

make progress in gaining the victory over carnal desires and passions? Do you not more like a perfect man? Do you 'adorn the doctrine' of the Saviour by living according to it? Do you engage from day to day, in the holy Master's work, striving against sin in yourself; against sin among your neighbors; and against sin in the world?

What portion of your thoughts; your feelings; your talk, your purposes, your actions; day after day, do you soberly realize to be approved by the sovereign Lord? Brother! think of these things; and let your life testify for you that you are a disciple of Christ.

D. O.

JOHN WESLEY'S SPIRIT.

When Wesleyanism was eighteen years old, its author and founder wrote to his Assistants thus:

"In visiting the classes, ask every one—Do you go to *Church* as often as ever you did? Set the example yourself, and immediately alter every plan that interferes therewith; so that every preacher may attend the Church, at least two Sundays out of four.—Is there not a cause? Are we not unawares; by little and little, sliding into a separation from the Church? Oh remove every tendency thereto, with all diligence."

"1—Let all our preachers go to Church.

"2—Let all the people go *constantly*.

"3—Receive the sacrament at every opportunity.

"4—Warn all against niceness in hearing—a great and prevailing evil.

"5—Warn them also against despising the prayers of the Church.

"6—Against calling our *Society a Church* or *the Church*.

"Against calling our preachers *Ministers*, our *Houses Meeting Houses*; calling them plainly *Preaching Houses*."

"THE WATCHMAN" AND THE SONS OF TEMPERANCE.

Long ago we proposed to copy what was said in the *Watchman* paper relative to our position on the Sons' question. It was put off to a more convenient season until the *Watchman* was no longer issued; and now we must postpone it wholly—for it would not be genteel to reply to a departed friend. This will be a sufficient explanation to those who remember what we long since proposed on this topic.

D. O.

SECRET OF HAPPINESS.—An Italian bishop, who had struggled through many difficulties without repining, and been much opposed without manifesting impatience, being asked by a friend to communicate the secret of his being always so happy, replied: "It consists in a single thing, and that is making a right use of my eyes."—His