

hardest miser that ever ground the face of the poor, there is room and reason for the solemn question. What shall it profit a man if he shall gain the whole world—all its learning, its wealth, its pleasures, and honors—and lose his own soul?"

11. ALPHABET OF PROVERBS.

A grain of prudence is worth a pound of craft.
Boasters are cousins to liars.
Confession of faults makes half amends.
Denying a fault doubles it.
Envy shooteth at others and wounds himself.
Foolish fear doubles danger.
God reaches us good things by our hands.
He has hard work that has nothing to do.
It costs more to revenge wrongs than to bear them.
Knavery is the worst trade.
Learning makes a man fit company for himself.
Modesty is a guard to virtue.
Not to hear conscience is the way to silence it.
One hour to day is worth two to-morrow.
Proud looks make foul work in fair faces.
Quiet conscience gives quiet sleep.
Richest is he that wants least.
Small faults indulged are little thieves that let in larger.
The boughs that bear most hang lowest.
Upright walking is sure walking.
Virtue and happiness are mother and daughter.
Wise men make more opportunities than they find.

12. THE SUNSHINE OF KINDNESS.

Said an old merchant one day—"I never did an act of kindness to any human being without finding myself the happier for it afterwards. A single friendly act, cheerfully, pleasantly and promptly done to a fellow creature in trouble or difficulty, besides the good to him, has thrown a streak of sunshine into my heart for the remainder of the day, which I would not have taken a five pound note for.

13. CHARACTER AND BENEFIT OF LAUGHTER.

It is said by good medical authority that there is not the remotest corner or little inlet of the minute blood vessels of the human body that does not feel some wavelet from the convulsion occasioned by hearty laughter, and that the "central man" of life principle is shaken to its innermost depths, sending new life and strength to the surface and thus materially tending to insure good health to the person who indulges therein. The blood moves more rapidly—probably caused by some chemical or electric modification occasioned by the convulsion—and conveys a different impression to all the organs of the body as it visits them on that particular mystic journey, when the man is laughing, from what it does at other times. For this reason every good, hearty laugh in which a person indulges, tends to strengthen life, conveying, as it does, new and distinct stimulus to the vital forces. We doubt not the time will come when physicians, conceding more importance than they now do to the influence of the mind upon the vital forces of the body, will prescribe to the torpid and melancholy patient, a certain number of hearty peals of laughter, to be undergone at stated periods, and believe that they will, in so doing, find the best and most effective method of producing the required effect upon the patient. Our advice to all is, indulge in good, hearty, soulful laughter whenever the opportunity offers, and if you do not derive material benefit therefrom, charge us with uttering false principles of *medica*.

IX. Departmental Notices.

CONSOLIDATED SCHOOL ACTS.

In an early number we hope to publish the entire text of the School Acts of 1850, 1860 and 1870-1. They will be incorporated in one Act, so that Local Superintendents, Trustees, Teachers and other interested parties will be able to see at a glance what modifications in our present School Laws have been made by the new Act.

NEW SCHOOL REGISTERS.

In reply to numerous applications for Public School Regis-

ters, &c., we desire to say that a new edition (including the modifications in the courses of study required by the new School Act) will be shortly prepared and published. They will be sent to the County Clerks, for distribution through the Local Superintendents or Inspectors, but none will be sent out direct to individual schools from the Education Department.

PROFESSIONAL BOOKS SUPPLIED TO LOCAL SUPERINTENDENTS AND TEACHERS.

Text-books must be paid for at the full catalogue price. Colleges and private schools will be supplied with any of the articles mentioned in the catalogue at the prices stated. Local Superintendents and teachers will also be supplied, on the same terms, with such educational works as relate to the duties of their profession.

PREPAYMENT OF POSTAGE ON BOOKS.

According to the postage law, the postage on all books, printed circulars, &c., sent through the post, *must be pre-paid by the sender*, at the rate of one cent per ounce. Local superintendents and teachers ordering books from the Education Department, will therefore please send such an additional sum for the payment of this postage, at the rate specified, and the customs duty on copyright books, as may be necessary.

PUBLIC LIBRARY BOOKS, MAPS, APPARATUS, AND SCHOOL PRIZE BOOKS.

The Chief Superintendent will add *one hundred per cent.* to any sum or sums, *not less than five dollars*, transmitted to the Department by Municipal and School Corporations, on behalf of Grammar and Common Schools; and forward Public Library Books, Prize Books, Maps, Apparatus, Charts, and Diagrams, to the value of the amount thus augmented, upon receiving a list of the articles required. In all cases it will be necessary for any person acting on behalf of the Municipal or Trustee Corporation, to enclose or present a written authority to do so, verified by the corporate seal of the Corporation. A selection of Maps, Apparatus, Library and Prize Books, &c., to be sent, can always be made by the Department, when so desired.

☞ Catalogues and forms of application furnished to school authorities on their application.

* * If Library and Prize Books be ordered *in addition* to Maps and Apparatus, it will be NECESSARY FOR THE TRUSTEES TO SEND NOT LESS THAN *five dollars additional* for each class of books, &c., with the proper form of application for each class.

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