

REGAL FLOUR

It's Wonderful for Bread

SMOKING HABIT BY LADIES

(Dr. Wm. Brady.)

Such wholesome prejudice as still exists against the tango, the shimmy, jazz music and offensively immodest dressing rests upon the fact that these are weaknesses picked out of the gutter and adopted by young women who lack brains and old-fashioned home training.

Fifteen or twenty years ago we learned to recognize as a type the woman who wore bobbed hair and smoked cigarettes. She was the advance model for the present fashion. We found her in jail or in the charity ward of the hospital. She wasn't there because she had bobbed her hair or contracted the cigarette habit, but jail and the free surgical wards were just the natural places for her to complete her education.

This was fifteen or twenty years ago.

When a college woman, the dean or head martinet or main squeeze or noble grand exemplar of a school for young women, comes out boldly—yes, boldly is the word for it—in favor of cigarette smoking for college girls, that ought to give some parents pause.

SHE IS UNTRUSTWORTHY

As a health expert and adviser I have received the confidences of thousands of young women. And whatever charity I may have had at one time for the cigarette as affected by the feminine sex, I say now that the girl or woman who cultivates the cigarette habit is untrustworthy. Not because she smokes; not because of any terrible degenerative effect of tobacco; because some inherent defect in her education or character leads her along this road.

Can anyone imagine a thoroughly wholesome, admirable, womanly woman with the cigarette habit?

JUST RECEIVED

Ivory Brushes, Combs, and Mirrors, etc.

Page & Shaw's Lollipops and other confectionery.

A large assortment of new dainty toilet preparations also Djeikiss Perfume, Talc., and Face Powder.

Mary Garden and Lilesde Rigaud Talc., Roger & Gallet's Soaps, Piver's Face Powder, etc.

Royal Pharmacy
W. A. WARREN, Ph.M.B.
The Rexall Store

PRODUCE MARKET PRICES

(Wholesale)	
Good Beef, per lb.09 to .12c.
Light Beef, per lb.06 to .08c.
Veal, per lb.06 to .09c.
Mutton, per lb.06 to .14c.
Pork, per lb.08 to .17c.
Potatoes, per bag of 90 lbs.80 to .90c.
Beets and Turnips per lb.15c.
Carrots, per lb.03c.
Parsnips, per lb.03c.
Powder, per lb.18 to .22c.
Chicken, per lb.25 to .25c.
Fresh Eggs, per dozen28 to .30c.
Dairy Butter, per lb.28 to .35c.
Hay, per ton	25.00 to 30.00
Straw, per ton	15.00 to 16.50
Hides, per lb.04 to .06c.
Pelts, each20 to .30c.
Apples, No. 1's per bbl.	5.00 to 6.00
Domestics	3.00 to 4.00
No. 3's	2.00 to 3.00

Perishable goods should be shipped in the heated car which picks up small lots coming this way every Tuesday's freight.

Send for Shipping Tags.

THE FARM SUPPLY COMPANY, Ltd.

Farm Produce of all kinds received and sold on commission.

Cor. Bell Lane and Barrington Streets Box 230 Halifax, N. S.

Halifax, May 20th.

Get Our New Farm Catalog BEFORE BUYING

We have between three and four hundred listings, including practically all the most attractive Valley farms on the market at the present time. Our cars at your service. Nearly 250 delighted customers to boost us.—Call, phone or write.

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Two new varieties of proven worth at \$60 per 100.

SCARLET PIPPIN—Similar to McIntosh but less subject to spot. Very profitable.

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Good stocks of Duchess and Stark and small quantities of other standard varieties still available. \$65 per 100.

These are No. 1 Ontario grown trees especially selected. 25% deposit or bank references required.

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RAMEY'S MEAT MARKET

I now occupy the store on the corner of Queen and Albert Streets, one door South of B. N. MESSINGER'S GROCERY, where I am prepared to serve the public with all kinds of MEAT, FISH, etc., at reasonable prices.

A Trial Order Solicited.

ELIAS RAMEY, Proprietor.

Telephone No. 56.

YOU MAY PLAN TO BEGIN WITH US at any time, as we will have no summer vacation, and our method of individual instruction makes it of little importance when one enters.

Will be glad to welcome you at any time.

Catalogue and Rate Card mailed to any address.

S. KERR
Principal

Classified Advertisements

Advertisements not exceeding one inch will be inserted under this heading at the rate of 50c. for the first insertion and 25c. per week until ordered out, cash in advance.

FOR SALE

ONE GOOD COW, NO PASTURE, 8-11.
R. J. MESSENGER.

NEW MILCH COW, APPLY TO ARTHUR GESNER, Belleisle, N. S., 7-31p.

SECOND HAND McLAUGHLIN CAR For Sale. In first-class condition; going at a bargain. Apply, 8-31p.
E. C. SNAPE, Central Clarence.

ONE WORKING HORSE, 5 YEARS old, sound, kind and good worker. Apply to W. J. BRINTON, Bridgetown, N. S., 7-31.

LARGE SIZE WEBSTER COMPLETE up-to-date Dictionary, also one Electric Desk or Reading Lamp, in good condition. Apply 7-11.
MONITOR Office.

WANTED

WANTED—SMALL PROPERTY IN or near town. Pay cash.
4-31p. BOX 21.

NEW LAID EGGS, HIGHEST CASHE price.
GEO. H. BENT, Bridgetown, N. S., 2-11.

GENERAL GIRL TO WORK ON Farm. References required. Apply to MRS. A. BALCOM, Monitor Office. 8-11.

AT LADIES' SEMINARY, WOMAN for corridor work. Wages \$25 per month. Apply to MRS. F. REAGH, Matron, Wolfville. 52-11.

PEOPLE TO TRY AN ADV. IN OUR Classified Column. These advs. are read by everybody and bring quick results. Cash must accompany the advertising copy. 38-11.

AGENTS WANTED

100% profit selling our household necessities. Quick, easy selling repeatedly. Good salaries are earned by agents willing to work. Drop us a card for information.

SPECIAL PRODUCTS Co.,
8-21p. P. O. Box 623, Ottawa, Ont.

MISCELLANEOUS

ORCHARD FARMS WANTED

We have clients wishing to purchase a first class orchard proposition immediately. If you have a fruit farm to sell and know of any others in the same neighborhood that would go well with it, it will pay you to write or phone us at once.

VALLEY REAL ESTATE AGENCY,
7-11. Wolfville, N. S.

WE CAN USE MORE MEN AND BOYS

In our shop, learning driving, repairing, overhauling, motors, tractors, Garages paying \$5-\$10 daily to our successful graduates. Learn auto, tractor mechanics. Be expert in welding, lighting, starting systems, etc. wages, steady work. You can earn while learning. Write free catalogue.

HEMPHILL'S BIG AUTO GAS TRACTOR SCHOOL,
163 King St. West, Toronto.
7-41.

PURE WATER

Kent and Kennedy, Artesian Well Drillers, St. George, N. B. or O. V. Kennedy, Granville Centre. Prices right and satisfaction guaranteed. 7-11.

Regular Market Prices

for your Butter and Eggs in exchange for goods of quality at close prices.

SEEDS

New stock Steele Briggs Garden and flower Seeds in stock.

NEW GOODS

I am constantly adding new lines to stock, and will be glad to get you anything you may require.

H. H. WADE
BELLEISLE, N. S.

NOTICE

We are offering for the next thirty days all our heavy weight English serges, fancy suitings and heavy overcoatings at greatly reduced prices.

E. L. FISHER
T. J. Marshall, Cutter

Mrs. Caswell, daughter, Miss Besse, and Grand-daughter, Miss Ella Longmire, accompanied by the centenarian member of their family, Mrs. Lois Caswell, have returned from spending the winter in St. John and have taken up their residence in their home at Granville Ferry.

Minard's Liniment for the Gripp and Flu.

IMPROVING ROADS IN NEW BRUNSWICK

Fredericton, N. B.—Five contracts for the construction of Federal aided Provincial Highways, amounting approximately to \$132,000 have been awarded. These contracts are for the construction of improved gravel roads which will practically complete the linking up of the improved highways from St. John to St. Stephen, Fredericton to St. John and Andover to Grand Falls, upon completion, with the exception of ten miles on the St. John and St. Stephen highway.

The prices at which these contracts have been awarded are approximately twenty-five per cent. lower than those of last year, and somewhat below the estimate cost, which will effect a very considerable saving to the department on the amounts allotted for these contracts. The contracts have been awarded to contractors experienced in road work and their prompt completion looked for early in the fall. Work will commence immediately.

JUST THIS MINUTE

If we're thoughtful, just this minute, In whatever we say and do, If we put a purpose in it, That is honest thro' and thro' We shall gladden life and give it Grace to make it all sublime; For though life is long, we live it Just a minute at a time.

Just this minute we are going Toward the right or toward the wrong; Just this minute we are sowing Seeds of sorrow or of song. Just this minute we are thinking On the ways that lead to God, Or in idle dreams are sinking To the level of the clod.

Yesterday is gone; to-morrow Never comes within our grasp; Just this minute's joy or sorrow, That is all our hands may clasp. As a pearl of precious price, And with high endeavor make it Fit to shine in Paradise.

\$30,000 WILLED TO AGED LADIES' HOME

Over \$30,000 will go to the support of a home for aged Protestant ladies, according to the will of Horace Hazard, wholesale grocer, of Charlottetown, who died recently, leaving an estate worth \$60,000.

Small bequests are made to St. Paul's Church and the Prince Edward Island Hospital, the balance of the estate going to relatives and friends.

WINDSOR SPORTSMEN CATCH BIG FISH

Dr. O. B. Keddy, T. B. Akin, Dr. Murphy and Dr. Shankel, motored to Lawrencetown the first of the week, armed with "hook, line and sinker" to try their luck for salmon. Dr. Keddy and Mr. Akin were the two members of the party favored by the big fish. Two fairly raced each other to grab Dr. Keddy's bait and another became too friendly with Mr. Akin's hook and soon found himself in the net. The others, the skillful woos, could not persuade the shiny ones to come forth and meet the May fly. The party reached home Wednesday night much refreshed by their trip.

On Wednesday R. H. Seeton and C. A. Ryan motored to the same waters to try their luck.

The parties of the first part sent their salmon to their wives in advance of their home coming so that the old fishing story of the "big as a whale" getting away was not required.—Windsor Tribune.

4,961,355 WORDS WIRED FROM GENOA

Up to last Friday 4,961,355 words were telegraphed from the Genoa conference by diplomats and journalists. The number of three minute telephone calls—European journalists generally use the telephone—represented a continuous conversation of two months and twelve days; during which it is estimated more than ten million words were transmitted by trained telephonists.

The biggest patrons of the Genoa post office in tolls were the Japanese delegation whose bill was 965,000 lire.

Before the conference, Italy proposed to pay the expenses of the delegations of the five inviting powers. It is learned that in order to keep the conference together Italy agreed later to pay a week's pay and expenses for at least four other delegations.

The Italian appropriation for the expenses of the conference has been largely exceeded.

Two good reliable remedies which guarantee results are RAZ-MAH for Asthma and Bronchitis, and T.R.Cs. for Rheumatism, Lumbago, Neuritis, etc., are sold by S. N. Wear.

If the house-cleaning season depended on man for its being, it would never have been.

BERWICK WILL PLACE STRONG TEAM IN VALLEY LEAGUE

At a meeting of the Berwick Amateur Athletic Association Mr. Hiram Thomas was chosen manager of the Berwick team for the season of 1922. Mr. C. F. Nickerson was appointed Secretary of the Association in place of Mr. Wadley who has moved to Halifax.

Arrangements were made to purchase equipment such as bats, balls, etc. The new uniforms are about completed and from all reports the boys will make a classy showing when togged up in their new suits. Great credit is due the ladies who have taken such an interest in the ball team as to make up the different uniforms, and the executive and players appreciate very much indeed this interest and assistance.

Prospects look good for Berwick having a winning team in the Valley League this season. "Wiggy's" arm has not lost any of its pep and strategy and he will sure make some of the hard hitters sit up and take notice before the season is over.—Register.

VICTORY

We are glad to report that Mrs. Joshua Simpson is recovering from her illness.

Miss Ruby Waterman was the week-end guest of Mrs. Arthur Jefferson, Bear River East.

Mrs. Stewart Potter and little daughter Gertrude, were the Friday, May 19th, guests of her parents, Mr. and Mrs. Joshua Simon.

Mrs. Ralph Pierce was the guest of her mother for a few days last week.

Miss Helen Nass is spending a few days with Mrs. Lemuel Hevey.

Miss Ethel Rosenkrantz has gone to Mrs. Willie Spurr's, Deep Brook, to work.

Miss Eleanor Darras was the Thursday, May 18th, guest of Miss Ruby Simpson.

Mr. Cleveland Jefferson, of Bear River East, was the Sunday evening guest of Mr. Stunage Currell, May 21st.

HAWAIGS OF THE WHITE PLAGUE

Ottawa.—Deaths from tuberculosis in Canada (exclusive of Quebec) for the year 1921, totalled 4,773, according to figures issued by the Dominion Bureau of Statistics.

Of this total tuberculosis of the lungs was responsible for 3,897 or 82 per cent.

By Provinces, Ontario stands first with 2,083 deaths of which 1,731 were pulmonary.

Nova Scotia had a total of 702 with 579 pulmonary.

The other Provinces with their number of pulmonary deaths were: Manitoba 305 pulmonary death out of 420.

British Columbia 323 out of 409.

New Brunswick 336 out of 403.

Saskatchewan, 256 out of 323.

Alberta, 256 out of 306.

Prince Edward Island 111 out of 127.

NO EXTENSION TO LOBSTER FISHING SEASON

A telegram received this morning from R. L. Hatfield, M.P., Ottawa, stated that the Government had decided positively there would not be any extension allowed on the present lobster fishing season. The extra time for the fishermen had been strongly urged, but there was found to be a determined opposition to any extension, which came from many quarters, consequently the Government's decision in the matter. As soon as the Department took the action it did, Mr. Hatfield telegraphed the news immediately to The Herald, in order that he might give his constituents the news, at the earliest possible moment.—Yarmouth Herald.

LEPROSY DECREASES RAPIDLY IN CANADA

Leprosy has decreased rapidly in Canada in recent years, Hon. Dr. Beland, Minister of Health, Ottawa, told the House of Commons recently. There are now only two leprosy cases in Canada, at Tracadie, N. B., and D'Arcy Island, B. C.

At the former there are now 14 cases and at the latter eight. In 1897 Tracadie had 32 patients and in 1910 it had 22. Most of the cases, Dr. Beland stated, are found among the Scandinavians. One case had recently come from Toronto, and one each from Regina and Swift Current.

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FARM AND GARDEN SEEDS
A basket of seeds illustration.

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