

meat proteids, etc. It is well known, however, that milk contains but an infinitesimal proportion of iron, and the patient who subsists entirely upon this fluid for any length of time is deprived of the food-iron that is normally supplied to the blood to maintain its hematin and hemoglobin. This deficiency can be readily made good by administering Perro-Mangan (Gude) both during and after the milk diet period. This palatable, organic, ferruginous compound is entirely free from irritant action upon the kidney, and it does not disturb the digestion or cause constipation. The essential iron is supplied in tolerable and promptly assimilable form and the use of the remedy does not, in any way, interfere with such other treatment as the physician may see fit to adopt.

THE DOSE OF CODEINE.

Fränkel (*Munich. Med. Woch.*) claims that codeine must be given in larger doses than is generally used, in order that the full effect may be obtained, as codeine is from ten to twenty times less powerful than morphine. The proper dose should be two-thirds or three-fourths grain, and this amount may be given three or four times a day without any evidence of habit formation. The single maximum dose permissible is one and one-half grains, and maximum daily dose is four and one-half grains. For children the daily dose may be as follows:

4 years of age.....	1-6 grain
6 years of age.....	1-3 grain
8 years of age.....	2-3 grain
12 years of age.....	1½ grains

—*Meyer Brothers Druggist, July, 1910.*

HENRY WAMPOLE EXCURSION.—The first annual excursion of the employees of Henry K. Wampole & Co., Limited, where the whole laboratory took part, was held Saturday, July 23rd. The St. Louis and Arrah Wannah were chartered for the day and the trip was made up the Ridcau Lake to the Rocky Narrows. About 120 of the employees, accompanied by a limited number of their most intimate friends, took part, and from the time the boats left Perth until their return it was a continual round of pleasure. In