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HEALTH AND HOUSEHOLD HINTS.

Vegetable, scrubbing, and other brushes should be kept with bristles up.

Dip fish in boiling water for a minute and the scales will come of more easily.

· Sadirons will not scorch if they are ilrst wiped on a cloth saturated with kerosene.

Rub soft, not melted, lard over the top of bread before baking and wrap in a damp cloth with a large dry one over after baking, and there will be no hard crusts. Keep bread in a covered box.

Shrunken, hall-worn bed-balnkets or comforts, past using on a bed, make good pads to put under a stair carpet. They will answer the purpose just as well as the boughten pads, and be a great saving in the wear of the stair-carpet.

Charlotte Russe.-Whip one quart o rich cream to a stilf froth. scant pint of milk add six eggs beaten very light; make very sweet and flavour high-y with vanilla. Cook over hot water till it is a thick custard. Soak one full ource of Cox's gelatine in a very little water, and warm over hot water. When the cusand warm over hot water. When the custard is quite cold beat in lightly the gelatime and the whipped cream. Line the bottom of your mould with buttered paper, and the sides with sponge cake or lady fingers. Fill the mould with the cream, and set in the ice house or re rigerator. To turn out of mould, dip in hot water for a moment. This will be found delicious.

Codfish Balls.—Soak the fish in luke-warm water over night; change the water in the morning and wash of the salt. Cut the fish into pieces and boil 20 minutes; turn off the water and cover with fresh boiling water. Boil 20 minutes more, drain the fish quite dry and spread upon a dish to cool. When cold, pick to pieces with a fork removing all skin and bone, and shred fine. When this is done, and an equal bulk of mashed potatoes, worked into a stiff batter by adding a lump of butter and spread religious. lump of butter and sweet milk and a beaten egg. Flour your hands, and make the mixture into balls or cakes. Drop these cakes into boiling lard and fry to a light brown. Serve upon hot dishes and garnish with parsley. This is an excellent recipe.

The date is an economical, nutritious and wholesome fruit, specially desirable on the nursery bill of fare. Constipation is a common form of childish trouble that can always be more safely overcome with fruit and food than with medicines. The Egyptian dates cured with molasses are the best as well as the cheapest, selling for from six to ten cents a pound in New York. Separate the dates and stone them and chop them fightly: and when you are making white bread, flour a cupful of the chopped dates and knead them into a loaf of the bread just before putting it into the pans to rise for the last time. Stirred into graham gems just be ore they go into the oven they make an excellent food for children or grown people. date cake, bake a rich cup cake in lavers three-quarters of an inch thick when done mix half a cupful of whipped cream with a capful of chopped dates and spread between the layers. Pile three layers high, and ice top and sides. If the cake is not to be eaten the same day, it is better to omit the whipped cream. For sandwich es, cut thin slices of graham or white broad, and spread first with butter and then with chopped dates. The butter should be free from salt. Try these with chocolate at some evening entertainment.

There's a good deal of guarantee busiiness in the store keeping of to-day. It's too excessive, or too reluctant. Half the time it means nothing. Words—only

This offer to refund the money, or to pay a reward, is made under the hope that you won't want your money back, and that you won't claim the reward.

whoever is honest in making it, and through the local dealer, whom you know, must have something he has faith in back of the guarantee. The business wouldn't stand a year without it.

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