

CHRONOLOGICAL CYCLES.

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|--------------------------|----|------------------------------------|------|
| Dominical Letters..... | B | Julian Period..... | 6594 |
| Golden Number..... | 1 | Jewish Year, beginning on the 30th | |
| Jewish Lunar Year..... | 17 | September..... | 5641 |
| Epact or Moon's Age..... | 30 | Roman Indiction..... | 9 |
| Solar Cycle..... | 14 | Mohammedan Year..... | 1398 |

MOVABLE FESTIVALS.

| | | | | | |
|--------------------------|----------|----|----------------------|-------|----|
| Septuagesima Sunday..... | February | 13 | Easter Sunday..... | April | 17 |
| Sexagesima..... | " | 20 | Low Sunday..... | " | 24 |
| Quinquagesima..... | " | 27 | Rogation Sunday..... | May | 22 |
| Ash Wednesday..... | March | 2 | Ascension Day..... | " | 26 |
| Quadragesima Sunday..... | " | 6 | Whitsunday..... | June | 5 |
| Mid-Lent..... | " | 27 | Trinity Sunday..... | " | 12 |
| Palm Sunday..... | April | 10 | Corpus Christi..... | " | 16 |
| Good Friday..... | " | 15 | Advent Sunday..... | Nov. | 27 |

HOLIDAYS OBSERVED IN PUBLIC OFFICES.

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|------------------------------------|---------|----|-----------------------------|------|----|
| Circumcision..... | January | 1 | Queen's Birthday..... | May | 24 |
| Epiphany..... | " | 6 | Corpus Christi..... | June | 16 |
| Ash Wednesday..... | March | 2 | St. Peter and St. Paul..... | " | 29 |
| Good Friday..... | " | 25 | Dominion Day..... | July | 1 |
| Annunciation of Virgin Mary, April | 15 | | All Saints Day..... | Nov. | 1 |
| Easter Monday..... | " | 18 | Conception of B. V. M..... | Dec. | 8 |
| Ascension Day..... | May | 26 | Christmas Day..... | " | 25 |

BANK HOLIDAYS IN ONTARIO.

Sundays, Christmas Day, New Years Day, Ash Wednesday, Good Friday, Easter Monday, The Queen's Birth Day, Dominion Day, and each day appointed by Royal Proclamation as a General Fast or Thanksgiving Day.

POTATO FLOUR.—Rasp the potatoes into a tub of cold water, and change it repeatedly until the raspings fall to the bottom like paste; then dry it in the air, pound it in a mortar, and pass it through a hair sieve. It is nearly as nutritive and much lighter than wheaten flour. It is therefore preferable for making puddings and pastry for infants and invalids. A portion of it also improves the appearance of household bread, and dealers constantly pass it off as arrowroot. If kept dry it will remain good for years.

"Love-Letter," said an Irish servant girl to her mistress. "Will ye rade it to me, plase? And here," she added, "is some cotton-wull ye can stuff in yer ears whoile ye rade it."

Wife (he had brought her a little present for the baby)—"No, William, I will not have him brought up on the 'bottle.' Look at your own nose, dear!"

A PHILOSOPHER.—Scene—Outside pub. in Glasgow; time, 8.30 a.m. Bill: "A' say, Jock, a wonner ye don't think shame o' yoursel' coming oot o' sic a place sae early in the mornin'." Jock: "Man, d'ye think a' was gaun tae stay in there a' day?"

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