

The Women's Daily Home Magazine for Women

Edited by...
Irene Currie Love

VACANT POSITIONS

DOMINION SCHOOL OF...
WANTED AT ONCE...
WANTED AT ONCE...

THE CLIFFS.

Forever face to face,
As towered of old
Within the Holy Place,
The wings of gold,
One heralding the day,
With kindled eye
One reddened with the ray
That fires the west.
The bosom-veils between
Alike their own,
To each a heaven unseen
A world unknown.
—John B. Tabb.

A Favorite Recipe.

Miss Agnes Repplier, the essayist, is extremely fond of tomatoes, prepared in almost any manner. In her opinion, however, there is no better way in which they can be cooked than to make them after the method set down in the following recipe: Pour two table-spoonsful of the purest olive oil into a baking dish. Add four table-spoonsful of grated bread-crumbs that have already been mixed with parsley and other herbs, all of which must have been chopped fine. Season with pepper and salt. Upon this bed of oil and crumbs lay a dozen tomatoes that have been cut in halves. Cover them with four more table-spoonsful of bread-crumbs that have previously been seasoned in the same way. Four over lay two more table-spoonsful of oil, and send the dish to a hot oven, where the tomatoes must bake for about one hour.

The Care of the Nose.

The laity generally consider the nose simply from its esthetic point of view and as the organ of smell. But the nose plays in respiration its part as its most important function. It not only serves as a passageway for the air in breathing, but it also warms, moistens and filters the inspired air. Bosworth has calculated that the nose should secrete about one pint of water daily, part of which is supplied by the tears, in order to moisten properly the inspired air. The filtration of the air is accomplished first thru the action of the hairs at the external margin of the nose which hinder the entrance of the large particles, and second, by the adhesion of small particles to the moist surface of the mucous passages of the nose and the naso-pharynx. The microbes are expelled with the dust. In addition to this, the nose has probably the power of destroying any bacteria that pass thru the germicidal action of its mucus. The nose also aids in phonation. Another and very important function of the nose is the ventilation it affords to the ears and their accessory sinuses.—Dr. Anna M. Galbraith in The Delicator for April.

The Industrial Arts.

There is a very significant deduction to be drawn from the fact that the art schools, says Mary Heaton Vorse. There is to-day in this country an ever-increasing demand for beautiful objects of individual design, and beautiful objects of all kinds, so that any student capable of handling the tools of his trade in any one of the more crafts now taught (crafts which include ceramics, wood-carving, weaving of fabrics, rug-making, basketry, work of metal work, etc.), and capable of executing these designs, is practically sure of a market for his work.

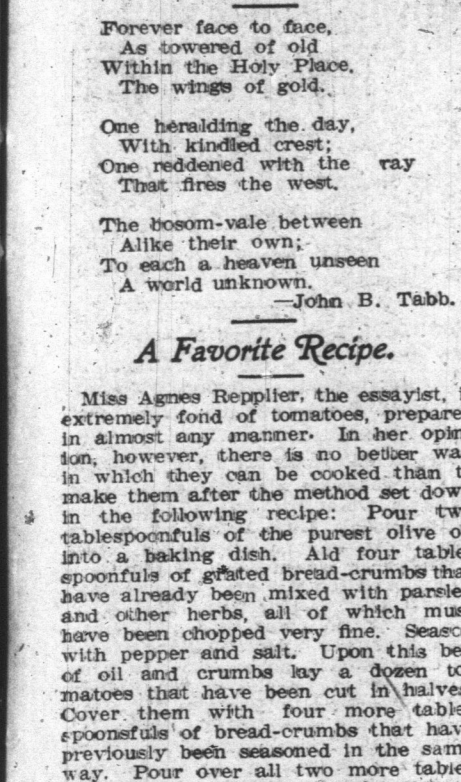
The First Lover.

"I wish I'd married the first man I was engaged to," murmured the beaming girl, "and never married any other one!" "The first one!" said her companion.

The World's Serial Story.

"Have you been hunting the dog?" she demanded, sharply. "Have you done anything to him?" "Buckingham broke into a little jiggling laugh. 'I haven't done nothing to him, ma'am,' he said, 'I only kicked at him a bit to see him grow.' He growls so ridiculous. And I puts a bit of pepper on his nose when I has my breakfast this morning to see if he'll sneeze. I haven't hurt him none." Beatrix shut her lips very tight. This was the only thing left of that Herbert Buchanan, who she had to be so insistent to burn things, to torture, to inflict hurt? She sat down upon one of the curving benches which were there and fell into a brooding silence. What to do? "God has turned from me," she said. "He has done with me. He will not help. I must work alone. What shall I do?" Blindly she clung to her early decision. The man must be kept under her eye. He must not be lost. What was to be done further she did not know. No plan offered itself, and her mind was an aching darkness. She had thought once of an institution, an asylum where Buchanan might be cared for and guarded, but there was danger in that—the previous examination by a medical man, possible discovery and the consequent ruin of her mind. She abandoned that scheme. It was not safe. And yet no other presented itself. Meanwhile something within her, morbidly unsatisfied, exigent in the face of peril, stirred her always to delving into that which she had not thought of. How much might be forced into her remembering? What were the possibilities of recollection coming again to him, full, unimpaird? It was the same instinct which drags a murderer back to the scene of his crime,—durses him to court suspicion and possible discovery. She turned her slow gaze to the man beside her and she noted he blinked across his widened face. "I think I shall walk across the hills," she said, "to a house just out of sight yonder—a house in which I used to live. It is not far—two miles, possibly. Would you care to come with me?" "Why, ma'am," said Herbert Buchanan. "Yes, ma'am. I'd like to do that. I don't like being still in one place for very long. It's foolish. There's

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Mr. and Mrs. Fred Beardmore are in Atlantic City. Mr. George Beardmore returned from there yesterday morning.
Dr. Lang is at the Welland, St. Catharines, for a few days.
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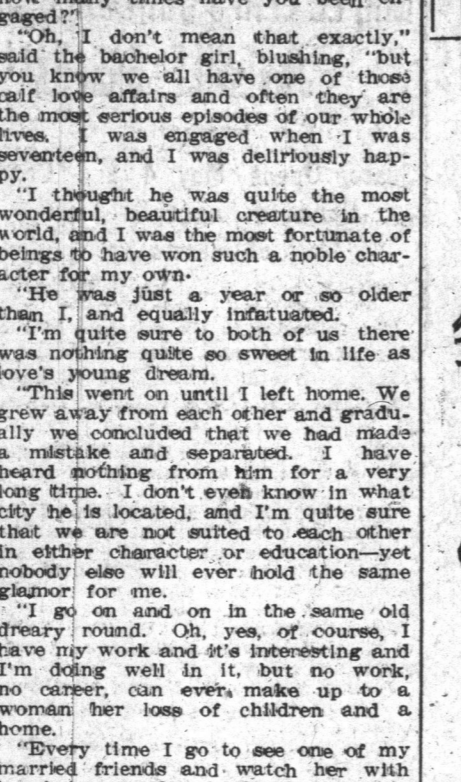
By Dustus Forman.

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Buchanan's Wife

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A FREE TRIP TO LONDON

The Toronto World will send eleven of the most popular women in Ontario on a three weeks' trip to London, England, with side trips to Paris and other points of interest.

ARE YOU GOING?

All expenses paid from the time the party leaves The World Office until it returns to Toronto. A THREE WEEKS' VACATION The trip of a lifetime. Read the conditions and information given below and then enter the race.

RULES OF THE CONTEST

MEN ARE NOT ELIGIBLE
AGE—Any woman over eighteen years of age and under fifty on July 22, 1907, may become a candidate by being properly nominated.
NOMINATING—Each candidate must be nominated on the properly filled out nominating blank which is printed in The Daily and Sunday World; copies of nominating blanks may be obtained at The World Office.
Each candidate must be nominated by some responsible citizen of the town or county in which the candidate lives.
NAMES OF CANDIDATES—Properly nominated, will be printed in The World every day after they are received and the endorsement verified and accepted.
THE BALLOTS—Ballots cast for persons not properly nominated will be destroyed, uncounted. See that your candidate is properly nominated and listed before you cast your ballots for her.
A ballot will be printed on Page 3 of The World each day. This will count one vote. Ballots cannot be changed or transferred after they are received by The World. Special ballots will be issued for paid-in-advance subscriptions, whether new or old, when payment is received by The World, according to the table printed on this page.
Ballots will be dated and numbered with an expiration date, they will not be counted unless received at The World Office before 5.30 p.m. on date of expiration. Ballots sent by mail must be sent to the Trip to London Editor, Toronto World, and postage must be prepaid.
Agents may send subscriptions to apply on the contest, but ballots will be sent to the subscriber.
THOSE WHO ARE BARRED OUT—No employe of The World or other Toronto newspapers or any member of such employe's family may be a candidate in the contest.
THE LAST BALLOT—Will be printed in The Toronto World on July 22, 1907.
No ballot will be counted unless received by the Trip to London Editor before midnight of July 22.
CONTROVERSIES—Any controversies which may arise will be settled by The World alone.
ACCEPTING THE CONDITIONS—In accepting nomination each candidate accepts and contracts to abide by all the above conditions.

THE DISTRICTS

FROM WHICH CANDIDATES ARE TO BE NOMINATED
DISTRICT NO. 1.—Includes all territory within the present limits of the City of Toronto.
From District No. 1, the City of Toronto, the six candidates receiving the highest number of votes will be sent on this free trip to London.
DISTRICT NO. 2.—Includes all territory within the present limits of the City of Hamilton.
From District No. 2, the City of Hamilton, the candidate receiving the highest number of votes will be sent on this free trip to London.
DISTRICT NO. 3.—Includes all territory within the Province of Ontario, outside of the City of Toronto and the City of Hamilton.
From District No. 3 the four candidates receiving the highest number of votes will be sent on this free trip to London.

SUCCESSIONS

Nominations will not close until announced in The World. Anyone anywhere can vote for any candidate who is properly nominated. No extra papers will be printed for sale of coupons contained therein. If you have any complaints to make kindly send them to The Toronto World Trip to London Editor. We want everybody to be satisfied. A woman's home is where she eats and sleeps; a woman living and working in Toronto, but claiming residence elsewhere, must be entered in District No. 1. It is easier to answer questions than to correct a mistake. Do not hesitate to ask questions that you want answered. Be sure that you receive a receipt for all coupons left at the office. If you do not they will not be counted. Any further information desired may be obtained by calling at The World Office, or by calling telephone Main 252 and asking for the Trip to London Editor. Once entered, do not drop out. Candidates may call on us at any time. We welcome you. Don't lose any votes. Watch the expiration dates on your ballots. SPECIAL BALLOTS.—The same instructions apply to the special ballots issued for paid-in-advance subscriptions. USE YOUR FRIENDS.—Hundreds of people have not personal friends in this contest. They are friends of your friends or of your

friends' friends. If you have your friends working hard enough for you thousands of votes can be gathered in from just such people. Enlist the interest of your friends and friends' friends. Use your telephone. If you have friends in other districts write them letters. If you learn of any persons who are not World readers—secure their subscription whether you know them or not. Work for special ballots, they count the most. Ask your political friends to furnish ideas. They know how to cover the field. Special order blanks for subscriptions can be secured from The Toronto World Trip to London Editor. If you belong to a church let your church friends know you are running. HOW TO GET VOTES.—If you belong to any organization let your fellow members know you are in the race. Don't knock the other candidates. Remember the Golden Rule. Don't forget that children can do the most effective work in collecting coupons. Every little helps. Should your father, brother or friends belong to any organizations, get them to work for you. Do not let a day pass without casting a ballot. Success is the reward of persistency. Cast your coupons in as large numbers as possible—this will save you time and trouble.

TABLE OF BALLOT VALUES

Single ballots cut from The Daily World	1 vote.
Single ballots cut from The Sunday World	5 votes.
Subscription to The Daily World, one month—25 cents—a special ballot of	50 votes.
Subscription to The Daily and Sunday World, one month—45 cents—a special ballot of	100 votes.
Subscription to The Daily World, three months—75 cents—a special ballot of	250 votes.
Subscription to The Daily and Sunday World, three months—\$1.25—a special ballot of	300 votes.
Subscription to The Daily World, six months—\$1.50—a special ballot of	500 votes.
Subscription to The Daily and Sunday World, six months—\$2.50—a special ballot of	1000 votes.
Subscription to The Daily World, one year—\$3.00—a special ballot of	1500 votes.
Subscription to The Daily and Sunday World, one year—\$5.00—a special ballot of	3000 votes.
Special Ballots.—Special ballots good for the number of votes shown in the table above, will be issued for paid-in-advance subscriptions to The World when payments have been received by The World, providing all arrears are paid.	
PERIOD OF EXPIRATION.—Each ballot will be provided with an expiration date. To be counted, all ballots must be voted on or before date of expiration.	

Nominating Blank

World Trip to London
A nominating blank must be received for each candidate before she can be voted for. The names of the women nominated in each district will be printed in The World regularly. This blank does not count as a vote, and need only be sent in once for a candidate.
I herewith nominate..... Name of woman.
Whose age I know to be over 18.
of..... as the most popular Postoffice, County or street.
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SPECIAL NOTICE

Address all letters pertaining to the Trip to London and send all nominations, ballots and subscriptions to the TRIP TO LONDON EDITOR World Office, Toronto. COUNTING.—Is done on Wednesdays and Saturdays and the standing of the candidates announced to the public Mondays and Tuesdays.