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PREFACE

It is just five years since a Cook-Book was compiled in this town. It was so successful, we have felt impelled to place before the public a new book, which we trust may be found as useful, and be as kindly received as its predecessor.

This present book is not a haphazard collection, gathered at random, but has been made up from the choicest recipes of many homes. It is a concise compend of tested recipes which make most delicious dishes, together with a compilation of helps and hints of value to every housekeeper.

To all who have in any way contributed to the success of this book the committee express their grateful thanks.

MRS. FRASER INGRAM.
MRS. O. T. BALLANTYNE.
MISS. GERTRUDE PROUT.

Committee St. George's Church,
Bruce Mines, Ont.
December 15, 1916.