

**P.S.**

It's better to run out for Bovril now than to run out of Bovril when you need it.

Always have Bovril in the House

**LADY IRIS' MISTAKE;**

**Hero of 'Surata'**

CHAPTER XXXV.

"Yes, my darling, I have often thought of doing so," he replied.

"It must hang in the great gallery at Chandos, papa; and we will have in letters of gold underneath it, 'Isabel, Countess of Caledon,'—then I shall be more satisfied. Yes, and in the church in King's Forest we must have a memorial window, papa, and also a marble tablet, with these words, 'To the memory of Isabel, Countess of Caledon, by her only and loving child, Iris Fayne.' Will you see to that, papa?"

"I will do all you ask me, my darling child. It gives me untold happiness, Iris, to hear you speak so lovingly of your mother."

Her wishes were all carried out. "Papa," said Lady Iris to her father one day, "you know that I shall never marry."

"I know you have said so, Iris; but I hope you will change your mind."

"No, never; and therefore I want to ask you this, papa. As I shall never have a wedding-ring of my own to wear, will you give me the one I saw in the drawer of your secretaire? I know now it was mamma's. May I have it and wear it? It will remind me of all I have learned since I heard her story."

The earl assented; and one of the happiest moments of his life was when he put his wife's wedding-ring on his daughter's finger. He held the little white hand fondly in his own and touched the ring that shone on the slender fingers.

"This is a pretty ring," he said, pointing to one set with diamonds and rubies.

**Ironized Yeast Will Ironize Your Nerves**

To Produce Great Natural Nerve Strength, Yeast Should Be Ironized and Not Merely Mixed With Iron. There is Only One Ironized Yeast in the World.

Now, Mr. Man, lighten your fat and clamp your jaw. Lighter. Now still lighter. As light as you can. Notice how weak is the tightest you can get. Vitamins and iron in your body made it possible for you to do these two things. If you had still



Is He Run-Down, Exhausted? See That He Takes Ironized Yeast! more vitamins, ironized, you could lighten your fat and your jaw almost as light as a wisp. Ironized Yeast will enable you to do it, because ironized yeast combines concentrated vitamins with natural organic iron, in such strength that it gives amazing power to nerves and organs in half the usual time. It is the most powerful reconstructive in the world today for tired, exhausted men and women. It is not a mere mixture of yeast and iron, but is yeast ironized, which is a substance all by itself. Give your nerves the natural food-strength they lack. They do not need stimulation, they need natural force. Here it is, Ironized Yeast! This will give you great blood power, great nerve power, an avalanche of energy, brain clearness, stronger muscles, firmer flesh, a clearer eye and memory—and you'll smile the smile of health and power. Ironized Yeast is sold at all drug stores, as is a pack. Each package contains 28 tablets, each tablet is 1/8 of a pack. Write to Harold F. Ritchie & Co., Ltd., Toronto, Sales Agts. Try it. It will prove itself.

"Yes, Allan gave me that," she replied.

"And you wear it still?"

"Yes. I shall wear it always; it will be buried with me, papa."

"I hope he will give you another some day, Iris," said the earl. "You wrote and told him all, I suppose?"

"Yes; but I have had no answer to my letter. Of course I could not expect one. Even if he had written to me proposing a renewal of our engagement, I should probably, in the smart of my wounded pride, have rejected him again. I should have thought he had written out of pity."

"Pity!" repeated the earl. "What nonsense, my darling! You want no pity! I wonder he did not write."

Neither of them knew that Allan Osburn had set sail for India long before the letter was written. Owing to some mischance, it did not reach him; and Lady Iris believed that he was too angry ever to forgive her, and that this, the crowning act of her humiliation, had been thrown away upon him.

In her letter to him she had written these words—

"If I had known this when you asked me to be your wife, I should have answered differently."

The writing of those words had been a blow to her pride; and, now that Allan had not responded to them, she wished that she had never indited them.

Lady Iris wrote to Lady Clyffarde, who was charmed at hearing from her, and replied most lovingly to her.

"When are you coming back to Chandos?" she asked. "I have some news that will astonish you. You remember Marie Bardon, of course, and how much we all liked her? When John brought home his wife, Lady Alice, struck by Marie's fine qualities, took a wonderful fancy to her, and would have her with her at Hyde Court. You cannot imagine how it has improved her. Well, my son Fulke has fallen in love with her, and has asked her to be his wife. Of all the wonderful things that could possibly happen, this seems to be the most wonderful. I think highly of my boy's choice. From all the world I would have chosen you for him, my sweet Iris, whom I have always loved. But I felt that you would never consider Fulke good enough. He was so vain in those days, poor boy; but now he has quite lost his conceit. Marie has done him a world of good, and we are very happy."

"But, my lady," said the woman, "he may alter, he may repent, and then—"

"Hush," said Lady Hutton; "I believe it is easier to change the leopard's spots than to reform a really bad man."

"I know," said the poor mother plaintively, "one way or another my heart must break."

"You fancy so," said Lady Hutton; "one can hear much, yet live on. Hilda will be happy and well cared for. If she lives she will grow up a beautiful, accomplished lady. She will be my ward and my heiress; she will have wealth and position; she will marry well, and live honored and esteemed. Yet you would have her exchange all this for poverty and shame."

"But, my lady," said the woman, "he may alter, he may repent, and then—"

"Hush," said Lady Hutton; "I believe it is easier to change the leopard's spots than to reform a really bad man."

**The Heir of Bayneham**

**Lady Hutton's Ward.**

"I am half sorry I am," said Lady Hutton. "You will unfit yourself for your journey, Magdalen."

"I could not have left without seeing her," said the woman pleadingly. "Oh, Lady Hutton, can you not tell what it is to have your heart torn in two, as mine is. I must give up my husband or my child. He is in sorrow, in exile, and in want. She will have a home and a mother. I must go to him; he needs me most; yet death itself would be less bitter than leaving my child."

"Still," said Lady Hutton, "as you cannot have both, I think you are acting wisely. Hilda will have everything to make her happy with me."

"I know that, my lady," sobbed the woman. "I know it, or I would not leave her. I do not fear for her, but

my heart aches for my little child. I shall feel the clasp of her arms round my neck; I shall feel her warm, soft lips on my face; I shall hear her voice and listen for her footsteps. My life will be empty and dark without her."

"Choose for yourself," said Lady Hutton quietly. "If you wish to alter our arrangements, there is time to do so."

"Do not torture me, my lady," cried the poor mother. "You know I must go to him. In lives such as mine, there comes no sorrow such as mine. Can you not understand what it is to look your last, perhaps, in life upon your own child?"

A quiver, as of sharp pain, crossed the lady's calm face for one instant. "I can understand it," she replied gently; "and that is why I have brought Hilda here. Believe me, Magdalen, I shall act by her as though she were my own."

The woman made no reply. With every moment that passed her face seemed to grow whiter and her sorrow deeper; she clasped the child in her arms as though nothing but death could part them.

"My own child!" she murmured; "my own little child! I nursed her, loved her, cared for her. I would have shielded her with my life, and I am looking at her for the last time. Oh, my lady, change your plan. Say if I return I may claim her. How can I live without her? How can I die? What answer can I make the Great Judge when He asks me for my child?"

"You are only doing what you decided yourself was for the best," said Lady Hutton. "I cannot change my plans; they are founded on common sense. If for fifteen or twenty years I educate your daughter, and she becomes a refined and delicate lady, you would not surely wish to drag her down again to your level, remembering what that level is?"

"No," replied the woman, shuddering as with deadly fear, "anything rather than that."

"You are not the first," continued Lady Hutton, in her cold, passionless voice, "whose life has been wrecked at its outset; others have had the same troubles, perhaps even greater. Life is ended for you. The cloud that has fallen over it is a dark one—no light can penetrate it. Let your child live and be happy, as she never could be with you. Do you think after fifteen years spent as my daughter that it would be fair to ask her to return to such a home as yours? Would it not be cruel and unjust to be brave for her sake, Magdalen! You have yourself decided where your duty lies."

"I know," said the poor mother plaintively, "one way or another my heart must break."

"You fancy so," said Lady Hutton; "one can hear much, yet live on. Hilda will be happy and well cared for. If she lives she will grow up a beautiful, accomplished lady. She will be my ward and my heiress; she will have wealth and position; she will marry well, and live honored and esteemed. Yet you would have her exchange all this for poverty and shame."

"But, my lady," said the woman, "he may alter, he may repent, and then—"

"Hush," said Lady Hutton; "I believe it is easier to change the leopard's spots than to reform a really bad man."

"I know," said the poor mother plaintively, "one way or another my heart must break."

"You fancy so," said Lady Hutton; "one can hear much, yet live on. Hilda will be happy and well cared for. If she lives she will grow up a beautiful, accomplished lady. She will be my ward and my heiress; she will have wealth and position; she will marry well, and live honored and esteemed. Yet you would have her exchange all this for poverty and shame."

"But, my lady," said the woman, "he may alter, he may repent, and then—"

"Hush," said Lady Hutton; "I believe it is easier to change the leopard's spots than to reform a really bad man."

"I know," said the poor mother plaintively, "one way or another my heart must break."

"You fancy so," said Lady Hutton; "one can hear much, yet live on. Hilda will be happy and well cared for. If she lives she will grow up a beautiful, accomplished lady. She will be my ward and my heiress; she will have wealth and position; she will marry well, and live honored and esteemed. Yet you would have her exchange all this for poverty and shame."

"But, my lady," said the woman, "he may alter, he may repent, and then—"

"Hush," said Lady Hutton; "I believe it is easier to change the leopard's spots than to reform a really bad man."

"I know," said the poor mother plaintively, "one way or another my heart must break."

"You fancy so," said Lady Hutton; "one can hear much, yet live on. Hilda will be happy and well cared for. If she lives she will grow up a beautiful, accomplished lady. She will be my ward and my heiress; she will have wealth and position; she will marry well, and live honored and esteemed. Yet you would have her exchange all this for poverty and shame."

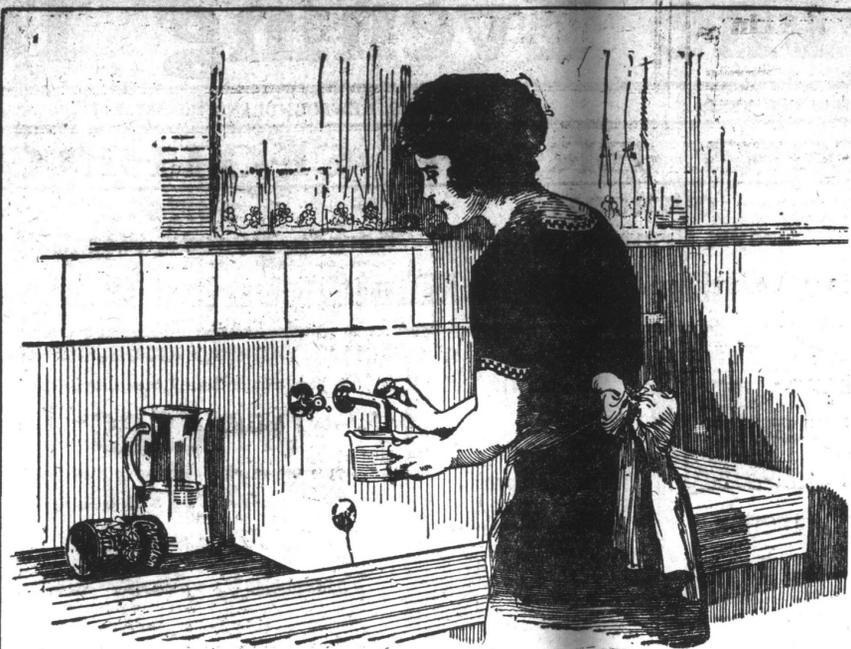
"But, my lady," said the woman, "he may alter, he may repent, and then—"

"Hush," said Lady Hutton; "I believe it is easier to change the leopard's spots than to reform a really bad man."

"I know," said the poor mother plaintively, "one way or another my heart must break."

"You fancy so," said Lady Hutton; "one can hear much, yet live on. Hilda will be happy and well cared for. If she lives she will grow up a beautiful, accomplished lady. She will be my ward and my heiress; she will have wealth and position; she will marry well, and live honored and esteemed. Yet you would have her exchange all this for poverty and shame."

"But, my lady," said the woman, "he may alter, he may repent, and then—"



**For cooking, just add water**

CARNATION MILK is much richer than whole milk because part of the water has been taken away by evaporation. For cooking, therefore, add an equal part of water to the Carnation you use and you will have milk of normal richness. If you want thinner milk, all you have to do is increase the amount of water. Use Carnation just as it comes from the container, or slightly diluted, for creaming coffee, fruits and cereals. Buy Carnation Milk regularly from your grocer. It is economical, convenient and absolutely pure. Send today for the Carnation Cook Book. Try this recipe.

**CREAM WHITE SAUCE**  
(For creaming vegetables)

2 tablespoonfuls flour, 1/3 cup Carnation Milk, 2 tablespoonfuls butter or substitute, 1/4 teaspoonful salt, 2/3 cup water. Melt butter or butter substitute, add flour and stir until thoroughly mixed. Add the milk diluted with the water and cook about five minutes or until mixture thickens, then add seasonings. This recipe makes two cups. All vegetables may be creamed. The vegetables should be cooked by either boiling or steaming. After cooking with salt, drain and add cream sauce.

CARNATION MILK PRODUCTS COMPANY, LIMITED, 1119 JOHN STREET, AYLMEER, ONT.

**Carnation Milk**  
"From Contented Cows"



The label is red and white

Made in Canada by CARNATION MILK PRODUCTS CO., LTD., AYLMEER, ONT. Condensaries at Aylmer and Springfield, Ont.

**Eating Arsenic.**

Several years ago, in the foothills of the Blue Ridge mountains of Virginia, a farmer cleared some new ground for pasture. Noticing that his cattle became sick and one of them died, he had the water from a spring in the field analyzed, and it was found to contain arsenic. The discovery resulted in the development of an arsenic mining and refining plant.

This plant, at the little town of Brinton, is the only one in the world devoted solely to the production of arsenic. Other refineries produce it as a by-product in refining silver, antimony, and other ores.

Pure arsenic is a steel-gray metallic substance, but the poison is better known in the form of an oxide, the white arsenic usually produced by the refineries. At Brinton ore is found running in small veins through a gray mica quartz formation.

When taken from the mine, it is put through a crusher and then placed in an iron tube known as a calciner. Here, for 45 minutes, it is subjected to a heat of 8000 degrees Fahrenheit. The resulting gases deposit arsenic in the form of an oxide on to "baffle" plates in a six 219 feet long. The deposit is a dirty gray powder full of impurities. It is placed in a refining furnace, and eventually the pure oxide is ground to a powder and placed in barrels with an automatic machine after which it is ready for shipment.

The arsenic has no ill effects upon the workers in the mine. On the contrary, they are said to benefit by contact with it. Though it is poisonous both in the metallic state and in most

**Seeing.**

The lenses of the eye produce on the retina an inverted image of objects looked at, and the question is often asked "Why do things appear right-side up again when their images are wrong-side up?"

It occurred to one investigator to try the effect of preventing the inversion of images on the retina. This was accomplished by means of an optical instrument that excluded from the eyes all light except that which passed through the instrument itself. The instrument was adjusted to the eyes at 3 o'clock one afternoon and was not removed (except at night when the eyes were bandaged) until noon the next day. At first, to the person whose eyes were thus treated, everything seemed topsy-turvy and illusory, and

the mind instinctively tried to imagine objects to be in the position in which they ordinarily appear. After a time, however, the feeling of the unreality of what was seen passed away, and the person experimented on even began to imagine everything that lay outside his field of vision to be arranged in the same way as what he saw. This goes to show that habit and experience counteract the effect of the inversion of images in the eyes. —Washington Star.

**Why Scotchmen Drink Whisky.**

"WILL NEVER GO DRY."

Madame Sarah Grand has discovered why Scotchmen drink whisky. It is to enable them to withstand the rigours of their climate.

The distinguished authoress of the "Heavenly Twins," who has consented to act as Mayorress of the City of Bath, expressed, in an interview, her delight that she was to be Mayorress "of the most beautiful city in the whole country," giving it the palm over Edinburgh. "Bath is a fairy city," she said, "I have lived in Edinburgh, and the winters there are very severe."

"When I first went to Scotland I could not understand why all the boardings were covered with advertisements of umbrellas. I knew before I came away. There is no fear of Scotland going dry. The drink of a country is largely regulated by its climate; so in Scotland they drink whisky—perhaps, sometimes, a little too much. Here towards the South

the popular fancy runs to light wines."

Madame Grand has fears for the future of Scotland. "They are," she said, "a very hardy race, but I am sorry to hear they are giving up oatmeal and taking to tea and bread and butter."

No other medicine will restore lost weight so quickly as BRICK'S TASTELESS.

Weight yourself the day you commence to take BRICK'S TASTELESS, then weigh yourself two weeks later and note the increase. BRICK'S TASTELESS can be purchased wholesale or retail at Messrs. T. McMurdo & Co., Geo. Knowling, Ltd., or DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, oct31,11

OVERCHARGED. Wife: "How many fish did you catch last Saturday, George?" Husband: "Six darling—all beautiful." Wife: "Thought so. That fishmonger has made a mistake again. He's charged us for eight."

**Brick's Tasteless.**

A most palatable preparation containing the active principles of the purest

**Cod Liver Oil.**

It contains all the virtue of Cod Liver Oil without the nauseous grossness, and can be taken and retained by those with the most delicate stomach. No unpleasant effects following its use.

No other medicine will restore lost weight so quickly as BRICK'S TASTELESS.

Weight yourself the day you commence to take BRICK'S TASTELESS, then weigh yourself two weeks later and note the increase. BRICK'S TASTELESS can be purchased wholesale or retail at Messrs. T. McMurdo & Co., Geo. Knowling, Ltd., or DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, oct31,11

OVERCHARGED. Wife: "How many fish did you catch last Saturday, George?" Husband: "Six darling—all beautiful." Wife: "Thought so. That fishmonger has made a mistake again. He's charged us for eight."

Weight yourself the day you commence to take BRICK'S TASTELESS, then weigh yourself two weeks later and note the increase. BRICK'S TASTELESS can be purchased wholesale or retail at Messrs. T. McMurdo & Co., Geo. Knowling, Ltd., or DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, oct31,11

OVERCHARGED. Wife: "How many fish did you catch last Saturday, George?" Husband: "Six darling—all beautiful." Wife: "Thought so. That fishmonger has made a mistake again. He's charged us for eight."

Weight yourself the day you commence to take BRICK'S TASTELESS, then weigh yourself two weeks later and note the increase. BRICK'S TASTELESS can be purchased wholesale or retail at Messrs. T. McMurdo & Co., Geo. Knowling, Ltd., or DR. F. STAFFORD & SON, Wholesale and Retail Chemists and Druggists, St. John's, oct31,11

**This Week's Fresh Supplies from England.**

**ELLIS & COY.**  
LIMITED,  
203 WATER STREET

Crystallized Cherries.  
Crystallized Ginger.  
Crystallized Pineapple.  
Crystallized Figs.  
Crystallized Apricots.  
Crystallized Strawberries.  
Crystallized Green Apples.  
Crystallized  
Pink and White Peas.  
Crystallized-Violet Leaves.  
Crystallized Roses.  
Crystallized Carnations.  
Glaze Cherries.  
Glaze Assorted Fruits.

The delicious  
Red, White and Blue  
Coffee.

New Almond Paste.  
Fresh Ground Almonds.  
Fresh Blanched Almonds.  
Pistachio Kernels.  
Angelica.  
Gelatine.  
Pink and White Sheet  
Patent Isinglass.  
Assorted Essences.  
Desiccated Coconut.  
New Citron Peel.  
Orange and Lemon Peel.  
B. and P. Corn Flour.  
B. and P. Paisley Flour.  
Fruit Salad.  
Blackberry Jelly.  
Apple Jelly.  
Red Currant Jelly.  
Cherry Jam.  
English Jelly Crystals.

**Smokeless Fuel!**

COKE is an excellent substitute for Anthracite Coal, and the best smokeless fuel for domestic or industrial use. Its clean, efficient and economical price, sent home, \$20.00 per ton of 2240 lbs. A 75 lbs. sack of coke may be purchased at the Coke Works for seventy cents. We advise early booking of orders, because our production is limited.

**ST. JOHN'S GAS LIGHT COMPANY.**

**REX LYE**

For soap-making, softening water, cleaning sinks, drains, etc.

For Engineers as boiler cleaning, for every purpose which Lye is used.

**ASK YOUR JOBBING FOR IT.**

Window and Carpet Cleaning—All work satisfactory and guaranteed. Phone 1023. J. J. CLARKE, may18,11

**MINARD'S LINIMENT**

VETERINARIAN