

material bondage on that day and to profess their gratitude to God for it, with much greater reason is every Sunday kept holy, because the Redemption and sanctification of mankind were accomplished on a Sunday by the Divine Saviour, our Lord Jesus Christ, through His Resurrection and the Descent of the Holy Ghost.

It is in the heart of man to commemorate the annual recurrence of a birthday, the founding of a city, of a town, or of some famous institution, the achievement of national independence, a victory gained in war, in fact, of any event of importance. But nothing is more glorious and profitable, more in conformity with man's own heart, than the proper celebration of Sunday, since it is the day on which man's estrangement from God ceased, the bonds of his enslavement to the devil were sundered, and the sentence of his eternal damnation revoked and annulled by Our Lord Jesus Christ, through His Resurrection and the Descent of the Holy Ghost. Yes, Sunday is preeminently the day of man's independence and liberty, independence from the darkness of ignorance as to his highest interests and destiny, and liberty from the slavery of sin and vice, the liberty of the children of God, whereby they may call Him, "*Abba*, Father."

According to the account of Genesis, now fully endorsed by science, after creating on the first day the formless primitive matter of the heavens and the earth, on the same day God created the light, saying: "Be light made." At this command of His will, "the light was made"; and, through the action of that light, started all organic developments. It was then that the world began to receive its present form. Even so, the restoration of the human race to its primitive excellence and destiny dawned upon it on a Sunday, probably at the Birth of our Lord Jesus Christ, but surely at His Resurrection and the Descent of the Holy Ghost.

It was then that our Lord Jesus Christ proved Himself the Light of the world; for after it had already shone forth through the sanctity of His life, the truths and precepts which He had taught, the virtues He had