

not lost its touch. A wife whose life cannot have been all sunshine, writes the following advice to other married pairs: your house, your married state and ers more than their brothers in the your nouse, your married state and ers more than then brothers in the years of age. I ney go out to hght your heart. With God's help build towns and cities?" You will read life's battle unprepared, but with your own quiet world, not allow- my answer in this article. At pres-high flown ideas of their great mening your dearest earthly friend to ent 25 per cent of the scholars at-tal capacities caused by false ideas be the confidant of aught that con-cerns cerus your domestic peace. Let remotest idea of Grammar and Comcur, be healed at once. Never speak of teachers in these schools to grade nothing. This should make the of it outside, but to each other as high as possible, with utter disconfess, and all will, come right. Never let the morrow's sun still find you at variance. Renew or review the vow at all temptations, it will do you both good, and thereby commented in that love which is most certainly make a very good at-stronger, than death, and you will tempt at the V., but it does not folstronger than death, and you will

lies are only trouble brewers. There strictly adhered to), routine to be as (the fairest among the fair), the fairest here and faither and can be no arbitration between man and wife. No diplomat ever lived who was so skilful that he could come between man and wife to advantage.

There are thousands of medicines that give temporary relief to pain writing may heal a wound temporarily, but studies fairly, say Arithmetic as far in the impossible or idiotic proit is never so well done or so last-ing on a lasting as when it is healed by the practical work from commencement, Your troubles, and they will mani-fold Difold. Rise above them and they diminish. Ingratitude, faithwill lessness in a husband are hard to bear, but there are scores of other troubles in this world. Each has of children her portion. Let us all try to solve schools can read, write, spell necessary. thing every day they live, to pity ply because the majority of teachers and forgive.' GENA MACFARLANE.

Even strong feeling, deep thought or fervid sentiment, are trouble-

Light talk, agreeable chat, subjects that cannot hurt anybody's feelings are desired.

If you can manage to be amusing without being satirical, interested

We are not sure that it is worth while to win what is neither love nor interest, but it is better than

And in any event the "doldrums" the exhibition of your empty purse broken heart or poor health will be against you.

When you have to be wretchedas, if you own a heart, you mustto a dark corner where nobody will see it, and when you can no longer be well, go away and suffer in silence. As a general thing all that them is some way. And if, in all the world, you have one friend who truly sympathizes with you in joy and sorrow-prize her highly, for you have a rarer thing than the Phoenix.

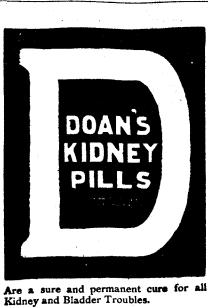
At all events remember that you GENA MACFARLANE.

AN OBJECT LESSON TO RURAL TEACHERS By W. F. BURNHAM In The Advance, Arnaud, Man.

The recent controversy between many a man, and the magic has employer and stenographer, which appeared in the press of Winnipeg, should be a warning to teachers of be looked for from that source. rural schools, especially in the Pro- Then there is the lamentable fact

vince of Manitoba. moments of alienation, if they oc-cur be he had regard to qualification.

this Province, has been that IV. and mence with the III. grade and instil and V. grades would be more in a good solid business foundation intheir element in the II. and III. If to the child, by perfecting him in all a child can read in the III. he can these branches, especially those perlow he should be promoted to that rot aside. When this is done there To bring others into your troubles grade. In school work a routine of will be no danger of tautology or only aggravates matters and never studies should be followed, com- improper orthography. And the belps them. Peacemakers in fami-ties are unit to be and three, and children of our glorious Province the are unit to be and the fairest among the fairest a follows : viz, Reading, Writing, future mothers and fathers of our Spelling, Arithmetic, Dictation, western empire, will have no cause Composition, Grammar, History to blush, or run the risk of ridicule,



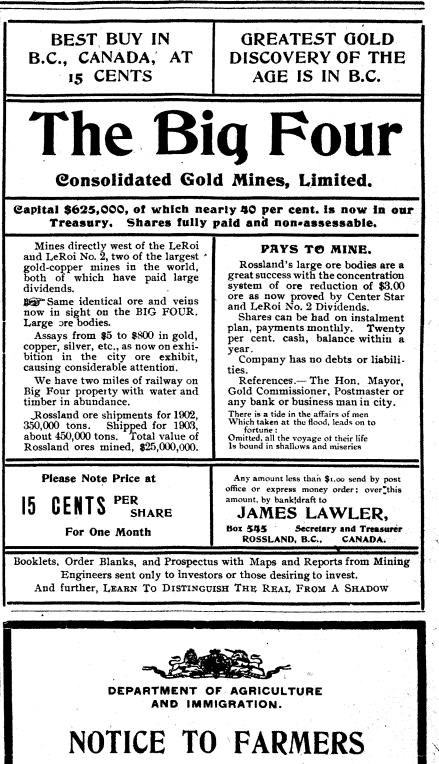
BACKACHE

is the first sign of Kidney Trouble. Don't neglect it! Check it in time! Serious trouble will follow if you don't. Cure your Backache by taking

DOAN'S KIDNEY PILLS.

child could not master a practical problem of the II. grade. You will say what has this to do with your subject? This-a very large per cent of the stenographers and clerks in our Province come from the country, and special attention should be given to the studies of Grammar and Composition. The tautological powers of the present scholar in the IV. and V. grades of a rural school are brought most vividly to the front in an attempt at either Composition or letter writing, and it is a disgrace. Where is he to derive his idea of this most important subject if not at school? Nine times out of ten the parents are illiterate, or too careless to take an interest in their children's studies, and no help can that the majority of children are You will ask, "Why rural teach- removed from school at about 16 years of age. They go out to fight effort to overcome this blight on the My experience while teaching in features of rural education. Com-(especially Canadian history), Geo- from some cantankerous employer, graphy, a certain amount of Physio- who although a poor dictator may logy, and last, but not least, letter have a thorough knowledge of how

work should be done. Teach as you When a child has mastered these would like to be taught. Do not



There are now daily arriving in this Province, numbers of young men from Eastern Canada and Great Britain who desire employment on farms. Many of these are experienced farm hands and others are anxious to learn.

#### NOW IS THE TIME

to secure your farm help for the coming busy season.

# IF YOU NEED A MAN

or two or three, write to the undersigned, giving full particulars of the kind of help you want, whether experienced or inexperienced, nationality and age preferred, and Wages You are Prepared to Pay.

Write at once and avoid disappointment.

ADDRESS,

J. J. GOLDEN, Provincial Government Immigration Agent, 617 Main Street, WINNIPEG.

#### HOW TO BE POPULAR,

Nothing can be more certain than that the happier, the luckier, the In romance you can throw your-self into people's arms and tell them all your woes: but in real life them all your woes; but in real life you cannot do it.

It is not that society does not wish to have miserable people in its wheel, so much as that sad people are out of place there.

A merry voice, a smiling face, a habit of praising the world rather than blaming it, make one acceptable. People who can set others laughing are popular. On the whole no doleful person need to expect sympathy, it is too troublesome. Woe begone folk are not wanted.

Grammar as far as the commenceadvanced to the IV., and his studies advanced also.

At present the greater majority attending these

and have the idea if a child is prowill say, "oh! my what a good for the better or the worse. teacher we have." And its only too

true. The parents do think just this, and say how well Willie, Jack or Tom is getting on. Why he is are, the more people will like you. in the IV., knows all about decimals, In remove

You were taught the alphabet and so should the child of to-day.

If your senior grade is the II.. studies in proportion; he should be better a competent II. than an incompetent III., IV., or V. Bear in mind that you are not teaching for salary alone-it should be of secondary importance, but of course

There is no time for private correspondence and magazine reading between the hours of 9 a.m. and 4. p.m. You are not only answerable to the earthly parent, but also to the Divine Father. The child's character is budding day by day and as moted into a senior grade the parent you mould so will it develop either

### One Cause of Anæmia

Is well known to be constipation which can be avoided if Dr. Hamilton's Pills of Mandrake and Butternut are used occa-

# JOB DEPARTMENT

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