) cascara,

ruit juices. Nature's A morning ach, liver ht for the

ND GOC A BOTTLE



been counto town durto buy your were disapot use our epartment? 1 for the sole ving you as though you rerooms, and ased to have now satisfacment can be.

o choosing an fur, the verertain to favor pular with all an extremely ece of Mink

it her watch.

isket with a cover," other, as they went after supper. The nd, if not filled, cond thing. It was a little girl of twelve anticipation of her owing morning. But did the morning, iine. "I must be up as to help mamma the same moment of bed and dressed

1a, dear," she called, garden gate.

is here," sang more

R SALT is It for Table -No adult.

lever cakes.

gladness-all but two little girls, who come to the picnic?" she questioned. made themselves disagreeable as well "I thought I had nothing to bring. But as unhappy.

friend, Lottie Lee.

"I should like to know what she has brought, wouldn't you?" questioned Katie.

one of us can eat," replied Lottie, adding, "You know they are awfully poor. For my part, I cannot see why the girls made such a fuss over her I had said I couldn't come, I'd have lap. stuck it out."

"All ready?" called Miss Wilmot. "I the waggon. Now, some one will have teacher and schoolmates "good-night." to sit alone in the bottom of the democrat, on this hassock." There was a moment of silence. It was Elsie's voice which answered, cheerfully. "Oh, let me." Of course, it was not near as nice and Elsie knew it, but why should she have a better place than some other? It was this setting aside of self that made her loved by the majority of the scholars. When luncheon time came many of the girls were curious about her basket. But Elsie shook her head and laughed gleefully. "Not yet." At the same time her eyes were full of merriment, glancing at the well-furnished

"If I couldn't contribute, I wouldn't eat," whispered Lottie to Katie.

"Lottie Lee has sprained her ankle," called one of the girls, later in the afternoon. All crowded around the unfortunate Lottie, looking at her idly. All but Elsie, who, with her "wonder" basket, proved herself an angel of mercy. To every one's surprise, she produced a roll of bandages and a bottle of Pond's Extract.

"It was mamma who thought of these," she explained. "Now, Loftie, if you will let me remove your shoe, I can help you."

Lottie, who was writhing in pain, The bank was high and steep, was Elsie devoting her time to her, while all the other girls were having a good time wading in the Now you might hear beside that pond brook. And Elsie had wanted to go with them. And she, Lottie, had The mother crying, "Moo, moo, moo," said so many unkind things about her schoolmate!

"It's awfully sweet in you," she graciously acknowledged.

"Oh, this is my contribution," laughed Elsie. "Of course," she added, "you

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than a dozen voices, with a ring of girls knew why I thought I could not Miss Wilmot suggested I should give "Why, she has a basket, too," whis- myself. So I made up my mind I would pered Kate Greenwood to her intimate try to make everybody have a good

The contents of Elsie's basket were in constant demand. Mamie Sanborn tore her dress, but Elsie, with her needle "Yes. I don't believe it is anything and thread mended it. There was little lame Jamie Palmer, who could not wade nor tramp through the woods with the other children, but Elsie read to him. When the children returned from the last night. She don't belong to our set woods, they all had a bunch of wild anyway. I think," she continued, "if | flowers, which they tossed into Elsie's She generously divided with Jamie and Lottie.

"Oh, what a beautiful day we have think we better be taking our seats in had," she exclaimed, as she bade her

> "Yes, indeed," answered Miss Wilmot. "And one little girl has made the day brighter and memorable for us all by bringing with her what too many of us forget to bring in all our festivities —a cheerful, unselfish service of ourselves for others." And Elsie learned the joy of doing without the seeking of happiness for herself, and found what was better, blessedness in her effort to bestow it upon others.

A BABY COW.

"I am so thirsty," said a calf One day to its fond mother. Well, rest awhile, my little one, We'll go and drink together."

"I'll go alone, the pond is near," Th silly calfie said. You must not go, the pond is deep, And I should be afraid."

The weary mother fell asleep. "I'll go now," thought the calf; "Besides the drink, I want so much To have a nice cool bath."

consented. How mean she felt. Here She tumbled in-and she was drowned In waters cold and deep!

> (If ever you should, go), For her little baby-cow.

Oh, children, mind what mother says, She is so good and true,

To do-or not to do.

THE BIRDIE IN THE TREE.

Wally and Molly were walking through the woods, when they heard a bird's sweet song.

"Oh, listen!" said Molly. "Let's us see if we can find out where the bird

So they crept quietly along until they were almost close to it.

"How it sings!" said Wally; "it seems to be singing as hard as it can."

"Yes; mother says that God made the birds to sing, and so they always sing as well as they can. She says that if we want to please God we must always do our work as well as we can, too, and make others happy, like the birds."



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Our own comfort is increased by our working for others. We endeavour to cheer them and the consolation gladdens our own heart-like the two men in the snow: one chafed the other's limbs to keep him from dying, and in so doing kept his own blood in circulation, and, saved his own life.

FOR TWENTY YEARS.

Not an Unusual Instance.

"I used Pyramid Pile Cure and have not had any trouble since. I have been a sufferer with piles for twenty years. I think it is the best She went! How shall I tell the rest? remedy on earth for piles. Hoping this may help others to use this remedy," Mrs. J. D. Teller, R. F. D. 20, Sparta, Mich.

It is a singular fact that although many women stiffer from piles, or hemorrhoids, they frequently do not have proper treatment because of a delicacy women have in mentioning such a subject. Especially is this the case with those who have no husband or brother in whom they can confide; And knows so well what's right for and a physician is seldom consulted until the pain and agony incident to piles becomes unbearable.

Thousands of women have suffered even longer than did Mrs. Teller, always experiencing slight or temporary relief, if any, from the various remedies used and finally settling down to the conviction that a cure in their cases was impossible. Pyramid Pile Cure has come as a boon to all such, as it seldom, if ever fails to effect a permanent cure. It is sold by druggists for fifty cents a package, or will be mailed by the makers to any address, upon receipt of price. Absolute secrecy is guaranteed, and no name is ever used without the consent of the writer.

It is suggested that those interested write to Pyramid Drug Co., Marshall, Mich., for their little book describing the causes and cure of piles, as it is sent free for the asking.



THE CANADIAN NORTH-WEST

HOMESTEAD

REGULATIONS.

Any even numbered section of Dominion Lands in Manitoba or the North-West Territories, excepting 8 and 26, which has not been homesteaded, or re-served to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one quarter section, of 160 acres, more or less.

ENTRY.

Entry may be made personally at the local land office for the district in which the land to be taken is situate, or if the homesteader desires, he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the local agent for the district in which the land is situate, receive authority for some one to make entry for him. A fee of \$19.00 is charged for a homestead entry. HOMESTEAD DUTIES.

A settler who has been granted an entry for a homestead is required by the provisions of the Dominion Lands Act and the amendments thereto to perform the conditions connected therewith, under one of the following plans:—

(1) At least six months' residence upon and culti-cation of the land in each year during the term of three years.

(2) If the father (or mother, if the father is decased) of any person who is eligible to make a homestead entry under the provisions of this Act, resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.

(3) If a settler was entitled to and has obtained entry for a second homestead, the requirements of this Act as to residence prior to obtaining patent may be satisfied by residence upon the first home-stead, if the second homestead is in the vicinity of the first homestead.

(4) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this Act as to residence may be satisfied by residence upon the said

The term "vicinity" used above is meant to indicate the same town, township or an adjoining or cornering township.

A settler who avails himself of the provisions of Clauses (2), (3) or (4) must cultivate 30 acres of his homestead, or substitute 20 head of stock, with buildings for their accommodation, and have besides 80 acres substantially fenced.

The privilege of a second entry is restricted by law to those settlers only who completed the duties upon their first homesteads to entitle them to patent on or before the 2nd June, 1889.

Every homesteader who fails to comply with the requirements of the homestead law is liable to have his entry cancelled, and the land may be again thrown open for entry.

APPLICATION FOR PATENT

should be made at the end of three years, before the Local Agent, Sub-Agent, or the Homestead Inspector. Before making application for patent, the settler must give six months' notice in writing to the Commissioner of Dominion Lands, at Ottawa, of his intention to do so.

Newly arrived immigrants will receive at the Immigration Office in Winnipeg or at any Dominion Lands Office in Manitoba or the North-West Territories, information as to the lands that are open for entry, and from the officers in charge, free of expense, adand from the officers in charge, free of expense, advice and assistance in securing land to suit them. Full information respecting the land, timber, coal and mineral laws, as well as respecting Dominion Lands in the Railway Belt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, Manitoba, or to any of the Dominion Land Agents in Manitoba or the North-West Territories.

JAMES A. SMART, Deputy Minister of the Interior.

N.B.-In addition to Free Grant Lands to which N.B.—In addition to Free Grant Lands to which the regulations above stated refer, thousands of acres of most desirable lands are available for lease or purchase from railroad and other corporations and orivate firms in Western Capada.

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