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MARCH 25, 1904.

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"Greylock"—There is ne as good that we d of—black and all stitchings, 3 dome pair guaranteed, spe-

Black and colors in

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Coyle West.

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for sale at \$650.00 l Building Lots in you no paved streets, foot frontage. If at once at SMITH ag St.

Cures Diphthers

very pair guarantee

Peerless"—A fine gen in black and all fash

\$1,25

Handkerchief Bargain 'f.ne sheer pure Irish hiefs, with narrow ers, good value, regu-15c each, Saturday

Ginghams, — Fine range of checks, nd plain colors, all orth 121-2c a yard,

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Mixed T:Sfor forty years

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THE CHATHAM GAS CO Limited. King St. 'Phone SI

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MR. E.B. ARTHUR, Organist and

Choir Director of First Presbyterian

Church, has opened classes for

Organ, Plano and Theory.

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READ OFFICE, TURONTU.

Branches and agents at all principal points in Canada, U. S. and Great Britain. Drafts issued and notes dissounted. Savings Bank Department deposits (which may be withdrawn without delay) received and interest Howed therron at the highest cur-

G. P. SCHOLFIELD, Manager Chatham Branch.

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and shell bake bread like

that mother used to make.

For rolls and biscuits-

that require to be baked

quickly there's nothing like

For terms apply at residence, 31

The Chatham Loan and Savings' Go

CAPITAL, \$1,000,000. Money to Lend on Mortages. Apply personally and secure best rates and ow expenses. Deposits of \$1 and up wards received and interest allowed.

Debentures usued for tares, four or five years with interest. Coupons payable half yearly. Executors and Trustees authorized by Act of Parliament to invest Trust Fundanthe Debentures of this Company.

S. F. GARDINER.

Chatham, November 30, 1903.

Glenn & Co.,

WILLIAM ST.,

import direct the finest Ceylon, Assan and China Tea, Black Gunpowder and Young Hyson, Best English Breakfas Tea, 35c. 40c. and

Keep Minard's Liniment 'n the

THE STOUT WOMAN,

Two Things She Should Not Do if She

Every one is afraid of growing fat nowadays. No system of weight reducing seems too troublesome for the overplump, no corset arrangement too elaborate or expensive. It seems to me, however, that the "don'ts" are in danger of being neglected for the "dos," and really the "don'ts" are of rather

more importance.

Don't lie in bed late of a morning is an indispensable one. I know a girl who almost starves herself for slimness and stays in bed till nearly lunch time, feeling dull and bored and anxious to pass the time away rapidly because she does not take any breakfast. She wonders that her abstinence is not more effective, but I only wonder that she is not putting on weight still faster than she does. "Early to rise" and not too early to bed should be the fat woman's

Another "don't" of considerable im-portance is "Don't sit too much." Constant sitting encourages a peculiarly ungraceful form of stoutness and destroys the carriage as well. Any indoor work that can be done in a standing position should be done so, and walking should be substituted for driving whenever possible. Stout people often suffer from tender and tired feet. It may be useful to note if constant walking and standing develop this trouble that the nightly use of very hot water followed by dryness and rubbing with alcohol will take away all tiredness and swelling most effectively.

Th edifference between two pret-ty girls is often a nice distinction.

THE MAN IN ARMOR

Was no match for the microbe. Giants he might slay but this microscopic organism defied him, and in manya campaign more men were destroyed by camp diseases than by the enemy's sword.

The one way to arm against microbic disease is to keep the blood pure. Impure blood both breeds and feeds disease.

The signs of impure blood are easy to read. Pimples, boils and eruptions generally proclaim the blood to be impure. Scrofulous

generally proclaim the blood to be impure. Scrofulous acores and swellings, salt-rheum, eczema, etc., are other signs of a corrupt condition of the blood.

Doctor Pierce's Golden Medical Discovery purifies the blood and cures diseases caused by the blood simpurity. It cures scrofulous sores, boils, pimples, eczema and other defiling and disfiguring diseases.

"It gives me great pleasure to express my faith in the virtue of Dr. Pierce's Golden Medical Discovery," writes Mr. Ezckiel Floro, of Graytown, Ottawa Co., Ohio. "I suffered everything for two years with humor on my face, which baffied the skill of some of the most noted physicians. Was at once advised to go to the hospital: was doctored there for three months without success. Came home discouraged. Then began to doctor with a 'chemist.' He also falled to help me. Then I Degan Dr. He also falled to help me. Then I Degan Dr. He also falled to help me. Then I Degan Dr. He also falled to help me. Then I Degan Dr. He also falled to help me and the country of the book in paper covers, or costamps for the book in paper covers, or 50 stamps for the cloth-bound volume. Address Dr. R. V. Pierce, Buffalo, N. V.

Minard's Liniment Relieves Neuralgia.

WOMEN DOCTORS.

There Are About Six Thousand of Them Practicing In This Country. Dislikes Corpulency.

It will surprise many readers to be old, on the authority of Dr. Katherine G. Townsend, writing in Everybody's Magazine, that the average number of medical women graduates each year is about 900, and it is estimated that there are nearly 6,000 women physicians practicing in this country.

Years ago a medical woman had a hard time to make ends meet with the proceeds of her labor. At this period each large city will show the names of several who are earning five, ten, fif-teen and twenty thousand dollars an-Fifty-five years ago this country had not one woman physician. Colleges would not graduate them, men abomi-

nated them and women had a contempt for them. Elizabeth Blackwell was the first woman to gain a diploma from a medical college. She was graduated from Hobart college, Geneva, N. Y., in 1849, but it was not until she had applied to twelve colleges that the "sacred" por-tals were opened to her. Her sister, Emily Blackwell, had similar difficulty in entering a medical college. She finally graduated, however, and these two sisters settled in New York and founded a dispensary which developed into the present New York Infirmary

For Women and Children, with its house staff of eighteen physicians, all

One's Clothes and One's Work Wherever a marked personal care is exhibited for the cleanliness of the person and for neatness in dress there is also almost always found extra care fulness as regards the finish of work done. Work people whose personal habits are slovenly produce slovenly work; those who are careful of their own appearance are equally careful of the look of the work they turn out. And probably what is true of the work-room is equally true of the region behind the counter. Is it not the fact that the smart saleswoman is usually rather particular about her dress, is averse to wearing dingy collars, frayed cuffs and faded ties? The truth of the matter seems to be that extra care as regards personal habits and general appearance is as a rule indicative of a certain alertness of mind which shows itself antagonistic to slovenliness of all kinds.—London Drapers' Record.

The Trained Nurse.

The age limit as applied to the pro-The age limit as applied to the profession of nursing is causing more or less discussion. It is estimated that the trained nurse begins her remunerative career at twenty-seven. If she is to be considered "too old at forty" she must win a competency for herself in thirteen years. It is a well known fact that many women at this "age limit" still possess all the physical qualifications that were theirs when they first finished their studies, with the added value of ripe experience. On the other hand, if the "age limit" is to go into effect it behooves the aspirant to honors in this profession to ponder well the financial pros and cons before entering it.

For Stock Collars.

A dainty device for keeping the twentieth century girl's white stocks and starched collars immaculate when not encircling her fair throat is made of a round basket. Line with silk of delicate hue, with an interlining of wadding, sprinkled with sachet powder. A circular piece of pasteboard covered and wadded serves for a lid and also, a a convenient resting place for the inney pins worn at the front and back of stock collars.

A MANTEL SCHEME.

A Cordial Invitation to Every Sick and Ailing Working Girl.

A COTAIN INVICATION to EVERY SICK-RING ARRING WORKING UNITS.

is to these girls that Mrs. Pinkham holds out a helping hand and extends a cordual invitation to correspond with her. Her long record of success in treating woman's ills-makes her letters of advice of untold value to every alling working girl, and from her wide experience and skill she quickly points the way to health. Her advice is free, and all letters are held by her in the strictest confidence. Address, Mrs. Pinkham, Lynn, Mass. Don't put off writing her until your health is wrecked.

Girls who work are particularly susceptible to female ills, especially when obliged to stand on their feet from morning until night. Day in and dayout, month in and month out, the year through, the working girl toils; she is often the bread winner of the family, and must work that others may live; whether she is sick or well, whether it rains or shines, whether it is warm or cold she must get to her place of employment and perform the duties exacted from her.

from her.

Among this class the symptoms of female diseases are early manifest by weak and aching backs, pain in the lower limbs and lower periof the stormach; in consequence of frequent werting of the feet monthly periods become painful and irregular, and frequently there are faint and dizzy spells, with loss of appetite, until life is a burden and it is hard work to drag about. Il these symptoms point to a derangement of the female organism, and if taken in time can easily and permanently cured.

Wise is the woman who has faith in

VEGETABLE COMPOUND.

Lydia E. Pinkham's Vegetable Compound

Grateful Words from Working Girls Who Have Been Helped.

"I wish to thank you for the wonderful cure you have discovered for suffering girls. I am a working girl and do not believe there is a girl of my age in the country who has suffered more than I have with female discovers.

"Although ever so many physicians with their various remedies were tried, nothing seemed to relieve me of the terrible pains, and it seemed as ugh there was no help for me, until I was Craft's land over the working to day if I had path there was no help for me, until I was Craft's condense.

"I will never be without going to a doctor. One bottle gave me great relief, and now I am a different girl altigether. "I will never be without Laylia E. Pinkham's Vegetable Compound, as I know I would not be working to-day if I had not trivial and Concerv Co., 753 Mass. Ave., Indianapolis, Ind.

Wise is the woman who has faith in

Showing Novel Use of a Mirror and Pretty Rail Effect

Compound.

"It worked like magic, for I had scarcely finished the second bottle when a great change was noticed in my whole general health, and in the three months time I felt like a new person."—Miss M. E. Paulson, 914 William VEGETABLE C.

The illustration given herewith shows a pretty mantel scheme in which was skillfully utilized a discarded gilt framed mirror that had for a long time been discarded and consigned to oblivion as inartistic.

Stripped of its hideous gilt frame, it was reframed in plain ivory enameled wood and fixed in an upright position at one end of the mantelpiece, surmounted by a pottery rail slightly



ARTISTIC MANTEL SCHEME.

larger than the frame. Another pot-tery rail, fixed about half the height of the mirror, runs to the other end of the mantelpiece. This, as well as the rail over the mirror, is enameled ivory color. A gathered curtain of soft g silk comes from under the rail, and the mantelpiece draperies repeat the green in some artistic woolen fabric.

Winter seems to have the spring halt-wish it would have the glanders some other thing that would take off soon.

Let us be thankful that the mil-liners decided spring hats should be trimmed with fruit rather than with

ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills

> Must Bear Signature of BreutGood

See Pac-Simile Wrapper Below

ery small and as easy CARTER'S FOR HEADACHE.
FOR DIZINESS.
FOR BILLIOUSNESS.
FOR TORPID LIVER.
FOR CONSTIPATION
FOR SALLOW SKIN.
FOR THE COMPLEXION

Pico Purely Vegetable. GURE SICK HEADACHE.

Minard's Liniment Relieves Neuralgia.

A Turkish Love Story.

De the Turks love their women? Yes both in life and in death. In life, read the love songs and in death the epi tapbs to the beloved ones passed to the silent realm.

It is true the Turk goes to the Arabic, the Greek, the Italian, for love songs, but he sings these to his lady's eyebrows, and the story he tells of the quality of his love rises to the purity at times of prayer:

One knocked at the beloved's door, and a voice answered from within, "Who is there?" Then he answered, "It is I."

Then the voice said, "This house will not hold thee and me." And the door was not opened. Then went the lover into the desert, where there is nothing but Allah, and

fasted and prayed in solitude. And after a year he returned and knocked again at the door. And again the voice asked, "Who is

And he said, "It is thyself." And the door was opened to him. Match that in your Vedantas if you

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N. Y. Stocks, Grains, Provisions, Cotton....

No better service anywhere. Why don't you trade at home? In formation free.

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Sure Sign of Spring.

People are beginning to leave their orders for papering and painting now. So be wise and don't wait until the rush is on. Come now and pick your

papers and set the date for your work, and we will do the rest.

TILT'S ART STORE.

To Put Your

Horses and Cattle in Condition And make your Hens Lay, use

Radley's Condition Powders.

25c. Per Box....

Invitation Cards, Programmes, Pencils, etc., can always be obtained at THE PLANET Office.

Ask for Minard's and take no other.

IT PAYS TO GO TO THE BEST

Now is the best time to enter, The January rushi is now over. The boginners are well started in their work, and teachers can therefore give more time to new students. It is now current talk through the country that the student who intends to take a business or shorthand course, and wants to be placed in paying position when graduated should attend CANADA BUSINESS COLLEGE, CHATHAM, ONTARIO.

ONTARIO.

Students of last year aiready earning over \$1 000 per annum, 340 placed in 11 months. Do you know of any other business school getting such results? We pay your railway fare. Have you ever seen our catalogue? If not write for it and enter now. Address,

D. MCLACHLAN & Co., Chatham, Ont.



World's Fair, St. Louis, April 30 to Dec. 1, 1904

Easter Rates, 1904.

Round Trip Tickets will be Issued

Single First-Class Fare

Going March 31st and April 1, 2, 3, 4, valid for return up to and including April 5th, 1904.

Between all Stations in Canada, Port Arthur, Sault Ste. Marie, Mich., Detzoit, Mich., and East, and to, BUT NOT FROM Buffalo, N.Y.

A. H. NOTMAN,

Asst. Gen. Pass. Agt., Toronto. W. H. HARPER, Oity Pass. Agt.

Over the Wabash to the Great World's Fair, St. Louis, April 30th, to December 1st, 1904. Single fare for the round trip, on sale daily from 25th. The Wabash is the only line that has its own rails direct to the World's Fair gates.

Easter Rates, 1904.

Round trip tickets will be issued be-tween all stations in Canada, at single first class fare, March 31st, April 1st, 2nd, 3rd and 4th, good to return up to and including April 5th.

W. E. RISPIN,
C. P. A., Chatham,
Agent.

GRAND TRUNK RAILWAY Easter Holidays, 1904.

Return tickets will be issued at single first class fare, good going Thursday, March 31st, to Monday, April 4th, valid returning on or before Tuesday, April 5th.

WORLD'S FAIR, ST. LOUIS, APL, 30-DEC, 1, 1904.

Return rates from Chatham
\$16.05 good going 15 days
\$19.75 good going 30 days
\$23.70 good until Dec. 15.
On sale April 25th to Dec. 1st.
Goood to stop over in Canada, also at Detroit and Chicago.
Pullman Sleeper to Ottawa daily, leaves Toronto on "Eastern Flyer" at 10 p. m.

One way special tickets on sale daily to points in Colorado, British Columbia, California, etc., Rates \$32.75 to \$40.75.

For tickets, illustrated literature regarding World's Fair, and all information, apply to
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