IL 4 1903

## merican

#### ERAGES

rna-

## hat deliul Cereal

start out at headed tic step. lements n life. at neat row III

## e

Life Insurance the greatly lessened, for small annual paymake his fa ın uch larger amount in

4

Cent. Guaranteed Innerican Life

### d of either 15 or 20

young man with an life of 7 per cent. on the bond. his death occurred, of the bond would be

neficiary. policy, as well as pro-lly, makes a wise pro-

rs and rate, at your

Toronto, Canada

# N LIFE

WM. MCCABE. Managing Director. SSIVE

#### Canada AL LIFE

\$2,424,521.63 764,462.31 1,177,061.77

### THE CATHOLIC PECORD.

from exhaustion. But it will fret him not to have bidden thee farewell." "Tis well that he is resting after his night of pain," said Leah. "Tell him, dear mother, that I kissed him as

he slept.' 'Come, maiden," called Ezra from without. " Fare thee well, dear mother," mur-

mured the little maid. Sarah kissed tenderly the sweet, up-

"Fare-thee well," my child," she said, tremulously. "God be with thee !" the little weid passed through

the doorway and out into the grayness of the breaking dawn. Ezra lifted her upon the ass's back and she turned her

face towards Samaria. When Isaac awoke he called his mother to him and said: "Mother, has my sister started for

Samaria ?" "Yes, my son," replied Sarah.

His lips quivered. "Why didst thou not awaken me, in the that he so holy delight any journey to Samaria." "Nay, dear brother, speak not thus," said the little maid, gently. "Our father knoweth best." "But, Leah," cried the lad, his eyes mother, that I might bid my sister fare-well ?' he said.

"Thou wert resting, my son, after "They wert resting, my son, after thy night of pain," answered Sarah. "Thy sister would not have thee awakened, but bid me say to thee that the kissed thee as thou slept. See," pointing to a golden gleam of sunlight lighting eagerly, a faint flush staining the pallor of his cheek, "if our father had permitted thee to journey at once had permitted thee to journey at once to Samaria, perhaps, when the fruits were ripe it would have beer I who didst carry them to Samaria." "Be patient a little longer, dear brother," said Leah. "And promise me that thou wilt not again cherish bitter thoughts argainst our father." sho which forced itself through the window and lay athwart the bed, "'tis the first and fay athwart the bed, " the the first ray of the rising sun; ere it sets thy sister will be again with thee." And the lad lay gazing, with a smile upon his lips, at the shaft of golden bitter thoughts against our father," she

Erra labored all day in the fields. The sun was sinking low in the heavens when he saw approaching the neighbor

when he saw approaching the neighbor whose ass he had borrowed. "Good - evening, neighbor," said Ezra. "Thou art come too soon for thy ass; the maiden hath not yet returned. "I come not for the ass, neighbor,'

replied the man, whose name was Simeon. "I bring thee ill tidings." "What meanest thou, neighbor?"

asked Ezra "Ill hath befallen my little maid,"

s the reply. 'Ill hath befallen thy little maid,"

"She has been taken captive by the Syrians," answered Simeon. "How knowest thou this?" asked

who rode it, was she thy daughter? asked the stranger. I replied that she was not my daughter, but the little maid of my neighbor, Ezra. Then the stranger said to me, 'Go to thy neigh-bor Ezra and tell him that his little maid her, been captive by the maid hath been taken captive by the Syrians; that she will be carried to

Syrians; that she will be carried to Damascus and sold into slavery." "It doth appear,' continued Simeon, as Ezra stood pale and speechless, "that this man was traveling on foot from Samaria when he saw approaching from the directions of Damascus, a com-pany of Syrians. They were evidently bent upon plunder, and the man, fear-ing that they would take him carrier bent upon plunder, and the man, fear-ing that they would take him captive, did hide himself. While in hiding he saw the Syrians fall in with a little maid mounted upon an ass. The maiden they did take captive, leaving the ass which is old and slow. When the Syrians had departed with the little maid, the stranger came forth and Synans had departed with the liftle maid, the stranger came forth and mounted the ass, turning its face in the direction from whence it came. And the ass returned home. It is with sorrow in my heart, neighbor, that I bring thee ill tidings of thy little maid."

" FOR MY SAKE." Three little words, but full of tenderest mean Ing: Three little words the heart can scarcely hold; Three little words, but on their import dwell-What wealth of love their syllables unfold ! · For My Sake " cheer the suffering, help the

needy; On earth this was My work : I give it thee, If thou wouldst follow in thy Master's foot Take up My cross and come and learn of Me. For My Sake " let the harsh word die un

trembles on the swift, impetuous That For My Sake" check the quick, reballious focing
 That rices when thy brother does thee wrong.

For My Sake" press with steadfast patience Although the race be hard, the batile long. Within My Father's house are many mansions; There thou shalt rest and join the victor's song.

And if in coming days the world revile thee, If "For My Sake" thou suffer pain and

Bear on, faint heart ; thy Master went before They only wear His crown who share His cross.

A FEW HOURS ON GOOD FRIDAY.

In a little while we will have the day of days, Good Friday. It is a day on which all good Catholics wish to show in some especial manner their sympathy in some especial manner their sympathy and their love for Christ and Him eru-cified. It is the day above all others in the year when they wish to awaken and summon to their assistance all the reverential feeling and pity slumbering in their hearts. It is the occasion when the Church, arrayed in all her penitential garments, like a fond mother invites her children to her side to whisper in their souls the oft repeatto whisper in their souls the oft repeat-ed and pathetic story of suffering and

death. This is the heartfelt cry that swells from her bosom, "O! all ye that pass by the way attend, and see if there be

any sorrow like unto my sorrow.' It is a day on which in not a few of the churches the last words from the cross will be given and when everything is conducive to meditating on the words of the crucified Redeemer, "Put repeated Ezra, bewilderedly. "Speak, man, what ill?"

believing." Many devout Catholics will flock to the churches as if in response to the appeal uttered by our divine Saviour in Gethsemene, "What! could you not watch one hour with Me?" If the constructive degree them, they Ezra. "I will tell thee," said her neighbor. "But a little while ago a stranger did come to my house mounted upon my own ass. 'Be this beast thine ?' he did ask me. Much astonished I replied that the ass were mine. 'And the maiden who rode it, was she thy daughter?' asked the stranger. I replied that she

OUR RELIGION.

gulf which separates us from the vari-

the doctrine thus enunciated it might be well to set down some of the conflictbe well to set down some of the connect-ing doctrines as held by those not of the Catholic faith. We say some, as it would be hardly possible to give them all, for many of the sectarians do not know themselves what doctrinal beliefs then held on the subject. The follower they hold on the subject. The follower of Luther says that it is both bread and Lord at the same time. Our Methodist and Baptist brethren receive the bread and wine, nothing more, in memory of Jesus Christ. Episcopalianism says it

Is the body and blood of Our Lord, that there is no bread and wine and no change takes place. And the Presby-terian insists that we do not receive the body and blood of Our Lord, but an emblem of Jesus.



Nowadays almost every woman can operate a sewing machine and those who do not can very outly learn from the well fluitstrated instruction on set out with the machine. In addition to the we set d the machine itself out on 20 days from Trial, without any money being sent in ad-trade. This really leaves nothing for the agent of and so we do not employ sny. This really leaves nothing for the agent indo and so we do not employ sny. This really leaves nothing for the agent words, the money paid for rent of branch effices, shartes for branch managers, wages for agents, book keepers and collectors, the expense for horses out rise and the losses for amount in machines.

machines. We cut out all this unnecessary expense. We have no branch houses, no agents, no collectors, no bad debts. We can therefore sell our machines for just about one half what others charge. We costing from \$17.50 upwards. Our catalogue gives

Send fo Windsor Supply Co., Windsor, Ont.



my table is empty. I am miserable and in a manner im

prisoned and loaded with fetters, till Thou comfort me with the light of Thy presence and restore me to liberty and show me a favorable countenance. Let others seek, instead of Thee, whatever else they please; nothing else pleases me, or shall please me, but

Thou, my God, my hope, my eternal salvation. I will not hold my peace nor cease to pray, till Thy grace returns and Thou speakest to me interiorly.

Christ. Behold here I am ; behold, I ome to Thee, because Thou has called upon m

Thy tears and the desire of thy soul. thy humiliation and contrition of heart. have inclined and brought me to Thee And I said : O Lord, I

Disciple. And I said : O Lord, I have called upon Thee and have de-sired to enjoy Thee, being ready to re-nounce all things for Thee.

The Standard Frews of Canada are the ale, porter and lager made by MENEELY & CO., GENU

WORLD'S GREATEST BELL FOUNDRY Batab. 1887. Church, Peal and Chime Bells. Write for Catalogue to E. W. VANDUZEN CO. Buckeyo Bell Foundry, Cincinnati, C. PROFESSION AL.

HELLMUTH & IVEY, IVEY & DROMGOLE -Barristers. Over Bank of Commerce. London. Ont.

The Catholic Church teaches and her members believe that by the power of God, through the words spoken by the priest in the Mass, the bread and wine, the matter of the Sacrament, are changed into the Body and Blood of Our Lord and Saviour Jesus Christ. This is the whole doctrine. It is the parting of the ways between Catholicity and Protestantism. It is the great gulf which separates us from the vari-

s sects. Before passing to proofs in support of

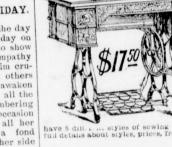
e and the body and blood of Our is the body and blood of Our Lord;

uil details about styles, pric

THE

RIGH

PAIN



# CHATS WITH YOUNG MEN

APRIL 4, 1903

It is better to say one's morning prayer to day than to resolve to become a saint next week. To-day is here, and next week is nowhere. This day is mine. I know not if I shall have so much as one other. God has the past and the future. I will beg Him for the future. past. I will beg Him for the future As to the present, with God's help will set to work and do my utmost.

ill set to work and do my utmost. The Man Who Fights Alone. The fellow who fights the fight alone, With never a word of cheer, With never a cornade near. With never a cornade near. Tis be has need cf a stal wart hand Ard a heart not given to moan. Oh, brave and grim is the heart of him. The fellow who fights alone !

Ged bless the fellow who fights alone, And arm his soul with strength! Thil safely out of the battle rout He conquering comes at length, Thil far and of his flight is blown, The fame of his flight is blown, Thil frend and foc in the victor know The fellow who fights alone !

od Citizens Should be Wide Awake Good men should not be inactive,' says the Catholic Universe. "The Scripsays the Catholic Universe. The scrip-ture tells us that while the good man slept, the enemy sowed cockle among the wheat. Good citizens should not give way to sleep while the ward heelers have political insomnia." Easter Duty.

"He that eateth My flesh and drinketh "He that eateth My desn and drinketh My blood hath everlasting life; and I will raise him up on the last day. For My flesh is meat, indeed; and My blood is drink, indeed.—(St. John.) Every Catholic knows what is meant

"I promise thee, sister, answered the lad. "Poor father, 'tis a heavy burden upon him that his eldest-born and only son should be a cripple; that while he toileth I lie here helpless, un-"Easter Duty," but the memory is by "Easter Duty," but the memory is a very unreliable faculty and too fre-quently causes us to forget this impera-tive obligation. One of the six general laws of the Church requires us to relaws of the Church requires us to re-ceive Holy Communion during the Easter time. That period extends from the first Sunday of Lent to Trinity Sunday, both included. It is now mid-Lent, and Trinity Sunday falls this year on the 7th of June. We are, consequently, within the prescribed

while he toileth I lie here helpless, un-able to give him a helping hand, to lighten his labor. But, oh, Leah, sister, how happy I shall be when the prophet, Elisha, hath made me whole. How proudly shall I labor by my father's side; and thou shalt journey no more to Samaria; thou shalt stay at our mother's side while I carry the fruits to the city and nurchase necessi our mothers side while i carry the fruits to the city and purchase necessi-ties for our household. Sister ! Sister ! what did the woman of Shunem when Elisha raised her child from the dead !" The Church gives the faithful every opportunity for complying with her laws. To suit the convenience of every one, the time is extended for more than "She fell in gratitude at the feet of three months, or during one fourth of the year. This kindness and gener-

Elisha," answered the little maid. "I shall also fall in gratitude at the feet of Elisha when he hath made me osity should not be abused, for, although the greatest latitude is given, the spirit of the law requires us to receive whole," said Isaac. "Thou must- not forget to offer up the Blessed Sacrament on Easter Sunday, or as near that great festival as

Prayers of gratitude to the great Jeho-vah from whom cometh the power of Elisha," said Leah, gently. Ezra was at work in the fields when he siw his wife. Sarah, approaching. "What seekest thou, Sarah?" he acked as she draw mean possible. At no other time of the year is it more becoming to receive the Body and Blood of Christ; no nobler act can ter-

added, earnestly.

"I promise thee, sister," answered

OUR BOYS AND GIRLS.

THE LITTLE MAID OF ISRAEL.

BY EMMA HOWARD WIGHT.

CHAPTER II.

"Sister, how many days have passed

askel, as she drew near.

minate this penitential season; no higher ambition can actuate the fervent soul. It is Christian to desire to be, as "I would speak with thee, Ezra," replied Sarah. far as human nature will permit, like the risen Saviour on that glorious day.

"Of what wouldst thou speak, Sarah, that thou seeketh me in the fields at my labor?" asked Ezra. "Canst thou He died to wash away the sin of the world, we should cleanse the soul from every stain of sin and resolve to offend no more. He normitted Harvelf (the not wait until the day's toil be ended ?"

"Nay, or I would not seek thee at thy labor," answered Sarah. "I would not speak with thee of this before our no more. He permitted Himself to be laid away in the cold tomb, we should be buried to the folly and evils of the children lest they think that thy wife hold but lightly her husband's judgworld; He arose glorious and triumph-ant, we should rise above and conquer ment. Ezra, the hearts of our children are sad that thou delayeth the maiden's the wicked tendencies of our passions He was illuminated by a supernatural radiance; we should be clothed with the

journey to Samaria." "Our children be young and knoweth not patience," said Ezra. effulgence of divine grace. Every one of these effects is produced in the soul by a worthy reception of the Body and Blood of Christ in the Holy Eucharist.

not patience, 'said EZTA. "Nay, Ezra, our son and eldest-born hath never known youth,' sadly an-swered Sarah. "Youth is sturdy of body, light of limb, joyous of heart. Isaac knoweth naught of these things. Impetiate same that the Erra? Ar o receive this Blessed Sacrament on Easter Sunday morning is to be Christ-Impatient, sayeth thou, Ezra? Ay, and thou also would be impatient, even It is certain that Lent can be ended by no action more acceptable to our-selves. We may fast and abstain, may with the years of wisdom upon thy shoulders, if thou wert crippled from be more kind and charitable than usual,

since thou didst return from Samaria ?" asked Isaac, as Leah, her morning's work completed, seated herself beside Then the little maid passed through

bis couch.
"Five, brother," replied the little maid.
"So but five more remain and then I shall again journey to Samaria."
The lad sighed deeply.
"Every day that dawns is long and dreary to me," he said; "but these last five days have seemed indeed the longest and dreariest of all my life. Leah, sometimes during the long, painracked hours of the night, my heart hath risen in bitterness against my father that he so long delayeth thy journey to Samaria."

#### ers 859,570.51

rve for the security of its , being a grand total paid 210.43. This sum largely ne result of thirty-three life insurance.

#### W. H. RIDDELL, Secretary.

#### TION.

ents of the high priced cream ims for their particular article, he iron and steel they use have agical qualities, but they do try inexplained way, milk revolved ron and steel they use will pro-milk revolved the same number milk revolved the same number of iron and steel used by other perstition as the fine old belief each community could bewitch orst of it is they want to charge i pay, say \$75 00 for a widely adut \$45.00 worth of separator and is is more than the superstition r No. 1 Windsor separator, equal t, capacity 210 lbs, milk per hour d it to you on a week's free trial cent. Our catalogue explains all, e for it.

Co., Windsor, Ont.

#### BOOKS.

the Catholic Record Office ndon, Ont. postpaid.

RITE DEVOTIONS. Devo-od, to the Blessed Virgin. to and Saints all in one handy 3y Very Rev. Dean A A-oth, round corners, red edges, Price. 75

CRITE NOVENAS. Contain-renasin one volume By Very A. A. Lings Cloth, round d edges. Price.....

L PEPPER AND SALT. A c for conversions. Just the itre to a non-Oatholic friend-commended by many Bishors its. By Rev. William Stang. certor of the Providence Apos-rice, paper.

estimable : but after all they are not the interior joy and happiness of know-ing that we are at peace with God by having every sin cancelled and erased, not the joy and happiness experienced by the consciousness of knowing that Christ visits us in person and nourishes our spiritual life with His Body and Blood. Our Saviour does visit us in Holy Communon. It is impossible to think otherwise in the presence of the words: "Tis hou art but a woman, Sarah, and the softness of that doth plead with these, Ezra," replied Sarah, the tears filling her eyes. "Go back to thy children and the work work work to thy children and the to the work of Our Saviour does visit us in Holy Communion. It is impossible to think otherwise in the presence of the words: "This is My Body, take ye and ent;" this is My Blood, take ye and drink. Do this for a commemoration of Me." These words forever bind the Son of God to an earthly habitation, forever heap huming the light of the world. keep burning the light of the world. He loves us too much and too well to

eave us alone. The world would be dark and cold The world would be dark and could without Him. The blackness of night would be ours were He not in our midst. What is true of the world in general is true of each individual soul. A coldness, a hardness, and frequently a viciousness takes possession of it un-loss it is considered by the bread of life. ess it is nourished by the bread of life. You may enumerate many persons, even peoples and nations, who though even peoples and nations, who though estranged from the Sacraments are nevertheless good and virtuous. This is because they share in the blessings which Christianity imparts from the Sen of Cal.

which Christianity imparts from the Son of God. They reject Christianity, but are perfectly willing to enjoy its benefits; they hate the religion of the Redeemer, but they must know that without it they would be no better off socially than merger. These are out of socially than pagans. These are out of harmony with their surroundings. Thousands enjoy blessings that were in-

tended for others. The Holy Eucharist, containing the Real Presence sheds rays of light upon the world, and in this all men share ; it vivifies in a supernatural sense the soul who receives it, for "except you eat of the flesh of the Son of Man and drink of His blood ; you shall not have life in you." This vivification of the soul de-

you." This vivincation of the sound of pends upon receiving Him who alone imparts life, and with life, peace, hap-piness and satisfaction. Surely no other religious act is more befitting Easter-tide. Do not neglect this im-portant duty.—Western Watchman.

A TIME FOR EVERYTHING.—The time for Dr. Thomas' Eclectric Oil is when croupy symptoms appear in the children; when theumatic pains beset the old; when lumbago, ashma, coughs, colds, catarrh or earache stitack either young or old; when burns, scalds, abrasions, contusions or sprains come to any member of the family, In any of these silments it will give relief and work a cure.

Sarah turned obediently away, but her heart was light, for her husband will speak of this again." had not said her nay.

"Come hither, maiden," said Ezra. The evening meal was over and the night shadows were falling. Leah arose from beside her father's couch and approached Ezra. " said Ezra, " maketh

thyself ready, for to morrow, at the dawning of the day, our neighbor will brinfi his ass and thou shalt set forth for Samaria."

tor Samaria. The maiden's lips parted eagerly with surprise and joy. The lad, lifted him-self upon his elbow, and gazed upon his falses with radiant ourse

self upon his elbow, and gazed upon his father with radiant eyes. "But, father, the fruits are not yet ripe," faltered Leah. "That is true," replied Ezra. "But we shall not wait until the fruits have ripened. Art they not eager maiden ripened. Art thou not eager, maiden to seek the prophet, Elisha, in Samaria that thou mayest beg of him to heal thy

brother ?" cried the "Yes, yes, dear father," cried the little maid, with shining eyes and flush-

"Then make ready to start upon thy journey at the dawn of day," said Ezra. "I shall be ready, dear father," re-

nlied Leah. She turned and went back to her Sne turned and went back to her brother's couch. She knelt down be-side him and slipped her hand in his. He lifted the little hand to his lips and kissed it reverently and tenderly. When in the gray dawn of the early morning Leah entered Isaac's chamber

she found him sleeping. She pressed a kiss upon his brow and stole softly out

again. "Thou didst find thy brother sleep." ing," said Sarah. "He passed a night of pain and restlessness and now sleepeth

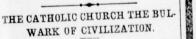
course, largely on his environment. For our readers we should say that one very orthodox manner of pass-ing the more solemn Triduum that begins on Wednesday evening is to eschew all social obligations and follow the liturgical services from day to day in the parish church or in the t.-Church Progress. follow the liturgical services not any to day in the parish church or in the Cathedral. Holy Week is also a time of preparation for the "Easter duty," as it is called. In many parts of the as it is called. In many parts of the world the laudable custom exists of fulfilling that act of religion at the Mass on Maundy Thursday. Still another excellent practice is to refrain from reading, including the secular newspapers wherever that is possible, and devoting the leisure thus acquired to thinking over the story of equired to thinking over the story of the Passion as told in the Gospels, or as found in our Holy Week manuals. These are but some of the more practical devices for entering into the spirit of the week. Others will occur to of the week. Others will occur to those who are in earnest about their for instance, might religion. Gossips, for instance, might be counselled against scandal-monger-ing, seeing that Our Lord had to suffer so much because of evil tongues ; and gadaboats might endeavor to stay indoors, except when going out to they daily tasks, or to pay a visit to the church.—Providence Visitor.

Asthma Can be Cured.

Asthma Can be Cured. Thousands of testimonials conclusively prove that Asthma can be permanently cured by in-haing CATARIBOZOHE, a vegetable antisepti-that destroys at once the germe causing the diseases. Catarthozone gives immediate relief to the distressing cough and suffocating sensa-tions, makes breathing easy and regular and insure undisturbed sleep. Catarthozone cures Asthma that doctors are unable even to relieve and can cure you. The Catarthozone inhaler is made of hard rubber, in church, in the treet, in bed easy place-at any time. Two monthe' treasment (guaranteed), price \$1.00; till aize \$5 cis. Druggists, or N.C. Polson & Uo., King-ston, Ont Tap De, HAMULTON'S MANDRAKE PILLS.

TRY DR. HAMILTON'S MANDRAKE PILLS.

bread and wine as an emblem of Jesus. Such are some of the leading differ-ences of doctrine. Having now set out the variance of belief thus clearly we shall next demonstrate wherein the truth lies. This we shall do not so much by refuting in detail these con-flicting doctrines as we shall by addue-ing proof in support of that taught by the Catholic Church. In establishing this the others are necessarily refuted, this, the others are necessarily refuted, because they are directly opposed to



The Rev. Father Murphy preached in the Church of St. Paul the Apostle. New York, the other day, on, "The History of Christian Marriage," and the burdon of his sermon was that the world owes the Catholic Church a debt f gratitude for giving it high stand-

of gratitude for giving it high scalle ards in marriage relations. "We are told," said the Reverend Father, "that the world is being civil-ized by a few ideas. If we are civil-ized in America to-day, we owe it to Europe, and if Europe is civilized she owes it to the Catholic Church. And the Catholic Church succeeded in It the Catholic Church succeeded in raising up the human race to higher standards of thinking and of life, she owes it especially to the fundamental idea of the family and the home, an idea which she gave to Europe and Europe to the civilized world.

idea which she gave to Europe and Europe to the civilized world. "It took three hundred years of a struggle to the death to accomplish the purpose of the Church. The Catholic Church recognized the fact that woman Church recognized the fact that woman was the most important element in the family. The Catholic Church recog-nized the fact that the home was every-thing in any scheme for the reconstruc-tion of the State. The Catholic Church laid down a definition of marriage which has stood every test for nineteen centuries."

centuries." The Church, Father Murphy de clared, is the only religious organiza-tion of any consequence in this country which Ŵ which has not compromised with divorce, and there is no other institu-N 13:3:3:3:3:5:E:E:E:E tion doing so much to save the nation from President Roosevelt's newly discovered crime-race suicide.

For Thou didst first stir me up, that I might seek Thee. The Nerves control the most important functions of the human system. Among the symptoms of nervous exhaustion are "Brain Fag," Mental Depression, Ir-ritability, Insomnia, Prostration, Hysteria, Headache, Flushed Face, Cold Hands and Feet. IRON-OX

