

FOOLHARDY MEN  
TO PLAY WITH DEATHTwo Plan Attempt to Shoot  
Mighty Falls of Spokane River

Spokane, Wash., May 9.—Competition among daredevils is growing keen, as evidenced by proposals made by two of the bravest fraternity to shoot the mighty falls of the Spokane river early next month.

Only once before has the feat been proposed, about ten years ago, and the police refused to permit the attempt. The river winds through a rocky gorge in the heart of the city, and has two abrupt drops totalling 150 feet in a distance of 300 yards. Always a foaming cataract, the waters at this time are greatly swollen by the melting snows, causing spray to ascend 100 feet.

A. C. Garand offers to shoot the falls in a specially constructed double-ribbed aluminum boat. He said he would enclose himself in a cocoon-shaped revolving case. Claude Sherwood, a mill worker of Bridgeport, Wash., has placed \$1,200 as a guarantee that he would make the dangerous trip in a specially-constructed boat in which he would be visible from beginning to end of the cruise, barring only those moments when the waters might engulf him temporarily.

The propositions will be accepted and two attempts to accomplish a feat never before essayed by man will be made in one day, probably June 16.

Saying that fish make swimming noises that can be heard by telephone, a French inventor has designed an apparatus consisting of a receiver and a detector for fishing purposes. When fish in any number pass the receiver a sound is heard by the watcher, a button is pressed, which explodes the detector, and the stunned and dead fish rise to the surface.



## Building Futures

During the growing period young people must have food containing the right kind of nourishment, not only to repair the everyday wear and tear of play and study, but for building the growing body into sturdy manhood and comely womanhood.

This means double duty, and mothers must pay heed to the children's diet.

A regular morning dish of

## Grape-Nuts

and cream

helps wonderfully in developing youthful strength of mind and muscle because this food contains the true brain and body making essentials required by Nature.

Grape-Nuts food—made from choice wheat and malted barley—is rich in the vital grain phosphate, especially required for nourishing the child's rapidly developing brain and nerves.

The crisp golden granules have a delicate sweet taste and, being easily and quickly digested, are readily acceptable to the most sensitive stomach—making a most appetizing breakfast for both young and old.

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## A CHANCE FOR YOU TO HELP



TAG DAY TOMORROW FOR THESE LITTLE ONES.

The free kindergarten of this city are doing a fine work among the smaller children from those homes unable to send their children to day-schools of this kind.

## IT'S THE COMING DOWN THAT HURTS

Joseph Brucker, Editor and Birdman, Wants Balloon Trip Over The Atlantic, But is Cautious

It isn't the going up into the air, loosely and somewhat uncalculated, through the medium of a few latitudes of gas that disturbs the balloonist—it's the coming down. If some means could be invented that would once one down so that the jolt of hitting the earth would be absorbed, there'd be nothing to it.

And that is why Joseph Brucker is taking his German-American time about making a trip across the Atlantic ocean in his dirigible balloon "Sachard II." Brucker is not at all troubled about going up, but he realizes the discouragement of coming down on the friendless ocean wave when there is nobody around. Wrapping your hopes and a few square feet of hydrogen gas in the frail covering of silk and rubber is in the nature of a gamble, at most, and Brucker can probably be pardoned for taking all the precautions possible to make his stay in the air as permanent as he wants it to be.

And there are few people who have bet qualifications for taking a trip in an airship than Mr. Brucker. Leaving entirely out of consideration the fact that most of his training was secured conducting German newspapers in the United States, one might point out that Brucker also knows all there is to know about dirigible balloons, theoretically and practically.

Joseph Brucker came into the world at Iach, Austria. He is one of those internationally educated persons who started to learn his way through the world by a course in the schools of his native country, shipping to Belgium for a little secondary instruction, graduating later from at Vienna university and traveling to America for a post-graduate course.

Chicago, Milwaukee, St. Louis and New York were the scenes of his activities. He conducted German newspapers or worked on them in all of those cities for thirty years. He was a member at large of the State Republican Committee of Illinois and served as commissioner to Germany for the St. Louis World's Fair.

A few years ago he went to Berlin as the representative of a commercial house and at the same time was made managing director of the German-American club.



Joseph Brucker

in the Kaiser's capital which are organized for the purpose of promoting good relations between the United States and Germany. He has always been interested in balloons and he secured capital in Europe for his proposition to cross the Atlantic just before Wellman made his attempt.

Nerves on Edge  
Every Sound Annoys

Weak, worn-out nerve keep on in a constant state of irritability and excitement. The eyes are sensitive to light, and every noise jars on the overworked nerves. If children are about they are a constant source of annoyance and irritation. Every door seems to slam, and a little extra excitement or exertion leads to wakeful nights, nervous headache or indigestion.

In this condition women are likely to be hysterical, and suffer greatly at regular periods. The nerves must be nourished back to vigor by such treatment as Dr. Chase's Nerve Food. Being gentle and natural in action, this food cure is highly

prized by women, and used with most remarkable results in building up the broken-down nerve cells. In a few days after beginning this treatment you will find yourself resting and sleeping naturally and taking your food with a greater relish. As vigor is restored to the system it will be apparent in improved complexion and building up of the tissues of the body. With the nerves revitalized the organs of the body resume their natural functions, and weakness and disease give way to new hope and confidence, new vigor and health.

## Dr. Chase's Nerve Food

50 cents a box, 6 for \$2.50, at all dealers, or Edmondson, Bates & Company, Limited, Toronto.

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In connection with the great celebration to be held at the Crystal, London, on Dominion Day, under the auspices of the Imperial Choir, of which Lord Strathcona is president, when 5,000 voices will unite in a grand patriotic demonstration, a visit is to be paid to England by the famous national chorus of Toronto.

## Dr. Osler Tells Yale Men How To Live

Speaking before a Yale University religious meeting recently, Sir William Osler, of London expounded his "way of life."

"Forget the past and the future; live in the present; make the limit of your life the 24 hours of the day and live earnestly and you will have a lifetime that will insure you against all morbid thoughts," he said.

"The control of the mind as a working machine is the end of all education. This can be accomplished with deliberation, too. Quit tobacco and liquor and stop romping with the younger Aphrodite."

"The first two hours of the day determine that day, and those two hours will be lost if you are as bleary-eyed as a fish in the morning because you have been indulging freely in wine, woman and song the night before."

When Elden Herriman of Seaport, Me., opened a beehive, this spring he found that the queen been had died and that the other bees had stood her up straight on the bottom of the hive and had built a wall of wax around her. All the bees had left the hive.

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