

A Delicious Dessert when Fruit is Scarce

Simply dissolve a packet of Blue Ribbon Jelly Powder in hot water and set to cool. A 10 cent packet makes dessert for six.

The crystal clearness is a sign and proof of its high quality.

When a cheap, inferior quality of gelatine is used in making jelly powder, the jelly will be more or less cloudy, not beautifully clear and transparent as when made from



Blue Ribbon Jelly Powder

Only the finest grade of material is used. A fairly good quality could be had for less money, and many people would not notice the difference. Still it would not be quite so carefully refined, so the very best is used for Blue Ribbon, even though it does cost more.

The result is a clear, delicate jelly, so easily digested that it is much used in the sick room,

and for invalids and convalescents.

It makes an ideal dessert, being light, wholesome, delicious, easily prepared and inexpensive.

Your choice of many flavors, all natural fruit, for it is flavored with Blue Ribbon Extracts.

Ask your grocer for Blue Ribbon. It costs no more than other kinds.

There is nothing more Healthful and Nourishing than a cup of

COWAN'S

PERFECTION

COCOA

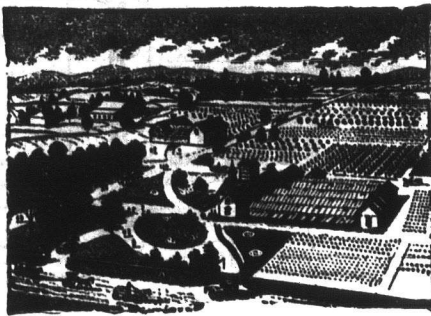
(Maple Leaf Label)

Give to your children, and make them Stalwart and Strong

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For every town and district in MANITOBA, SASKATCHEWAN and ALBERTA. **Hardy Tested Stock for Western Planting.** Largest assortment, recommended by WESTERN EXPERIMENTAL STATIONS at BRANDON and INDIAN HEAD, in Fruit Trees, Small Fruits, Shrubs, Ornamentals, Seedlings for Windbreaks, etc. **START NOW AT BEST SELLING SEASON.** Big Inducements, Exclusive Territory, Pay Weekly. **SPECIAL EQUIPMENT FOR WESTERN MEN** Write Now for Terms and Catalogue, and send 50c for our Aluminum Pocket Microscope and 50c for our Handy Saw, just the thing for trimming trees cuts from as well as wood.

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All For 10c. Ladies, send to us if you wish the latest value and best satisfaction. ONE PACKAGE ELEGANT SILK REMNANTS, new suit beautiful, 10 GRAND TIES - 13 AND SILK RIBBON, 12 YARDS NICE LACE and pretty GOLD-PLATED BAND RING, with big catalogue of genuine bargains in everything. All mailed for Only 10 Cents. Address, FANCY SILK CO., P.O. Box 1528, New York.

Woman and the Home.

Tired Mothers.

If there is any class of persons who need tenderness and encouragement it is tired mothers; weary limbs, sad hearts, and puzzled brains all attest to the fact. There ought to be special privileges granted to tired mothers, as much as to invalids. Those who have passed through this trying ordeal know how to sympathize, know how to excuse many of the short-comings of those who are passing through the narrow gateways, the thorny paths, and rough highways, where temptation holds high revelry, and the angel of peace sits in shadow.

Tired mothers! Always anxious, scheming, planning, and economizing how they can manage their detail of domestic life with least expense; for children are such a drain upon the resources of one's time, heart and pocket. The mothers doing double work, triple work themselves, to save for this, or that, until the nerves are strained and shattered to a degree unbearable to themselves, and particularly offensive to others.

Let me entreat you, fathers and husbands, deal gently with the wife and mother; cheer and brighten her life by all means in your power: for she needs your help in many ways, to buoy her up and sustain her, that she may be nerved with fresh vigor to impart to the little ones who are a constant drain upon her life and energies.

Make Home a Fun Center.

Don't be afraid of a little fun at home. Don't shut your house lest the sun should fade your carpets, and your hearts lest a hearty laugh shake down some of the dusty old cobwebs there. If you wish to ruin your sons, let them think that all mirth and social enjoyment must be left on the threshold without when they come home at night! Young people must have fun and relaxation somewhere. If they do not find it at their own hearthstones, it will be sought at other less profitable places. Therefore let the fire burn brightly at night, and make the homestead delightful with all those little arts which parents so perfectly understand. Don't repress the buoyant spirits of your children; half an hour's merriment around the lamp and fire-side of home, blots out the remembrance of many a care and annoyance during the day, and the best safeguard they can take with them into the world is the influence of a bright little domestic sanctum.

Heart and Home Talks.

The home subject upon which suggestions are most often asked is that of the family purse.

Has not a wife the right to a regular share in the income, is the burning question.

Most certainly she has.

When a man asks a woman to share and keep his home and become the mother of his children, and receives her promise, he has removed her individual earning capacity.

The duties of wife, mother and housekeeper properly performed forbid any business engagements.

How then "shall she be fed and wherewithal shall she be clothed?"

Not as a slave or beggar surely, without expression of wish or want or need.

What man worthy to be called a man will oblige his wife to come to him for every dollar, every time she needs money for her personal use, as a beggar would approach him?

Were this the case no woman would ask for money save for dire needs, and would therefore endure many privations before appealing for relief to the purse of her "lord and master."

I am told that there really are such cases where women have gone in rags and with shoes wanting soles before they could bring themselves to ask

penurious husbands for money to buy new.

Shame upon the man who would place his wife in such a false, slavish position, and I had almost said shame upon the woman who would allow herself to be placed in such a position.

In such cases it must be that the husband does not understand the situation—is simply thoughtless, surely not so selfishly and cruelly indifferent.

And the wife must be wanting in self respect to allow herself to be thus treated.

Every wife understands the nature of her husband best. But where there was not a fair understanding and adjustment of financial matters at the start, she should try to adjust them now, either by a real heart-to-heart talk—not by fretful faultfinding—or, if she knows that would not avail, then by simply claiming her share—stating perhaps as she reaches town with him some day that she must have a certain sum of money for the purchases she must make that day. If it is not forthcoming, when it is known that he has it, the wife will be warranted in saying that it will be necessary then to have the purchases charged, and proceed to do so, handing him the bill.

One wife who had endured much privation when her husband was well-to-do, was driven to assert her right to a share in the proceeds from the farm, and, receiving no attention, proceeded to take her share by marketing produce or stock as her personal and home needs required. The husband evidently appreciated the situation finally, for he made no protest at the time and afterwards said she had as much right to sell the stuff as he had.

There may be selfish, penurious husbands, as well as thoughtless and indifferent ones, and there are many thoughtless, extravagant wives. How financial matters shall be adjusted to the satisfaction of both no one outside their pale of experience can say. But some adjustment is possible, if both wish to be right-minded and fair.

Far be it from me to advise even the extreme measures reported here. On the contrary, I think that a fair statement made by the wife to the husband at the proper time, when everything is quiet and harmonious, will be all that will be necessary to secure a satisfactory adjustment of this matter. The wife may have been too sensitive, may have brooded too long in secret over this trouble, and a tactful, pleasant manner in broaching the subject.

And—try to prevent the shipwreck of other homes in the future on this dreaded financial rock by advising young people who contemplate marriage to have a fair understanding beforehand.

Where was Bill?

Bill Jones is a country storekeeper down in Louisiana, and last spring he went to New Orleans to purchase a stock of goods. The goods were shipped immediately and reached home before he did. When the boxes of goods were delivered at his store by the drayman his wife happened to look at the largest; she uttered a loud cry and called for a hammer. A neighbor, hearing the screams, rushed to her assistance and asked what was the matter. The wife, pale and faint, pointed to an inscription on the box which read as follows: "Bill inside."

Cucumbers and melons are "forbidden fruit" to many persons so constituted that the least indulgence is followed by attacks of cholera, dysentery, griping, etc. These persons are not aware that they can indulge to their heart's content if they had on hand a bottle of Dr. J. D. Kellogg's Dysentery Cordial, a medicine that will give immediate relief, and is a sure cure for all summer complaints.