

- Poisoning, accidental, 247.
by the breath, 143.
- Poppy-syrup, 70.
- Pork, an improper meat for children, 106.
- Position of a sleeping child, 143, 144.
- Potatoes for children, 107.
- Poultice, a white-bread, 233.
- Powder, "dusting," 7.
- Precocity of intellect, 289.
- Precocious youths, the health of, 289.
- Prescriptions for a child, 151.
- Princess of Wales and her baby (note), 8.
- Professions and trades, 281.
- Proper person to wash an infant, 8.
- Prunes, the best way of stewing, 202.
- Profession or trade, choice of, for delicate youth, 281.
delicate youths should be brought up to, 233.
- Puddings for children, 98.
- Pulse of child, 213.
- Pye Chavasse's Fresh Air Treatment of scarlet fever, 177, 181.
Milk Food, 29.
- QUACK MEDICINES, 71.**
Quacking an infant, 70.
Quick lime in eye, 242.
- RAIN-WATER, 7.**
Recapitulation of ablution, 8.
Red gum, 79.
Respiration, products of poisonous, 284.
Rest, the best time for a child to retire to, 142.
Re-vaccination, importance of, 39.
every seven years, 39.
recommended by Jenner, 40.
- Revalenta Arabica, 23.
- Rheumatic fever, flannel vest and drawers, 260.
- Ribs, bulging out of, 293.
- Rice, prepared as an infant's food, 23.
- Rich children, 104.
- Richardson, Dr, ether spray, 302.
- Rickets, 224.
various degrees of, 225.
- Roberton on child-crowding, 159.
- Rocking-chairs, and rockers to cradle, 56.
- Rocking infants to sleep, 56.
- Rooms, ill effects of dark, 116.
- Round shoulders, 217, 292.
- Round-worm, 222.
- Running scall, 228.
- Rupture, 11, 12.
- Rueks, 22.
- SALLOWNESS, cause of in young girls, 267.**
Salt water and fresh water, 256.
should be added to an infant's food, 26.
bag of hot, 232.
necessary to human life, 223.
- Salt-and-water ablutions for a delicate child, 90.
for teeth and gums, 287.
meats for children, 106.
- Scalds and burns, 239.
of mouth, 239.
- Scarlatina, 173.
- Scarlet-fever 174.
and diphtheria, 175.
the contagion of, 186.
the danger of giving aperients in, 175.
the dropsy of, 175, 184.
Fresh-Air Treatment of, 177, 181.
hybrid, 176.
management of child after, 184.
and measles, the importance of distinguishing between, 176.
the principal danger of, 175.
purification of house after, 185.
treatment of, 177.
utter prostration in, 183.
- Schools, female boarding, 278.
public, 274.
- Screaming in sleep, 196.
- Scrofula, 290.
prevention of, 290.
- Scurfy head, 89.
- Sea-bathing and fresh-water bathing 256.
for a young child, 207.
- Secrets, talking, before child, 142.
- Senna as an aperient, 201.
- Shivering fit, importance of attending to a, 195.
treatment of, 196.
- Shoes, plan to waterproof, 261.
preferable to boots, 94.
sound and whole, 194.
and stockings for children and youths, 95, 261.
the ill effects of tight, 94.
- "Shortening" an infant, 16.
- Shoulder-blades "growing out," 217.
- Sick child, the nursing of a, 209
not to be stuffed with food, 211.
- Sick-room, management of, 209