that not any rest is recorded until all was completed and pronounced "good." How unlike our way of doing things, often hastily taken up, fitfully worked at, and either abandoned altogether before completed, or the finishing put off to an indefinite time. Only after this great work was ended came the repose of the seventh day, a type of our Day of Rest, now so seriously threatened on many sides.

We women of the auxiliary have a great responsibility in this matter. Oh! let us rise to it.

Our Lord Himself says that *He* is "Lord of the Sabbath" (Mark xi: 27, 28) and it is to be kept holy unto the Lord, as we are told elsewhere, (Ex. xxxv: 2, and read Isa. lviii: 13, 14.)

Does this mean the Sunday teas, suppers, novel reading and pleasure parties on bicycles, etc., now so prevalent? Let us use our influence to prevent this society Sunday and seek by all we can do to preserve it as a day of spiritual refreshment for mistress and maid alike, spent with Him who is the source of all our strength and rest, showing by our example that we can have no part in such things, and gently try to lead those we come in contact with to renounce them also.

Coming to the New Testament we find many examples of our subject. First in place and value is that of our Saviour's ministry, beginning when only twelve years old with his first recorded saying, "Wist ye not that I must be about my Father's business"

Then we have the work of the disciples and of the churches, Thyatira praised for its works (Rev. ii: 18), Sardis blamed for being dead (Rev. iii), and in Rev. xix: 8 the Revised Version tells us that the "fine linen" of the Bride is the "righteous acts of saints."

Studying the service of our blessed Lord we find (1) that it was undertaken in secret prayer.

(2) Promptly rendered. Ten times in the first chapter of Mark, the gospel that sets forth Jesus as the faithful and obedient servant according to Is. xlii: 1, 4, are his haste and energy noted.

(3) It was unwearied, He was ever ready.

(4) A service that entered into the minutest details.

(5) Rendered with and in great tenderness, compassion and love, and

(6) It was not performed for display.

In this same chapter of St. Mark we read that ere the ministry of Jesus began He was baptized with the Holy Ghost, and in Acts 1: 8, we read that the same was necessary for the Apostles before they were allowed to leave Jerusalem. If Jesus needed this, how very much more do we! Yes, dear sisters, if we have not ourselves received this priceless gift ard realized in our own hearts the preciousness of it, we cannot offer unto God any acceptable

service, W. A., or whatever it may be, only when we have been fire-charged by the Holy Spirin and have experienced what the loving Saviour did for us when by His atonement on the cross He washed us in that precious Blood and made us His, can we go forth with power from on high to send or carry the glad tidings of salvation through His death and resurrection, and without that power what is our service worth? "Apart from Me ye can do nothing." (John xv: 5.)

In all deeds there are three elements, Motive, Aim, Concrete act.

What should our motive be in W. A. work? The love of Christ constraining us to so love those who know Him not, that we yearn for them to share with us our joy in Him.

Our aim: (1) The glory of God. (2) Winning souls to Christ. (3) Hastening the coming of the Lord.

It is a terrible thought that our sloth in spreading His gospel to all nations (Matt. xxiv: 14) has been and is delaying that glorious Day for which we are waiting so anxiously, but so it is and we cannot escape the fact.

Our concrete acts: From an auxiliary standpoint there should be five classes of these-praying, reading, speaking, giving, working-pray for all, Christians and heathen, at home and abroad. We cannot reach out a helping hand to more than a certain number, do all we may, but God's store of blessings is inexhaustible and he is as ready to bestow them in India, Africa or China, as on those in our sight, if we but ask him in faith, nothing wavering, and so we have it in our power to "do good to all men" however distant. Pray by name for our missionaries, that they and their converts may be strengthened and upheld, as well as for a rich harvest of souls to be gathered in from all When you hear an appeal read heathen lands. ask God definitely for that amount, believing it will be forthcoming, and it will be, if you have asked aright. Read and study the Bible prayerfully to know as much as we can of our loving God and what he would have us be and do. Read of Missions whenever and wherever possible. Unless we know about a subject we cannot be interested in it. In secular matters if we want knowledge we read them up and so it is with Missions, and generally they prove so interesting that the more we read the more we want to read.

Then speak. Having filled our mind with God's word and His mission, let us not keep these riches selfishly to ourselves. Too long have we cherished a false reserve in these matters and felt "ashamed" to speak of what our hearts have been full, thus failing often to help and strengthen someone when we might have done so. (Luke xvii: 32). And still more, what have we lost in God's sight?