

**EVENING TELEGRAM  
FASHION PLATES.**

The Home Dressmaker should keep a Catalogue Scrap Book of our Fashion Plates. These will be found very useful to refer to from time to time.



**A Dainty Frock for a Little Girl.**

Sheer white nainsook was used in the making of this quaintly simple little dress. The fullness of the short-waisted body is laid in fine tucks, or it may simply be gathered. The full short skirt is finished by a deep hem and joined to the belt. A simple design in eyelet embroidery lends a touch of daintiness to the square yoke, sleeve caps, and belt, although all-over embroidery or lace may be used. The pattern is cut in three sizes: 2, 4, 6 years. The 4 year size requires 2 1/4 yards of 36 inch material.

Pattern here illustrated will be mailed to any address upon receipt of 10c. in stamps or silver.



**A Chic and Appropriate Frock  
Mother's Girl, Girl's Dress.**

The front closing on this model will recommend it at once as practical and convenient. The design has a group of tucks over the shoulders which are stitched to the waist band in back, and to yoke depth in front. The right front crosses the left in revers style at the upper part. The sleeve is a one seam model, and may be cut in short or full length, as desired. The plaited skirt is very popular. The pattern is cut in four sizes: 6, 8, 10, 12 years. It requires 3 yards of 36 inch material for the 8 year size.

A pattern of this illustration mailed to any address on receipt for 10c. in silver or stamps.

**PATTERN COUPON.**

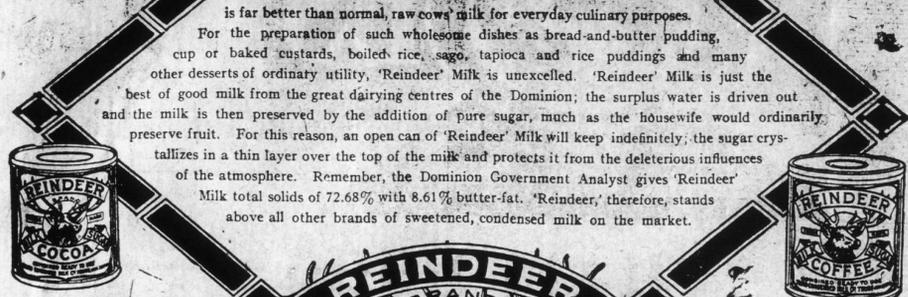
Please send the above-mentioned pattern as per directions given below.

No. ....  
Size .....  
Name .....

Address in full: .....

N.B.—Be sure to cut out the illustration and send with the coupon, carefully filled out. The pattern cannot reach you in less than 15 days. Price, 10c. each, in cash, postal note or stamps. Address: Telegram Printing Department.

**REINDEER BRAND  
CONDENSED MILK**



is far better than normal, raw cows' milk for everyday culinary purposes. For the preparation of such wholesome dishes as bread-and-butter pudding, cup or baked custards, boiled rice, sago, tapioca and rice puddings and many other desserts of ordinary utility, 'Reindeer' Milk is unexcelled. 'Reindeer' Milk is just the best of good milk from the great dairying centres of the Dominion; the surplus water is driven out and the milk is then preserved by the addition of pure sugar, much as the housewife would ordinarily preserve fruit. For this reason, an open can of 'Reindeer' Milk will keep indefinitely; the sugar crystallizes in a thin layer over the top of the milk and protects it from the deleterious influences of the atmosphere. Remember, the Dominion Government Analyst gives 'Reindeer' Milk total solids of 72.68% with 8.61% butter-fat. 'Reindeer', therefore, stands above all other brands of sweetened, condensed milk on the market.

**REINDEER  
COCOA WITH MILK  
AND SUGAR**

A can of 'Reindeer' Cocoa will enable you to prepare a dainty lunch at a moment's notice. A kettle of boiling water, a can of 'Reindeer' Cocoa, a plate of biscuits or cakes and—presto!—a tasty "afternoon-tea" is already to serve in no time at all. Possessing all the qualities of dry cocoa, its nutritive qualities make it very beneficial for children.

The convenience of 'Reindeer' Coffee cannot be over-estimated. Like 'Reindeer' Cocoa, you simply add boiling water and serve. It keeps in perfect condition in the open can until the entire contents is used—there is no waste. Think of the convenience of being able to prepare a cup of delicious, aromatic coffee at the instant you want it—with the milk and sugar all added—simply by pouring in boiling water.

**REINDEER  
COFFEE WITH MILK  
AND SUGAR**

THE TRURO CONDENSED MILK COMPANY, LIMITED, TRURO, N.S., and HUNTINGDON, P.Q.

**Doctors' Fees.**

Special Evening Telegram.

Dear Sir.—In the last issue of your paper and that of your contemporaries, I notice that the city doctors have caught on to the idea of forming a Union for self protection. All are agreed that certain prices must be paid after a certain date, which in effect means "if you haven't got the money, you needn't send around" (for the doctor).

Another thing, I believe I am echoing the sentiments of no small portion of the public when I say that the present rates are high enough for any city of our size to be paying. I notice that in extension of their action it is claimed that the rates here are not as high as in Nova Scotia, and that our peoples' earning power is as great or greater. Mr. Editor, I want to emphatically contradict both these statements. In Nova Scotia's capital—Halifax—the rates charged in average cases are not one cent higher than here, and in some places not as high. In Sydney, the terminal of Nova Scotia, the fees are not as high as those charged in certain cases.

As far as our earning power is concerned, we cannot even compare favorably. If calculations are made on average basis, which is the only correct method of ascertaining, the average mechanic in Nova Scotia commands \$3.00 per day, more or less. Sometimes more than less, while in the eastern provinces—the mining stronghold of Nova Scotia—workmen draw from \$3 to \$5 per day for ordinary surface work, and for skilled labor the regular wage is \$4 to \$6 per day. Added to that, they are afforded work the whole year round, while it is quite a new thing for our workmen to have more than eight months' work in any year. Judging by the number of motor cycles, automobiles and fast jacks owned by the city mechanics, it is safe to assume that they are not the worst off, and there is room for a lot of comment on this phase of the question, when we remember that the oldtime doctors—doctors in every sense of the word—were content to walk around to their patients, or in a few cases, enjoy the luxury of a horse and carriage. When, to their present rates, you add the revenue derived from every wild-cat scare that comes around periodically, and supplies solid work for a month or two, with a specific Government fee for each individual case, it is easy to perceive that their annual income is by no means small. Already we have instances where it was next to impossible to procure a doctor at night in the case of sudden illness or accident, nearly all being "not at home."

By all means let the doctors have their share of the good things that are, but it shouldn't be necessary to adopt socialistic principles in order to do it.

These few words, Mr. Editor, are written with only one object in view—the greatest good to the greatest number; and I trust they will not meet with the disapproval of your readers, not a few of whom have already expressed themselves in no uncertain manner about it.

Yours truly,  
J. J. LACEY.  
December 31st, 1910.

**Religious Ceremony at Belvidere.**

On Wednesday, 23rd inst., Feast of Holy Innocents, the beautiful ceremony of religious profession took place in the Oratory of the Belvidere Convent. His Grace the Archbishop officiated, assisted by Rt. Rev. Msgr. Roche.

Sister M. Madeline, daughter of Mr. Trehey, Conception, having completed the probation required by the Rules of the Order of Mercy before admitting candidates to religious profession, pronounced the sacred vows of Poverty, Chastity and Obedience, which bind her forever to the service of God. When His Grace vested in Cope and Mitre approached the Altar, a procession of the Religious, preceded by a band of the little orphans in flowing white veils, moved into the Oratory chanting the Hymn Vener. The Novice-clet was then conducted by the Rev. Mother Superior to the foot of the Altar, where His Grace interrogated her as to her willingness to assume the responsibilities of the vows and her ability to discharge the obligations which they impose. In choice and elegant language His Grace then addressed the young sister, depicting in glowing words the harmony and happiness of the Religious life and the peace enjoyed by the inmates of the Cloister as contrasted with those who have to be "solitaneous about many things." Summing up a beautiful and impressive discourse, which was listened to with rapt attention by those who were privileged to be present, he concluded by encouraging Sr. M. Madeline in her perseverance in the exalted state she has embraced.

The rendition by the Orphans of the beautiful ceremony music merited a tribute of praise and appreciation from the Archbishop, who listened with evident pleasure to the sweet young voices blending so harmoniously.

We congratulate Sr. M. Madeline and wish her many years to carry on the noble work of training the orphan children of St. Michael's, Belvidere.

—Com.  
December 31st, 1910.

**S. U. F. Meeting.**

At the regular meeting of the S. U. F., St. John's Lodge No. 5, in the British Hall last night, Bro. J. A. Clift, P.M., G.S., installed the following officers: W.M., Geo. Langmead; S.O., G. H. Breen; Q.M., C. E. Snow; L.O., W. Duffett; Purser, W. H. Goodland; Secretary, J. C. Phillips, P.M. The committee will consist of G. Summers, T. Hussey, J. Volsey, A. Rowe, A. Johnson and T. Volsey; and the trustees of the Widows' and Orphans' Fund will be W. H. Goodland, G. H. Breen, Geo. Reid, W. McElvray and A. E. Withycombe. Mr. Clift was assisted in the installation ceremonies by G.C.O. James T. Phillips; G.S.O. A. Edgecombe, and G.C., Joseph Morris. Bro. Clift addressed the members and said that the year 1910 was the banner year of St. John's Lodge. The receipts and the membership are the largest in the history of the Lodge. He congratulated Bro. Langmead on his election and predicted that the Lodge would still further prosper under his guidance. Of the 25 Lodges in the county, only one was in a good condition. Short addresses were then delivered by the newly elected officers. Bro. A. E. Withycombe was presented with a master's jewel and collar for his services. Bro. Bennett of Fogo Lodge addressed the brethren on the subject of his Lodge. A banquet was held after the installation at which the following toasts were proposed: "The King," "The Grand Lodge," "The Ladies," "The Chairman," "The Past Masters of St. John's Lodge" and "Absent Brethren." There were also songs rendered by Bros. Cowan, Volsey, Langmead and Bridden.

**Indigestion & Dyspepsia**

In all its Forms can be Cured. It is quite a daily occurrence to hear persons say: Oh, what a feeling of distress I have after meals, fullness of the stomach, heaviness and headache, I feel too tired to do anything, I have no heart to exert myself and at times I care for nothing. I often have a pain in the pit of my stomach, no appetite, my heart beats rapidly on the slightest exertion. I feel just as tired when rising in the morning as when retiring to bed. My sleep is often disturbed, and I often awake with a sense of suffocation and a difficulty of again going to sleep. I eat, and I feel too tired to do anything, I have no heart to exert myself and at times I care for nothing. I often have a pain in the pit of my stomach, no appetite, my heart beats rapidly on the slightest exertion. I feel just as tired when rising in the morning as when retiring to bed. My sleep is often disturbed, and I often awake with a sense of suffocation and a difficulty of again going to sleep. 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