

What to Do With Left-Over Vegetables

Jelly Vegetable Ring.

1 envelope Knox Gelatine 1 cup celery, cut in small strips
1 cup cold water 1/2 cup shredded cabbage
1/2 cup boiling water 1/2 cup canned peas
1/2 cup sugar 1/2 cup small cucumber cubes
1 tablespoonful lemon juice 1/2 cup vinegar
1 teaspoonful salt

Soak Gelatine in cold water five minutes and dissolve in boiling water, then add sugar, vinegar, lemon juice and salt. Strain, cool and when mixture begins to thicken, add vegetables. Turn into a ring mold, first dipped in cold water, and chill. Remove to serving dish, and arrange around jelly thin slices of cold cooked meat. Fill centre with boiled salad dressing.

Note:—Knox Acidulated Gelatine, which comes in a blue package, contains an envelope of lemon flavor and takes the place of lemon juice—saving time, labor and expense.

Get a box of Knox Gelatine at your grocer's to-day, and try the above recipe.

Only one of many ways of using left-overs with

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For further information apply to THOMAS B. CLIFT, Manager Knox Co., Commercial Chambers, Water St., Rooms 9 and 10. Sample Room 14.

British Press Pessimistic.

Break off in Irish Negotiations Imminent -- Ex-Empress Prevented Charles From Suiciding -- Mayflower Owner Trying to Arrange Race With Bluenose -- Crown Colonies to Receive Imperial Aid.

THE CRISIS STILL ACUTE.

LONDON, Oct. 25. The Committee comprising Mr. George, Austen Chamberlain, Mr. Griffith and Michael Collins, which was appointed yesterday to endeavour to find a formula that would enable a continuance of the Irish Conference conferred another two hours today without completing its task. No one was fixed for the re-assembling of the conference itself, because the committee's report is not yet ready.

Some British officials there appeared in a disposition to believe that the committee would present its report, and that the full Conference would be resumed to-morrow. At Irish headquarters tonight an attempt was made to convey that a break-off to-morrow would mean the immediate return of the delegates to Dublin, are within the range of probabilities.

MAYFLOWER MAY RACE BLUE-NOSE.
BOSTON, Oct. 25. Fred Pidgeon, managing owner, stated today that the Mayflower, was ready to meet the Bluenose, in an ocean race between November 10 and 15.

PREMIER BRIAND IS BAITED.

PARIS, Oct. 25. Premier Briand in the opinion of political observers, seemed dangerously near to-night to losing his week's fight in the Chamber of Deputies, for a vote of confidence that would send him to Washington, when Andre Tardieu concluded a scathing attack

on the Cabinet. It was declared by many that the Government was doomed. M. Briand asked for the floor at the conclusion of Tardieu's speech, but the Chamber voted to adjourn till to-morrow afternoon. The session full of anxious moments had visibly strained the nerves of the members.

UNPOPULAR HAPSBURG.

GENEVA, Oct. 25. Former Emperor Charles and ex-Empress Zita have worn out their welcome in Switzerland. "Never will they be permitted to return to this country," declared President Schultz to the Associated Press to-day.

WIRTH TO FORM A NEW CABINET.

BERLIN, Oct. 25. Joseph Wirth, who resigned from the office of German Chancellor last Saturday, has been designated by President Ebert to form a new Cabinet. He has consented to assume the task.

TO HELP CROWN COLONIES.

LONDON, Oct. 25.

Sir Robert Horne, Chancellor of the Exchequer in moving to-day in the House of Commons the second reading of the trade facilities bill, guaranteeing loans up to the limit of £25,000,000 said any Government or any undertaking in any part of the world might apply for the loan. He would favor proposals from the Dominions. "It is our duty, as well as our interest," said Sir Robert, "to develop the great estate we own throughout the world. These possessions were our best customers and proved in times of difficulty our most loyal and attached friends." He added that help would not be given under the bill to countries able to raise money on their own credit, but there were many Crown Colonies which require help which the bill afforded.

A BLOW AT GAMBLING.

LONDON, Oct. 25.

A far reaching and, for England, a sensational decision has been rendered by the House of Lords in the ruling that money paid by check in settlement of a gambling debt is recoverable by the loser. The decision opens an avenue for possible litigation involving hundreds of thousands of pounds sterling, and if all losers were to insist upon their rights under the law it would mean the ruin of scores of bookmakers.

PRECAUTIONS AGAINST STRIKE.

WASHINGTON, Oct. 25.

The Government is making plans to assure the transport of food and fuel in the event of a railway strike.

THE MOORISH WAR.

MADRID, Oct. 25.

Spanish forces which yesterday occupied Mount Arruit, southwest of Melilla, have retired after destroying everything of military use. General Marizcos' column after cutting the Moorish lines and delivering supplies to the garrison at Magan have retired on Uadial.

STORM IN FLORIDA.

JACKSONVILLE, Florida, Oct. 25.

The business section of Tampa is practically flooded under three feet of water as the result of a gulf storm. No loss of life has been reported. The coast of Florida is feeling the effects of the storm.

France Reaches Trade Agreement.

An important trade agreement between France and Germany, provides for the delivery before 1925 of 7,000,000 gold marks' worth of building materials, exclusive of dyestuffs, coal, benzol and chemical products, by Germany to France for the devastated regions. The ratification of both the Reichstag and the French Chamber of Deputies must be secured.

By this arrangement Great Britain will be practically barred from competition in rebuilding the war torn areas, because of the high elevation of sterling exchange. The effect upon Canadian trade will be less conspicuous. Of Canada's exports to France for the year ended June 30 last, valued at \$25,354,428, goods which might be interpreted as building material, were valued at \$5,000, an insignificant figure. The bulk of Canada's exports to France is made up by food stuffs of various forms.

Financial Post.

The Best Things About Love.

You never believe that anyone ever loved just as you do.
You want to tell him everything you have ever thought, or said, or done.
You are sure that every other woman is anxious to take him from you.
You cannot imagine life without him.

You resent any criticism of him from other people.

You are jealous of his mother because she knew him first.

You count a day blank in which you do not see him.

You are sure that if you marry him earth will be better than any poet's paradise.

You would rather live in one room with him than in a palace with anyone else.

If you fail to feel like eight of these nine things, including the last—don't marry him.

This Halifax Man Says His Friends See Change in Him

Fred Humphrey Had Been Going Down Hill For A Year—Now On Road To Health.

"I had been going down hill steadily for a year when I began taking Tanlac, but I'm on the road to health now and feeling better every day," said Frederick Humphrey, 38 Chestnut St., Halifax, N.S. "All my ill-health was due to my stomach. I had to give up eating vegetables, as they seemed to hurt me worse than anything else. My back hurt me so I couldn't bear to bend over, as it felt like it would break in two. I had touches of rheumatism in my legs too, and such awful headaches at times that I almost went wild."

"It certainly is surprising the way Tanlac did me of all my troubles and made me feel like a new man. My friends comment on my improvement when they see me. I lose no time in telling them what I owe to Tanlac."

Tanlac is sold by leading druggists everywhere.

Divers Recover Gold.

The divers on the British Admiralty salvage steamer, *Tacot*, have had a fairly good season in recovering gold from the Laurentic, which was sunk four miles off the mouth of Lough Swilly in 1917. It is estimated that about half the bullion on board, or some two million pounds' worth, has been recovered. A diver likens the condition of the wreck to a long street of high houses which have collapsed in the centre. The action of the sea each winter makes the following year's work of the divers more difficult. The wreck, he states, lies at the extreme depth at which diving is possible.



You're constipated! Take "Cascarets" to-night to thoroughly clean your bowels of the constipation poison which is keeping you dizzy, headachy, half-sick and upset. No other cathartic or physic is so pleasant or moves clogged-up bowels so nicely, so fully; and Cascarets cost only ten cents a box.

Government Everywhere

EVERYDAY CONDITIONS IN RUSSIA.

Moscow. (By a Staff Correspondent of The Associated Press)—Government everywhere, nothing but government! Such is the impression that a foreigner who has known Moscow of old gets in entering the Bolshevik capital to-day. All the hotels are government committee headquarters. The same is true of department stores, office buildings, clubs, cafes and larger private houses. All theaters are government theaters.

Queues of Russians and foreigners are waiting in the streets before most larger buildings for permits to buy railway tickets or perform some ordinary transaction such as a New Yorker would dispose of over the telephone in five minutes. The motor cars are all government cars and are monopolized by government employees. The street cars are run by the government and government employees, especially workmen, have first call on the few cars which run chiefly at times when workmen are going to or from work. Other folks may take the few carriages which ply the main streets for hire at prices beyond the reach of ordinary government salaries.

KREMLIN A GOOD DEPARTMENT.

Railway trains are few and seem to be crowded largely with government employees and soldiers. Passenger trains far exceed freight trains on all lines and every coach has a red soldier or two to keep people from massing on the trains at stations. Factories which are in operation are run by the government and work chiefly on government supplies, such as railway repairs, motor repairs, airplane repairs and other army supplies. The Kremlin, formerly the ecclesiastical center for Russia and the historic shrine about which the Romanoff traditions centers, is all government. Its churches are closed. Red army soldiers occupy the barracks of the old imperial army and prominent Bolshevik officials occupy the quarters formerly given over to church officials and other dignitaries of the Romanoff regime.

Hospitals and orphanages and schools are run by the government. The government payrolls are filled to overflowing with employees who want the government food ration and in consequence there seems to be an excess of personnel in Moscow institutions as well as the provinces. Many of the orphanages have nearly as many attendants as they have orphans. To American eyes, the railways seem to be overstaffed. Trains and stations are

alive with officials and guards, many of whom seem unnecessary because of the general quiet that prevails.

BUREAUCRACY MAD.

Russia always was document, mad, and it seems even worse now than it was under former regimes. Endless rows of employees are busy making documents and reports in nearly every government building. Statisticians are at work everywhere. Bolshevik officials are not blind to the overstaffing of the departments and the inefficiency of many of the workers. They fill the Moscow and provincial papers with appeals for greater diligence on the part of employees and a reduction of forces not engaged in productive labor. They also complain bitterly of the red tape which slows down all government business and clamor for simplification and decentralization. But, after all, the

success of the government in overthrowing its adversaries has given a feeling of security and it now functions much as other governments do. Guards, messengers, bureau chiefs and higher officials are more cordial. Bolshevik legations abroad also reflect this changed attitude to a marked degree. White collars are no longer banned. Black leather coats are not regarded as the only suitable uniform for a Bolshevik official. Experienced minor officials of the old regime have been restored to their places in many of the offices and their example has greatly modified the brusque manner of the soldier, sailor and workman element which originally monopolized most of the government posts.

There is no gift which conveys such a personal message of regard as a Portrait, especially at Xmas. There is nothing so delightful to give, there is certainly nothing so welcome to receive. The Studio of S. H. PARSONS & SONS, cor. of Water and Prescott Streets, opp. Royal Stores, is open every night. Phone 521. oct22,21,19

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Some of our prices:

5 Roses Flour 90c. stone

Ham Butt Pork 20c. lb.

Sliced Fat Pork 14c. lb.

Spare Ribs—Fresh shipment 15c. lb.

Boneless Beef 13c. lb.

Cabbage 5c. lb.

Beans 5c. lb.

Soda Biscuits—Tip-Top, 20c. lb.

Codroy Butter in 1lb. blocks

Also just received:

10 kegs Green Grapes.

10 cases Valencia Onions.

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