

lation is interfered with and the feet becomes cold ; they are constructed on the plan of bilateral symmetry, as if the human foot had the great toe in the middle and a little toe at each side like the foot of a goose, whereas the first or great toe is much longer than any of the others, and its direction is perfectly parallel with the long axis of the foot ; the sole is too stiff in the middle, and so interferes with the free play of the foot, causing the muscles of the calf to atrophy ; the toes are too shallow and the heels too high. I have been accused of being a furious and reckless driver, but no one ever saw me drive fast in going down hill. Nothing injures a horse so much, but it is just this you are doing when you wear high heels. The weight of the body is thrown forward, the centre of gravity is shifted so that the front of the foot has to do the bulk of the work, the ankle and arch of the foot are strained, and an awkward tottering gait is acquired.

But bad enough as it is for the Chinese lady to cripple her feet, the Australian native to bore his nose and to wear a bone ornament, the Malay to injure his teeth by removing the enamel, and the Walla-walla Indians to flatten the heads of their children, it was reserved for civilized Europe to invent an instrument of torture, which produces more deformity and more seriously interferes with the health of the victim than all the above put together. I refer to the corset. Is it not a satire on the work of your Maker that the female form should be thought to require the support of such an instrument to make it graceful ? A wasp-waist is certainly not beautiful, for it is rather looked upon with wonder or repugnance than with admiration. No part of the body seems more in need of freedom from external pressure than the elastic and moveable walls of the chest, containing the heart and great blood vessels, the lungs with their delicate 600,000,000 air cells, and the beautiful mechanism for distending them with air by the enlarging of the chest in every direction. Tight-lacing not only interferes with these functions, but the liver and stomach are displaced, and as they must find room elsewhere, all the abdominal organs are displaced and their functions interfered with.

Y. M. C. A.

The annual business meeting of the Association was held on Friday evening, April 4th, the president in the chair. Before the regular work of the meeting began, Dr. Kilborn laid before the students a scheme to help our old friend Beall, '88, in Japan.

Mr. Beall has been endeavoring to diffuse evangelical literature among the young men of that country, and in a letter to Dr. Kilborn suggested, in his characteristic fashion, that the College Association might be willing to bear part of the expense. The meeting went on with its regular business while the subscription list was passed around and about fifteen dollars were raised.

The minutes of the last meeting were read and approved. Several new members were then proposed by the chairman of the Membership Committee and received into the Association.

The officers of the Executive and the chairmen of the different committees then gave very complete reports of the work done during the year, and pointed out the lines along which improvements might be made next year.

The chairman of the Devotional Committee recommended that each committee should keep a minute book so that their successors would know in detail what work had actually been done. In this way their new duties would be made plain to them at once. The chairman of the Membership Committee recommended the issue of a small booklet for the Y.M.C.A., containing information specially useful to matriculants. Other colleges have adopted this plan, and there seems to be every reason to think it ought to succeed with us.

A. K. McLennan, chairman of the R.W. Committee, spoke highly of the way in which the Freshmen had carried on the outside services.

The election of officers then began. The following gentlemen were elected :

President—D. Cameron, '91.

Vice-President—A. E. Lavell, '91.

Recording Secretary—E. C. Gallup, '92.

Corresponding Secretary—W. H. Easton, '92.

Treasurer—F. A. McRae, '92.

Librarian—Alex. Rannie, '93.

The Association may be expected to prosper in the care of such an executive. Already they have started to work and formed the different sub-committees. One new committee has been added, viz., Correspondence. It is in the power of such a committee to impart a more healthy tone to inter-collegiate relations. To break down local prejudices and to remove wrong ideas of other colleges is certainly a legitimate line of work for a College Association. We must remember that the Association of Queen's is not perfect in its organization. We can learn a good deal yet, and one of the best ways in which this can be done is by sympathetic correspondence with other universities.

The work during the session has been very satisfactory. The students have taken a good interest in the meetings and the attendance has been large. Financially the Association has been quite successful.

During the session we have received visits from the Provincial Secretary and from the General Secretary of Toronto University. We have sent two deputations to Albert College, Belleville. Two delegates were sent to the Brantford convention in February.

During the year a number of our old friends have dropped into the prayer meeting, including Rev. Dr. McTavish, Principal Grant, Rev. J. Steele, B.D., Mr. Bone and others. Last but not least, J. G. Dunlop, B.A., who has just returned from Japan, spoke on Friday, 11th. Mr. Dunlop spoke of the great pleasure he had in being back once more at Queen's and the Y.M.C.A. In the short time at his disposal he tried to give some idea of his work in Japan. His address was much enjoyed. We are glad to see John once more and to hear about his efforts to bring true ideas of life and happiness to the people of Japan. He brought greetings from A. W. Beall, '88, and Stanley Chown, '89. Mr. Dunlop intends returning to his chosen work in July.

THE LIBRARY.

The library, under the management of Prof. Shortt, has, during the past year, made considerable progress. Many of the latest works in each department have been