for the more vital task of teaching-for the spiritual part of the Sunday School work.

The beginning is so simple and within reach that it should appeal at once to any boy who has a desire to be of use as a Christian, and who is asked by the Sunday School superintendent or teachers to "help out" with the secretary's work or with the library.

Come into the Sunday School work through the tips of your fingers.

A Teen Age Girls' Club

By Miss Drusilla A. Russenholt Deaconess, St. Andrew's Church, London, Ont.

Workers amongst teen age girls here, there and everywhere are welcoming the splendid programme as set forth by the National Advisory Committee on Girls' Work. The Club, however, of which I wish to tell you a little, was organized before the National Advisory Committee came to the assistance of the teen age girls,-and was started because the need was felt for a more comprehensive programme than had been followed. With this in view, the members of two Sunday School classes were organized into a Club for midweek activities. As all but three or four of the members are high school girls, their Club work is necessarily confined to such activities as may be carried on in their few free hours,but it is amazing what an enthusiastic and interested group of busy teen age girls can find to do for others.

The various offices of the organization are filled by the girls themselves, and officers are elected every six months, in order that the honors, the work, and the excellent training may be shared more generally. Every Tuesday afternoon at 4.15 o'clock the Club meets in the Ladies' Parlor of the church. The meetings are opened with devotional exercises, conducted by the girls. This in itself is an important part of their training. The minutes are read and business disposed of. This includes the reports of the work of the past week and the planning of the work for the coming week. A committee is appointed each week to visit the Home for Incurables, another for one of the hospitals, and a third

to visit certain shut-ins of the congregation. By dividing the visiting in this way, it means only one afternoon of each week for each girl. Fruit, flowers, or magazines are distributed : and it is interesting to notice how those who are shut in appreciate the freshness and brightness carried to them by these young lives. Special interest has been taken in one of the invalids at the Home for Incurables,a lonely lad, who, through his affliction, cannot speak so as to be readily understood. making it difficult to carry on a conversation with him. Each week, therefore, some one of the Club volunteers to write him a letter,only a simple little act-yet it brings a ray of cheer into an otherwise darkened life.

Every summer, funds are sent to Toronto to provide for a holiday for two girls at St. Christopher Farm.

At each communion season arrangements are made for automobiles to call for any of the shut-ins of the congregation who may be well enough to attend communion, but who are unable to walk to or from the church or the car line. It is beautiful to see these young girls solicitously attend to their respective charges on Communion Sabbath.

Two meetings in the month are devoted to mission study, that is, after the business of the day has been dispensed with. This year the text book being followed is His Dominian. The leader is a woman interested in missions and in the girls. She presents a chapter at a time,—dividing it into three or four sections, and at the conclusion of the meeting three or four girls volunteer each to prepare a resumé of one of these sections. The resumé is read at the next mission study meeting, and thus a review is made. At the same time a synopsis of the book is being kept. But the chief advantage is that the girls have some part in the mission study period.

Two meetings in the month are given to sewing for the Red Cross or for the Victorian Nurses. Before the summer holidays scattered the girls, captains were appointed, sides chosen, and knitting went ahead apace all through the summer months, as was testified when the fall brought the Club together again and the competition was closed with a fine array of well knitted socks.

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