

DANGER PERIOD OF WOMANS' LIFE FROM 45 to 50

Interesting Experience of Two Women—Their Statements Worth Reading.

White Oak, Ont.—"At Change of Life when doctors could do no more and I was given up by my friends, Lydia E. Pinkham's Vegetable Compound came to the front and did wonders for me. I had been having female troubles for years, my head troubled me severely at times, I had bearing down pains and backache and I was very anemic from excessive flowing. I recommend your Compound highly and do all I can to advertise it as a genuine woman's medicine."—Mrs. SYLVESTER MANNING, White Oak, Ontario.

The Case of Mrs. Kirlin. Circleville, Ohio.—"I can truthfully say that I never had anything do me so much good during Change of Life as Lydia E. Pinkham's Vegetable Compound. "Before I had taken one half a bottle of it I began to feel better, and I have continued taking it. My health is better than it has been for several years. If all women would take it they would escape untold pain and misery at this time of life."—Mrs. ALICE KIRLIN, 353 W. Mill St., Circleville, Ohio.

The Change of Life is one of the most critical periods of a woman's existence. At such times women may rely upon Lydia E. Pinkham's Vegetable Compound.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

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LOCALS—10c. per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO. PROPRIETORS

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WATFORD, MAY 16, 1913.

NOTE AND COMMENT.

"Starboard" and "port" have been abolished as terms in the U. S. navy and "right" and "left" will take their places.

There is an average of one vessel, either up or down, every five minutes throughout the season of navigation, through the St. Clair river.

If the Friendmann serum really becomes a patent medicine it can at least prove itself no more of a gold brick than some of the others.

President Wilson refuses to commit himself on the question of the Panama Canal tolls, a stand which is being interpreted as a declaration in favor of the free use of the big waterway to the American coastwise traders.

The lawlessness of the misguided suffragettes is no excuse for the lawlessness of the mobs. The British Government will do well if it put a stop to these demonstrations against the women. Permitting them to continue is merelyandering on hooliganism.

Every Woman is interested and should know about the wonderful MARVEL Whirling Spray. The new Vealoid Syringe. Most convenient. It cleanses instantly. Ask your druggist for it.

WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

The legislature of New Brunswick has unanimously passed an act for the better protection of children, drawn up on similar lines to the legislation of Ontario. This means that the same method of caring for neglected and dependent children now prevails in all the provinces in Canada.

Less than twenty years ago, says the New York Journal of Commerce, the annual cost of Germany's army was barely \$94,000,000, while the sum now demanded reaches \$262,500,000. Add to this an appropriation for the navy, which has risen from \$50,000,000 in 1900 to more than twice that amount to-day, and the burden of armed peace on the industry and commerce of Germany will be found to have approached a distinctly dangerous limit.

Canned tomatoes will probably be much cheaper this season. Last year the Canners' Association seems to have over-estimated the price at which the public would use these goods, with the results that sales have been much smaller than is usually the case. Both wholesale and retail grocers find big stocks now on hand, and are adverse to the cannery selling plan of ordering before May 1st for fall delivery, not knowing what price will be fixed.

To have a home of our own and to live distinctly and honestly within our means is essential to all married life. How many couples now in mature life and surrounded by luxury and wealth, look back to the days of early privations as among the happiest days of their life. No sensible person will deem it a hardship to begin on a moderate scale. And when we have ascended to the top steps of prosperity, we may look back on the days of small things as the golden days of our hearts if not our purses.

Dr. E. E. Kennedy has introduced a bill in the Ontario Legislature which provides heavy fines and imprisonment for doctor's errors. Surgeons operating for appendicitis must show the appendix after the operation, and if the organ is sound the surgeon will be liable to a fine of not less than \$500 or more than \$10,000, or imprisonment for not less than one year and not more than ten years, or both. Friends of the measure say that fully 60 per cent. of the operations for appendicitis are unnecessary.

Possibilities of the Aeroplane

A thousand miles a day, between sunrise and sunset, is the new aeroplane record. Six months ago it was but five hundred and fifty miles in a day. Two years ago it was but a hundred and fifty miles. This increase of distance has been achieved partly by increase of speed, but mostly by increase of reliability and endurance in the gasoline engine. It is no mean task to put one of these little engines to develop a hundred horsepower for twelve or fourteen hours in an almost consecutive run. They are extremely light and made to develop the very large power by the rapidity with which their little pistons work. Fourteen whirling cylinders of a Gnome engine, making a thousand revolutions per minute, give twenty eight thousand piston strokes per minute, and result in seven thousand explosions of gasoline per minute. This is a rate of explosion so fast as to lose the identity of separate blasts in a continuous musical note of about the pitch of the beginning of the second octave on the organ. It is a marvellous performance and may some day be as implicitly relied on as is the organ to produce a note when the key is pressed. That day has not yet come, and the aviator who relies on one of these machines to sustain him in the air for a whole day runs a considerable risk and excites wonder by success. At the same rate of flight, could it be done without stops, twenty-four hours would have taken this aeronaut across the Atlantic from Ireland to Newfoundland, seventeen hundred and fifty miles. Not more than five years ago the marine gasoline engine was unreliable. To-day it is as reliable as a steam engine. Perhaps the next five years will do the same for the aeronautic engine.

SHILOH quickly stops coughs, cures colds, and heals the throat and lungs. 11 1/2 98 cents.

Dad's Dope

A wedding ceremony was performed on the roof of a ten-storey building in Oklahoma the other day. The local paper aptly described it as an "event in the upper ten."

Nurses are so scarce in New York that the mayor has given instructions to advertise for them in the Canadian papers. It may be necessary to place an export duty on one of Canada's most valued productions.

Medicine Hat claims to have 300 automobiles, a larger number according to population, than any city in Canada. If they could run them with natural gas instead of gasoline, every other man in the "Hat" would have a machine.

Opportunity is said to knock once at every man's door, and if there is nobody in, seldom returns. A gypsy girl asked the teller in a London, Ont., bank if he wanted his "fortune told." While he was considering the proposition she seized all the currency in sight and disappeared. The teller's misfortune was the fortune teller's gain.

The servant girls of Chicago have organized a union to be known as the Household Workers Association. Among the demands to be made are two afternoons a week off and the right to entertain company in the parlor without interference from the family. To avoid any conflict of dates in the social schedule amicable arrangements will be made with employers.

Little Things

(By Sherwood Hart).

Little drops of water wear away a stone; little aches and pains make us grunt and groan; little pearly raindrops, as on us they beat, soak us good and plenty right from head to feet. Little words of wisdom help us in the fight; little sulphur matches kindle quite a light; little dabs of carmine, little spots of pink, oft escape detection, so some maidens think; little throes and deuces spoil a bully hand; little fabrications sell a lot of land; little deeds of kindness thoughtfully bestowed, lighten weary labors, ease the heavy load; little spoken slanders, like slurs in ink, put a reputation badly on the blink; little scraps of foodstuff—fish and fowl and fish—oft escape our notice in some fancy dish; little dimes and nickles, squandered on our way, often would have helped us through some rainy day; little piled-up atoms make a mountain high; little bits of cinders hurt when in one's eye; little bursts of anger, little fits of rage, make recording angels fill a half page; little mice cavorting make the ladies shriek; little bits of seconds total up a week; little that we care for often fills a book; little breaks and lapses earn for us the hook; little lines and inches make up lengthy miles; little lifts can help lame bow-wows over stiles; little germs and microbes slay the proudest kings,—let us ponder wisely on the little things.

Better Wait

A young lady and her fiancé were waiting for a street car. After several cars had passed that they were unable to get aboard, the young man became impatient. He waved frantically at the next car as it hove in sight, then leaped upon the platform and said in a pleading voice: "Come on, Helen, we can manage to squeeze in here, can't we?" She blushed faintly, but sweetly replied: "I suppose we can, dear, but don't you think we'd better wait until we get home?"

The Retort Crushing

The story is told of two Scotch ministers, who were discussing preaching. "I see," said one, "that you never use a manuscript in the pulpit. Surely you must repeat yourself a good deal." "It's possible, it's possible," replied the other, "but I'm no' like you—I don't repeat other folk."

Miller's Worm Powders act so thoroughly that stomachic and intestinal worms are literally ground up and pass from the child without being noticed and without inconvenience to the sufferer. They are painless and perfect in action, and at all times will be found a healthy medicine, strengthening the infantile stomach and maintaining it in vigorous operation, so that, besides being an effective vermifuge, they are tonical and health-giving in their effects.

Did you ever try helping out your enemy when he is in a tight place? Do a little favor some propitious time to your nearest neighbor. Such things have made very amiable people out of crabbed ones.

25 Cents to Stop That Itch

Does it not seem strange that so many people suffer year in and year out with eczema?

A 25 cent bottle of a simple wash stops the itch and will surely convince any patient. This wash is composed of mild and soothing oil of wintergreen mixed with thymol and glycerine, etc., and known as D.D.D. Prescription. We do not

know how long the D.D.D. Laboratories will continue the 25 cent offer, as the remedy is regularly sold only in \$1.00 bottles and has never before been put on the market in Canada on any special offer. If you want relief to-night try a bottle at 25 cents on our personal recommendation. Taylor & Son, Druggists Watford.

MINERVA PAINTS Cover Better—Wear Longer—Protect—Beautify Every can contains Full Imperial Measure. No matter what your painting requirements are MINERVA PAINTS Will give you absolute satisfaction, and the most economical results. THOS. DODDS & SON HARDWARE, PAINTS, ETC. WATFORD

2 IN 1 SHOE POLISH 10c The Modern Shine! Easier to Use Better for the Shoes

FURNACES AT OLD PRICES Buck's Reliance Pease Economy Smart Air Warmer Kelsey Generators are all Leaders in the Furnace world. Our prices are right and work guaranteed. Let us quote you prices when housecleaning, to pay next December, the same as cash. The N. B. Howden Est.

A. D. HONE PAINTER and DECORATOR Specialist in Hand Painted Decorations. The Best Work at Reasonable Prices. Estimates Furnished. A COMPLETE LINE OF Samples of WALL PAPER on Hand. When you have work in his line let him figure on it.

COURT OF REVISION Tell Something True THE COURT OF REVISION OF THE VILLAGE OF WATFORD will be held in the COUNCIL CHAMBER ON—FRIDAY, MAY 30th, 1913 AT 10 O'CLOCK A.M. to hear and decide any complaints against the assessment of the Village of Watford. W. S. FULLER, Clerk. Watford, May 6th, 1913.

FARM FOR SALE LOT 28, CON. 12, ENNISVILLE, 75 ACRES. About ten acres bush, balance in a good state of cultivation. A good 1 1/2 storey frame house, 18 x 26, with kitchen, 15 x 22, on the premises, also good barn, 40 x 60, silo, frame hen house and hog pen 16 x 60 on cement foundation etc. all in good state of repair. Rock well and steel windmill. About 33 acres tile drained. About one acre of good orchard, also some small fruit. Half a mile from school. Apply on the premises W. MCKERCHER, R. F. D. 2, Petrolia, Ont. May 2nd, 1913.

Jack was home on furlough after a long voyage, and old granny wanted to hear of the wonders of the deep. "Well, granny," said Jack, "the first thing that surprised me was the flying fish." "Flying fish?" exclaimed the old lady. "Now, Jack, don't try to gull your old granny with such cock-and-bull stories. Tell me something true." "Well then," continued Jack, "we had to cast anchor in a calm crossing the Red Sea, and when we hauled the anchor up we found one of Pharaoh's chariot wheels attached to it." "Ah," said granny, "that's gospel truth, Jack. But none of your flying fish yarns."

THESE PILLS CURB RHEUMATISM.—To the many who suffer from rheumatism a trial of Parneelee's Vegetable Pills is recommended. They have pronounced action upon the liver and kidneys and by regulating the action of these organs act as an alternative in preventing the admixture of uric acid and blood that causes this painful disorder. They must be taken according to directions and used steadily and they will speedily give evidence of their beneficial effects.

M We dare you patronize. We standing of believe in it For 1 If you only and those who about Rexall be as enthusiastic ing them as v like candy, so pleasantly is a pleasure. Even child lies; and you cine appeals t to grown-ups. Rexall help chase gl make you feel did tonic, clearing effect upc act to free the free—from th that naturally and inactive l Rexall Ord without gript purging or ex act to overcon CAUTION: I gista. You can You can buy l

Watford There is a Re Great Britain, T each especially de The R MASON & RISCH PIANOS, GRAM- APONES, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, EDISON RECORDS

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