

sports and recreation



Pretty exciting place, eh! But.... come September.

New track centre to opens

When York students return this fall, the new multi-million dollar Metropolitan Toronto Track and Field Centre will be opened.

The complex, which is located on the northern edge of the Keele campus, will be the largest and one of the most sophisticated in the world.

Outside, the new complex will feature a 400-metre international size track, two 125 metre sprint strips, two long jumps and triple jump pits, one high jump, two javelin runways and shothammer and discus throw circles. There will also be a special training area for the hammerthrow and discus behind the York Ice Palace.

Inside the field house, there will be three runways for long and triple jumps, competitive shotput area pole vaulting facilities, a 60 metre sprint strip, a four-lane banked 200 metre track and three cages for shotput. Both the outdoor and indoor facility will have a set up for photo-electric timing.

For those who like to tone their muscles, there will be a weight training room a large meeting room which can be turned into a press room if there is a large event taking place at the centre. Although, there will be no seats when the complex is completed in August, there are plans to build 8,000 seats, similar to those in the Tait McKenzie Building in the gymnasium.

One of the best innovations of the new centre will be the Sports Injury Clinic where athletes will be able to rehabilitate themselves from sports related injuries. The clinic was partially financed by Chicago Black Hawk assistant general manager Bobby Orr last November. Wintario matched Orr's private donation

of \$90,000 to build the clinic. Orr said once the centre is opened, he will travel here to use the facilities on his much publicized knee, which forced, some say, the greatest defenceman ever to retire earlier this season at the ripe age of 30. The clinic will have X-Ray machines, whirlpools and other types of rehabilitation equipment, and will be supervised by a fulltime medical staff.

Ed Nowalkoski, Eastern Vice-President of the Athletic Therapy Clinic, says there are numerous possibilities for the new clinic. "The clinic isn't going to be just for the athlete, but for the community at large," Nowalkoski said. "We want to help the athlete in training, but we're also aiming for the average person."

Part of the services offered will be specially tailored traifing programs to suit each individual requirement. Athletes can have their own skills analysed by the staff on hand so that a personal program can be designed to help them. This will help to prevent injuries, too, Nowalkoski adds and prevention is as important as rehabilitation.

"We want to computerize the information we obtain for injuries and pass it' along to the coaches," Nowalkoski said. "This information will outline the condition where the injuries occurred and how to prevent them. We're just getting the staff doctors and trainers together now for the clinic."

The new complex will be open to York University students' for no charge between the hours of 9 a.m. -3 p.m. Monday-Friday. The general public will be allowed to use the facilities anytime after 3 p.m. till closing and on the weekends for a small entry fee which hasn't been set yet.

Nocal scoop du jour

By Baseline Gates

After sleepwalking through the weak OUAA East division this past year, the York Yeomen plan to launch an application for entry into the NBA.

Coach Bob Bainer said it's the logical next step for his talented crew of wild and crazy Yeomen.

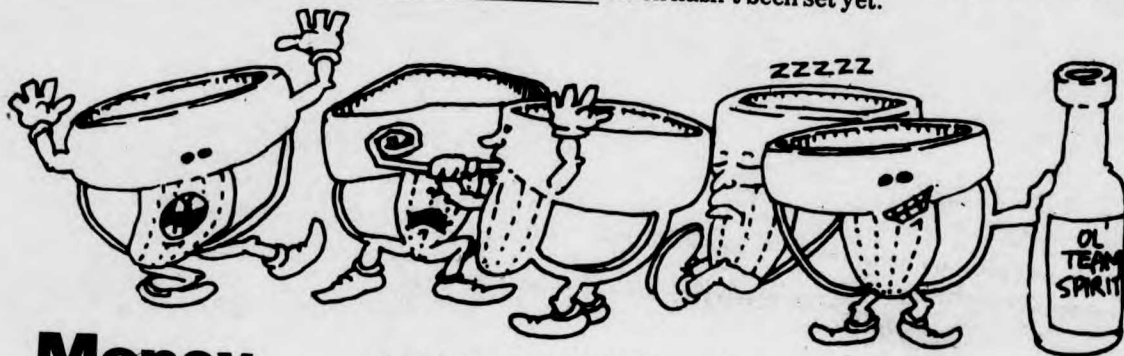
"So we lost to St. Mary's out west. So be it. It was a team effort all the way. But they, now's our chance to show that we weren't any fluke last year. As you know Toronto is going to bid for an NBA franchise. Well we've got the nucleus for a fine expansion club."

Among the team's accomplishments this year is the record for the most beer glasses consumed in one hour. "We'll have to tell the Guinness Book of World Records about that one," Bainer said.

The name of the game is publicity, and Bainer feels confident the "Wild 'n Crazy" Yeomen would come out on top, even as an expansion franchise. "Besides the glass munching record, we hold the record for the most colorful names for players. Let's see The Nicks and company top names like Jaw, Lestoil, Layerbreath, Schizo, Swaney, Big Mac and the rest. Why, we've got more colorful names and personalities than even the Harlem Globetrotters."

No doubt the Yeomen will have the battle of the headlines won, but how well they do on the court?

"We'll have to hustle out there. We'll be in with some tough competition, but if we get the breaks we can win a few games. There's one thing for certain, though. It'll be a team effort all the way."



Money raised

By Greg Saville

Ten-year old Bonnie Whitmeire from Winnipeg and 16-year old Brad Peters from Brampton, both gold medalists at the Canada Games, were two of about 30 gymnasts in a benefit demonstration at the Tait gym last Thursday.

The gymnasts, National team members from clubs across Ontario, gathered voluntarily to raise money for Rick Kinsman, a former National Men's team member presently un-

dergoing rehabilitation for paralysis from a gymnastics injury.

Most participants were under 20, (including five 9-year olds,) with exceptions, such as members from the York University men's CIAU champion gymnastics team.

The event was the first combined gymnastic demonstration of artistic, modern and trampoline styles and the Kaliev-Estien Modern gymnastics club revealed a unique form of gymnastics, including a six-woman team with hula-hoops.

The benefit was sponsored by the Ontario Gymnastics Federation and over \$3000 was raised.

Spring tonics

Recreation York is offering a variety of programs in tennis, swimming and golf this spring and registration is relatively cheap.

The swimming program has two sessions—from April 16 to May 17 and from May 22 to June 17. Each session includes a children's and adult's learn to swim class and an adult stroke improvement class.

Tennis instruction begins April 23. These classes are for beginners and intermediates only and cost \$15.00.

Golf classes begin April 23 and there are two sessions. Fee is \$20.00.

Recognition arrives after years of obscurity



LAWRENCE KNOX

After this year's achievements in university athletics it's now safe to say that York is no longer regarded as that other school in Toronto. For over a century, the University of Toronto athletic department has promoted and developed their sporting teams and received the bulk of recognition in the Toronto media.

But things have changed and York has now got a better reputation among the media as well as the general public. This can be attributed to the success and progress of York's athletic programmes and facilities over the last 14 years.

Nobby Wirkowski, the former quarterback who led the Argos to their 1952 Grey Cup victory and is now the Men's Athletic Director, has done a marvelous job of hiring coaches and promoting the sporting program as has Mary Lyons, Women's Athletic Director.

What really brought York the recognition was the calibre of coaching in both men's and women's sports, which is



Gary Hershorn

equal to, if not better, than most schools in the country. Men's gym coach, Tom Zivic led his squad to their 10th consecutive provincial title this season and their seventh national. Men's basketball coach Bob Bain, who had very few players to work with at the beginning-built the team

into a contender in just over three years. Although the Yeomen basketball team failed to win the OUAA and CIAU titles and is losing four of their top players, the coach has gained the respectability of not only his peers, but of high school stars wishing to attend a university to play the sport.

Two other good examples are football and women's volleyball. Under the direction of Frank Cosentino, the men's varsity football team obtained the first ever winning record in the history of the school. It's true, York didn't play the tougher teams in their division, but as Cosentino said earlier in the year, "a win is a win." There were rumbles from U of T Blues players that they wish to attend York to play under Cosentino. Isn't that a nice switch.

Sandy Silver, the vocal and sometimes abrasive coach of the women's volleyball team, also has good a program for women. What she lacks in public relations, she makes up for in her coaching abilities and working with students. And there are others. Ron Smith, Ontario Hockey Association technical director and assistant coach to Roger Neilson with the Buds, took the men's hockey team going nowhere into the playoffs. Norm Dodgson

also did a fine job with the women hockey squad as did track coach Dave Smith and Wally Dyba with the men's volleyball team.

It all looks good on York's record and helps to attract the good students who might have gone to the University of Toronto instead. Congratulations!



Gary Hershorn