in the joints, causes Rheumatism.

"No. 7" Tablets clear out the clogged-up Kidneys and stimulate them to perform their task of filtering the Uric Acid out of the blood. When this is done the Rheumatism simply and naturally vanishes.

"No. 7" Tablets cost 50c. At your dealer's. 28

Father Morrisey Medicine Co. Ltd. Chatham, N. B.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

At the protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule is custom and in law.

Motto—For God and Home and Native Land.

Banner—A Knot of White Ribbon.

Watchword—Agitate, educate, or gas.

Officers of Wolfville Union.

President—Mrs. Walter Mitchell.

Lat Vice President—Mrs. B. O. Davison.

Mod Vice President—Mrs. R. V. Jones.

3rd Vice President—Mrs. J. B. Hammon.

Cor. Secretary—Mrs. Charlotte Murray.

Recording Secy—Mrs. A. E. Caldwell.

Treasurer—Mrs. Lewis Sleep.

Auditor—Mrs. C. W. Roscoe.

World's Mission Work (Liberator)—Mrs. Roscoe.

Parlor Meetings—Miss Rising.

Evangelists—Mrs. DeWitt.

Aldershot Work—Mrs. Chambers.

Narratives—Mrs. William Chipman.

Prize Work—Miss Margaret Hare.

Temperance in Sabbath schools—Miss Annie Fitch.

Mothers Meetings—Mrs. Preston.

Luncheon—Mrs. Kenyon.

Peace and Arbitration—Mrs. Hammon.

The Hero of the North Pole and Strong Drink.

All boys and girls have heard of the great Norwegian explorer, who, a few years ago, got nearer to the North Pole than anyone had ever got before, and who, after untold sufferings from frost and icebergs, returned in his famous vessel the Fram, well, Dr. Nansen, when a guest at a dinner of medical and other scientists, held at Munich, was asked, 'Did you take any alcohol with you when you left the Fram to make your heroic expedition by sledges?' 'No,' said Nansen, 'for if I had done so I should never have returned.'

It Saves the Boys.

The best argument I have found in Maine for Prohibition was an editor of a paper in Portland, that was for political reasons mildly opposed to it. I had a conversation with him that ran something like this:

'Where were you born?'

'In a little village about sixty miles from Bangor.'

'Do you remember the condition of things in your village prior to prohibition?'

'Distinctly. There was a vast amount of drunkenness, and consequently disorder and poverty.'

'What was the effect of prohibition?'

'It shut up all the rum shops, and practically banished liquor from the village. It became one of the most quiet and prosperous places on the globe.'

'How long did you live in the village after prohibition?'

'Eleven years, or until I was twenty-one years of age. Then I went to Bangor.'

'Do you drink now?'

'I have never tasted a drop of liquor in my life.'

'Why?'

'Up to the age of twenty-one I never saw it, and after that I did not care to take on the habit.'

'That is all there is in it. If the boys of the country are not exposed to the international, the men are very sure not to be. This man and his schoolmates were saved from rum by the fact that they could not get it until they were old enough to know better. Few men are drunkards who grew up in the village until they are twenty-one. It is the youth, the white key and beer men want.—North American Review.

Contrast of Abstainers and Drinkers in the British Army.

'Twenty-five per cent. of the soldiers in the British Army are now total abstainers, and