

Good, Homemade Bread—Made of "Beaver Flour"



Light, flaky biscuits made of "Beaver" Flour—these are real foods for growing children. "Beaver" Flour is a blended flour. That is, it is made of exact proportions of nutritious, delicately flavored Ontario wheat and a little of the stronger Western wheat.

"Beaver" Flour is both a bread flour and a pastry flour—and makes the real nutty flavored home-made bread and delicious pastry such as cannot be made with any purely Western wheat flour.

DEALERS—Write us for prices on Feed, Course Grains and Cereals.

The T. H. Taylor Co., Limited, Chatham, Ont. 144

R. G. Ash & Co., St. John's, Sole Agents in Newfoundland, will be pleased to quote prices

Beautiful Cynthia;

OR

Victory After Many Defeats.

CHAPTER VII. AFTER THREE YEARS.

Cynthia ran down the stairs and across the hall and into the drawing-room, where Lady Westlake was waiting for her. For it was a rule that Cynthia should never go out without passing under the old lady's inspection.

Cynthia stood before the Griffin, and the keen, hawk-like eyes passed slowly up and down her.

Her ladyship had had one or two attacks of the gout, the aristocratic family complaint, and she moved about with a little difficulty and by the aid of an ebony stick with a crutch handle of gold.

"Turn round," she said, waving the stick. "Yes, you'll do; though that jacket is a trifle short in the waist."

"Is it?" responded Cynthia carelessly. "I suppose I've grown."

"Pull your hat a little more forward on your forehead," said her ladyship sharply; "and, when you mount, keep the horse standing for a minute, so that I can see whether you are sitting upright or not. I hate girls to lounge and flop in the saddle, like a sack of flour; and always remember to keep your chin in; if you keep your chin in you'll sit up straight of your own accord. And keep that foolish horse of yours in hand, please. I won't have you galloping around the Row like some of the bounders I see there. Jackson tells me that you were stopped by a policeman the other day." Jackson was the groom who was holding the horses outside.

"Jackson ought not to tell tales," said Cynthia, coloring.

The Griffin showed her teeth. "He didn't; I got it out of him," she re-

ported. "I know everything that goes on; so please understand that you can't play any tricks without my knowing it, young lady."

"I don't want to play any tricks," said Cynthia, with a laugh. "Polly did happen to bolt and get out of hand for a minute, and the policeman stopped us; but he was a very nice policeman, and was quite pleasant and friendly."

The Griffin snarled at her. "You have a foolish and ill-bred habit of being familiar with you inferiors," she said. "Get rid of it; it's bad form. Keep people in their places. I hear you speaking to Parsons sometimes as if she were your equal, not to say your friend; you seem to forget that the girl is a common servant."

"Oh, no," said Cynthia, with a smile. "Parsons is anything but common, and I am very fond of her, Aunt Gwen; and it would be very strange if I weren't seeing how good she is to me."

"Bah!" exclaimed the Griffin. "She puts it on and takes you in, you little fool. There! You're keeping the horses waiting. Go!"

She hobbled to the window, watched Cynthia mount, and gazed at the girl as she sat bolt upright in the saddle, with her bright and beautiful young face turned with a half-defiant smile toward the window.

The old lady's eyes rested on her with a curious expression; she waved her stick, and Cynthia started the fidgeting and fretting horse. Lady Westlake watched her out of sight, and the withered and maliciously curved lips moved inaudibly. Ambition never dies in some hearts, and the old woman was forming ambitious

MOST SICKNES COMES FROM WEAK, INACTIVE KIDNEYS

Recent Reports Show Hundreds Suffer With Kidney Troubles and Don't Know It.

There are scores of nervous, tired, run-down people throughout the city, suffering with pains in the back and sides, dizzy spells, weaknesses of the bladder, (frequently causing annoyance at night) who fail to realize the seriousness of their troubles until such conditions as chronic rheumatism, bladder troubles, dropsy, diabetes or even Bright's disease result.

All this is due to weak, inactive kidneys. The kidneys are the filters of the blood, and no one can be well and healthy unless the kidneys work properly. It is even more important than that the bowels move regularly.

If you suffer with such symptoms don't neglect yourself another day and run the risk of serious complications. Secure an original package of the new discovery, Croxone, which costs but

a trifle, and commence its use at once. When you have taken a few doses, you will be surprised how differently you will feel.

Croxone cures the worst cases of kidney, bladder trouble, and rheumatism, because it removes the cause. It cleans out the kidneys, and makes them filter out all the poisonous waste matter and uric acid, that lodge in the joints and muscles, causing rheumatism; soothes and heals the bladder and quickly relieves you of all your misery.

You will find Croxone different from all other remedies. There is nothing else on earth like it. It matters not how old you are or how long you have suffered, it is so prepared that it is practically impossible to take it into the human system without results. You can secure an original package of Croxone from any first class druggist. All druggists are authorized to personally return the purchase price if it fails to give the desired results the very first time you use it.

plans for this girl she had adopted. She knew, and inwardly gloated over, every point of Cynthia's beauty; she was keen enough to know that, in addition to physical loveliness, Cynthia possessed a charm which most men would find irresistible.

Notwithstanding the atmosphere of worldliness which Cynthia was now breathing, she was up to the present untainted, unspiced by it; her simple nature, fostered in the sleepy village of Summerleigh and cherished by her father in the little cottage on the hill, had served to protect her against the enervating and deteriorating influences of her present mode of life, and the people with whom she came in daily contact.

Whatever she might become in the future, Cynthia was as yet a fresh and sweet-hearted girl, incapable of guile, and as open and frank as she had been when she looked on at the fight between Darrel Frayne and Sampson Burrige on the hillside at Summerleigh.

She turned into the Park, followed by Jackson, whose well-trained, impassive countenance displayed no sign of the fact that he was conscious and proud of the admiring glances that were cast at his young mistress, who was too fully occupied in controlling Polly to notice the attention which she attracted.

There were a number of persons in the Row, and here again eyes were turned upon the girl with curiosity and admiration; sometimes she met an acquaintance or a friend of the family, but Lady Westlake did not like her to stop and talk, so she had to be content with her quick little nod and her bright smile.

It was a glorious morning, the trees were in their vernal beauty, the flower beds were glowing with tulips; Cynthia looked about her, enjoying the brightness, the sunshine, the gaiety of the scene, with all a young girl's zest, when suddenly her eye fell upon a young man who was coming along the walk toward her.

He was worthy of notice, for he carried his remarkably good-looking and graceful light tweed suit with that grace and ease which is the special property of youth; one hand was in his pocket, the other swung a stick in a light-hearted kind of way; he was smoking a cigarette and looking about him with the alert and yet serene air of a young fellow who has just come into the inheritance of the whole earth.

Cynthia glanced at him at first with an unconscious sympathy. For was she not young, and was not the earth hers also? But in a moment or two her interest quickened and concentrated; the color rose to her face, involuntarily she checked Polly, rode her close to the rail, and awaited the approach of the Adonis.

Her heart beat fast with expectancy as he came up to her; for his part, he turned his serene gaze on her, it swiftly changed to one of admiration, but to her innate disappointment and mortification he passed on.

She bit her lip, swung Polly round, and called softly and a little tremulously: "Dar—Mr. Frayne!"

He turned quickly, stared at her, and, now as crimson as herself, raised his hat and hurried to her side.

"Why! It's Cynthia! Yes, it is Cynthia!" he exclaimed, with amazement, and so obvious a delight that he brought the smile flashing into Cynthia's eyes.

She held out her hand and he gripped it, not in the fashionable way, but with a grip she remembered of old, when he was dragging her through the stream or showing her how to throw a fly.

The grip seemed to go straight to her heart and made it beat in a tumult; it told her how glad she was to see him.

"You didn't know me," she said reproachfully.

"Good heavens, no!" he retorted. "How should I? Why, you've changed—oh, you've changed in the most marvellous way. I can scarcely believe it's you." His eyes ran over her with unabated surprise and as unabated an admiration.

"You haven't changed a bit," she said; "you've only grown older."

He laughed, slipped under the rail, and stood stroking her horse, his face turned up to her with an eager light in his eyes.

"I suppose you've forgotten me," he

Twitching of the Nerves

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Mrs. John McKellar.

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"forgotten our old times together? What jolly times they were! I've often thought of them."

"No, I've not forgotten," said Cynthia quietly. "Have you been at the Court lately? You were not there when I went to Summerleigh."

"I know," he said regretfully. "I was awfully mad at missing you. No, I've not been down lately. I've been at Sandhurst. I've got my commission," he said, with a dash of color and a touch of pride. "You are living in London, Cynthia? But I suppose I mustn't call you that now; it must be 'Miss Drayle'?"

Cynthia laughed and blushed prettily. "Why shouldn't you?" she said. "We are old friends—playmates. Yes; I'm living with my aunt, Lady Westlake."

"I know her; I mean, I know of her," he said eagerly. "I may call, mayn't I, Cynthia? I'm in the South Surrey Regiment—splendid regiment!—we are near town, and I can get plenty of leave at present. Oh, I hope I shall see a great deal of you! I say, you—you have changed, you know!" The implied compliment was so obvious that Cynthia blushed again. "You're an awful swell, and—and I wonder whether you'd mind if I said that you've grown prettier than ever? You were nice-looking as a kid, but now you are simply stunning!"

With her face crimson now, Cynthia laughed and inquired: "Do you say that to every girl you meet?"

"No, by George!" he protested earnestly; "I don't often have the excuse. And it's like my cheek to say it now," he added rather shyly; "but we're old friends, pals, aren't we, Cynthia? I say, do you think I might call this afternoon?"

(To be Continued.)

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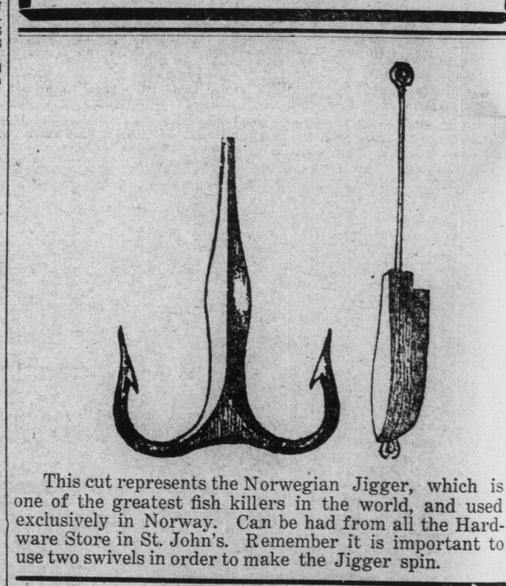
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