

Do you make doughnuts this way?

For frying, Cottoleone must be hot, but don't let it get hot enough to smoke or it will burn. To find it is hot enough, throw into it a single drop of water. When at just the right heat, the water will pop.

THE M. K. FAIRBANK COMPANY, Wellington and Angus Sts., MONTREAL.

Children's Department.

The Little Builders.

"Did you know we were builders?" said Jemmy Atkins to John Brown, as he watched them put brick upon brick on the wall of a building.

"No, we're not; we're only boys," said John.

"But we are; we are building a house which is to last for ever and ever."

"Nothing in the world lasts forever," said John.

"But mother told me," said Jemmy, "our souls would live forever, and we were building houses to live in."

"How is that?" said John, soberly.

"Well, she said that we built our characters day by day, brick by brick, just as that man is doing, and if we build well we will be glad forever. Is it not nice to think that we are building?"

A Tonic

For Brain-Workers, the Weak and Debilitated.

Horsford's Acid Phosphate. Remedy for relieving Mental and Nervous Exhaustion; and where the system has become debilitated by disease, it acts as a general tonic and vitalizer, affording sustenance to both brain and body.

Beware of Substitutes and Imitations. Descriptive pamphlet free. **DR. W. O. HORSFORD, ESTABLISHED, Philadelphia, Pa.** "I have met with the greatest and most satisfactory results in dyspepsia and general derangement of the cerebral and nervous systems, causing debility and exhaustion."

trust him

You want Scott's Emulsion. If you ask your druggist for it and get it—you can trust that man. But if he offers you "something just as good," he will do the same when your doctor writes a prescription for which he wants to get a special effect—play the game of life and death for the sake of a penny or two more profit. You can't trust that man. Get what you ask for, and pay for, whether it is Scott's Emulsion or anything else.

Children, Jemmy told the truth. Every day we are building, brick by brick, a house for the soul to live in, and as you see that the bricks in a building lap over each other, so do all our actions, thoughts, and feelings; so that all of them make a whole.

The first thing in a building is a good foundation. The good foundation is to hear Christ's words, and to do them. That means to be a Christian, unless it rests on trust in obedience. He will teach you how to build. Second, we must use the materials—honesty, truth, courage, industry, perseverance, obedience to parents, gentleness, and kindness. The material that is to be rejected is pride, envy, indolence, and all the bad things. With the right materials you can build a grand house for the soul to live in.

Blood purified, disease cured, sickness and suffering prevented—this is the record made each year by Hood's Sarsaparilla.

A Beautiful Thought. Professor Drummond tells the story of a little girl who once said to her father: "Papa, I want you to say something to God for me, something and He will be sure to hear you." The father took his little girl in his arms, and told her that, even though God were at that moment surrounded by golden harps, and singing to Him one

of the grandest and sweetest songs of praise ever was heard in heaven, he was sure that He would say to them, "Hush! stop the singing for a little while. There's a little girl, way down on the earth, who wants to whisper something in my ear."

Perfect Wisdom. Would give us perfect health. Because men and women are not perfectly wise, they must take medicines to keep them. Take Hood's Sarsaparilla fairly and faithfully, and the rich, red blood, which it makes, will soon feed the nerves the elements of true strength they require; they will cease their agitation and will resume their proper position—being under the control instead of controlling the brain and body. Read Miss Bartley's letter:

If I knew the box where the smiles were kept, I would open it, I would try so hard, Or strong the bolt, I would try so hard, Then over the land and the sea, broad-cast, I'd scatter the smiles to play, That the children's faces might hold them fast For many and many a day.

Tatters. "Tatters lives in New York, and the people who own him think he is the greatest dog in the world. His mother was a particular friend of 'Tip,' the great big, wicked, man-killing elephant. But one day Tatters was stolen and put into the pocket of a man's overcoat. He behaved well at first, but after a time he jumped from the overcoat pocket into the elevated train, seized a muff belonging to a lady, and treated it as though it were a rat. Later he became a member of a family, and there he has really made himself a necessity. When there is fun and laughter, Tatters barks and jumps about in a wild state of excitement; and when there is sorrow, he is very still, and tries to make it plain to everybody that he knows that they are in trouble. He is very punctual in his habits, is 'tatters,' and when his bedtime comes he takes his mistress's gown by the hem in his mouth and insists on her taking him to his basket. He remains there quietly until morning, and his basket suits no getting into bed; this he insists on longer. He was very ill, and the doctor cured him by giving him pills, and now when he sees the doctor he insists on having some medicine. But Tatters has one bad habit. He will kill cats.

My

Kidneys

My Back

did not trouble me so severely. My appetite returned and I gained strength every day. I am now able to do my own work, and feel perfectly well. I cannot find words to express my gratitude for what Hood's Sarsaparilla has done for me and I gladly recommend it." Miss Ella Bartley, 2133 S. Grant Ave., Columbus, Ohio.

Hood's Pills cure Liver Ills; easy to take, easy to operate, 25c. **Book Agents Wanted** DARKNESS & DAYLIGHT IN NEW YORK Any man or woman can earn \$100 a month with introduction by **Rev. Lyman Abbott**. His new work "The Home of the Future" is a most beautiful illustrated tract from a Christian woman's thrilling narrative of "Twenty Years of Rescue Work in the South." Had thousands of converts. One Agent has cleared \$400; another (a lady) \$200. For particulars and specimen envelopes (free) write for particulars and specimen envelopes (free) to **MARTIN PUBLISHING CO., Hartford, Conn.** If you pay all orders direct to our Canadian Agents, no hindrance, for we pay freight, Post Office, and a home for Agents, 50¢ more wanted. O.T. Distance over it. One Agent has cleared \$400; another (a lady) \$200. For particulars and specimen envelopes (free) write for particulars and specimen envelopes (free) to **MARTIN PUBLISHING CO., Hartford, Conn.**

Walter Baker & Co., Limited.
Dorchester, Mass., U. S. A.
The Oldest and Largest Manufacturers of
PURE, HIGH GRADE
Cocoas and Chocolates



on this Continent. No Chemicals are used in their manufacture. Their **Breakfast Cocoa** is absolutely pure, delicious, nutritious, and costs less than one cent a cup. Their **Premium No. 1 Chocolate** is the best plain chocolate in the market for family use. Their **German Sweet Chocolate** is good to eat and good to drink. It is palatable, nutritious and healthful; a great favorite with children. Consumers should ask for and be sure that they get the genuine **Walter Baker & Co.'s** goods, made at **Dorchester, Mass., U. S. A.** **CANADIAN HOUSE, 6 Hospital St., Montreal.**