

## THE POSSIBILITIES

more important and helpful to suggest that student involvement in personal development programmes, creative expression and in programmes that are somewhat removed from their regular course of study will in fact improve their marketability as working people. At the same time these programmes can introduce another income generating avenue for individuals who develop their skills in a particular area. For a few people, also, skills honed by the courses offered here at UNB can lead to a movement into another, more satisfying career. The point is that every student should consider seriously the prospect of taking one of these courses at some point in their student life.

This year, the Continuing Education Programme at UNB is offering more courses than it has ever done in the past. A quick glance at the list of courses should demonstrate the eclectic range of the offerings. At the same time the administrative staff of the extension School is determined to ensure that the standards are constantly high for each course offered.

There are courses to stir the interest of just about any student at UNB and the classes are usually held at fairly convenient hours of the evening. For students who are interested in discovering more about the world outside of Canada, there are courses being offered in Chinese Literature and Japanese Language. For the computer buffs there are at least nine courses being offered in the handling of computers

and programming.

So far this term, at least eight hundred students have registered for courses being offered in the Non-Credit Programme and for many of the courses, full enrollment has already been reached. It is clear that many people have benefited from taking courses in this programme and we got a chance to hear from a few people who have participated in programmes here.

Errol Williams a graduate of UNB, took the course on Hands-on Film-making last Fall. By January of this year Errol was working on the set for his first short film "Driftwood" as director, screenwriter and actor. The film was made through

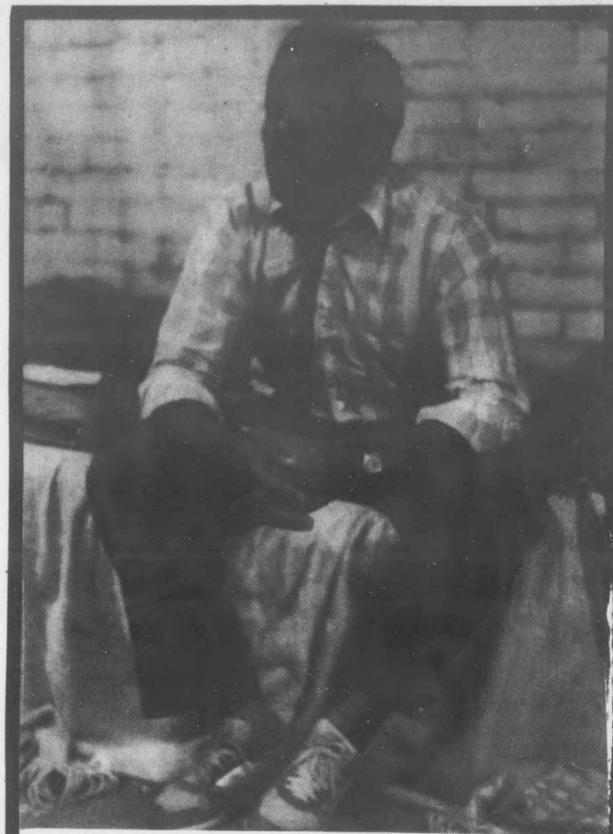
The Fredericton Film Co-Op approved the script and recommended it for production and funding. The film which is still to be completed has already been regarded by many as one of the better pieces produced by the Co-Op, and it has launched Errol on a career in film-making. His next big project, a longer film, should be ready for shooting next summer. Errol is quite candid about the assistance gained from doing the film-making course with Art Makosinski who is himself an accomplished maker of compelling low budget films. At the moment, teaching is Errol's vocation, but he expresses determination that film-making will be central to his life.

Dan O'Brien, a computer Programmer/Analyst says he enjoyed taking courses through the Continuing

Education Programme.

Last year, he took a course in computers and enjoyed it greatly. His reason for taking the course was basic: it would help him to get ahead in his career. This year he has enrolled for a French course which he sees as essential to his marketability in Canada, and which should come in handy when he embarks on the travels that he has planned for the future. Dan speaks well of non-credit courses because, for him, they are a chance for an individual to further their general knowledge in a wide range of areas.

These are just two of the hundreds of people who take non-credit courses at UNB each year and there is no doubt that they are the better for having done so. There is not as much time and performance pressure in these non-credit courses and they are an ideal opportunity for people to



ERROL WILLIAMS DIRECTING ON SET OF DRIFTWOOD.

meet and learn about other people who they would normally not encounter in the run-of-the-mill monotony of everyday life.

There is much to be learned from all this. First of all, it is apparent that despite all the things that may be wrong with this university, there is certainly something positive about the availability of such a wide range of well-staffed non-

credit courses. Secondly, there is something to be said for doing more at university than simply getting ready to leap into the absolute confinement of straight-laced jobs.

Don't short change yourself this term, find out as much as you can about this Programme and get enrolled in something.



By Stephanie London

Many of us think of university as a place to learn skills for better-paying jobs. Although that's true, university courses can also provide opportunities for personal development, and the department of extension and summer session at UNB has the fall line-up to satisfy a wide variety of personal interests.

New parents, full of anxiety and wonder, will be happy to learn their feelings are normal. In the course, entitled Life After Baby, they will explore milestones of infant development, physical and emotional states of new parents, and day-to-day coping strategies.

Nearly all of us, at some point, are concerned about our weight. But what effect do all these diets and exercise plans have on our bodies? Weighing the Diet Options will help us find some answers and assess various commercial weight-control programs. Although not a weight-loss program itself, the course stresses the importance of preventing weight gain. This course is designed for those of us concerned about the basics of healthy weight control.

The Wednesday Afternoon Arts Program for Children is one new course which realizes the importance of exposing children to visual, performing and literary arts. This program will provide elementary school age children with a series of developmental experiences led

by professional artists. Consisting of two age categories, the course will take place at the Windsor Street Preschool Incorporated for 6-8 year olds, and at the Beaverbrook Art Gallery for 9-11 year olds.

These are just a few of the over 80 courses being offered this fall. Space in some courses is limited, and registration should be made as soon as possible. The department of extension and summer session is open Monday - Thursday, 8:30 am to 9:00 pm, and from 8:30 am to 5:00 pm on Fridays. For further information telephone 453-4646, or drop by Room 121 in MacLaggan Hall.