

NA-DRU-CO Tasteless Preparation of **Cod Liver Oil**

Prevents Sickness Restores Health

Are you one of those thousands who, though apparently well, catch cold easily and often? It's a dangerous condition to tolerate, and one which you can easily prevent by taking two or three bottles of Na-Dru-Co Tasteless Preparation of Cod Liver Oil at once—this Fall.

This pleasant-tasting food-ionic gives tone and vigor to the whole system, and so strengthens lungs and bronchial tubes that they readily throw off the colds which would otherwise take hold of you.

By virtue of its remarkable combination of curative and nutritive properties, Na-Dru-Co Tasteless Cod Liver Oil is one of the very best remedies known for chronic coughs and colds, bronchitis, asthma and catarrh. It is also an excellent reconstructive tonic after fevers, and in diseases such as scrofula and rickets, which are due to constitutional weakness.

Prove its worth by getting a 50c. or \$1.00 bottle from your Druggist. 311

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.

"THE 'STUPID VICE OF SWEARING."

For two months I was printer's devil for the proprietor of The Valparaiso Vidette, says a writer in McClure's Magazine. I learned to set type and make up the paper, but what I most remember was learning to swear. Profanity was then the accepted etiquette about a country newspaper office. The oaths meant nothing. They were not even ingenious or amusing, and they were not indicative of strong feeling. It was simply an ugly habit, like tobacco chewing—which I got to hate there because the loafers in the office used to spit on the floor about the type cases, from which I often had to pick up type. I soon became expert in profanity myself, and could scarcely utter a sentence without an oath. When I got over the habit of swearing I got over it entirely. Ever since it has seemed to me a vice as stupid as it is ugly.

I have always been against using profane expressions in McClure's Magazine, except where absolutely necessary for the truthful portrayal of character—and then the author had to be someone who knew what he was talking about.

There could be no better medicine than Chamberlain's Cough Remedy. My children were all sick with whooping cough. One of them was in bed, had a high fever and was coughing up blood. Our doctor gave them Chamberlain's Cough Remedy and the first dose eased them, and three bottles cured them," says Mrs. R. A. Donaldson, of Lexington, Miss. For sale by all dealers.

As a result of the extensions carried out at the plant of the Nova Scotia Steel & Coal Company, earnings this year show up very much more favorably than in any previous year. It is stated that the earnings of the company for five months were equal to the earnings of the full year of twelve months last year, due principally to the larger production and to the better prices that prevail.

HY ONE MAN DID NOT MARRY.

Marriage at its best is a very hard proposition, and nowadays, with the high cost of living and the natural domestic infelicities which follow marital differences, one is not inclined to jump recklessly into the sea of matrimony. Also, unfortunately, girls of a certain class live for clothes and "effects." There is really a dearth of encouragement offered to the eligible "Benedict" to take a life-partner. In Pictorial Review, some interesting sidelights are given by a young man as follows—why he is not married and will not marry.

Her father is a motor car man—slid from bicycles to motors at the beginning of the game, and made his name quick; but he married when he was selling bicycles on the commission basis, and her mother did her own work and made her own clothes. Well, I came out here right after our engagement was announced. I didn't get back to see Maud until the Christmas holidays. First thing her people showed me her outfit—all sorts of wonderful expensive dresses for receptions and dinners such as are never given here in—silk stockings, lace and silk things—emb-hubs for mornings, shoes that cost \$10 a pair, tablecloths trimmed with real lace, and everything in proportion. One aunt had promised us a chest of sterling silver; another was sending service plates at \$18 apiece. Her father's brother would give her an electric boughman.

I remember sitting down with a sort of all-goneness in the pit of my stomach. Since I'd asked her to marry me her father had been making money hand over fist; but, you see, I was making only thirty-five a week. When I thought of keeping up an establishment to match those silk and lace things—emb-hubs the lace-trimmed table cloths and the \$10 plates I turned dizzy. Now, understand, I had told Maud equal to the earnings of the full year of twelve months last year, due principally to the larger production and to the better prices that prevail.

spread out for my benefit, I carried Maud off to the library for a nice quiet talk. I showed her a picture of my bungalow which I had tried to describe in my letters. She was frankly dismayed. I did a little figuring on the back of an envelope, and her chin quivered. Of course, we could not live on my salary. She had never expected we would. She had supposed that my father would help me out. And couldn't her father give us a nice house—something better than the bungalow? And if we had no rent to pay, surely I could keep it up.

You see, she was determined to live during the first year of our marriage the same way in which her parents and mine were able to live after from thirty to forty years of good, stiff money-making on the part of her father and mine. If my salary would not allow this, then if I loved her, I would earn a bigger salary or borrow the money from my father or hers. It is terrible to see the woman you love cry when she is in the wrong and you don't dare let her have her own way. The next ten minutes were the worst I ever lived through.

In the end I went to her parents. I was too late. The mischief had been done in the purchase of that extravagant outfit. Either I had to live up to it or give up Maud. I chose the latter. It wasn't so much the trouble I rebelled against; it was the standard of living which was indicated by the finery. With that taste for purple and fine linen, acquired during the engagement, she would have made me wretched, and I could not have made her happy. Now I'll wait until I have the income before I tackle matrimony again. Maybe by that time I'll be resigned to getting along without it.

TRUSTWORTHY.

The late Lord Young was responsible for enlightening many a dull case. One of the most amusing remarks that ever fell from his lips was the reply to a counsel who urged on behalf of a plaintiff of somewhat bibulous appearance:

"My client, my lord, is a most able man, and holds a very responsible position. He is manager of some waterworks."

After a long look, Lord Young answered: "Yes, he looks like a man who could be trusted with any amount of water."

A foreign doctor has discovered a cure for seasickness. The pneumogastric nerve is held responsible for all the woes of mal-de-mer, and the doctor proposes to keep the nerve under control during a sea voyage by an injection of strophan. The inoculated person is thus enabled to enjoy the wildest combination of rolling and itching.

German imports from Canada for home consumption, exclusive of gold and silver increased from 7,076,000 marks in 1908 to 58,130,000 marks in 1912, while German exports to Canada increased from 20,302,000 marks in 1908 to 54,254,000 marks in 1912.

Minard's Liniment cures Diphtheria.

VITALITY REGAINED KIDNEYS CURED

Health Restored By "Fruit-a-tives"

HAGERSVILLE, ONT., Aug. 26th, 1913. "About two years ago I found my health in a very bad state. My kidneys and liver were not doing their work, and I became all run-down. I felt the need of some good remedy, and having seen 'Fruit-a-tives' advertised, I decided to try them.

Their effect, I found more than satisfactory. Their action was mild and the results all that could I have expected. My liver and kidneys resumed their normal action after I had taken upwards of a dozen boxes, and I regained my old time vitality. Today, I am as well as ever, the best health I have ever enjoyed, and I unhesitatingly give you this testimonial for publication if you wish."

B. A. KELLY.

In hundreds of letters received by the Fruit-a-tives Company, the same expression is used. "Fruit-a-tives is the best kidney remedy in the world." At any rate, these tablets have proved the best to the hundreds of men and women who have been cured by taking them. 50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

HOME BUTTERMILKING.

Market reports invariably quote creamery butter higher than dairy butter which is the designation to that which is made on the farm. It is unfortunate that circumstances at times make it impracticable for dairy farmers to patronize a creamery. When this can be done, not only are the profits, as a rule, increased, but much hard work is taken away from the overburdened members of the family.

There is no good reason why butter made in the home dairy should not be as fine as that made in a creamery where cream produced under all manner of conditions has to be made up. All that is necessary is the carrying out of a well established system in feeding the cows, caring for the milk and cream and the churning and putting up of the butter. In order to teach the proper method of carrying out these various operations, there has been prepared, under the direction of the Dairy and Cold Storage Commissioner at Ottawa, a bulletin entitled "Buttermaking on the Farm," written by Mr. Geo. H. Burt, former of the Dairy Division.

This work, which may be secured free from the Publications Branch of the Department of Agriculture, explains the common defects of dairy butter as well as the conditions that are necessary to produce fine flavored cream. It then deals with churning, washing, salting, working and packing butter, and considers the modern necessary utensils and their care. These are shown in clear illustrations.

This bulletin, which is No. 17 of the Dairy and Cold Storage series, concludes with the following recommendations:—"Keep good cows, feed them liberally, keep them comfortable and clean when in the stable, skim a rich cream and keep it cool, churn at a temperature that will give a flaky granule in the butter; use clean, pure water for washing butter but more than three degrees colder or warmer than the buttermilk. Put the butter up in neat, clean, attractive packages and keep every thing in and about the dairy clean and attractive."

Minard's Liniment cures Diphtheria.

Joker's Corner

Baron Sans Dough—"What do you think of my family tree?"
Mr. Muchgold—"The tree may be a good one, all right, but looks to me as if the crop was a failure."

FLATTERING EPIGRAMS

Charles Lamb, when a little boy, walking in a churchyard with his sister and reading the epitaphs, said to her: Mary, where are all the naughty people buried?

THE FORM YOU FIND THEM IN

The Mistress (to new maid)—By the way, Mary, I forgot to tell you my general breakfast at 8 o'clock.

The New Maid—All right, mum. If I ain't down to it, don't wait.

An old country woman, going to town by train, stepped into a first class carriage with her basket and made herself comfortable. Then the porter came along and said: "Are you first class my good woman?" "Begorra I am, and thank you," she replied. "And how do you feel yourself?"

A LONELY PLACE

She (frightened)—"What do you intend to do with me?"

The Villain (fiendishly)—"I am going to take you to the store of a man who never advertises, and—leave you there."

She (fainting)—"Help! I am lost! No one will ever find me there."

Tommy (explaining his late arrival at Sunday School)—I wanted to go fishin', but father wouldn't let me.

The Minister—I'm delighted to hear you have a parent with such excellent principles regarding the Sabbath. Did your father explain his reasons?

Tommy—Yes sir. 'E said there wasn't enough bait for two.

An Irish priest had laboured hard with one of his flock to induce him to give up the habit of drinking, but the man was reluctant.

"I tell you, Michael," said the priest "whiskey is your worst enemy, and you should keep as far away from it as you can."

"My inimy, is it father?" responded Michael. "And it was your reverence's self that was tellin' us in the pulpit only last Sunday to love our inimies!"

"So I was, Michael," rejoined the priest; "but was I anywhere telling you to swallow 'em!"

NO ANTI-SEMITISM IN HEAVEN

A fine old Boston gentlewoman, brought up in all the most strict traditions of its bluest circles, announced to a friend one day that she had begun the study of Hebrew. As the student was close upon fourscore, the statement produced surprise.

"Why, Miss Blank," the friend asked "what good in this world will Hebrew do you?"

The old lady, who has a wit still nimble despite her years, replied with demure swiftness:

"It may not do me much good in this world; but when I get to heaven and meet my Maker, I should like to be able to address Him in his own language."

THE PREACHER'S PREFERENCE

Rev. W. E. Hassard, who travels over the Dominion continually in the interest of the Bible Society, tells of a certain country congregation of the old school, who clung to all the old styles and systems of church worship with persistent faithfulness. One of their ideas was that the preacher should not use notes for his sermons. His words should flow solely by inspiration from his lips.

Consequently, there was consternation and alarm when a new preacher came who was reported to use notes. The rumor of this misconduct on his part soon spread and threatened to become a church scandal.

Finally, one of the pillars of the church, more courageous than the rest, interviewed the pastor in order to clear the matter up.

"Is it true, Mr. —, that you use notes?" he asked in awed tones.

"To be perfectly frank with you, my dear fellow," said the preacher, "I prefer the cash."

Sick Headaches

are not caused by anything wrong in the head, but by constipation, biliousness and indigestion. Headache powders or tablets may deaden, but cannot cure them. Dr. Morse's Indian Root Pills do cure sick headache in the sensible way by removing the constipation or sick stomach which caused them. Dr. Morse's Indian Root Pills are purely vegetable, free from any harmful drug, safe and sure. When you feel the headache coming take

Dr. Morse's Indian Root Pills



Kumfort Over-Shoes

Rubbers and Over-Stockings All in One.

Easy to put on and take off. Fit well—Look well—Wear well. All sizes for women and children.

Buy them and protect yourself and family from winter ills.

Consolidated Rubber Co. Limited, Montreal.

All Dealers

THE CHILD'S FONDNESS FOR SUGAR

(Daily Telegraph.) Sugar in some form or other is in nearly all foods. Milk, the food of the baby and child, and the staff on which the young being leans for strength hand support during its early life, contains sugar as one of the three important elements.

Not only is sugar contained in milk but it is found in our vegetables, meat and fowls.

Since there is a widespread prevalence of sugar in the tissues of the animal body, the "sweet tooth" is not a surprise. It is necessary. The fact that children crave sugar or sweets, to a thinking mother, should mean something. An instinct that has come down through thousands of years, unaltered, should have an important place in our plan. A child likes sugar just as it likes air, sun-light and sleep, and this desire has Nature, the good old nurse, back of it. It should not be ignored.

The mother who has an idea that because children like sugar it must be bad for them, is greatly mistaken. Of course the danger of excess is always present. A child may eat too much sugar, as in many cases it may stay too long in the bathtub. It may be out too long in the sun and fresh air but no intelligent mother is going to deprive her child of baths, sun and air. Why should the ban be placed on sugar?

A craving for candy is due to sugar starvation. See that the child gets sugar in other forms in its food. The unnatural appetite will be modified considerably. If a child is given plenty of sugar on its cereal, bread and butter puddings and a regular amount of good, simple cake and fruits, he will not sell his little soul for candy.

Sugar is a carbohydrate, and is one of the three great foods without which the human being cannot exist. It has high power for muscular energy and can be rapidly absorbed and burned up in this bodily engine of ours.

Great specialists have found that fatigue in both animals and men is rapidly counteracted if pure sugar is eaten very tired persons who have no appetite for most food keep appetite for sugar.

One thing which has been acknowledged as a scientific fact is that the larger the amount of sugar or sugar foods to an army or to an individual the smaller the craving for alcohol.

Look to the sugar food in the child's diet.

ACADIA FIRE Insurance Co.

Established 1862

A Sound Canadian Company

SURPLUS TO POLICY HOLDERS \$560,486.90.

For rates and further information, ask or write

Fred R. Beckwith

Agent, Bridgetown, N. S.

FIRE INSURANCE

Insure your buildings in the OLD RELIABLE

"NORTHERN"

(Established 1836)

DALY & CORBETT, Provincial Agents

HALIFAX, N. S.

FRED E. BATH, Local Agent

Bridgetown

May 14, 1923-1y

UNFILLED POSITIONS

I have at present five appointments, ranging from \$500 to \$700, for young men. If you are prepared to earn any one of these salaries let me know.

If you are not now Maritime-trained, let me assure you there will be a position ready for you when you are ready for it.

Maritime Business College

Halifax, N. S.

Indian Root Pills E. Kaulbach, C. A.

Real Estate

HOME FOR SALE.

Fine country residence, just on the limits of the town, suitable for summer house or all-year-round residence. House modern, commodious and convenient, with good stable. Orchard yielding over three hundred barrels of apples, besides other fruit. Fine situation, beautiful view of river and valley. For information apply to

The MONITOR PUBLISHING COMPANY, Limited.

FARM FOR SALE.

At Albany, farm of 250 acres, 130 acres under cultivation, part orchard, 50 acres pasture, balance wood and timber land, including 25 acres hardwood never cut. Good house of 8 rooms, barn, carriage house, etc. For terms and other information apply to

The MONITOR PUBLISHING COMPANY, Limited.

Railway & S. S. Lines

DOMINION ATLANTIC RAILWAY

—AND—

Steamship Lines

—TO—

St. John via Digby

—AND—

Boston via Yarmouth

"Land of Evangeline" Route.

On and after Nov. 3rd, 1913, train service of this railway is as follows:

Express for Yarmouth 11.54 a.m.

Express for Halifax 2.02 p.m.

Accom. for Halifax 7.50 a.m.

Accom. for Yarmouth 5.50 p.m.

Midland Division

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7.05 a.m., 5.10 p.m. and 7.55 a.m. and from Truro at 6.40 a.m., 2.30 p.m. and 12.50 noon, connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Buffet Parlor Car service on Mail Express trains between Halifax and Yarmouth.

St. JOHN and DIGBY

DAILY SERVICE (Sunday Excepted)

S. S. "YARMOUTH"

leaves St. John 7.00 a.m., arrives in Digby about 10.15 a.m.; leaves Digby 2.00 p.m., arrives in St. John about 5.00 p.m., connecting at St. John with Canadian Pacific trains for Montreal and the West.

Boston Service

Steamers of the Boston & Yarmouth S. S. Company sail from Yarmouth for Boston after arrival of Bluebonnet train from Halifax and Truro, Wednesday and Saturday.

P. GIFFKINS, General Manager, Kentville

FURNESS, WITBY & CO., LTD

STEAMSHIP LINERS

LONDON, HALIFAX & ST. JOHN, N. B. SERVICE.

From London. From Halifax

Steamer.

—Ameriana Nov. 20

—Shenandoah Nov. 26

Nov. 19 —Rappahannock Dec. 10

Dec. 2 —Kanawha Dec. 22

Dec. 17 —Shenandoah Jan. 5

From Liverpool. From Halifax

Steamer.

—Durango Nov. 27

Nov. 25 —Digby Dec. 13

Dec. 5 —Tabasco Dec. 27

Dec. 19 —Durango Jan. 11

FURNESS, WITBY & CO., LTD. Agents, Halifax, N. S.

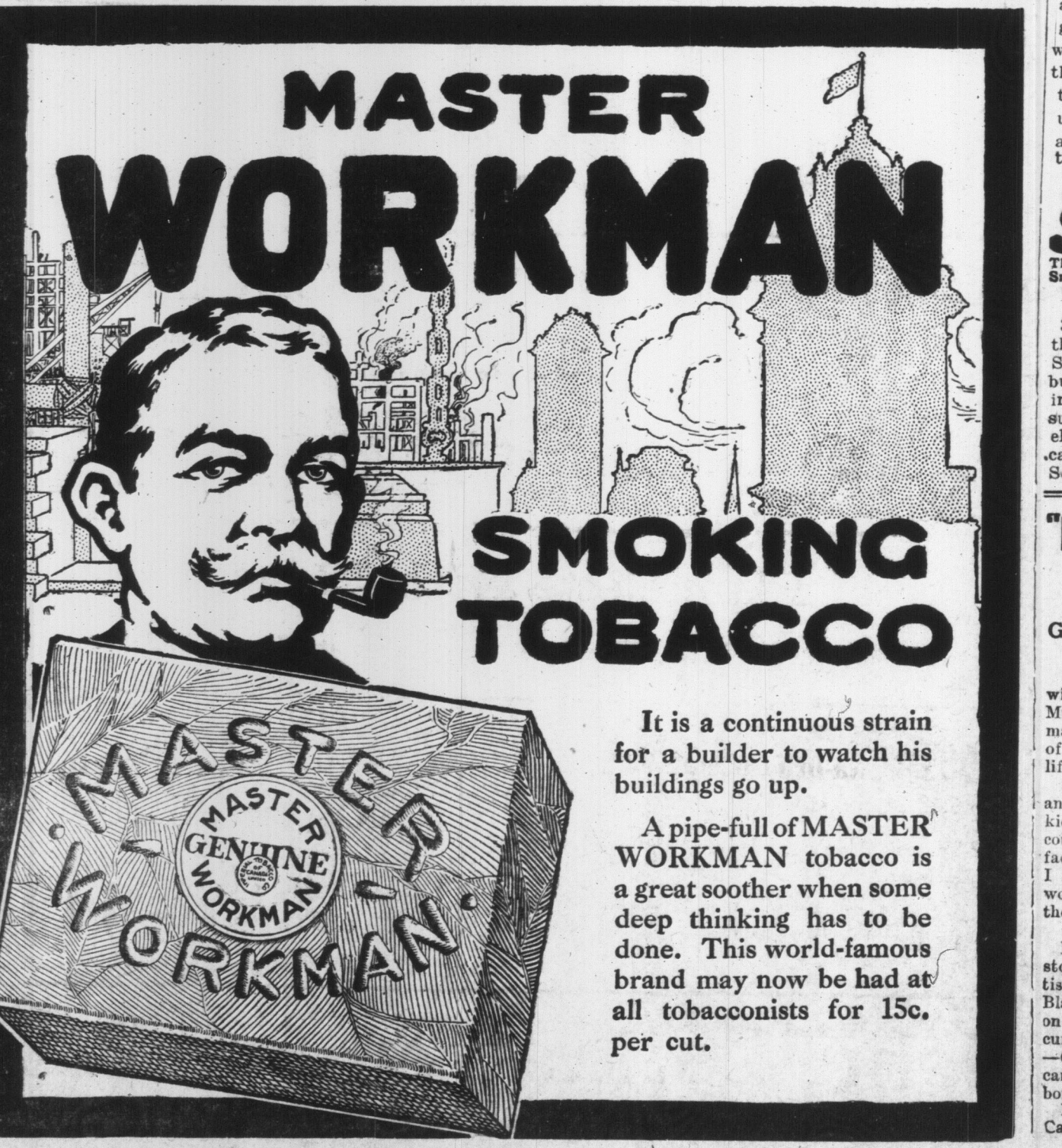
H. & S. W. RAILWAY

Accom. Mon. & Fri.	Time Table in effect Oct. 6th, 1913.	Accom. Mon. & Fri.
Read down.	Stations	Read up.
11.30	Lv. Miramichi A.R.	16.25
12.01	* Clarence	15.54
12.20	Bridgetown	15.36
12.50	Granville Centre	15.07
13.07	Granville Ferry	14.50
13.26	* Karadale	14.34
13.45	Ar. West Wade Lv.	14.10

*Flag Stations. Trains stop on signal.

CONNECTION AT MIDDLETON WITH ALL POINTS ON H. & S. W. RY AND D. A. RY.

P. MOONEY General Freight and Passenger Agent



MASTER WORKMAN

SMOKING TOBACCO

It is a continuous strain for a builder to watch his buildings go up.

A pipe-full of MASTER WORKMAN tobacco is a great soothing when some deep thinking has to be done. This world-famous brand may now be had at all tobacconists for 15c. per cut.

Shiloh

The family remedy for Coughs and Colds. Small dose. Small bottle. Best since 1870.

32,010,118 bushels of grain passed through the Canadian Saco Canal in September, compared with 28,000,000 bushels in September of 1912, according to the Government statement issued during the week. 3,230,000 bushels passed through the St. Lawrence canals compared with 2,701,000 in September of last year.

"MY KIDNEYS HURT ME ALL THE TIME"

Gin Pills Cured Them. Free Sample Box Leads to Cure.

Only those who have been tortured with Kidney Trouble can appreciate how Mr. Trumper suffered. Being a railroad man, he was called upon to do all kinds of heavy work. The constant strain of lifting, weakened the kidneys.

I received the sample box of Gin Pills and was greatly benefited by them. My kidneys were in such bad condition I could not lift or stoop without pain. In fact, they pained me nearly all the time. I have taken three boxes of Gin Pills, working all the time at heavy work on the railroad and did not lose a day.

FRANK TRUMPER, Napanee, Ont.

Do sharp twinges catch you as you stoop? Are you subject to Rheumatism, Sciatica or Lumbago? Does your Bladder give trouble? Take Gin Pills on our positive guarantee that they will cure you or money refunded, 50c a box —6 for \$2.50. At dealers, or direct if you cannot obtain from druggist. Sample box free if you mention this paper.

National Drug and Chemical Co., of Canada, Limited, Toronto. 174