

## SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing us such letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—"I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion." — Mrs. HENRY CLARK, Glanford Station, Ont.



Chesterville, Ont.—"I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble. "My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated. "I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial." — Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

### Guide-Advocate

Watford, Ont.  
 PUBLISHED EVERY FRIDAY.  
 SUBSCRIPTION—\$1.00 per annum in advance. \$1.50 in advance to the United States.  
 ADVERTISING RATES.

Space	One Year	Half Year	3 Months
One column	\$65	\$38	\$22
Half column	38	22	12
One fourth column	22	12	7

Shorter periods 12 cents per running inch.  
 Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.  
 SPECIAL ADVERTISING—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Acute measure 14 lines to the inch.  
 BUSINESS CARDS—One inch and under, per year \$6.00.  
 NOTICES—\$5.00 a year.  
 LOCALS—10c. per line each insertion. Minimum charge 25 cents.  
 Advertisements without specific directions will be inserted till forbid and charged accordingly.  
 HARRIS & CO.  
 PROPRIETORS

### Guide-Advocate

HARRIS & CO. PROPRIETORS.  
 WATFORD, NOVEMBER 29, 1912.

#### NOTE AND COMMENT.

President Dickie, of a college in Albion, Mich., gave the students in his charge good advice the other day when he told them to "cut out your banquets and pay your honest debts." Too many students contract shiftless money habits at college because they are spending their dad's money, the earning of which gave them no concern. Dr. Dickie further advised a student to go barefooted rather than get deeply into debt.

According to the record of industrial accidents maintained by the Department of Labor, there were 104 workmen killed and 324 injured during the month of October. Compared with the record for September, this is an increase of 15 in the number killed and a decrease of 95 injured. The greatest number of fatal accidents occurred in the steam railway service, there being 28 employees killed. The building trade came next with 18 fatalities. Of the non-fatal accidents, the greatest number occurred in the metal trades with 85, followed second by building trades with 40 injured, and third by steam railway service with 37 injured.

It has generally been supposed that the principal effect upon the soil, of weeds in the growing crop,

**SHILOH**  
 quickly stops coughs, cures colds, and heals the throat and lungs. 25 cents.

was that they took away moisture and plant food that should go to the crops. Recent investigation at Cornell University has demonstrated that they have a deleterious effect upon crops in that they poison the plants by the intermingling of their roots. Corn and weeds were allowed to grow side by side in similar soil, but with partitions placed so that the roots were kept apart. The corn and weeds grew normally. In another box the corn and weeds were placed so that the roots could intermingle, with the result that the corn was stunted, and its growth materially retarded. It is a case of incompatibility of association.

#### Churches to Improve Living Conditions.

The whole purpose of the progressive thought is to create better living and wage-earning conditions, to secure a better distribution of prosperity and to make it true for every man, woman and child in the land that is the best of all countries. For some years now, this has been the objective of the various philanthropic organizations; and the social workers, as they have striven to help themselves, have, whether they appreciated it or not, all the time been creating sentiment for the cause. The churches have been appealed to with increasing success, and now in many cities men are stepping over the obstacles of creed to unite in the campaign for social justice. A striking illustration of this new activity is found in the fact that forty-seven churches and synagogues in Gramercy district, New York City, are planning to cooperate for the improvement of living conditions in that district. A union of churches has been formed for the purposes named. As Gramercy district is not the first, neither will it be the last to find its churches working together in this cause.

#### Sallow Complexion

Indicates indigestion, constipation or liver trouble. FIG PILLS will regulate your system and build up the nerve forces so that you can sleep and enjoy life. At all dealers 25 and 50 cent boxes or mailed by The Fig Pill Co., St. Thomas, Ont. Sold in Watford by J. W. McLaren, Druggist.

The girl that can't sing and won't try to sing is a bird that any young man should be anxious to furnish a cage for. Jack Chadwick, a former Napier boy, who moved recently to Glenora with Mr. Richard Dunlop, died suddenly last week at the latter's residence.

A beautiful font railing has been placed in position around the font in Christ church, Forest. The railing is of heavy brass, three feet high, of very handsome design and adds greatly to the beauty of the church. The church is indebted to Mrs. (Major) Snider, of Hamilton, formerly an active worker in Christ church as Mrs. Lemon, for the splendid gift.

Where can I get some of Holloway's Corn Cure? I was entirely cured of my corns by this remedy and I wish some more of it for my friends. So writes Mr. J. W. BROWN, Chicago.

The Fruit Growers' Association of Ontario secured from the Dominion Railway Board last week an assurance that the question of discrimination in the shipment of fruit, as against the Ontario growers, and in favor of the British Columbia growers, would be investigated. The assurance resulted from the application, pressed by G. E. McIntosh, of Forest, for an order compelling the railway companies to accept and forward past carloads of fruit at the carload rate, subject to the carload minimum weight, from the original shipping point to the final destination, to be stopped in transit for completion of the carload at an additional charge of \$3 per car for each such stop.

#### IT GROWS HAIR

Here Are Facts We Want You to Prove at Our Risk. Marvelous as it may seem, Rexall "93" Hair Tonic has grown hair on heads that were once bald. Of course, in none of these cases were the hair roots dead, nor had the scalp taken on a glazed, shiny appearance. Rexall "93" Hair Tonic acts scientifically, destroying the germs which are usually responsible for baldness. It penetrates to the roots of the hair, stimulating and nourishing them. It is a most pleasant toilet necessity, is delicately perfumed, and will not gum nor permanently stain the hair. We want you to get a bottle of Rexall "93" Hair Tonic and use it as directed. If it does not relieve scalp irritation, remove dandruff, prevent the hair from falling out, and promote an increased growth of hair, and in every way give entire satisfaction, simply come back and tell us, and without question or formality we will hand back to you every penny you paid us for it. Two sizes, 50c. and \$1.00. Sold only at our store—The Rexall Store. J. W. McLaren, Watford.

#### Cultivate Neatness.

There are many girls who without being at all good looking always appear neat and smart. They may only have a small dress allowance, but with it are able to appear more attractive than girls who with twice their amount of money often look overdressed or dowdy. What is the secret of this? Surely it is due to the neat girl's taste. She always puts on her clothes with care and makes a point of her appearance being neat and tidy. She keeps her wardrobe orderly and has a place for everything; her ribbons, gloves, handkerchiefs, etc., are never bundled into a drawer just to get them out of the way, but are carefully put in their proper places. On the other hand, a girl clad in an expensive dress will often spoil her appearance by the careless way in which she puts on her clothes, losing the faintness that she might have had with a little more care. It is a mother's duty to see that her children are taught from childhood to be careful and tidy; otherwise by the time they are grown up they will have become so accustomed to carelessness and untidiness that these will be second nature to them.

#### For the Bridal Supper.

At a recent wedding the supper table for the bridal pair and their attendants was provided with handsome favors in



A FAVOR CANDY BOX. The shape of bonbon boxes. On the cover of each box was a hand painted bride's head with a bona fide wedding veil of tulle glued to the box cover.

#### In Stewing Corn.

When about to stew left over corn in milk remember that it must not cook long. Only a few minutes will suffice. Always score the corn first before cutting it from the cob, and in cutting do not cut close to the cob. Cut down through the middle of the kernels. Then scrape the cob. This will give you all the juice and pulp that cling to it, but not the hard end of the kernel.

**NA-DRU-CO LAXATIVES**  
 are entirely different from others both in their composition and their effect—complete evacuation without purging or discomfort.  
 25c. a box at your druggist's.  
 NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED. 165

Forty years in use, 20 years the standard, prescribed and recommended by physicians. For Womans Ailments, Dr. Martel's Pills at your druggist. td-3td

#### LOVELL'S BAKERY

A Clean, First-Class, Up-to-date Confectionery and Restaurant  
**THAT'S OUR AIM**

#### LOVELL'S BAKERY

**Chantry Farm**  
 SHORTHORN CATTLE - LINCOLN SHEEP  
 Four extra good roan bull calves from good milking strain. Also two heifer calves. A few lambs of both sexes left.  
**ED. de GEX.**  
 KERNOOD, ONTARIO.

#### Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

#### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

#### GENUINE CASTORIA ALWAYS

Bears the Signature of *Chas. H. Fletcher*  
 The Kind You Have Always Bought  
 In Use For Over 30 Years  
 THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

#### Horse Blankets and Surcingles

Halters, Brushes and Combs  
 Stable Brooms, Shovels and Pails  
 Cow Chains and Stall Fixtures  
 Whips, Lanterns and Globes  
 Tar Paper, Felt Paper,  
 Paroid Roofing and Glass

Our Prices are Right  
 Our Goods Satisfactory

#### The N. B. Howden Est.

#### THE INDUSTRIAL MORTGAGE & SAVINGS CO. SARNIA, ONT.

AUTHORIZED CAPITAL	\$1,000,000.00
REST FUND	203,943.89
ASSETS	1,923,892.02

The SECRET OF BECOMING RICH is to spend less than your income and deposit the difference with some Monetary Institution where the security is beyond question and where the highest current rate of interest is paid. The INDUSTRIAL MORTGAGE & SAVINGS Co. measures up to these requirements. It has now entrusted to its keeping about a million and a quarter of dollars, made up of sums, varying in amount from \$100.00 up to \$50,000.00. Let us have YOUR savings and receive a pass book or debenture and see how wealth accumulates.  
 D. N. SINCLAIR, MANAGER.

#### THE MERCHANTS' BANK OF CANADA

President.....SIR H. MONTAGU ALLEN  
 Vice-President.....JOSIAH HOSKINS, Esq.  
 General Manager.....E. F. HERDEY  
 Paid-up Capital.....\$6,000,000  
 Reserve Fund and Undivided Profits.....5,458,878  
 Deposits Nov. 30, 1911.....63,494,580  
 Assets Nov. 30, 1911.....81,928,960  
 183 BRANCHES IN CANADA.  
 General Banking Business transacted. SAVINGS DEPARTMENT at all Branches. Deposits of \$1.00 and upwards received and interest allowed at best current rates.  
**Watford Branch - F. KENWARD, Manager**

#### LIQUID

In regard to authorities are now Don't imprison your skin by the and thus encourage true cure of all et be brought about healing agents in t WASH THE GI A simple wash: of Wintergreen, TI ingredients as com T. B.



#### How

If the mil out, wa more miles wasting val to town. FIRST c only a first cost an for repairs never a real IN estima pense of years. If that road, o as taxes, o nothing. Concrete the best a and twent CONCRET well as fo Edward M and one of A Any communit time under fal positively made slippery, a roa the year, a roa cheapest of all WRITE fo use you We have to build more and cheaped. Canada. 51 Have you a copy or can be with C

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#### T. I

PAINTER Specialist The Best Work a