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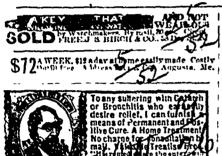
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Superior YFAST .- After making and using many kinds I prefer this. Fourteen potatoes pared and boiled until a silver fork using many kinds I prefer this. Fourteen potatoes pared and boiled until a salvet fork will pass into them easily. Hoil a fiandful of hops in one quart of water. Put the potatoes into a colander and mash them 'lirough, using one quart of fair botting water to assist in the process. Add the quit of water in which the hops have been boiled, and stir in one small teacup of white sugar. When cool enough to be certain it will not scald and destroy the life of the same, put in a cup of yeast. Let it stend till light, which in warm weather will be not more than half a day; in winter, till next morning, when sit in half a teacup of fine sait. Now put away in fruit cans or large mouthed botties. Keep in a cool place, but where it will not treeze if the weather is cold. When the salt is added to the yeast it will foam like sodawater, and of course it must not be immediately seal-d or corked tight, though this may be done in a short time after hottling Keep the potatoes under water while they are being pared, and never use the water in which they were held of the mash the here. are being pared, and never use the water in which they were boiled if you wish the bircuits to excel in whiteness. Let the yeast stand in a stone or porcelain vessel, or in a bright tin vessel, to rise. If ill these proportions would make yeast for the bread of a small family two or three weeks.

small family two or three weeks.

EVERYBODY knews that a layer of newspapers over a bed affords as much warmth at night as the ordinary counterpane. Various attempts have been made of late years to turn this to account, but owing to the crackling nature of the paper and the impossibility of securing free ventilation beneath paper coverings, the idea has been abandoned again and again. A Manchester (England) firm are, however, credited with having overcome these objections, and have invented a paper blanket which furnishes as perfect ventilation as takes place beneath an ordinary woollen blanket. The new covering is made of two sheets of paper, between which a layer of wadding, chemically prepared, is inserted in such a way that it cannot gather together in lumps, while the edges are strongly whipped, so that there is no possibility of a separation of the two pieces taking place. The paper is manufactured from the strongest fibre known, and is softered by a special process until it was free from the edicationable crackling, and greater, having regard to the material from which it is manufactured. As far as looks go, the new blanket has all the appearance of a woollen one, while the warmth it effects exceeds that possessed by its pre-fecessor when the size and weight of the two are brought into comparison. It is, moreover, much cheaper.

AN EDITOR IN LUCK.

St. Jacobs Oil cures rheumatism; of this I am convinced. For years I suff red with rheumatism in my left shoulder and right arm, and last fall I was incapable of attending to my duties, and lay many a right unable to sleep on account of triible pains. A few weeks ago a severe attack of this trouble struck me, and this time I concluded to try St. Jacobs Oil—I must acknowledge, with but little confidence in its merits. I freely confess that the result has completely astonished me. The first appl cation relieved the pain very materially, and the communed use of only two bottles has complete y covered me of this chronicevil, and that after the most eminent physicians and their pres riptions St. Jacobs Oil cutes theumatism : of this T eminent physicians and their pres riptions had been of no avail. I therefore consider it a duty to publish the above for the benefit of all sufferers with rheumatism and kindred complaints. G. A. HEILMAN, Editor "Recomplaints. G. A. Hair publican," Pittsburg, Pa.