

GILLETT'S LYE

Comparatively few people realize to what extent Gillett's Lye can be used to advantage in every home. For instance, with one can of Gillett's Lye and five and a half pounds of lard or grease, ten pounds of good hard soap can be made. Use one tablespoon Gillett's Lye in gallon of water for cleaning and disinfecting refrigerators, sinks, garbage cans, tiled floors, baths and toilets.

Useful for over 500 purposes.



EATS DIRT

LEARN TO LET GO

One of the most practical and absolutely truthful bits of philosophy that has appeared in a long time, was recently published in Medical Talk, on the wisdom of "letting go". Says the writer: If you want to be healthy—just let go. That little hurt you got from a friend, perhaps it wasn't intended, perhaps it was, but never mind it. Refuse to think about it. Let go of that feeling of hatred you have for another, the jealousy, the envy, the malice, let go all such thoughts. Sweep them out of your mind, and you will be surprised what a cleaning up and rejuvenating effect it will have upon you, both physically and mentally. Let them go; you house them at deadly risk. But the big troubles, the bitter disappointments, the deep wrongs and heart-breaking sorrows, the tragedies of life—what about them? Why, just let them go too. Drop them, softly, maybe, but surely. Put away all regret and bitterness, and let sorrow be only a softening influence. Yes, let them go, too, and make the most of the future. Then that little pet ailment that you have been hanging on to and talking about, let it go. It will be a good ridance. You have treated it royally, but abandon it; let it go. Then talk about health instead, and health will come. Quit nursing that pet ailment, and let it go. You will feel better. It is not so hard after once you get used to the habit of it—letting go of these things. You will find it such an easy way to get rid of the things that mar and embitter life that you will enjoy letting them go. You will find the world such a beautiful place. You will find it beautiful because you will be free to enjoy it—free in mind and body. Learn to let go. As you value health of body and peace of mind—just simply let go. Keep Minard's Liniment in the house.

FRUIT AND VEGETABLE CROP REPORT

The above report for the month of October, issued by the Department of Agriculture, has the following to say regarding crops in Nova Scotia:

Apples
The weather conditions throughout Nova Scotia have been satisfactory, during the past month and picking, packing and exporting is in full swing. The fruit is of large size, of good colour and, on the whole remarkably clean and free from scab and insect marks. In fact the fruit appears to be of the best quality that Nova Scotia has produced for some years. The percentage of No. 1 apples therefore will be considerably larger than that of last year and the percentage of No. 2 and No. 3 apples considerably less. The yield of various varieties in comparison with that of last year will be approximately as follows: Gravenstein 120 per cent, Starks 115 per cent, Nonpareil 100 per cent, Golden Russet, Wagner, Ribston, Spy, Ben Davis, 90 per cent, Kings 80 per cent, Blenheim 40 per cent and Baldwin 25 per cent. WATERVILLE—The total crop in this district will be about 100 per cent of that of last year with Gravenstein 120 per cent, Ribston, Stark 110 per cent, Spy, Russet, Kings, Ben Davis 100 per cent, Blenheim 80 per cent, Baldwin 30 per cent. The quality is excellent and the crop should grade 75 per cent No. 1, 10 per cent No. 2, 10 per cent domestic, and about 5 per cent No. 3. ATLANTA—There is approximately 95 per cent of the crop of last year with Gravenstein, Ribstons 100 per cent, Ben Davis 75 per cent, Baldwins 50 per cent, Starks 30 per cent, Blenheim 25 per cent. The apples have grown very rapidly during the past month and are particularly clean and colouring well. KINGSPOUR—All varieties of apples in this district are large, well coloured and particularly clean. The late fall varieties are now being harvested. FALMOUTH—Since commencing to harvest, the fruit appears much better than was expected and there will be about 70 per cent of the crop of last year with the various varieties averaging as follows: Gravensteins and Ribstons, 150 per cent, Spy, Golden Russetts 100 per cent, Kings 80 per cent, Stark 75 per cent, Greenings, Ben Davis 50 per cent, Baldwins 10 per cent. The crop should grade 65 per cent No. 1, 10 per cent No. 2, 15 per cent Domestic and 10 per cent culls. Spies are of particularly fine quality and should grade 85 per cent No. 1. GREENWICH—A crop of apples 90 per cent of that of last year is expected in this district, and the varieties will average as follows: Gravensteins, Russett, Nonpareil 125 per cent, McIntosh, Gano, Spy, Stark 100 per cent, Kings, Wagener, Ben Davis 90 per cent, Ribston 80 per cent, Baldwin 50 per cent and Blenheim 25 per cent. The total crop will average 65 per cent No. 1, 15 per cent No. 2, 10 per cent domestic and 5 per cent culls. BEAR RIVER—The total crop of apples will be 60 per cent of that of last year and will grade 60 per cent No. 1, 20 per cent No. 2, 10 per cent No. 3 and 10 per cent domestic. NICTAUX WEST—The apple crop will be 60 per cent of 1921 and the various varieties will average as follows: Ribstons, Golden

Russetts 100 per cent, Nonpareil 90 per cent, Gravensteins and Stark 75 per cent, Blenheim 50 per cent, Baldwin 30 per cent, Ben Davis 20 per cent. Orchards that have not been sprayed and dusted are badly spotted and will pack practically no No. 1 or 2, but well carted for orchards should pack 60 per cent to 75 per cent No. 1 and No. 2.

Potatoes
The potato crop for Nova Scotia is approximately 10 per cent larger than that of last year in spite of the fact that the tops die early due largely to late blight. On sprayed and dusted areas the blight was held off for several weeks but heavy rain persistently washed off the sprays and dusts. Due to the fact that a large proportion of the fields are infested with potato blight and the ground is still very wet considerable amount of rot is expected. WATERVILLE—The potato crop is expected to be 90 per cent of that of last year. There is considerable rot in this district. ATLANTA—The potato crop will be 15 per cent of last year with considerable rot showing. KINGSPOUR—Potato digging well advanced, potatoes free from disease. FALMOUTH—Potato crop is equal to that of last year. Some blight showing. BEAR RIVER—Potato crop will be 20 per cent excess of that of last year but rot will reduce the yield considerably. NICTAUX WEST—The potato crop is expected to be 50 per cent heavier than in 1921 but all fields are showing some rot and the mountain district reports considerable loss from soft rot. Many fields have been under water during the greater part of the season and the recent heavy rains will probably cause a total loss in these fields. GREENWICH—The total potato crop will be 25 per cent in excess of 1921 with considerable rot showing on heavy land.

GOD GIVE US MEN

"God give us men:
An age like this demands
Strong minds, true hearts, and ready hands.
Men whom the lust of honor cannot kill,
Men whom the spoils of office cannot buy;
Men who have opinions and a will;
Men who have honour; men who will not lie.
Men who can stand before the demagogue
And damn his treacherous flattery without blinking;
Tall men, sun-crowned, who stand above the fog
In public duty and in private thinking;
For while the rabble, with their thumb-worn creeds,
Their loud professions, and their little deeds,
Mingle in angry strife,
Lo! freedom weeps; wrong rules the land,
And waiting justice sleeps.
God give us men."—Kipling.

MURINE Night and Morning
Have Clean, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes, Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

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G. K. COLDWELL
WOLFVILLE, N. S.

Important Business Announcement

We are now doing business at the new stand at the head of the wharf, and have the following goods on hand or due to arrive:

<p>FLOUR</p> <p>In barrels and 98 and 24 lb. bags.</p> <p>200 bbls. CREAM OF THE WEST 250 bbls. REGAL FLOUR 250 bbls. REINDEER</p> <p>100 bbls. PASTRY FLOUR in all size packages</p> <p>FEED</p> <p>1000 Bags Oats 500 bags Barley, Oats and Corn 1000 bags Shorts 1000 bags White Middlings 250 bags Scratch Feed 500 bags Corn Meal 200 bags Cracked Corn 500 bags Barley Meal</p>	<p>COAL</p> <p>SPRINGHILL SCREENED SPRINGHILL SLACK SPRINGHILL NUT all at lowest market prices.</p> <p>Due to arrive:</p> <p>ACADIA LUMP ACADIA STOVE ACADIA NUT</p> <p>PETROLEUM COKE</p> <p>1 car LIME 2 cars CEMENT 2 cars HAY 1 car FISHERY SALT 1 car LIVERPOOL SALT</p>
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R. E. HARRIS & SONS
PHONE No. 1 WOLFVILLE, N. S.

"My Boy was Starving to Death"

"As He Was Getting No Nourishment He Was Gradually Wasting Away."

"Here's a story which will interest every mother. Before my boy was born, I was in such delicate health that the doctor didn't think I would survive the ordeal. For weeks after he was born my life was despaired of, so I couldn't feed him and the poor little fellow was left to the care of friends. He wasn't naturally strong. No care was taken in choosing his food and his poor little stomach became so weakened that he couldn't keep anything on it. As he was getting no nourishment from his food, he was gradually wasting away. Finally, in desperation, we sent for a child specialist and he said that my boy was starving to death. He gave him some medicine and advised a certain diet. The child did improve but somehow couldn't seem to get strong. This went on for four or five years and the boy still continued weak and puny looking. He could not play like other children without having to lie down and rest. My sister who lives on a farm near the sea, said that she could fix him up if I would send him to her. While I hated being separated from him, I was ready to make any sacrifice to get him strong. He was away from me for three months and it was with feelings of great excitement that I awaited his return as my sister had written me that I would be surprised when I saw my boy. When my sister got off the train, I could not believe that it was my own boy that she was leading by the hand. I never saw such a change in any child. He was fat and rosy and full of life with a happy smile! 'What on earth have you done to him,' I said. 'Why,' she replied, 'I simply made him live out of doors, gave him good food—and here's the real secret, I gave him three bottles of Carnol. Before he had taken half a bottle his whole appearance had changed. He got heavier, his face took on a colour and he would run round for hours at a time.' The change in my boy is the most wonderful event in my life. I am a regular 'fan' for Carnol and never lose a chance to boost it. As I write I am looking out of the window and when I see that rosy, active, healthy child running round, I cannot believe that he was once a puny, delicate boy."

Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money.

SOLD BY H. E. CALKIN

Let a Personal Greeting Card Carry Your Message Of Christmas Cheer

Christmas Cards Cost So Little But Mean So Much That You Cannot Afford To Forget Any-one

YOU CAN SEND 12 OR 18 CARDS FOR APPROXIMATELY \$3.00 OR \$4.00. CONSIDER THE ECONOMY AS COMPARED WITH MORE EXPENSIVE PRESENTS.

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D. A. R. Timetable

The Train Service as it Affects Wolfville

No. 96 From Annapolis Royal arrives 8.41 a.m.

No. 95 From Halifax arrives 10.10 a.m.

No. 98 From Yarmouth, arrives 3.27 p.m.

No. 97 From Halifax, arrives 6.27 p.m.

No. 99 From Halifax (Mon., Thurs., Sat.) arrives 11.48 p.m.

No. 100 From Yarmouth (Mon., Wed., Sat.), arrives 4.28 a.m.

Homes Wanted!

For children from 6 months to 16 years of age, boys and girls. Apply to H. STAIRS, Wolfville Agent Children's Aid Society.