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sugar plums of any kind, in this world or the next!"

That you will recognize as one of the passionate utterances of Thomas Carlyle. "In the meanest mortal", he adds, "there lies something nobler. . . It is not to taste sweet things, but to do noble and true things, and vindicate himself under God's heaven, as a God-made man, that the poorest son of Adam dimly longs. Show him the way of doing that, the dullest daydrudge kindles into a hero. They wrong man greatly who say he is to be seduced by ease . . . Kindle the inner genial life of him, you have a flame that burns up all lower considerations."

How often those words have come into my mind ~~and~~ <sup>and</sup> I have looked into the faces of the young men - many of them "raw recruits" - who have done me the honour of permitting me to take their salute, ~~as~~ <sup>as</sup> I have visited the different training centres on my journey across this continent,

Never forget that every man in uniform today is ~~an upholder~~ <sup>an upholder</sup> of freedom. Never forget that the glory of Canada's fight for freedom in this world struggle is the ~~very significant~~ <sup>very significant</sup> fact that all she has done, has been done of her own free will. Keep clear the real issue as it is, ~~and we shall need~~ <sup>and</sup> no compulsion <sup>must be used</sup> to find all the men ~~required~~ <sup>required</sup> for the armed forces of Canada. <sup>overseas</sup> We shall produce a race of happy warriors, the light in whose eyes is the light of liberty, and the fire in whose hearts is the fire of their