

## A Job Lot.

**54**  
White  
and  
Coloured  
Quilts.  
Values  
from  
**\$1.00**  
to  
**\$4.00**  
now  
**70cts.**  
to  
**\$2.80.**

## Sleep in Comfort and Warmth!

this winter and many winters to come under a pair of our **BLANKETS** or **QUILTS**. Prices to-day are lower than they will be for a long time to come, owing to enormous contracts being placed by the British Government. We have been fortunate in placing our orders before advances took place.

But come—see for yourself the excellence of the values we are showing.

**White Wool Blankets** - - - \$2.40, \$3.00, \$3.60, \$4.50, \$5.00, \$5.50, \$6.00, \$6.50, \$8.00, \$10.00, \$12.00.

**Wadded Quilts** - - - \$1.40, \$1.70, \$2.20, \$3.40, \$4.50, \$5.00.

**Eiderdown Quilts** - - - \$5.50, \$7.50, \$8.00, \$9.50, \$10.50, \$12.00, \$15.50, \$21.00.

**Eiderdown Crib Quilts** - - 30 x 40 sizes, at \$2.90.

*Marshall Bros*

## The Human Engine.

By RUTH CAMERON.



chiropractor, I have no doubt, at two hundred to the inch.

From "Joseph Vance."  
"The Human Engine works best at high pressures."—I wonder how many people fully believe that, and believing it, put it into practice. You hear of so many people with a real or suspected knock for doing something well, who, you are assured, would amount to something, if they would only "apply themselves."

In other words,—work at high pressure.  
To be the possessor of an engine and to run it at half or less capacity all the time is surely a loss in efficiency. To run it at half or less capacity when something calls for high pressure, is absolute folly.

Yet how many people do that very thing with their engine—the Human Engine?

The other day I watched a dozen little girls in an obstacle race. They were all about the same size; to look at them one could hardly have picked a winner. But there was one little girl with a freckled face and an intense manner that attracted my special attention.

The minute the race started she threw herself into it with absolute abandon. She was absolutely obli-

ous of her surroundings—and that included quite a little crowd of her elders. The other contestants were self-conscious and wavering in their movements. The intense, freckled faced little girl romped away with the race—because she was working at high pressure from the moment she started.

In college I knew a girl who was very much smaller than the rest of the class. She looked like a bit of a grammar school girl who had crept into the classrooms when no one was looking. I remember her not so much for her size, as for the intensity with which she threw herself into everything she did. She was truly a "Human engine working at the high pressures." And she was not only the prize scholar, but, in spite of her size, the prize athlete of her class.

In football, they have a phrase, "Hit the line low and hard." Not with half steam up—but with every inch of pressure available.

"The Human engine works best at highest pressure?" And in the "Human engine" the highest pressures are obtained only when you summon all the heart, the brains and the enthusiasm you have. It means going for the mark as the little girl went for the goal in the obstacle race; it means hurrying yourself ahead, full steam, as the football player hurries himself at the line.

It means doing whatever you have in mind, not half heartedly, but whole heartedly. With full, not half steam up.

Whether you are planning to apply for a position, run for office, propose to the only girl in the world or cook a first class dinner, remember this:

"The Human engine works best at high pressures."

## MOVING APPEAL

MADE BY BRITISH EDITOR FOR MEN.

London, September 30.—Arthur Mee, the well-known Cardiff editor and journalist, has just written the greatest appeal yet made to the men of England to take up arms for their country. He declares that England is facing possible annihilation and that unless its citizens put forth every effort they can, that they may become subjects of the Kaiser. His article follows:

"England is fighting for the right to be a free nation. She is fighting not only for France and Belgium, but for our own homes."

"This war is a hundred times more important than the Boer War. It means life and death for us. We are fighting to keep our world, but we are fighting also to keep our homes. We are fighting with France and Belgium, to keep the Germans out of England."

"But the German army presses on, and your home, your country, these quiet streets, are in peril. You must help England now, if you want to save her. If the Germans win you will be a subject of the Kaiser. You will no longer be a free citizen; you

will be a Prussian slave, ruled with an iron rod by officers from Potsdam.

"There is no doubt about it and it is possible. It is possible that unless you strike a blow now, the last days of our free nation may be upon us. It is possible that the German army may defeat the allies. It is possible that the British fleet may be beaten, and that the German troops will land in England."

"If Germany should beat us you will be a colonist of Prussia. Your children will be taught German and compelled to speak it; your boys will be German conscripts. You will be taxed to keep up the German army, which will keep you down. You will lose all that England has given you—your free speech, your vote, your free newspapers, your right to organize."

"Germany is not a democratic country. In England the people own the Government, in Germany the Government owns the people. The British idea is that the will of the people must prevail; the German idea is that the will of the people must agree with the will of the Emperor."

"In England the army is the servant of the nation; in Germany the military class overrides the people. In England the King rules through the ministers; in Germany the Emperor rules without them."

"There is no secret about the German Emperor's intentions. He means to conquer England and France. He is throwing away masses of troops to stagger the Allies to defeat by force of numbers, and is terrifying the civil population by cruelties too horrible to believe."

"He could have stopped the war by a word; he could even now stop the shooting down of innocent populations and the destruction of beautiful buildings and works of art."

"But he does not because he dare not. It is his way of winning and he must win at any cost if he is to save his throne. He has staked his crown on the defeat of England. In order that he may strip us of our trade and our Empire and be master of all Europe."

"The Germans are almost at our gates. The gallant Belgians and French are keeping them back until more British troops arrive in France. Our little army is doing its best, but the dauntless spirit of our thousands cannot hold out forever against Germany's millions. Soon they must be at our doors."

"Then, if the German army should come, your freedom, your home, perhaps your life will go. Nothing will matter to you then. These streets will be filled with German troops; perhaps your house will be burned down; but those things will be nothing. What will matter is that all your life you will be under the heel of the German army; you will lose even the right to put a poster like this on your walls unless it has been passed by a German officer. That will be the end of England."

"Men—will you let England go down? She has done something for you. She has given you freedom and sheltered you while tyrants trampled

on your walls unless it has been passed by a German officer. That will be the end of England."

"Men—will you let England go down? She has done something for you. She has given you freedom and sheltered you while tyrants trampled

on other lands. She has given you peaceful years and your children opportunities. She has made you prouder than a Roman."

"Will you help her now. England is in the gravest peril she has ever known, and 1,000,000 men can save her. Our little army is fighting against great odds while you stand here. Will you stand and see it beaten?"

"Give yourselves for Home Defence or Foreign Service. Your family will be cared for and you will be free after the war. Apply to the Post Office."

## 'Cascarets' Always Straighten You Up

If Costive, Headachy, Bilious, Stomach Sour, Breath Bad—Clean your Liver and Bowels.

Get a 10-cent box now.

You men and women who can't get feeling right—who have headache, coated tongue, foul taste and foul breath, dizziness, can't sleep, are are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have backache and feel worn out.

Are you keeping your bowels clean with Cascarets, or merely forcing a passage every few days with salts, cathartic pills or castor oil?

Cascarets work while you sleep, cleanse the stomach, remove the sour, undigested, fermenting food and the foul gases; take the excess bile from the liver and carry out of the system all the constipated waste matter and poison in the bowels.

A Cascaret to-night will straighten you out by morning—a 10-cent box from any drug store will keep your stomach sweet; liver and bowels regular, and head clear for months. Don't forget the children. They love Cascarets because they taste good—never gripe or sicken.

## Household Notes

It helps in the kitchen to use zinc on the working table.

For layer cakes the oven should be hotter than for loaf cakes.

A bit of alum will keep starch fresh for use for several days.

A few drops of eucalyptus oil will remove obstinate grease spots.

To clean mirrors, dip a bit of soft cloth into alcohol and rub lightly.

Great care should always be taken to wash new flannels thoroughly.

Buttermilk is excellent for removing tan, freckles and sunburn. Mix cream cheese with chili sauce and serve on lettuce salad for a relish.

If a faucet is clogged, give it an overnight soaking in a cup of vinegar.

See that bread pans are well greased before putting the loaves into them.

Flowers with a heavy fragrance should never be permitted in a sick room.

Alcohol softens most fruit stains, especially if it is warmed over hot water.

Salad vegetables are as important in the winter as in the summer diet.

Beautiful old buttons can be delightfully set for hatpins or other trinkets.

Sweeping can be made much easier if you have painted floors, with small rugs.

## Duke of Westminster.

Distinguished Himself on the Battlefield.

London, Sept. 3.—The Duke of Westminster has distinguished himself on the battlefield. He was in a company with Captain Grenfell and Lieutenant Percy Wyndham, son of Countess Grosvenor, during a hot engagement when Grenfell was wounded. At great personal risk, amid a galling fire, the Duke rushed through the battle zone and carried Grenfell to safety.

**PRISONERS OF WAR.**

York Castle, England, which is being used as a place of detention for prisoners of war, is one of the finest of the British nation's old buildings. It is well situated for its present purpose, being between the rivers Foss and Ouse. Its walls enclose no fewer than four acres, with space to contain 40,000 prisoners. The castle dates back certainly from Roman times; possibly from the days of the ancient Britons.

Clifford's Tower, the chief of the existing buildings, was reduced almost to a shell by fire in 1648, but was surrounded by a strong projecting wall, erected in 1836. This tower was the scene of a massacre of Jews in the reign of Richard I., the number put to death being chronicled as 200. The Yorkshire Assizes are held in an outbuilding which dates back to 1777, and the prison, which is not yet a century old, is also within the castle space.

## Has Bed in War Office.

A. Munro Grier, K.C., arrived in Toronto recently from England. He was in London when war was declared and he tells a story that Lord Kitchener sleeps in the "war office. He said that when Kitchener received his recent appointment, the first thing he asked if there was a bed in the office. On being told that there was not, he immediately sent out for one. He said the crowds in London behaved themselves in an admirable manner."

## Indiscreet: Not He; Here's Proof Of It.

Paris, October 2.—The strictness of the censorship may be judged from an article in the *Revue de Paris* which begins:

"There is no danger of my being indiscreet. I know no more than anybody. But I believe that without saying too much I can say—"

Then follow six lines of blankness. The censor evidently had the last word.

## Clears The Head, Opens The Nostrils Stops Sneezing, Cures Catarrh.

You Get Instant Relief by Inhaling the Soothing Vapor "Catarrhazone."

Catarrh is bound to come with this weather. Slight colds become more offensive and sickening every day. The inflammation extends further into the head. Soon the ears begin to buzz and ring. The head aches, the eyes pain dreadfully, the nose gets plugged up and this forces the patient to breathe through the mouth. Vile filthy secretions are forced back into the throat, requiring a great deal of coughing to keep the air passages free. Finally, this foul matter finds its way into the stomach, causing dyspepsia and general ill-health. By this time the patient has SYSTEMATIC CATARRH, which saps strength, depletes the vital energies, till consumption is the unhappy result.

TWO MONTHS' TREATMENT GUARANTEED TO CURE. PRICE \$1.00; small size 50c; trial size 25c. Sold by dealers everywhere.

## England's Reply.

England, that claimed us in the hour of birth—  
Endowed with heritage of fame,  
Now, at this need, we go to prove our worth.  
To die for honor of thy name.

By long grey seas each link of Empire locked,  
An endless chain fast binds the free  
And service to a God Who is not mocked  
Has earned the right of liberty.

We fight for sacred things; we sow the soil  
For harvest of our blood and tears;  
Our children yet shall reap the fruit of toil  
Where Death, the ploughman, silent steers.

Not slow to rivalry, nor quick to boast,  
We gave our hands in brotherhood;  
Now—you that held the hand of friendship out,  
Smiling, black-hearted—take the sword!

With peace at heart and Truth upon our lips,  
More willing friend, most mighty foe,  
Our faith in God, our soldiers, and our ships,  
We stand for Home: await the blow.  
W. M. FISH.

Of Europe's self-proclaimed lord:  
Now—you that held the hand of friendship out,  
Smiling, black-hearted—take the sword!

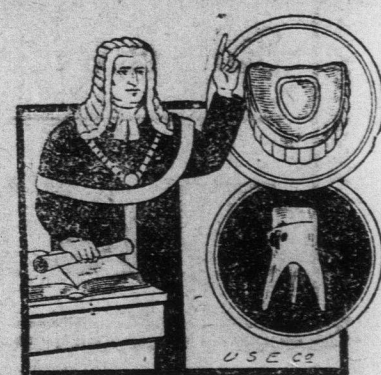
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## Have You an Itchy Spot?

Somewhere on your body? If so, attend to it at once. In Eczema—and itchy spots, whether dry and scurfy, or moist and inclined to "weep," are generally accompanied—delays are foolish, allowing the disease to spread and affect more of the good skin. Your best chance for a cure is to use Zylex, which will give almost instant relief, and if used in the earlier stages of the trouble will almost certainly bring a cure, and in any event will greatly ameliorate the trouble. Ask your druggist about it. Price 50c. a box. Zylex Soap, 25c. a cake.

**ZYLEX, London.**  
Brown homespun linen makes cheap and excellent kitchen towels. Fold as they are taken from the line.

Always keep a birdcage spotlessly clean, scalding cup, perches and floor at least three times a week.



## Scientific Dentistry!

It is impossible to obtain better fitting or more natural looking **TEETH** than can be obtained here.

Teeth extracted free of pain by our famous Anaesthetic . . . . . 25c.

Best Artificial Plates . . . \$12.00  
Crown and Bridge Work and Filling at reasonable prices.

Remember Our New Anaesthetic is used solely and exclusively at our offices in the U.S.A., Canada and Newfoundland.

## Maritime Dental Parlors,

176 WATER ST.—176.  
(Opp. Mark Chaplin's.)  
JUN 23, 30, 31, 1, 2, 3, 4, 5

## All New Stock.

100 tubs P. E. I. BUTTER.

50 boxes P. E. I. BUTTER

50 boxes TWIN CHEESE

50 sides IRISH BACON.

50 IRISH HAMS.

2 tcs. PIGS' HEADS.

100 boxes CALIFORNIA RAISINS, 3 Crown.

100 boxes CALIFORNIA RAISINS, Seeded; 1 lb. packets.

100 cases CURRANTS, loose & packets.

J. D. RYAN,

281 Water Street.

oct 31, tu, th, s

Anglo-American

Telegraph Company, Limited.

Deferred Service now available to United Kingdom, France, Switzerland, Italy, Holland and all countries accepting deferred telegrams which are reached by Eastern Direct Spanish and Great Northern Companies lines.

Messages are handled by telegraph throughout.

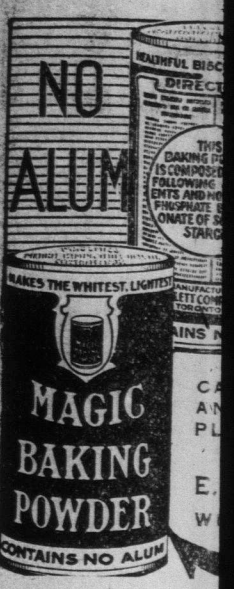
R. C. SMITH,

General Superintendent.

oct 31, tu, th, s

WINARD'S LUMBER - LUMBER

MADE IN CANADA



"Locked out!"

blankly.

"Yes, I had forgotten the fact that they lock the keys and bolts," answered, helplessly.

"We'll have to wait until we see no other way."

"We can't do that," answered weakly. "As you hear the end of it, some other way."

"My room is on the I could find a ladder in, and then come down door for you," suggested.

"And more than that shot for a burglar, if person should become see you doing it," smiled listen. My room is on I'm sure my window reconnoitre. Maybe in there without cause, and then let me door."

Challoner offered the suggestion, although flashed upon him that any chance be seen of Marian's room, suggestions would possibly be unconvincing. How nothing else to do and Marian, to whom the observation had not yet leading him around to Inn on which her room.

"You see," she whispered, "the window is a think you can get in, anxiously."

Challoner cast a swift to the right, then to the no lights in any of the stepped to the secret silently. He planted his ly on the window-sill, dexterously, and snatched

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