

that hindereth and hideth grace from us ; if it may be called little, and not rather great, that hindereth so great good. But if thou remove this, be it great or small, thou shalt have thy desire.

2. For as soon as ever thou hast delivered thyself to God with thy whole heart, and seekest not this or that for thine own pleasure or will, but fixest thyself wholly upon him, thou shalt find thyself united, and at peace. For nothing will relish so well, and please thee so much, as what pleases the divine will.

3. Then shall he see, and be filled, and wonder, and his heart shall be enlarged within him ; because the hand of the Lord is with him, and he hath put himself wholly into his hands for ever.

Behold, so shall the man be blessed, that seeketh God with his whole heart. This man obtaineth a high degree of divine union, in receiving the holy eucharist. Because he respecteth not his own comfort, but, above all comfort, the honour and glory of God.

CHAPTER XIV.

That we ought to lay open our Necessities to Christ, and crave his Grace.

THE VOICE OF THE DISCIPLE.

O MOST loving Lord, whom I now desire to receive with all devotion, thou knowest my infirmity, and the necessity which I endure ; with how many evils I am oppressed, how often I am grieved, tempted, troubled, and defiled. I am come unto thee for a remedy, I crave of thee comfort and succour. I speak to him that knoweth all things, to whom all my inward parts are open, and who