MONTH ON JUNE.

You bring us the bees in the clover, Month of June, sweet month of

With blossoms you dot the land over, Month of June, fair month of June!

You show us the mold in the fallow. Month of June, bright month of June! That change to bloom as the swal-

. Wings way through thy month, dearest June!

But you bring to us children so

lowiy,

Month of June, dear month of

June! A devotion so high and so holy, We love you, door Heart's own fair June!

HINTS FOR HOUSEKEEPERS

Instead of chopping parsley for soup or creamed potatoes, try twisting a few sprigs into a tight little roll and then clipping with a pair of selectors. of selssors

Two or three cleaned cyster shells bolled in the tea kettle once a week will prevent rust from forming.

A cotton flaunel silence cloth makes the tablecloth look better, but protects the varnished surface from stains from het dishes. Sometimes, when baking a cake, line an earthen platter with rose geranium leaves and turn the hot cake out upon them, leaving it there until quite cold. The steam absorbs the fragrance from the leaves, imparting to the cakes the most delicate flavor, that suggests nothing so much as the odor of a La France rose.

A housekeeper says that water bottles may be kept bright by the use of a handful of very fine ashes mixed with the soapy water in which they are washed.

If parsley is wrapped up in a piece of wet cheeseeloth it can be kept for some time.

for some time.

To make successful gravies, only To make successful gravies, only just enough fat to take up a heaping teaspoonful of flour should be reserved; the rest should be poured off. Add the flour to the hot fat with stirring first in cold water; the starch cells burst more speedly in this way. Water mixed with beef extract is better than plain boiling water for brown gravies.

CARE OF MEATS.

CARE OF MEATS.

Meats of all kinds, as soon as brought from the market, if not cooked immediately, should be placed at once in the ice-box. If it is to be kept for a day or two it is best to wrap it up in wax paper and lay it close to the lee. If wax paper is not handy, wrap it first in clees cloth, then in paper, and place it near the lee. In the country, where fresh meat is obtainable only once or twice a week, and where there is no lee to keep it, it may be placed in a jar or bowl and covered with sour milk, tightly covered with lid or board, and set on the cellar floor. It will keep thus in good condition for four or five days, particularly yeal, lamb and mutton. A plece of beef from the rump, round or crossable, may be covered with vinegar and kept for a whele week. Such beef is generally used for sour roast or beef a he mode. Another way to keep meats fresh in the country is to brush the meat over with salad oll and then wrap it in brown paper or beef a la mode. Another way to beep meats fresh in the country is to brush the meat over with salad oil and then wrap it in brown paper and bury it two feet despi in the ground. It will keep thus in good condition for a week or longer. Game of all kinds may be kept eltimer in ice box or in sour milk. Ham and bacon should be wrapped in paper and hung in a cool, dry place. If poultry is drawn it is best not to wash it, but shuply to wipe it dry inside and place it on the least, wrapped in paper and placed on a dish on the cellar flore. Covered with a deep pan it will keep cool for several days. Fish, being the most diricult to keep, it is best to buy no more than is needed for one meal, and to cook it as soon as possible after it comes from the markot. Seated dried codiish wrapped in paper will keep for some time in a cool place. Fresh eels may be kept fresh for two days when rubbed with sait and set in a cool place. Eggs keep best on the lower shelf of the icebox or in a cool cellar. They should stand on the smhil end.—Mrs. Gesine Lemcke in Ledger Monthly.

VALUE AND USE OF RICE AS A

The nutritive value of rice is act much appreciated, for if it wore it would be much oftener substituted for the potato. In discussing with a physician the relative qualities of these two vegetables, he said that if necessary he could live and do his work upon a diet of milk and rice, these two staples providing all that was necessary for nerve and tissue building. There are two varieties, the long, whole and very white, which is best for cooking as a vegetable, and that which is called "broken rice," costing just one-half as much a pound, and, save for looks, being exactly as good. The first thing to know is how to boil rice correctly. It is a simple process, and this vegetable, as it comes from the hands of a turbaned Southern cook, is as different from the ordinary glucy mass we see at the North as chalk is from cheese. To bell rice, Southern style, wash a cup of rice in two waters, then put it in a pot, adding a quart and a pint of water and two tablespoonsful of sait. After it has belied over a quick fire for ten or fifteen minutes, pour off all the water except a seant cupful, cover the pot and let the rice steam for another fifteen minutes, distinct grains, yet perfectly cooked. It should be caten with gravy or butter, the latter being stirred in quickly while the rice is hot.

Rico soup is particularly good for invalids or persons with delicate digestions. Put a cup of rice, a quart and a pint of water and two teaspoons of salt into a pot and boil an hour. Press through a sleve and thicken with the yolks of two rggs, well beaten, half a cup of cream, if obtainable, a tablespoonful of flour, two of butter and a good grating of nutmeg. Add a little more salt if necessary. If digestion need not be considered, serve with toasted crackers, dusted with Parmesan or grated Dutch cheese on them.

Parmesan or grated Dutch cheese on them.

Nothing is alone than rice croquettee made creamy and dehelous. Take two cups of cooked rice and add the yolks of two cigs, well-beaton, some chopped parsley, a tiblespoonful and a half of butter, a little pepper and natureg. Stir over the fire till the mixture is well blended. When cold, form into croquettes, roll in egg and then in bread crumbs and fry in bolling fat The inside of these crouqettes should be like a thick custard.

If you have any left-over macaron, use a cup of rice and a cup of macaroni, even if cooked with cheese, it is excellent. Anotier variation is one cup of canned corn and one of rice.

Rice blene mange is a real deli-

one cup of canned corn and one of rice.

Rico blanc mange is a real delicacy. Boil half a pint of rice so that it is very soft, and press it through a sieve. Sweeten to taste and add half a cup of chopped almonds, which have been blended. Stir in about half a teaspoonful of vanilla and two tablespoons of milk. Mix well together and pour into molds while hot. Serve with a custured to peur over it, or better still, some oream slightly sweetened and flavored with a few drops of vanilla.—From What to Eat.

Celebrities Who Loved a Smoke.

Smoke.

The famous writer, Thomas Carly'e, was rarely seen without a clay pipe between his teeth, and one of his mest famous l'terary panegyries is devoted to the delights of "Lady Nicotine." Victor Hugo was also a passionate lover of tobacco, and paid fabulous prices for his cigars.

Guizot, the French historian, considered that it was tobacco which lengthened his life to an inordinate degree; whilst Charles Kingsley, the author of "West ward Ho!" was unable to compose a single line of his work until a cigar was firmly set between his lips Robert Burns was a persistent smoker, and would sometimes consume 1 lb. of tobacco per week.

per week.
The late Lord Tennyson, when be-

The late Lord Tennyson, when being asken how he had enjoyd a Continental tour, confessed that he had disliked Venice because "they had no good cigars in the town," but towards the latter portion of his career the Laureate abandoned cigars in favor of clay piper made especially for his own use.

Prince Bismarck was an inveterate cigar-smoker, but that his goodheartedness could triumph over his love of the weed was proved during the Franco-German campaign, when he resigned a cigar which he had been treasuring for use after the battle to a wounded soldier who cast longing eyes at the precious weed. His great contemporary, General Moltke, was equally devoted to smoking joys, and was rarely seen without a hugo cigar between his firm lips.

Professor Huxley stated in the

without a hugo cigar between his firm lips.

Professor Huxley stated in the course of a lecture that he considered tobacco a "sweetener and equalizer of temper," and he supported his theory by consuming vast quantities of the same on all occasions. Charles Lamb, the delightful essayist, held a similar opinion, and he was at once heard to express the wish that "his last breath night be drawn through a pipe and exhaled

ist, held a similar opinion, and he was at once heard to express the wish that "his hast breath might be drawn through a pipe and exhaled in a pun."

Both Charles Dickens and William Thackeray leved a good cigar, though curlously enough the former rarely refers to the smoking habit in his fictions with any degree of enthusiasm; but Lord Lytton, the famous contemporary of the two aforesaid writers, not only revelled in the making of smoke, but glorified the process in various portions of his voluminous works.

Thomas Alva Edison smokes, to use a popular simile, "like a funnel," and has often been known to consume a dozen cigars in the course of a working day. When pondering the details of a novel invention he confesses that he is greatly aided in the process by the presence of a fragrant weed, and there are few brainworkers who do not find their wits stimulated and sharpened by such extraneous aid.

On the other hand, there are many famous people who view all forms of tobacco with undentable aversion. Napoleon the Great was one of this class, and after making an herole attempt to smoke a pipe in his early manhood he abandoned the business with alacrity and never smoked again.

The celebrated Dr. Abernethy hated nicotine with forvent hatred, and, on being asked if tobacco injured the brain, replied testily that the question was a vain one, seeing that nebody possessed of brains would contemplate smoking for an instant. Equally Mr. Algernon Swinburne, the famous poet, is an enemy of the weed, and cannot remain in a room where the oder of tobacco has penetrated.

THE DIAL OF THE SOUL.

THE DIAL OF THE SOUL.

THE DIAL OF THE SOUL.

That the soul leaves its impress on the face as years go by, is a fact too well known to need emphasis. No matter how beautiful the features or how perfect the coloring of eyes, hair or complexion, time and added years write unerringly and indelibly the character of the soul within. A wonderful thing indeed, is the human countenance. Shakespearo says, "There's no art to find the mind's construction in the face," And in the book to Ecclesiasticus, it is said, "The heart of a man chang-

Start St.

eth his corntonance whether for good or cyll.

Now let us understand once and for all, what is meant by

Now lot us understand once and for all, what is meant by a beautiful face. "The beauty that elicits our admiration," says a writer in The Oracle, "is the beauty of expression. It is the thing alive api not the thing dead that we find ourselves drawn to. It is the play of light and feeling that lookes the face winsome. Who has not seen countensaices faulty from almost every standpent of the artist which nevertheless have become so transfigured by an inward gentleness and peace as to awaken in every beholder the most ardent affection and regard?"

The controlling emotions of the inner life will make themselves known—nature's diai will reveal them so clearly that he who runs may read. Powder and paint have not in them

Powder and paint have not in them
the charm, even vigor's flush has not
the power. Write it, therefore, in
large characters, and remember it
ever, that—
"The heart is the dwelling place of
the marginal angel of heavity.

the magical angel of beauty, Whose smile is seen in the face."

Christian Missions in China (By George Lynch, in "The West-minster Gazette.")

It was the garden of the Mission of Pel-tang. Not a blade of grass was showing above the ground. The roots of the grass itself had been torn up, eaten by the last fow starving animals within the besleged compound before they had been dilled and the trees were absolutely

torn up, eaten by the last fow starving animals within the besieged compound before they had been killed, and the trees were absolutely stripped of their bark as high as the beasts could reach At one side of the garden a great open crater, fringed with the ruins of buildings, showed where a mine had exploded. The cross on the Cathedral hard by was broken, and its Gothic architecture additionally fretted by the scoring marks of shot and shell. But I think nothing told more foreibly the tale of the order! through which the garrison had passed than did these gnawed, naked tree-trunks. I was shown rou at they day after its relief by one of the Sisters, which by the vay was effected by the Japanese, but not until the third day after the Logations had been relieved, although it was only twently minutes' ride distant from them. The Mother Superior, seventy-four years of nge, who had spent thirty-eight years of her life in Chinese mission work lay wing—a daughter of Cour Bazais, of Charity since her eighteenth year. Three mines had exploded within to Mission enclosure, and wails and coofs were ridded and lay tossed about in grotesque confusion. I went into the Chatedral church, which they were using as a hospital.

Coming from the glare of white light outside, it was some moments before I could distinguish anything in the gloom within By degrees one made out rows of rounded forms of little children lying on the floor. Above, the stained-glass windows were broken in many places, and the roof perforated where shells had entered, letting in shafts of light that fell aslant the gloom. Tigh up on the wall, one lit up a figure of Christ that with bowed head and extended to point in eloquent silence to the little suffering children below. The entire floor of the church, even up to

The Extinguished Lamp of the Sanctuary,

was occupied with them. In one explosion alone, eighty children were killed, and a still greater number injured. Many more were alling for want of sufficient food, because when the actual relief came, they had been reduced to only two ounces of rice per day, and had but two days' rations left. Off er children, who were helping the nuns, moved noiselessly about among the prostrate forms. The hushed silence of sanctuary was broken only by low moaning or the quarulous sobbing of

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happiness in the home for husband and children.

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oribed.

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cures nervous headaches and dyspepsia, and permanently overcomes the weaknesses and irregularities from which women suffer so much.

Dr. Chase's Nerve Food is immensely popular among women, because it restores them to perfect, vigorous womanhood, and does so by naturally and gradually toning up and invigorating the system, gently regulating the bowels, and strongthening the action of the heart. Fifty cents a box; six boxes for \$2.50. At all dealers, or Edmanson, Bates & Company, Toronto.

little children weary with pain. The Sister brought me to see one little mite whom she called the "first fruit" of their recommenced labor. E. SEAGRA

HUMODER OUND AR TAVE.

the Allies.

friends, and their homes in far-off France.

irients, and their homes in far-off France.

It was not oute the same elsewhere, however. There were some missionaries who appeared to take a different view of the situation. Already they were lodging claims with their respective Consuls, and in order to guard themselves against the dilatoriness or uncertainty of action of their various governments, they were taking measures to secure immediate compensation.

One reverend gentleman, for instance, was to be seen day after day holding a sale of loot in a house that he had taken possession of. Another, as American, was carrying on a similar sale in a paintal mansion which he had commandeered.

on a similar sale in a paintial man-sion which he had commandeered. The latter was to be seen surround-ed by jade and poreclain vases, cost-ly embroideries from the spoiled temples, sable cloaks and various other furs, and rows of Buddhas ar-ranged like wild fowl in a positor-er's shop. As his stock became de-pleted, he was in a position to ask any unsatisfied customer to call in again as his converts were believing

again as his converts were bringing in fresh surplies of loot almost ev-

ery day!
Indeed, not satisfied with the proceeds of his loot sale, this worthy man was entorprising enough to levy compensation on the chinese, and, in addition to recovering the full value of the damage sustained by his converts, inflicted fines that exceeded that expected that avents.

INFLAMMATORY RHEUMATISM.

INFLAMMATORY RHEUMATISM.

—Mr. S. Ackerman, commercial traveler, Belleville, writes: "Some years ago I used Dr. Thomas' Electric Oil for 'Inflammatory rheumatism, and three bottles effected a complete cure. I was the whole of one summer unable to move without crutches, and every movement caused excruciating pains. I am now out on the road and exposed to all kinds of weather, but have never been troubled with rheumatsm since. I, however, keep a bottle of Dr. Thomas' Oil on hand, and I always recommend it to others, as it did so much for me."

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It was a strange story, that of this little child. The cone sol-soldiers who occupied that quarter of the cit, had come across a house where, stretched on the kang, side by side, were the bodies of all its oc-cupants. They had Committed Suicide on the Advent of ALSO MANUFACTURERS OF THOSE RENOWNED BRANDS the Allies.

As the soldiers had not time to bury them immediately, intent as they were on piliaging and looting the neighborhood, they threw limo on the bodies. After two days, when they came to throw their remains into a pit, which had been dug for their burni, they found that the young at victim, was yet alive, and crarled her, with her hair still caked with lime, to the nuns.

In the midst of these ruins these good women, mostly of gentle birth, were striving to recommence their labors, and nurse, and feed, and teach the children that remained. But, conversing with them, one perceived underlying their herole resignation a strain of very human despondency and disappointment Their talk here was not of componation. It was merely of how they could get their ruined mission-house fit for work again—the work for which they had left father and mother and friends, and their homes in far-off France.

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