

## FREE OF ALL THREE DISEASES

### "Fruit-a-lives" Brought Him Perfect Health

AVON, Ont., May 14th, 1915.  
 "I am younger than I have been taking 'Fruit-a-lives'. I was troubled very badly with Piles, Constipation and Stomach Disorder, but I found 'Fruit-a-lives' was the panacea for the whole three.  
 Now I am free of all these diseases and enjoying perfect health, and able to work whenever I like. Five years ago, I started taking 'Fruit-a-lives'. I took two every night and they worked wonders for me.  
 No other medicine I could get was so good and I took lots of different remedies before I found out how good 'Fruit-a-lives' were.  
 I keep 'Fruit-a-lives' on hand all the time, and am never without them. I even take them with me when I go motoring, so I can have them handy.  
 'Fruit-a-lives' are worthy of every good word I can say about them. The fact that they cured me of Piles, 'Fruit-a-lives' is to me an everlastingly thankful fact."  
 GEORGE LAUR.  
 50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by 'Fruit-a-lives' Limited, Ottawa.

### White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.  
 Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and Home and Native Land.  
 Badge—A knot of White Ribbon.  
 Watchword—Agitate, educate, or organize.

OFFICERS OF WOLFVILLE UNION.  
 President—Mrs. L. W. Sleep.  
 1st Vice President—Mrs. J. Kaye.  
 2nd Vice President—Mrs. J. Mitchell.  
 Recording Secy.—Mrs. W. Mitchell.  
 Cor. Secretary—Mrs. John Caldwell.  
 Treasurer—Mrs. H. P. Pinno.  
 Auditor—Mrs. T. E. Hutchinson.

SUPERINTENDENTS.  
 Evangelistic—Mrs. G. Fitch.  
 Luncheon—Mrs. J. Kenyon.  
 Peace and Arbitration—Mrs. J. Reid.  
 Temperance in Sabbath-schools—Mrs. (Dr.) Brown.  
 Radio Meetings—Mrs. (Rev.) McGrover.  
 Press Work—Miss Margaret Burns.  
 Surprise Soap Wrappers—Mrs. M. Freeman.  
 Bulletin—Mrs. M. Freeman.  
 Laborer Work—Mrs. F. W. South.  
 Scientific Temperance in Schools—Mrs. G. Catten.

### A Creed.

Let me be a little kinder.  
 Let me be a little blinder.  
 To the faults of those about me,  
 Let me praise a little more;  
 Let me be, when I am weary,  
 Just a little bit more cheery.  
 Let me serve a little better,  
 Those that I am striving for.  
 Let me be a little braver,  
 When temptation bids me waver.  
 Let me strive a little harder  
 To be all that I should be;  
 Let me be a little meeker,  
 With the brother that is weaker,  
 Let me think more of my neighbor  
 And a little less of me.  
 —British Weekly.

### Beer.

Owing to a failure to pay the tax, 3,081 barrels of beer of a defunct brewing company were poured out into the Mendota, Ill., river, resulting in the death of thousands of fish and detriment to farmers' stock along the river. The farmers are said to be up in arms and threaten dire vengeance on the city for allowing the beer to be poured into the river. Some people take more pains with their hogs than they do with their boys. They allow moral poison to be brewed for human beings to drink. It brings business to the community. But when their cattle are injured by pouring it into the river, it touches them in the most sensitive spot and they have an acute attack of parastiffness. If herds do this to fish, what will it do to men?—The Standard.

### What the 'Medical World' Thinks About Cigarettes.

The worst of tobacco is found in cigarettes. The feature of their use which makes them most dangerous, and which is so subtly enslaving and demoralizing, is the practically universal habit of inhalation of the smoke. This brings it into contact with many square feet of vascular tissue in the mouth, throat, bronchial tubes and air cells in the lungs, which almost instantly absorb the poison from the fumes, send it rapidly into the blood stream and circulate it. Let those who doubt this note a victim whose face has the time for a few whiffs. Before he knows he will be compelled to throw away his cigarette. He will painstakingly 'roll' his cigarette, light it, puff a few times, and present the specter of one who is satisfied and who feels ready for any thing. Alas! The 'stamina' is very exhausted, and the drugged system quickly and emphatically calls in an immediately short space of time for a few more whiffs and so it goes on throughout the day and generally well into the night—the best case before rolling isn't being usually a few more whiffs.

In young boys the effects of cigarette smoking are quickly noticeable and soon become alarming. If the habit is not checked before it can be broken, it will lead to nervousness, loss of memory, loss of concentration of mind, disturbance of the heart, indigestion, irritability, loss of appetite, loss of sleep, loss of vitality, and many of the signs of impaired or permanent loss of vitality result. Unquestionably, in the

face of the facts, it is the plain duty of every practitioner of medicine not only to oppose with all the vigor at his hand the use of the cigarette among the boys of his clientele, but also to do all in his power to enforce the laws against their sale to minors.—Medical World.

### Didn't Like His Pants.

The broken-winged nag had been carried and brushed until his coat was as glossy as silk, in order to show him to a prospective buyer. He was led into the stable yard, but the customer insisted on driving him around the yard before buying. When he came back the dealer rubbed his hands and said: "You'll never see a prettier horse. Just look at his glossy coat!" "Yes," said the customer, who was watching the hard breathing of the animal. "I like his coat, but I don't care for his pants."

### His Choice of Text.

A little boy who had been promised a watch in a too indefinite future, showed a tendency to divert to the subject with a frequency which finally overcame the patience of his irate father. "If you say 'watch' again in my presence, I'll thrash you!" was the ultimatum. Next morning at prayers, when each member of the family offered a Bible verse, the boy demurely gave his as he fixed his parent with his eye. "What I say unto you I say unto all. 'Watch!'"

### MIRARD'S LINIMENT CO., LIMITED.

Yarmouth, N. S. GENTLEMEN.—In January last, Francis Leclaire, one of the men employed by me working in the lumber woods, had a tree fall on him crushing him fearfully. He was, when found, placed on a sled and taken to my home where great pains were endeavored for his recovery, his legs being badly bruised and his body turned black from his ribs to his feet. We used MIRARD'S LINIMENT on him for several days and with the use of three bottles he was completely cured and able to return to his work.  
 MIRARD'S LINIMENT CO., LIMITED,  
 1514 St. John's St., Yarmouth, N. S.

A colonel and a young officer were camping out of doors, where mosquitoes were in abundance. The young officer could not sleep and he asked the d-rake servant how it was that the colonel slept so well. The darkey replied: "Well in the beginning of the night the colonel is so full he don't mind the flies, and in the latter part the flies are so full they don't mind the colonel."

## CASTORIA

For Infants and Children.  
 The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

The minister was coming to dinner, and the lady of the house killed a rooster in his honor. Her little boy was very much annoyed, and thought it cruel.

Some time after this the lad saw the minister coming up the road. He ran into the yard and began putting all the hens and chickens into their roosting place, saying all the time: "Shoo, shoo! Here comes the man that ate yer father."

## Children Cry FOR FLETCHER'S CASTORIA

Oxford University will send out an expedition of English scientists, with a Polish girl for a guide, to study the origin of the native tribes of Siberia.

The United States supplied 40 per cent, and Great Britain 34 per cent, of the machinery imported by Germany last year.

Philadelphia aeronauts have ordered a balloon of 65,000 cubic feet capacity and this summer will try to exceed the world's altitude of 26,000 feet.

## TWO WOMEN SAVED FROM OPERATIONS

By Lydia E. Pinkham's Vegetable Compound—Their Own Stories Here Told.

Edmonton, Alberta, Can.—"I think it is no more than right for me to thank you for what your kind advice and Lydia E. Pinkham's Vegetable Compound have done for me.  
 "When I wrote to you some time ago I was a very sick woman suffering from female troubles. I had organic inflammation and could not stand or walk any distance. At last I was confined to my bed, and the doctor said I would have to go through an operation, but this I refused to do. A friend advised Lydia E. Pinkham's Vegetable Compound, and now, after using three bottles of it, I feel like a new woman. I most heartily recommend your medicine to all women who suffer with female troubles. I have also taken Lydia E. Pinkham's Liver Pills, and think they are fine. I will never be without the medicine in my house."  
 Mrs. FRANK BENTLEY, 903 Columbia Avenue, Edmonton, Alberta.

The Other Case.  
 Beattie, Neb.—"Just after my marriage my left side began to pain me and the pain got so severe at times that I suffered terribly with it. I visited three doctors and each one wanted to operate on me but I would not consent to an operation. I heard of the good Lydia E. Pinkham's Vegetable Compound was doing for others and I used several bottles of it with the result that I haven't been bothered with my side since then. I am in good health and I have one little girl."  
 Mrs. E. E. CARR, Beattie, Neb.

Mirard's Liniment for sale everywhere.

## SIZES OF SILOS

Depend Upon Amount of Silage Required—How to Determine

The amount of silage required in the silo needed to feed it to be quite closely calculated, providing the number and kind of animals to be fed from it are known before building.

An average cow or beef animal needs about thirty-five pounds of silage per day and the usual practice during which silage is used in the silo will be about 210 days. Large animals, or those that are being fattened, may consume considerably more than thirty-five pounds per day, but this has been found a fair average. In a silo of ordinary depth, the average weight of the silage is about forty pounds per cubic foot. Near the bottom of the silo, however, where the pressure is not great, it will weigh only twenty-five pounds per cubic foot, while at the bottom of a thirty-five foot silo it may weigh sixty pounds. Taking these averages, if a cow eats thirty-five pounds of silage in a day, she will eat thirty-five times as much, or seven-eighths of a cubic foot per day; and with this a basis it is easy to determine the number of cubic feet of ensilage required to feed a cow or any number of cows throughout the season. The diameter of the silo must be such that the stock on hand can use one or two inches of silage off the top each day during the winter and at least three inches per day when summer feeding of silage is to be practiced. This is necessary to keep the silage from spoiling.

A silo ten feet in diameter is adapted to feeding ten mature cattle. One ten feet in diameter will feed five teen head, and one fourteen feet in diameter will meet the needs of twenty head; but if there are thirty or more cows to feed a sixteen-foot silo should be erected. These silos should be thirty or forty feet, or even more in height.—A. D. Wilson.

## IMPROVED BROILER

Revolves on Pivot and Meat Can be Done on Either Side

An improved type of broiler for gas ovens has been invented. It can be moved up and down in the oven and turned about so that the meat is done equally on both sides. The broiler proper is pivoted to a framework that moves up and down in grooves on the inside end walls of the oven. It is lever outside this framework and operated. Like most broilers it is in two linged sections that receive the meat between them. When they

## CAN BE MOVED UP AND DOWN

are locked the device can be revolved at will. A removable drip pan sets in the lower portion of the framework to catch the drippings from the steak or chops, or whatever the meat may be. The advantage of being able to move the broiler up and down is that you can get it close to the flame or some distance off, according to whether you want it done quickly or slowly.

## ORIGIN OF PAINTS

Ground up Mummies Furnish a Beautiful Brown Color

In order to furnish the innumerable delicate tints of paint required by artists, manufacturers have nowadays to ransack the world for mummies are usually preserved in the finest bitumen, and this ancient bitumen has, in the course of centuries, turned the mummies a leathery-brown tint. It has been found that when the bitumen and the mummy are ground down by machinery, a beautiful brown pigment is the result—exactly the tint required for painting certain shades of brown hair.

Septa is one of the component of artists' paints. It is a deep brown in color, and comes from a source equally strange. It is prepared from the black, inky fluid discharged by the cuttle-fish to blind and baffles its enemies.

Prussian blue is prepared from horse's hoofs, and is made by fusing the hoofs with potassium carbonate. Raw sienna is soil from near Siena in Italy. Burnt sienna, another common tint, is simply the same earth burnt.

The majority of pigments for making colors—that is, the dry powder—are obtained from minerals, but many pigments come from the animal kingdom. Cochineal, for example, comes from the dried bodies of insects. A kind of pitch is also used for certain pigments.

Our Friend the Cow  
 Of all animals the cow is most to be respected by man. She is more closely allied to him in her relations than any other quadruped, and in fact was brought across the ocean by him when he began to settle upon the American continent.

The most common name for a place in England is Newton, which means no fewer than seventy-two towns.

He prepared a good motto for the Boy Scouts, but follow it up with "do it!"

Children Cry FOR FLETCHER'S CASTORIA  
 Willie Paw, why was Adam created first?  
 Paw—To give him a chance to say something, my son.

# RED ROSE TEA "is good tea"

Note the Color of your flour—And the Bread it makes for you. Delicately creamy is FIVE ROSES flour. Because it is not bleached, don't you see. Clear—Immaculate—Durable. A pure Manitoba wheat flour—FIVE ROSES. And the healthy unsifted spring wheat berries are naturally of a golden glow. Add the sunny heart of the polished kernel in creaming. Baked from this cream, FIVE ROSES is definitely "whiter". The only natural flour from Manitoba's prime wheat. Which puts volume and whiteness as you demand it. Each pound should be most appetizing, economical and nutritious to you. Taste good. And it goes. Make this your emblematic flour.

## Five Roses Flour

Not Bleached Not Blended

FOR SALE BY WM. C. BLEAKNEY

## Everybody's Painting on the "24th"

YES, this is going to be the big paint day—a regular paint holiday and clean-up celebration. From now on, "the 24th" will be known not only as "Victoria Day" but also as "Paint Day", when everybody will take advantage of the holiday to make homes attractive and beautiful—to freshen and brighten the porches and fences—to make the whole place spic and span. We have

## Martin-Senour's "100% Pure" Paint

and all the other good Martin-Senour products for every kind of Painting, Staining, Varnishing and Finishing that you want to do on "the 24th" (which this year falls on the 25th.)

Pay our Paint Department a visit and have us show you all the new colors and the new finishes for making homes spic and span.

F. O. GODFREY

MARTIN-SENOUR PAINT & VARNISHES

## THIS IS A HOME DYE THAT ANYONE CAN USE

**DYOLA**

The Guaranteed "ONE DYE" for All Kinds of Colors.

Do It Now—You Don't Know when you may be unobtainable.

## Life Insurance A NECESSITY.

Insure Your Life In a Canadian Company. THE CANADIAN LIFE ASSURANCE COMPANY. Do It Now—You Don't Know when you may be unobtainable.

## Furness Withy & Co., LTD. HALIFAX.

NOTICE

All persons having legal demands against the Estate of Louise M. Bishop, late of Wolfville in the county of Kings, spinstress, deceased, are requested to send the same, duly attested, within twelve months from the date of this advertisement and all those indebted to said Estate are requested to make immediate payment to the undersigned.

J. H. BISHOP, Administrator.  
 Wolfville, Nov. 19th, 1915.

## For Sale

Four desirable houses 1015 facing Sea View Ave. and Locust Ave.  
 HARVEY G. COLLINS.

Mirard's Liniment Cures Diphtheria ATLEEFORD.

## Wm. Regan, HARNESS MAKER.

Good Salesman Wanted

For every town and district where we are not represented. Fulls are bringing high prices, and Nursery Stock is in demand. Make big money this Fall and Winter by taking an agency. Experience not necessary. Free equipment, exclusive territory, highest commissions paid. Write for full particulars.

Stone & Wellington  
 Toronto, Ontario.

## CORSETS.

The Spirella Co. of Canada have appointed Mrs. G. A. Johnson, Summer Street, as their representative for Wolfville and vicinity, who will be pleased to call upon those wishing Corsets, Waists, etc.

## Spring Clothes.

Our new Spring Suitings and Overcoatings have arrived and we certainly have a dandy range. We invite our patrons to call and inspect them and get prices.

The balmy days of spring are not far off and our establishment is going to be busy.

Orders backed early will get best attention.

## J. G. VANBUSKIRK "THE CLOTHIER"

## FRAME STOCK SAWED TO ORDER.

Also Lathes, Shingles, Sheathing and Flooring. WRITE FOR PRICES.

## J. H. HIGGS & SONS BRIDGETOWN, N. S.

## Wentzell's Spring and Summer Catalogue is Ready

Is your name on our mailing list? If it is not, you cannot afford to let another day pass without filling in, cutting out, and mailing the coupon below. You'll save money.

WENTZELLS Limited, Halifax, N. S.  
 Without any obligation on my part send to the address below your Spring and Summer Catalogue.

Name.....  
 Address.....  
 ACADIAN

## Advertise in "THE ACADIAN"

Cash Store R. J. Whitten & Co. HALIFAX

Get my prices. You will be sure to buy. I want the money, and you want the goods.

C. W. STRONG  
 Wolfville.

Wentzell's Real Estate Agency.  
 Wentzell, April 27

Leslie R. Fairn, ARCHITECT,  
 Wolfville, N. S.

## COAL

If you want good Coal promptly delivered give us your order.

Old Sydney, Springhill, Minnie, Hard Coal, Bindings.

Burgess & Co.