

## TIME FOR BED.

How nice it is when bed-time comes to be really sleepy and ready to go, and how disagreeable it is when you are very tired but cannot get to sleep. There is no doubt that these little people will fall asleep as soon as they tumble into bed, for look how the little fellow is yawning, and the baby seems to be fast asleep already.

A child who has no time to help another will be likely to have little help given him when he needs it.